1 **SUPPLEMENTARY MATERIALS**

Note 1. Analysis of the amine-functionalized poly(vinyl alcohol).

 In order to confirm amine functionalization, chemical modification of PVA was monitored by Fourier transform infrared spectroscopy (FT-IR). Supplementary Fig. 1a presents the FT-IR spectrum of PVA-NH₂. A large peak at 3300 cm⁻¹ was the stretching of O-H, a peak at 1920 cm⁻¹ 28 was the stretching vibration of C-H from the alkyl group, and a peak at 1590 cm^{-1} indicated primary amine function.

 Kelvin probe force microscopy (KPFM) was used to measure the surface potential of PVA- NH₂ (see Supplementary Fig. 1b). The surface potential of a material is one of the important factors 32 that determine its triboelectric properties. The surface potential of pristine PVA was 247 mV^{22} , and that of amine-functionalized PVA was 505 mV. Thus, the increased surface potential of PVA-NH2 had a more positive triboelectric property than did pristine PVA.

 In order to verify the PVA-NH2 mechanical coating property, a steel wool abrasion test was performed for 500 cycles with #0000 steel wool under a load weight of 250 g and a scratch velocity of 5 mm/s (see Supplementary Fig. 1c). After 500 cycles, the PVA-NH2 did not have significant detachment but only shallow scratches. A pencil hardness test with a load weight of 39 350 g and a velocity of 1.75 mm/s was also performed to verify the hardness of the PVA-NH₂ (see Supplementary Fig. 1d). A pencil of 9H hardness made a slight indentation on the PVA-NH2. 41 Therefore, the PVA-NH₂ film had strong adhesion and mechanical durability.

Note 2. The working mechanism of the I-TENG.

 To identify the working mechanism of the I-TENG, a detailed cyclic process was used, as shown in Supplementary Fig. 2. It depended on the movement of the freestanding unit without the initial contact electrification process. The PFA layer has negative triboelectric charges on its surface, the PVA-NH2 has positive triboelectric charges, the Cu electrode has positive charges to neutralize the negative triboelectric charges on the PFA, and the top and bottom Au electrodes have negative charges to neutralize the positive triboelectric charges on the PVA-NH2. During the initial stage, when the body moves vertically upwards, the I-TENG moves up with the body. At this time, all individual parts have the same vertical velocity, so the freestanding unit is not separated from the bottom PVA-NH2 (see Supplementary Fig. 2a). When the vertical body motion slows, the freestanding unit detaches vertically from the bottom PVA-NH2 layer due to inertia, while the package is slowed by human motion (see Supplementary Fig. 2b). To reach equilibrium, electrons flow from the Cu mass to the bottom Au electrode through an external circuit. A specially designed structure limits the maximum displacement of the freestanding unit as it collides with the top PVA- NH2 layer. As the freestanding unit approaches the top PVA-NH2 layer, negative charges on the top Au electrode are neutralized, and electrons flow from the top Au electrode to the Cu through the external circuit until electrical equilibrium is reached (see Supplementary Fig. 2c, 2d). Since the freestanding unit loses vertical upward inertia and the body moves vertically downwards, the freestanding unit is separated from the top PVA-NH2 layer by gravity (see Supplementary Fig. 2e). To reach equilibrium again, electrons flow from the Cu to the top Au electrode through the external circuit in all I-TENGs. After the freestanding unit contacts the bottom PVA-NH2 layer, negative charges on the bottom Au electrode are neutralized, and electrons flow into the Cu via the external circuit until equilibrium is reached (see Supplementary Fig. 2f, 2a).

Note 3. Mass, gap, and surface design of the I-TENG.

 Electrostatic attraction force between the positive and negative triboelectric layers should be weaker than the applied inertial force in order to separate the two materials. The electrostatic attraction force (*FElectrostatic*) and applied inertial force (*FInertia*) of the device are given as

71 $F_{Inertia} > F_{Electrostatic}$ (1)

72
$$
F_{Electrostatic} = \frac{Q^2}{2\varepsilon_0 \varepsilon_{r,air} A} = \frac{(42 \times 10^{-9})^2}{2 \times 8.85 \times 10^{-12} \times 4.9 \times 10^{-4}} = 0.205 N(2)
$$

 $= F_{Inertia} = ma = 3.318 \times 10^{-3} \times 8.22 \times 9.8 = 0.256 N(3)$

 where *Q* is the surface triboelectric charge, *ε⁰* is vacuum permittivity, *εr,air* is relative air permittivity, *A* is the surface area of the triboelectric layer, *m* is the weight of the Cu mass, and *a* is acceleration. When the thickness of the Cu is above 0.7 mm and acceleration is 8.22 g, *FInertia* is larger than *FElectrostatic*. Therefore, the Cu mass should be thicker than 0.7 mm (see Supplementary Fig. 4a).

 In order to identify the optimal gap distance between the positive and negative triboelectric layers, we assessed charge transfer efficiency depending on the gap distance, expressed as

81 Charge transfer efficiency
$$
=\frac{\Delta\sigma}{\sigma} = \frac{z}{d_{PFA}\varepsilon_0/\varepsilon_{PFA} + d_{PVA-NH_2}\varepsilon_0/\varepsilon_{PVA-NH_2} + z} \times 100\%
$$
) (4)

82 where σ is the triboelectric surface charge, *d* is the thickness, *ε* is relative permittivity, ε_0 is vacuum permittivity, and *z* is the gap distance between the top and bottom triboelectric materials. As shown in Supplementary Fig. 4b, charge transfer efficiency was related to gap distance, and 1 mm of gap distance secures a 99% charge transfer efficiency. Thus, a 1 mm gap distance between the positive and negative triboelectric layers is sufficient.

 The output voltage of the I-TENGs is strongly affected by surface area, so increasing the surface area by surface treatment is an efficient strategy for increasing output voltage. Output voltage at a load resistance of *Vload*(*t*) is expressed as

$$
90 \tV_{load}(t) = R I_{load}(t) = R^2 A \frac{d\sigma(z,t)}{dt}(5)
$$

91 where *R* is the load resistance, $I_{load}(t)$ is output current at a load resistance, *A* is the surface area, 92 and $\frac{d\sigma(z,t)}{dt}$ is a gap- and time-dependent surface charge density. COMSOL Multiphysics

- simulation results showed that micro/nano surface treatment of the PFA increased the total surface
- area, which resulted in a higher output voltage than that of untreated PFA (see Supplementary Fig.
- 4c and 4d).
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Note 4. Calculation of the internal energy conversion efficiency.

In order to estimate the kinetic behavior of the five-stacked I-TENG, the velocity of the I-TENG

was calculated using the measured acceleration of the I-TENG (see Supplementary Fig. 10). The

input kinetic energy of the I-TENG is derived as

101 Input kinetic energy
$$
=
$$
 $\left[\frac{1}{2}mv^2\right]_{v_{\text{initial}}}^{v_{max}} = \frac{1}{2} \times 28.5 \, (g) \times 0.34 \, (m^2 s^{-2}) = 4.845 \, mJ \, (6)$

Output electric energy of the I-TENGs is expressed as

103 Output electric energy =
$$
W_{RMS} \times (t_1 - t_0) = 38.1 \, (\mu W) \times 0.3 \, (s) = 11.43 \, \mu J \, (7)
$$

 Therefore, the internal energy conversion efficiency of the I-TENG can be defined as the ratio between the output electric energy and the input kinetic energy of the I-TENG, which is expressed as

107 Internal energy conversion efficiency=
$$
\frac{0 \text{utput electric energy}}{\text{Input kinetic energy}} = \frac{11.43}{4845} \times 100 = 0.235\%
$$
) (8)

Therefore, the internal energy conversion efficiency of the I-TENG is 0.235%.

 Fig. 1 Property of the amine-functionalized poly(vinyl alcohol). (**a**) FT-IR result of the PVA- NH2 thin film. (**b**) KPFM image of the PVA-NH2 thin film. scale bar, 5 μm. (**c**) A photographic image of the steel wool abrasion-tested PVA-NH2. An inset optical microscopy image shows the surface of the PVA-NH2 thin film. scale bar, 5 mm. (**d**) An optical microscopy image after the 9H 115 pencil hardness test of the PVA-NH₂ thin film. scale bar, 5 mm. Three repeated experiments were performed.

 Fig. 2 The working mechanism of the I-TENG driven by biomechanical energy. (**a**) The initial state, in which all parts move upward. (**b**) The intermediate state, in which the freestanding unit moves upward. (**c**) The final state, in which the freestanding unit contacts the PVA-NH2 layer. (**d**) The second initial state, in which the freestanding unit begins to move downward due to gravity. (**e**) The intermediate state, in which the freestanding unit moves downward. (**f**) The second final state, in which the freestanding unit contacts the PVA-NH2 layer.

Fig. 3 Photo images of the five-stacked I-TENGs from (a) top, (b) tilted, and (c) side views.

 Fig. 4 Mass, gap, and surface design of the I-TENG. (**a**) The kinetic force of the freestanding unit depends on the thickness of Cu. (**b**) The charge transfer efficiency depends on the gap distance of the I-TENG. Voltage potential distribution of the I-TENG using (**c**) untreated PFA and PVA-NH2 and (**d**) treated PFA and PVA-NH2 as triboelectric materials.

Fig. 5 The power management system. (**a**) Photographs of the (i) front and (ii) back of the power

management system. scale bar, 1 cm. (**b**) System-level block diagram of the power management

system for the I-TENG.

 Fig. 6 The wireless monitoring system. (**a**) A photograph of the wireless monitoring system. scale bar, 1cm. (**b**) System-level block diagram of the wireless monitoring system. Screenshot of the (**c**) log and (**d**) graph page showing real-time output voltage information of the I-TENG displayed in a mobile application.

 Fig. 7 Schematic process of applying kinetic energy. (**a**) The initial condition of the I-TENG on an electrodynamic transducer. (**b**) Application of upward energy to the I-TENG with the electrodynamic transducer. (**c**) The final state of the I-TENG on the electrodynamic transducer.

 Fig. 8 Output voltage performance of the I-TENG as a function of a frequency range from 0.5 to 3 Hz.

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Fig. 9 Durability of the five-stacked I-TENG over 30,000 cycles.

 Fig. 10 Vertical input kinetic information of the I-TENG. (**a**) Vertical acceleration of the I-TENG. (**b**) Vertical velocity of the I-TENG. (**c**) Vertical displacement of the I-TENG.

Fig. 11 The energy conversion efficiency of the I-TENG depending on different displacement

and working angle conditions.

Fig. 12 Real-time energy harvesting performance of the I-TENGs while walking, running,

climbing stairs, and resting.

 Fig. 13 Masson's trichrome stain results. Masson's trichrome stain results: (a) no inflammatory cells and scanty amount of perivascular fibrosis observed in normal muscle; (b) prominent fibrosis and a mild inflammatory response around the encapsulated device; and (c) similar fibrosis and inflammatory response around a commercial medical device. Red, white, and blue represent normal muscle, fat, and infection, respectively. scale bar, 50 µm. The Masson's trichrome stain results randomly selected 5 groups of three different conditions.

Fig. 14 Schematic structural image of the self-rechargeable cardiac pacemaker.

Fig. 15 VOO mode operation of the self-rechargeable pacemaker. (**a**) Parameters of the self-

powered cardiac pacemaker. (**b**) Ventricular EGM signals during ventricle pacing at 150 bpm.

Fig. 16 Electrogram signals in the normal condition. (**a**) Electrokardiogram (EKG), (**b**) atrial

EGM, and (**c**) ventricle EGM signals.

 Fig. 17 Electrogram signals before and after adenosine injection. (**a**) EKG, (**b**) atrial EGM, and (**c**) ventricle EGM signals.

 Fig. 18 Electrogram signals with pacemaker during temporary bradycardia. (**a**) EKG, (**b**) atrial EGM, and (**c**) ventricle EGM signals.

