

Supplemental file

Nutrition information and compound determination of orange juice.

| Portion: 200 mL (1 cup) | | % DV* |
|--|----------------------------------|-------|
| kcal = kJ | | |
| Energetic value | 86 kcal = 365 kJ | 4.3 |
| Carbohydrate | 20 g | 6.7 |
| Protein | 1.5 g | 2.0 |
| Total fat | 0 g | 0 |
| Saturated fat | 0 g | 0 |
| Trans fats | 0 g | |
| Food fiber | 0 g | 0 |
| Sodium | 0 g | 0 |
| Calcium | 20 mg | 2.0 |
| Magnesium | 9 mg | 1.4 |
| Phosphorus | 24 mg | |
| Potassium | 174 mg | |
| Iron | 0.2 mg | 1.4 |
| Copper | 0.04 mg | |
| Vitamin C | 64 mg | 142 |
| Folic acid | 58 mg | 14 |
| Total phenolic compounds | 85.8±1.2 ^a mg/100 mL | |
| Antioxidant activity | 7.14±0.29 ^a DPPH/L | |
| Ascorbic acid | 60.1±1.80 ^a mg/100 mL | |
| Total carotenoids expressed as beta carotene | 136±8.0 ^a µg/100 mL | |

* Daily reference values based on 2000 kcal or 8400 kJ diet.

^a Values presented as mean ± SD

Table 1. Initial echocardiographic study.

| Variable | IM (n = 40) | IOJ (n = 40) | P |
|-----------------------------------|-------------|--------------|-------|
| Systolic area (mm ²) | 38.7±14.3 | 36.3±13.5 | 0.446 |
| Diastolic area (mm ²) | 58.7±12.7 | 55.3±12.2 | 0.225 |
| Initial infarction size (%) | 40.8±7.40 | 44.8±12.5 | 0.085 |

Data are expressed as mean ± standard deviation. I: infarcted animals; M: animals that received maltodextrin; OJ: animals that received orange juice. *p*: value of Student's *t*-test.

Table 2. Final echocardiogram analysis.

| Variable | SM (n = 19) | SOJ (n = 20) | IM (n = 9) | IOJ (n = 9) | P (I) | P (OJ) | P (I×OJ) |
|----------------------------------|------------------------|-------------------------|-------------------------|-------------------------|------------------|-------------------|---------------------|
| PWT/BW (mm/kg) | 3.46±0.39 | 3.38±0.45 | 3.75±0.30 | 3.78±0.30 | 0.007 | 0.832 | 0.661 |
| ISWT/BW (mm/kg) | 3.64±0.39 | 3.52±0.45 | 3.01±0.30 | 2.98±0.30 | <0.001 | 0.557 | 0.767 |
| LA/BW (mm/kg) | 10.9±1.31 | 9.71±1.34 | 14.7±1.50 | 11.7±1.50 | <0.001 | <0.001 | 0.05 |
| HR (bpm) | 290±30.9 | 296±34.9 ^B | 268±26.7 ^a | 324±3.00 ^{aB} | 0.756 | 0.001 | 0.009 |
| FS (%) | 58.1±2.62 | 59.9±4.02 | 31.8±5.40 | 36.8±9.00 | <0.004 | 0.129 | 0.181 |
| EF (%) | 92.5±1.31 | 93.4±1.79 | 67.8±7.50 | 73.4±10.8 | <0.001 | 0.179 | 0.219 |
| Tei index | 0.51±0.13 | 0.45±0.13 | 0.75±0.12 | 0.71±0.12 | <0.001 | 0.184 | 0.891 |
| E/A | 1.62±0.26 | 1.56±0.18 | 2.58±1.20 | 1.81±1.50 | <0.001 | 0.456 | 0.310 |
| EDT (m/s) | 47.0±4.79 | 46.8±4.03 | 41.6±10.8 ^a | 43.1±10.5 ^a | 0.028 | 0.759 | 0.684 |
| IRT/RR ^{0.5} (ms) | 47.0±7.41 | 47.0±4.47 ^B | 55.6±18.9 ^a | 75.7±16.5 ^{ab} | <0.001 | <0.002 | 0.003 |
| S septal (cm/s) | 5.68±0.39 ^A | 5.79±0.40 ^B | 4.10±0.30 ^{AA} | 4.76±0.30 ^{AB} | <0.001 | 0.002 | 0.022 |
| S lateral (cm/s) [#] | 5.87±0.44 | 5.86±0.40 | 5.11±0.30 | 5.25±0.30 | <0.001 | 0.953 | 0.459 |
| A' septal (cm/s) | 3.90±0.44 | 4.27±0.44 | 4.85±1.20 | 6.47±2.10 | <0.001 | 0.003 | 0.057 |
| A' lateral (cm/s) | 3.45±0.44 | 3.76±0.44 | 4.23±0.90 | 4.63±1.20 | <0.001 | 0.117 | 0.835 |
| E' septal (cm/s)* | 8.72±11.8 | 6.17±0.44 | 4.40±0.60 | 4.94±0.60 | <0.001 | 0.207 | 0.158 |
| E' lateral (cm/s) | 5.33±0.44 | 5.47±0.44 | 4.07±0.90 | 4.61±0.90 | <0.001 | 0.145 | 0.389 |

Data are expressed as mean ± standard deviation. n: numbers of animals included in each experimental group. SM: sham animals with maltodextrin intake; SOJ: sham animals with orange juice intake; IM: infarcted animals with maltodextrin intake; IOJ: infarcted animals with orange juice intake. BW: body weight; PWT: LV posterior wall thickness; ISWT: interventricle septum wall thickness; LA: left atrium diameter; HR: heart rate; FS: endocardial fractional shortening; EF: ejection fraction; Tei index: myocardial performance index; E/A: e wave and A wave ratio; EDT: E wave deceleration time; IRT/RR^{0.5}: isovolumetric relaxation time adjusted by heart rate; S': systolic annular mitral velocity septal and lateral; A' and E' diastolic annular mitral velocity septal and lateral (E': early and A': late). pI: p value of infarct effect. pOJ: p value of orange juice intake effect. pIxOJ: p value of interaction. Bold numbers represent the significant effects that were considered. ^a: IM≠IOJ; ^b: SM≠SOJ; ^A: SM≠IM e ^B: SOJ≠IOJ.

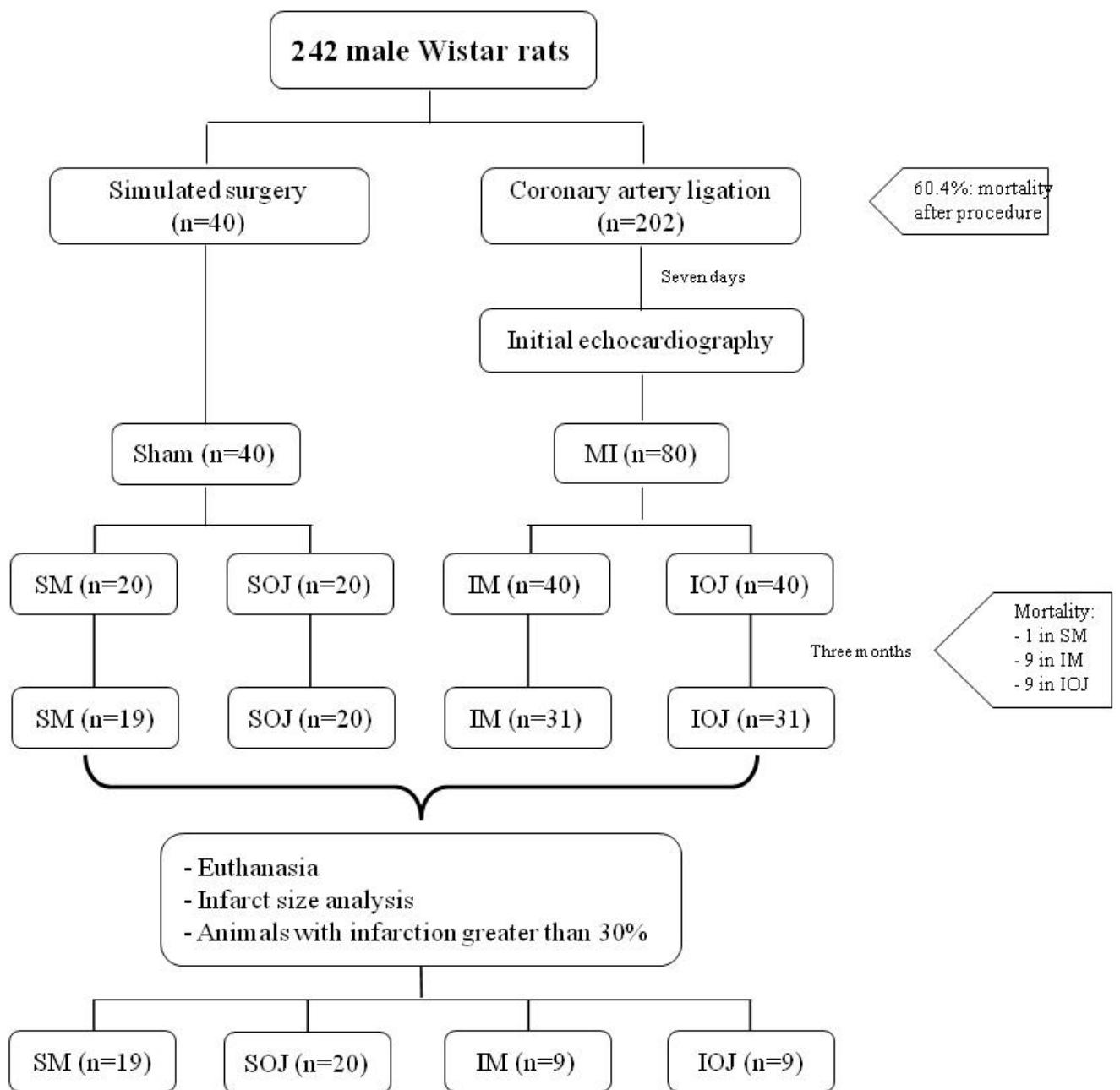


Figure 1. Study design, experimental groups, number of animals, mortality, and infarct size.

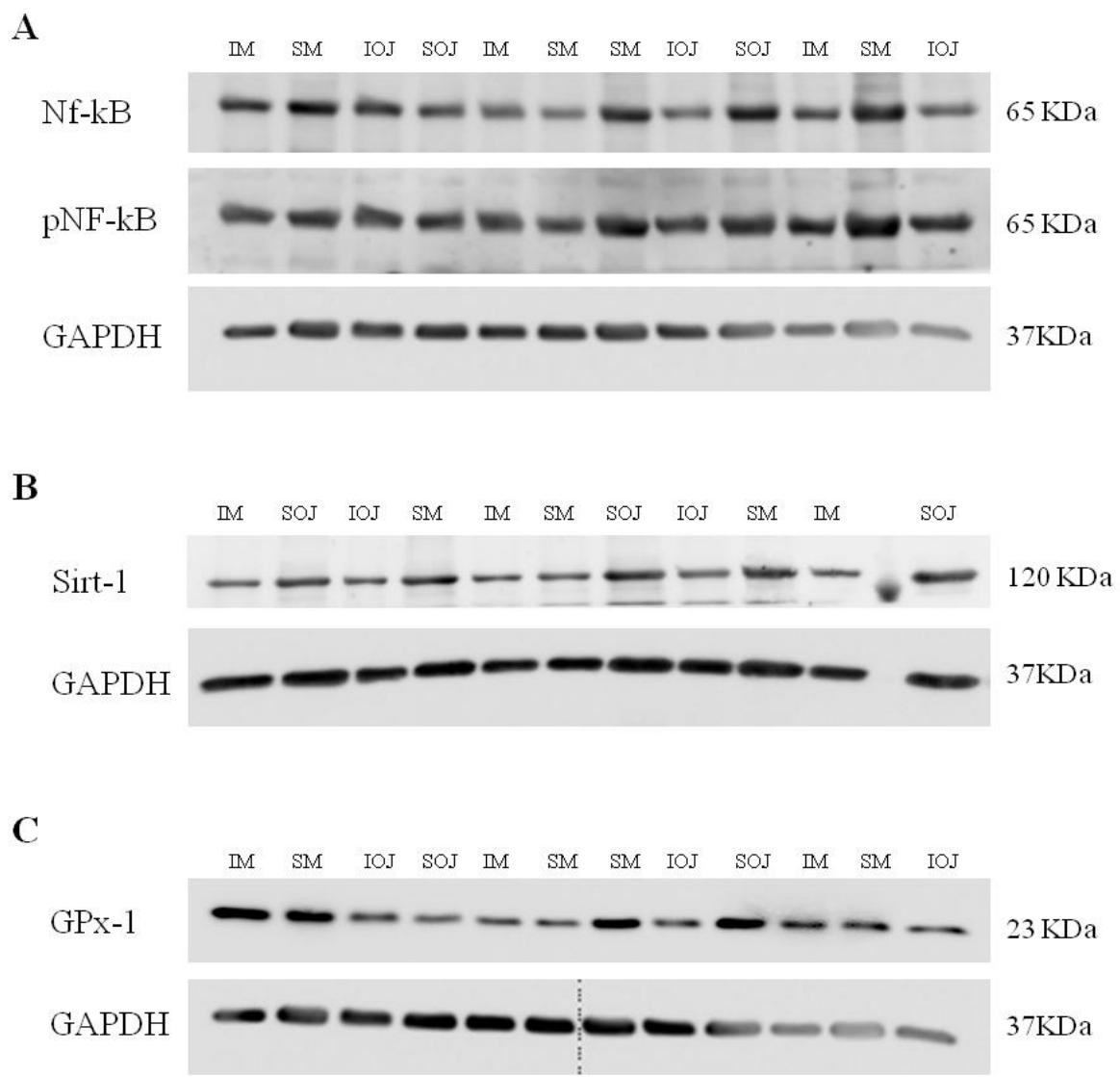


Figure 2. Nf-kB, pNF-kB, Sirt-1 and GPx-1 representative Western blot in sham and infarcted rats.

(A) Nf-kB and pNF-kB representative Western blot. (B) Sirt-1 representative Western blot. (C) GPX-1 representative Western blot. NF-kB: total nuclear factor-kB; pNF-kB: phosphorylated nuclear factor-kB; Sirt-1: sirtuin-1; GPx-1: glutathione peroxidase-1.