

1 **Hearing difficulty is linked to Alzheimer's disease by common**
2 **genetic vulnerability, not shared genetic architecture**

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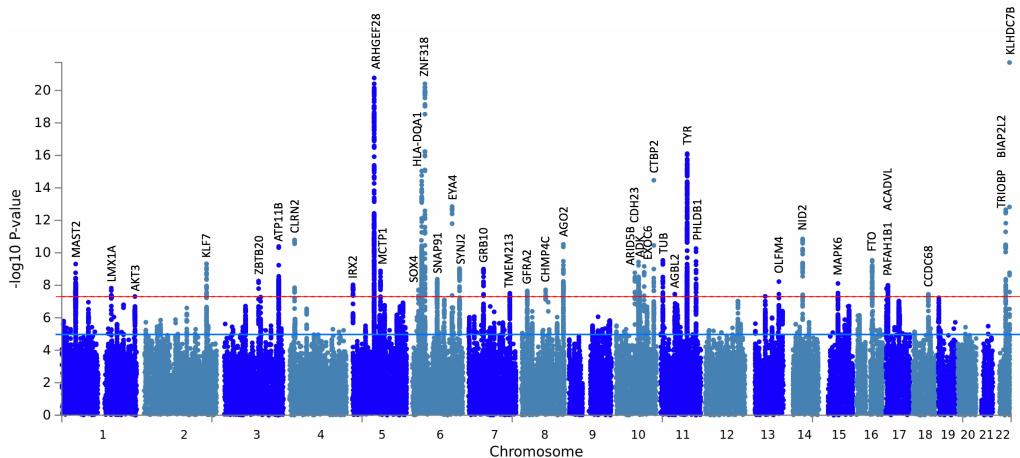
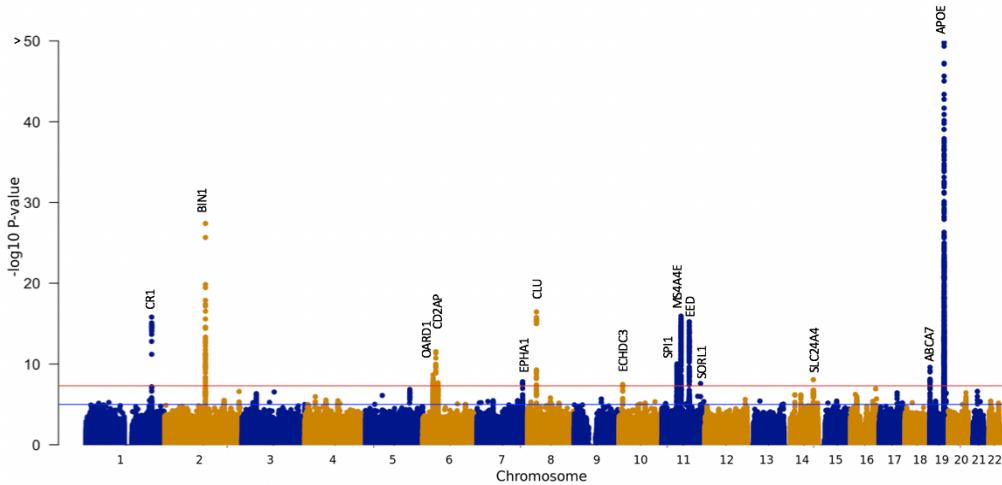
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32 (a)

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34 (b)

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36 **Supplementary Figure 1| Manhattan plots displaying GWAS results for (a) UKBB**
 37 **Hearing difficulty (*HDiff*), and (b) Stage 1 IGAP late-onset Alzheimer's disease (*AD*)**
 38 **phenotypes.** The Manhattan plots display the P-values of all SNPs tested in discovery
 39 analysis from (Kunkle et al., 2019; Wells et al., 2019). The threshold for genome-wide
 40 significance (P-value $<5e-08$) is indicated by a red solid horizontal line and the genome-wide
 41 suggestive threshold (P-value $<1e-05$) is indicated by a blue horizontal solid line. Loci that
 42 reached genome-wide significance are annotated with gene symbol. The inflation factors, λ
 43 for *HDiff* and *AD* are 1.31 and 1.09 respectively.
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52 **Supplementary Table 1|**

53 Two-sample bidirectional Mendelian randomization of Hearing difficulty and Alzheimer's
 54 disease.

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56	Exposure	Outcome	MR method	nSNP	Beta	SE	P-value
57	<i>HDiff</i>	<i>AD</i>	IVW	34	-0.261	0.304	0.390
58			MR Egger	34	0.042	1.362	0.975
59			Simple Mode	34	-0.479	0.816	0.561
60			Weighted Median	34	-0.464	0.424	0.274
61			Weighted mode	34	-0.455	0.707	0.524
62	<i>AD</i>	<i>HDiff</i>	IVW	11	0.004	0.002	0.061
63			MR Egger	11	0.003	0.003	0.382
64			Simple Mode	11	0.016	0.008	0.071
65			Weighted median	11	0.003	0.002	0.044
66			Weighted mode	11	0.003	0.002	0.080

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68 Key: *AD*, Alzheimer's disease; *HDiff*, Hearing difficulty; IVW, Inverse variance weighted;
 69 MR, Mendelian randomization; SE, Standard error.

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71 **Supplementary Table 2|**

72 Shared causal traits for Hearing difficulty and Alzheimer's disease. Two-sample Mendelian
 73 randomization of glutamine, gamma-glutamyl glutamine, and citrate as exposure and Hearing
 74 difficulty and Alzheimer's disease as outcome.

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Exposure	MR method	<i>HDiff</i>				<i>AD</i>			
		nSNPs	Beta	SE	Pval	nSNPs	Beta	SE	Pval
GGG	IVW**	3	-0.202	0.054	0.000	3	-1.948	0.578	0.001
GGG	MR Egger	3	-0.197	0.186	0.482	3	-2.996	1.993	0.374
GGG	Simple mode	3	-0.177	0.077	0.148	3	-2.224	0.746	0.096
GGG	Weighted median**	3	-0.185	0.063	0.003	3	-2.060	0.673	0.002
GGG	Weighted mode	3	-0.181	0.072	0.129	3	-2.160	0.782	0.110
Gln	IVW**	5	-0.017	0.006	0.006	5	-0.222	0.069	0.001
Gln	MR Egger	5	-0.022	0.012	0.172	5	-0.235	0.132	0.175
Gln	Simple mode	5	-0.017	0.012	0.237	5	-0.235	0.120	0.122
Gln	Weighted median**	5	-0.019	0.007	0.007	5	-0.227	0.072	0.002
Gln	Weighted mode	5	-0.020	0.008	0.058	5	-0.228	0.084	0.052
Citrate	IVW**	4	-0.020	0.008	0.012	4	-0.207	0.088	0.018
Citrate	MR Egger	4	-0.034	0.062	0.639	4	-0.137	0.684	0.860
Citrate	Simple mode	4	-0.016	0.014	0.319	4	-0.204	0.111	0.165
Citrate	Weighted median**	4	-0.018	0.009	0.047	4	-0.207	0.103	0.045
Citrate	Weighted mode	4	-0.015	0.011	0.275	4	-0.206	0.114	0.170

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94 Key: *AD*, Alzheimer's disease; *HDiff*, Hearing difficulty; IVW, Inverse variance weighted;
 95 Gln, glutamine; GGG, gamma-glutamyl glutamine; SE, Standard error. Beta < 0 means
 96 negative effect/protective on the outcome (decreased glutamine, gamma-glutamylglutamine,
 97 and citrate) and Beta > 0 means positive effect on the outcome (increased glutamine, gamma-
 98 glutamylglutamine and citrate). ** MR methods that are significant for both *HDiff* and *AD* at
 99 uncorrected P-value of 0.05

100 **Supplementary Table 3|**
 101 Characteristics of genetic variants as instruments from glutamine, gamma-glutamylglutamine, and citrate GWAS with corresponding Hearing
 102 difficulty and Alzheimer's disease GWAS data sets. The effect of assessed allele at each locus is indicated by beta.
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104	SNP	Chr	Nearby gene	EA	NEA	EAF	Glutamine GWAS			<i>HDiff</i> GWAS			<i>AD</i> GWAS		
105	N=24,462						Beta	SE	P-value	Beta	SE	P-value	Beta	SE	P-value
106	rs1260326	2	GCKR*	C	T	0.638	0.062	0.010	9.87E-10	0.002	0.001	0.13	8.0E-04	0.016	0.96
107	rs6729711	2	GLS	A	G	0.181	-0.069	0.012	2.23E-08	0.000	0.002	0.84	0.011	0.018	0.54
108	rs12306007	12	SLC38A4	T	C	0.140	0.079	0.013	3.63E-09	0.000	0.002	0.94	-0.017	0.025	0.49
109	rs2657879	12	GLS2*	G	A	0.176	-0.221	0.012	3.30E-70	-0.004	0.002	9.6E-03	0.047	0.021	0.024
110	rs7078003	10	HOGA1	T	C	0.195	0.074	0.011	2.96E-10	0.001	0.002	0.48	-0.022	0.023	0.035
111							GGG GWAS			<i>HDiff</i> GWAS			<i>AD</i> GWAS		
112	N=7,662						Beta	SE	P-value	Beta	SE	P-value	Beta	SE	P-value
113	rs1260326	2	GCKR*	T	C	0.412	-0.012	0.002	5.61E-09	0.002	0.001	0.13	0.001	0.016	0.96
114	rs1751956	10	LYZL1	T	G	0.864	0.016	0.002	2.35E-08	0.000	0.002	0.94	-0.017	0.025	0.49
115	rs2657879	12	GLS2*	A	G	0.826	0.024	0.002	5.85E-09	-0.004	0.002	9.6E-03	0.047	0.021	0.024
116							Citrate GWAS			<i>HDiff</i> GWAS			<i>AD</i> GWAS		
117	N=24,770						Beta	SE	P-value	Beta	SE	P-value	Beta	SE	P-value
118	rs1468269	22	GSC2	A	G	0.2613	-0.065	0.011	5.04E-09	0.001	0.001	0.71	0.017	0.018	0.353
119	rs172642	17	SLC13A5	C	A	0.481	-0.080	0.009	4.80E-18	0.001	0.001	0.34	0.015	0.014	0.304
120	rs2040771	22	SLC25A1	T	C	0.476	-0.091	0.009	1.28E-22	-0.001	0.001	0.36	0.019	0.014	0.192
121	rs2921604	5	ANKH	C	T	0.444	0.097	0.094	3.65E-25	0.003	0.001	0.035	0.020	0.014	0.161

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124 Key: *AD*, Alzheimer's disease; *HDiff*, Hearing difficulty; EA, effect allele; NEA, non-effect allele; GGG, gamma-glutamylglutamine; SE,
125 Standard error; SNPs in bold are single SNP that driving the association and influencing the causal relationship using leave one out test * Exonic
126 SN

