

**Supplementary Table 1.** Results of Paired T-Test and Repeated Measures Analysis of Variance for Neuropsychological Tests

Neuropsychological tests	EAM group			Control group				
	Baseline	12 months	p value	Baseline	12 months	p value		
Digit span forward	5.16 (1.21)	4.96 (1.51)	0.346	5.55 (1.24)	5.59 (1.32)	0.846		
Digit span backward	2.96 (0.89)	3.20 (1.15)	0.219	3.59 (1.30)	3.24 (1.43)	0.087		
K-BNT	40.56 (9.16)	36.56 (10.40)	<0.001	38.57 (10.79)	35.32 (12.34)	0.002		
RCFT copy	24.50 (10.87)	21.98 (12.31)	0.049	27.74 (7.62)	23.88 (10.31)	0.001		
SVLT immediate recall	13.69 (3.74)	12.69 (4.59)	0.081	12.93 (4.74)	12.07 (5.01)	0.088		
SVLT delayed recall	1.24 (1.85)	0.80 (1.35)	0.147	1.48 (1.88)	0.93 (1.81)	0.031		
SVLT recognition	17.60 (3.14)	16.48 (2.58)	0.032	16.97 (2.64)	16.21 (2.98)	0.082		
RCFT immediate recall	4.14 (3.54)	3.14 (4.13)	0.010	4.16 (3.52)	3.05 (3.24)	0.017		
RCFT delayed recall	3.82 (4.21)	2.40 (4.29)	0.014	3.52 (3.46)	2.62 (3.20)	0.014		
RCFT recognition	16.92 (2.61)	16.72 (3.13)	0.678	16.69 (2.79)	16.45 (2.76)	0.541		
COWAT animal	11.00 (3.16)	10.28 (4.29)	0.300	11.76 (4.23)	10.10 (4.63)	0.001		
COWAT supermarket	11.24 (5.04)	10.16 (3.66)	0.302	11.10 (5.20)	8.69 (5.03)	0.018		
COWAT phonemic	16.83 (9.19)	16.50 (10.78)	0.852	19.86 (10.06)	16.28 (9.80)	0.007		
Stroop color reading	51.56 (28.89)	48.56 (36.44)	0.427	58.48 (30.95)	48.28 (33.87)	0.001		
DSC	35.74 (15.82)	30.16 (17.15)	0.014	41.30 (17.78)	36.22 (18.25)	0.002		
K-TMT-E-B time	133.63 (105.88)	150.63 (119.49)	0.320	118.05 (96.90)	135.90 (105.70)	0.332		
CDR sum of boxes	2.88 (1.68)	3.81 (2.17)	<0.001	2.41 (1.28)	3.62 (2.55)	0.001		
EAM group				Control group				
	Baseline	6 months	12 months	p value	Baseline	6 months	12 months	p value
MMSE	22.70 (3.75)	21.30 (5.05)	20.35 (4.93)	0.031	24.09 (3.59)	23.09 (4.18)	22.09 (4.83)	0.076

CDR, Clinical Dementia Rating; COWAT, Controlled Oral Word Association Test; DSC, Digit Symbol Coding; EAM, electrical automatic massage; K-BNT, Korean version of the Boston Naming Test; K-TMT-E-B, Korean Trail Making Test-Elderly's version part B; MMSE, Mini-Mental State Examination; RCFT, Rey-Osterrieth Complex Figure Test; SD, standard deviation; SVLT, Seoul Verbal Learning Test.

Data are presented as mean (SD).