

### S3 Text: Data resources

We list the datasets that we have used in the paper and their download sources. Table A and table B summarize how these datasets are used in different analyses in the paper. Intermediate results for screening of 5 risk factors on 25 diseases are available at <https://www.dropbox.com/sh/myh8xgxne8fo17v/AABWJf781VrCGnqNFMLtnqIea?dl=0>.

Analysis	Risk factor datasets		Disease dataset
	Selection	Estimation	
Validation1:			
BMI → BMI	BMI-ukb	BMI-giant17eu-F	BMI-giant17eu-M
T2D → T2D	T2D-ukb	T2D-diagram12-F	T2D-diagram12-M
Height → Height	Height-ukb	Height-giant13-F	Height-giant13-M
Validation2:			
BMI → T2D	BMI-ukb	BMI-giant17eu	T2D-diagram12-Im
LDL-C → CAD	LDL-gera18	LDL-glgc13	CAD-Nelson17
Height → Smoking	Height-giant14	Height-ukb	Smoking-ukb19
SBP → Stroke	SBP-gera17	SBP-ukb	AS-Malik18eu
Validation3:			
BMI → T2D	BMI-ukb	BMI-giant17eu-F/M	T2D-diagram-F/M
T2D → BMI	T2D-ukb	T2D-diagram12-F/M	BMI-giant17eu-F/M
LDL-C → CAD	LDL-gera18	LDL-glgc13	CAD-Nelson17
CAD → LDL-C	CAD-c4d11	CAD-CARDIoGRAM11	LDL-glgc13
Validation4:			
CRP → CAD	CRP-Prins17	CRP-Dehghan11	CAD-Nelson17
CRP + LDL-C → CAD	(CRP-Prins17, LDL-gera18)	(CRP-Dehghan11, LDL-glgc13)	CAD-Nelson17
Screening risk factors:			
LDL-C	LDL-gera18	LDL-glgc13	-
HDL-C	HDL-gera18	HDL-glgc13	-
TG-C	TG-gera18	TG-glgc13	-
BMI	BMI-JapB	BMI-ukb	-
SBP	SBP-gera17	SBP-ukb	-
Simulation:			
BMI → SBP	BMI-giant17eu	BMI-ukb	SBP-ukb

Table A: Names of the datasets used in validation analyses and screening risk factors

- BMI-ukb: downloaded from UK Biobank Neale’s lab [12] with phenotype code 21001.

Screening Disease	dataset	Screening Disease	dataset
CAD	CAD-Nelson17	Insomnia	Insomnia-ukb19
Type 2 diabetes	T2D-diagram12-Im	Intelligence	IQ-Savage18
Stroke	AS-Malik18eu	Neuroticism	Neuro-Hill19
Chronic kidney disease	CKD-Wuttke19	Male pattern baldness	MBP-ukb19
eGFR	eGFR-Wuttke19	IBD	IBD-Liu15
MDD	MDD-PGC18	Crohn’s disease	CR-Liu15
Depressed affect	Dep-Nagel18	Ulcerative colitis	UC-Liu15
ADHD	ADHD-pgc19	Breast cancer ER+	Breast-Micha7erp
Bipolar Disorder	BIP-pgc19	Breast cancer ER-	Breast-Micha17ern
Autism	Autism-pgc17	Ovarian cancer (non-invasive)	Ovarian-Phelan17ni
Schizophrenia	SCZ-pgc13	Ovarian cancer (serous invasive)	Ovarian-Phelan17si
Obsessive compulsive disorder	OCD-pgc18	Prostate cancer	Prostate-ellipse18
Alzheimer	Alzhe-Marioni18		

Table B: Names of the datasets used for the 25 diseases in the screening application

- BMI-giant17eu-F, BMI-giant17eu-M, BMI-giant17eu: downloaded from GIANT consortium website [2], 2017 adjusted for smoking data.
- BMI-JapB: data originally from [4] and downloaded from GWAS Catalog [3] with study accession number GCST004904.
- T2D-diagram12-F, T2D-diagram12-M, T2D-diagram12-Im: data originally from [19] and downloaded from <https://diagram-consortium.org/downloads.html>.
- T2D-ukb: downloaded from UK Biobank Neale’s lab [12] with phenotype code 20002-1223.
- Height-giant13-F, Height-giant13-M: data originally from [24] and downloaded from GIANT consortium website [2].
- Height-giant14: data originally from [31] and downloaded from GIANT consortium website [2].
- Height-ukb: downloaded from UK Biobank Neale’s lab [12] with phenotype code 50.
- LDL-glge13, HDL-glge13, TG-glge13: data originally from [30] and downloaded from <http://csg.sph.umich.edu/willer/public/lipids2013/> (Joint analysis of metoboship and GWAS data).
- LDL-gera18, HDL-gera18, TG-gera18: data originally from [11] and downloaded from GWAS Catalog with study accession numbers GCST007141, GCST007140 and GCST007142.
- SBP-gera17: data originally from [10] and downloaded from GWAS Catalog with study accession number GCST007095.

- SBP-ukb: downloaded from UK Biobank Neale’s lab [12] with phenotype code 4080.
- CAD-Nelson17: data originally from [21] and downloaded from GWAS Catalog with study accession number GCST004787.
- CAD-c4d11: data originally from [6] and downloaded from <http://www.cardiogramplusc4d.org/data-downloads/>
- CAD-CARDIoGRAM11: data originally from [28] and downloaded from <http://www.cardiogramplusc4d.org/data-downloads/>
- CRP-Prins17: data originally from [23] and downloaded from GWAS Catalog with study accession number GCST005067.
- CRP-Dehghan11: Data from [7] and requested from original authors.
- AS-Malik18EU: data originally from [16] and downloaded from GWAS Catalog with study accession number GCST006906.
- Smoking-ukb19: data originally from [14] and downloaded from GWAS Catalog with study accession number GCST007327.
- CKD-Wuttke19, eGFR-Wuttke19: data originally from [33] and downloaded from GWAS Catalog with study accession numbers GCST008065 and GCST008059.
- Dep-Nagel18: data originally from [20] and downloaded from GWAS Catalog with study accession number GCST006475.
- ADHD-pgc19: data originally from [8] and downloaded from the PGC website <https://www.med.unc.edu/pgc/download-results/>.
- MDD-pgc18: data originally from [32] and downloaded from the PGC website <https://www.med.unc.edu/pgc/download-results/>.
- BIP-pgc19: data originally from [29] and downloaded from the PGC website <https://www.med.unc.edu/pgc/download-results/>.
- Autism-pgc17: data originally from [1] and downloaded from the PGC website <https://www.med.unc.edu/pgc/download-results/>.
- SCZ-pgc13: data originally from [25] and downloaded from the PGC website <https://www.med.unc.edu/pgc/download-results/>.
- OCD-pgc18: data originally from [5] and downloaded from the PGC website <https://www.med.unc.edu/pgc/download-results/>.
- Alzhe-Marioni18: data originally from [17] and downloaded from GWAS Catalog with study accession number GCST005922.
- Neuro-Hill19: data originally from [9] and downloaded from GWAS Catalog with study accession number GCST007710.

- IQ-Savage18: data originally from [26] and downloaded from GWAS Catalog with study accession number GCST006250.
- Insomnia-ukb19: data originally from [13] and downloaded from GWAS Catalog with study accession number GCST007387.
- MBP-ukb19: data originally from [34] and downloaded from GWAS Catalog with study accession number GCST007020.
- IBD-Liu15, UC-Liu15, CR-Liu15: data originally from [15] and downloaded from GWAS Catalog with study accession numbers GCST003043, GCST003045 and GCST003044.
- Breast-Micha17erp, Breast-Micha17ern: data originally from [18] and downloaded from GWAS Catalog with study accession number GCST004988.
- Ovarian-Phelan17ni, Ovarian-Phelan17si: data originally from [22] and downloaded from GWAS Catalog with study accession numbers GCST004462 and GCST004478.
- Prostate-ellipse18: data originally from [27] and downloaded from GWAS Catalog with study accession number GCST006085

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