

Supplemental Material 3: A priori framework of Burden of Treatment		
Primary construct	Secondary construct	Definition
Workload	In asking for help	Activate support: ask for support network to help with or take over the work
		Seek help: Refer for healthcare practitioners for advice or to increase level of care
	Gaining knowledge of CHF	Baseline knowledge: What does CHF look like and feel like
		Understand what works: What to do in response to a symptom, when to seek help.
		Evaluate outcomes: monitor symptoms, did the treatment work
	Performing tasks of CHF management	Lifestyle changes: exercise, diet, balance lifestyle
		Medication management: obtaining and filling prescriptions, taking medications, navigate healthcare system
		Specific illness task: attend regular appointments, daily weights, fluid management
	Capacity	Utilize abilities
External resources		What helps the patient: financial, social support network, healthcare system, physical environment, spirituality
Impact	Changes to self	Discontinuation of what the patient did and what was normal for them.
	Change to role	Discontinuation of the role the patient, alteration in who they believed they were
	Negative consequences of treatments	Things that make it hard to do what healthcare providers have recommended