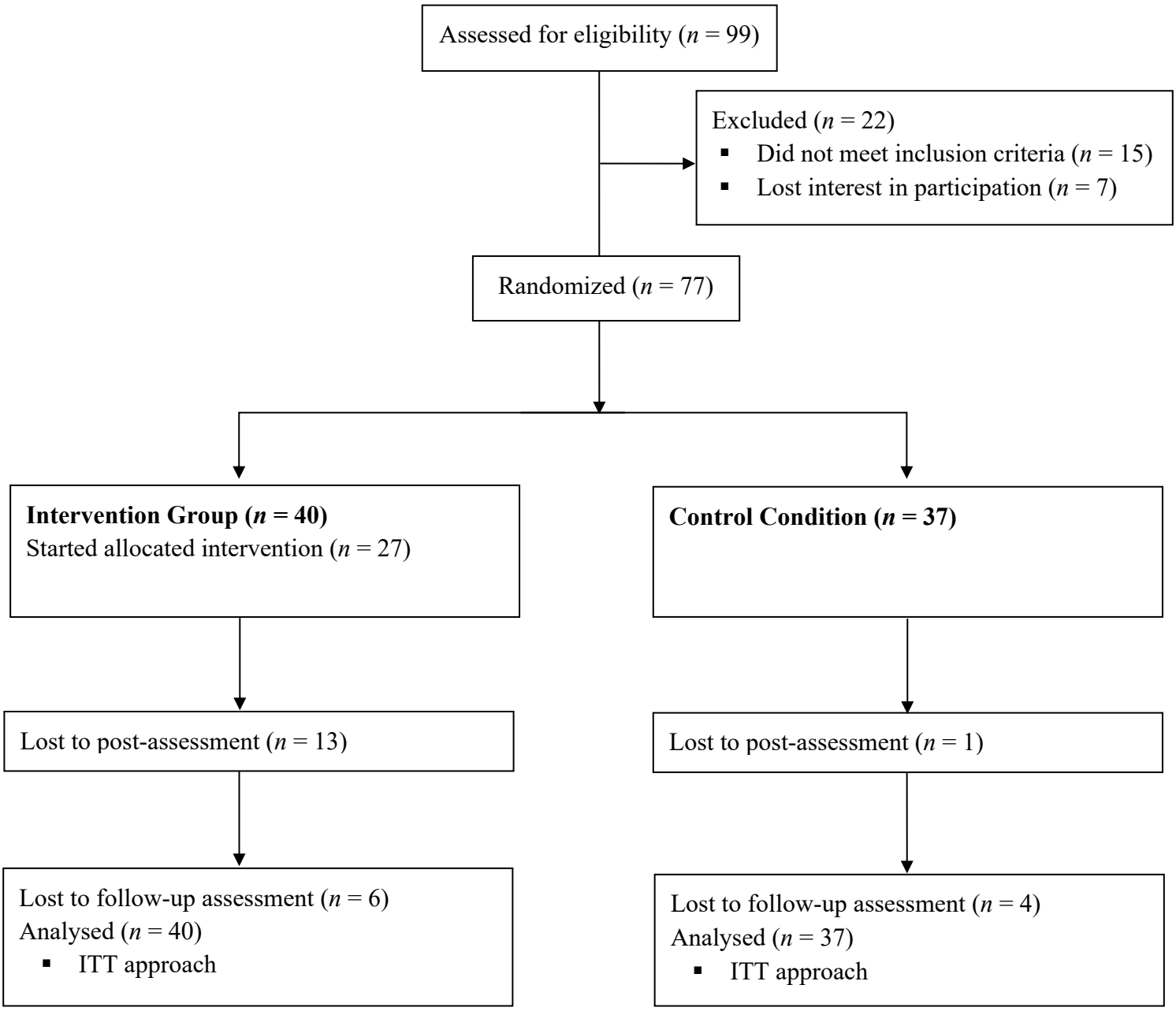
Assessed for eligibility (n = 99)
Excluded (n = 22)
Did not meet inclusion criteria (n = 15)
Lost interest in participation (n = 7)
Randomized (n = 77)
Intervention Group (n = 40)
Started allocated intervention (n = 27)
Control Condition (n = 37)
Lost to post-assessment (n = 13)
Lost to post-assessment (n = 1)
Lost to follow-up assessment (n = 6)
Analysed (n = 40)
ITT approach
Lost to follow-up assessment (n = 4)
Analysed (n = 37)
ITT approach