## Overview of COVID-19 and GDM studies.

Author, Year	Location	Study design	Pregnant women, n	Patient characteristics and medical history	COVID-19	Maternal outcomes	Offspring outcomes
Blauvelt et al 2020	USA	Case report	1	34- year-old pregnant women with coronavirus infection, 28 weeks of gestation     Asthma, A2 gestational diabetes, obesity, three prior cesarean delivery     Vital signs at admission: temperature 36.9°C, blood pressure 117/66 mm Hg, heart rate 110 beats per minute, respiratory rate 30–40/min, and SpO <sub>2</sub> 93% on nonrebreather mask at 15 L/min, transitioned to high-flow nasal cannula, Initial PaO <sub>2</sub> /FiO <sub>2</sub> ratio was 163, plateau pressure 15 cmH <sub>2</sub> O, static compliance 80 mL/cmH <sub>2</sub> O and calculated dead space fraction 42%	Fever, malaise, myalgias, cough, shortness of breath ongoing hypoxemia (pH 7.41, PaCO <sub>2</sub> 26 mm Hg, PaO <sub>2</sub> 64 mm Hg, HCO <sub>3</sub> 16 mmol/L).     Higher risk for mortality and morbidity in pregnant women and Covid-19     Acute respiratory distress syndrome     ICU admission, intubation     Placenta showed acute chorioamnionitis     Negative IgM and IgG     incremental titration of positive end-expiratory pressure from 10 to 16 cmH <sub>2</sub> O     FiO <sub>2</sub> requirement remained high at 80% and her static compliance worsened	Iung overdistension, evidenced by decreased lung compliance and worsened hypercarbia indicating increased dead space develop hyperglycemia after antenatal corticosteroid administration required prolonged mechanical ventilation (until postpartum day 10) Shortly before delivery: FiO2 increased to 100%, inhaled nitric oxide initiated at 20 ppm to temporarily improve oxygenation perioperatively, PaO2 improved to 159 mm Hg (from 94 mm Hg). Following days PaO2/FiO2 ratio improved, lung mechanics remained relatively stable Extubated on postoperative day 10	Intubated because of Respiratory distress syndrome Diffuse bilateral granular/ hazy opacities concerning for mild edema/ envolving respiratory distress syndrome Laboratory test results showed leukopenia, neutropenia, lymphopenia, mild acidosis, and normal lactate Negative SARS-CoV-2 test and IgG and IgM 1920g Apgar score 4->8 Clear amniotic fluid At 16 days of life, neonate was clinically stable on high-flow nasal cannula at 3 L/min and 21% FiO <sub>2</sub> normal findings on neurologic examination.
Cooke et al 2020	UK	Case Report	1	28-year-old,     28 <sup>+6</sup> weeks of gestation, GDM, Asian	fever, cough, diarrhoea and vomiting, was tachypnoeic, and bibasal pulmonary infiltrates supported a presumed SARS-CoV-2 diagnosismechanical ventilation because tachypnoeic, c-section	recovered rapidly     experienced psychiatric sequelae post- operatively	no complication or bad outcome mentioned, birth weight 1400g, Apgar scores 1 -> 3
Vlachodimitropoul et al 2020	Canada	Case Report	1	40-year-old women     Gravida 2 para 1     Familia neutropenia diagnosed in infancy (by admission neutropenia (0.1-0.3 x 10 <sup>9</sup> /L))     GDM     lymphocyte count nadirs of 0.16	admitted at 35 + 3 weeks' gestation with cough and pyrexia     Normotensive, tachycardic (110-121 beats/min), febrile (39°C), with normal oxygen saturation in room air     SARS-CoV-2 was confirmed by polymerase chain reaction (PCR) on a nasopharyngeal swab     Normal chest X-ray     Over 48 hours, progressive thrombocytopenia, declining fibrinogen, rising activated partial thromboplastin time with concomitant improvement	sustained a postpartum hemorrhage of 1.5 L controlled with uterine artery ligation and B-Lynch compression, alongside uterotonics and blood products (tranexamic acid 2 g, fibrinogen 4 g, cryoprecipitate 10 units)     C-section was performed	obstetrical ultrasound demonstrated a well-grown fetus     fetal heart rate monitoring was unremarkable healthy male infant was delivered, weighing 2.93 kg (Apgars of 9 and 9 at 1 and 5 minutes)

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					in neutrophil count, responding to G-CSF Significantly elevated D- dimers were observed Description of mild transaminitis (underlaying infection) Coagulopathy improvement was noted on postoperative day		
Govind et al 2020	UK	Letter	1	36-years-old, 38 w.o.g, Mode of delivery: Em C-Section, diet controlled GDM	Pneumonia, respiratory distress, Chest Xray revealed right basal consolidation and lymphopenia was noted (0.92 × 109/l; normal: 1.2– 3.6)	Following delivery, patient continued to desaturate (80–85 %) on 100 % of oxygen     transferred to a tertiary centre for extracorporeal membrane oxygenation (ECMO)	Birth weight: 4165 g Viral pneumonia day 6 but recovered well Apgar scores 5-> 9 Ventilated for 10 days Developed pyrexia and exhibited signs of pneumonia on 6 <sup>th</sup> day
Kleinwechter / Laubner 2020	Germany	Case Report	1	28-year-old pregnant women (Gravida 4, Para 2)     GDM diagnosed in 25 <sup>th</sup> w.o.g 75g-oGTT: 97 mg/dl fasted, 189 mg/dl after 1 h, 197 mg/dl after 2 (5.4 / 10.5 / 9.9 mmol/l)     Admitted to University Hospital Freiburg (9nternistically)     Day before admission, RT-PCR throat swab was positive.	>39 °C fever, cough, loss of appetite     Thrombocytopenia and lymphocytosis, elevated levels of LDH, creatine kinase, CRP and IL-6     Three days after admission increasing dyspnoea with oxygen demand up to 5 l/min (by mask)	Deep-seated placenta occurred vaginal bleeding (temporary transfer to the delivery room and monitoring under tocolysis)     Fever-free at day 6, oxygen requirement declining     First control pharyngeal smear negative	
Oliva et al 2020	USA	Case Report	1	<ul> <li>35-year-old pregnant women</li> <li>29<sup>3/7</sup> weeks of gestation</li> <li>gravida 10 para 7</li> <li>Pyelonephritis at 13 w.o.g</li> <li>GDM</li> </ul>	Fever (38,2 degree), dyspnea, myalgias, dysuria, cough     Respiratory status worsen (by admission:95% to 92%), respiratory rate of 23/min, heart rate 109 (oxygen through venturi mask)     Transaminitis and hypertriglyceridaemia because of medication     Tachypneic     D-dimer peaking at 3037 ng/mL	Status improved rapidly post-caesarean 2 hours after delivery SpO2 to the low 90th percentile on room air, which improved to 100% on 15 L/min of oxygen by postoperative day 2, she was weaned to 4 L/min of oxygen via nasal cannula CT showed extensive bilateral patchy ground glass infiltrates and small consolidations Uncomplicated C-section	ICU admission with supplemental oxygen Birth weight 1705g Early cord clamping Apgar scores 9-> 9 Required supplement oxygen CXR on day 3 showed no evidence of pulmonary disease
Smati et al 2020	France	Case Report	1	36-year-old pregnant women from the Democratic Republic of Congo presented severe euglycaemic metabolic acidosis and significant ketonaemia (15.3 mmol/L)     GDM (HbA1c at 6.1% (43.2 mmol/mol) on admission)     BMI before pregnancy: 35,2 gravida 9, para7	Due to suspected preeclampsia, the patient underwent emergency caesarean section     Viral infection might cause euglycaemic ketoacidosis in pregnant women because of stress	Plasma insulin, C-peptide, glucagon and free fatty acid levels were assessed 2 days after delivery, showed no indications of insulin deficiency or metabolic failure  ICU admission because of abdominal pain with nausea and vomiting associated with non-febrile dyspnea	Birth weight 2445g

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Uzel / Lakhno 2020	Turkey	Case Report	1	35-year-old pregnant women (31 w.o.g.)     GDM (Diagnosed at 24 weeks o.g.)     Tested positive for Covid-19	Dry cough, fever (38.2), dizziness     Blood pressure 130/80 mm Hg     Rate of respiratory 20 / minute     Obese (BMI 40 kg/m^2)     Lymphopenia, hyperglycemia, trace of proteinuria and ketonuria were detected	Leukocytosis (19 x 10 <sup>3</sup> / µL) and mild anemia (hemoglobin was 10.1 g/dL) were found in the clinical blood test.     increased variables of serum urea, serum creatinine, serum ALT, serum AST, serum alka- line phosphatase were detected     activated partial thromboplastin time, prothrombin time and international normalized ratio were prolonged. Levels of C-reactive protein (179.7 mg/L) and procalcitonin (0.15 ng/ml) were raised. Hemodynamics was not stable (blood pressure 70/40 mm Hg, pulse rate 130 per minute).     Low saturation (75%)     ICU admission     Maternal death	fetal distress     Apgar 1 -> 3     1900g     NICU admission     Early neonatal sepsis     Negative tested for Covid-19
Tang et al 2020	China	Case Report	1	symptomatic, 34-years old, GDM (insulin treatment)	fever, shortness of breath, dyspnea, negative PCR for SARS-CoV-2; positive IgM and IgG antibodies, in both lungs scattered patchy lesions and small amount of left-sided pleural effusion	No serious complications at delivery     C-section	born at 37 <sup>+6</sup> , 4,000g birth weight, Apgar scores 9 -> 10, yellowish skin on second day, bilirubin of 11.3 mg/dL; negative tested; on day 7 lgG positive
D'Ambrosi et al 2020	Italy	Retrospective single center study	6	C1: 32-years-old, Caucasian, Insulin requiring, Gestational Age at Covid-19 diagnosis: 38+1, 6 days hospitalized C2: 26-years-old, Diet, Magreb, Gestational age at COVID-19 diagnosis: 38+2, 7 days hospitalized C3: 27-years-old, Magreb, Age at Covid-19 diagnosis: 33+1, 6 days hospitalized C4: 37-yaers-old, Hispanic, Diet, Age at Covid-19 diagnosis: 39+0, 11 days hospitalized C5: 32-years-old, Magreb, Diet, Age at Covid-19 diagnosis: 29,+1, 49 days hospitalized C6: 40-years-old, Caucasien, Insulin requiring, 7 days hospitalized, Age at Covid-19 diagnosis: 27+1	4/6 had COVID-Symptoms (fever, dyspnea)     Two were asymptomatic	Two vaginal deliveries, 4 elective C-Sections  for multiparous  for adiological signs  No ICU requiring or mechanical ventilations  one woman required hospitalization for more than 7 days	<ul> <li>C1: birth weight 3670g, Apgar at 5 min: 10</li> <li>C2: birth weight 3000g, Apgar at 5 min: 10</li> <li>C3: birth weight 3766g, Apgar at 5 min: 10</li> <li>C4: birth weight 3766g, Apgar at 5 min: 10</li> <li>C5: birth weight 2095g, Apgar at 5 min: 10</li> <li>C6: birth weight 3640g, Apgar at 5 min: 10</li> </ul>
Fontanella et al 2020	Netherlands	Letter	1	38-years-old Caucasian pregnant women, diet controlled GDM,BMI 46, admitted to hospital at 31 <sup>+6</sup> weeks	COVID symptoms: dry cough, dyspnea, oxygen desaturation (94 on 3 Liter of oxygen), thoracic pain with deep breathing,     CPR, LDH, Glucose levels increased     Needed oxygen support and molecular weight heparin	Day 2 and 3 betamethasone administered and further conservative management     Thromboprophylaxis started from day 1     No adverse outcome reported, mother left hospital after 5 days because of rapid improvement	No adverse outcome     Fetal lung maturations prevented by corticosteroids

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					CT scan found bilateral ground glass opacities suggestive of COVID-19 pneumonia     First nasopharyngeal swab was negative, second positive		
Gidlöf et al 2020	Sweden	Letter	1	34-yearss-old pregnant women, dichorionic twin pregnancy, BMI 38 kg/m² and diagnosed with GDM at 29 weeks, hospitalized at 36*27 weeks, severe preeclampsia	COVID symptoms: mild headache, hoarseness, increasing malaise at admission oxygen saturation 96%, respiration rate 11/min., body temperature 38,0 degree, BP 170/100 mm HG heart rate 85 beats7min., Creatinine: 89 µmol/L (reference <90 µmol/L) and uric acid 510 µmol/L) (reference 155-350 µmol/L). 7 hours after hospitalization severe headache, photophobia, brisk patellar reflex On third day, oxygen dropped to 87%, CT showed typical COVID-19 pneumonia signs	Three hours after delivery positive COVID-19 test result  BP remained stable, the temperature normalized after first postoperative day  On 3 <sup>rd</sup> day, oxygen saturation dropped to 87%, which was managed successfully with oxygen, 1-3 L/min via a nasal cannula  CRP reached 88 mg/L on 4 <sup>th</sup> day but fell to 38 mg/L on the 6 <sup>th</sup> day  Test on breastmilk and maternal vaginal secretion on the 5 <sup>th</sup> day were negative  Emergency C-section, three hours later positive COVID test	Babies (two girls) were delivered in good condition Because of GDM, both babies were formula-fed C1: 2680g, Apgar score 9,10 and 10 at 1,5 and 10 minutes, developed breathing problems at 22 minutes, cyanotic attack while feeding on day two C2: 2160g, Apgar 9,10 and 10 Both twins had negative nasopharyngeal swab
Majachani et al 2020	Grenada	Case Report	1	31-year-old Hispanic women with SARS-CoV-2, HIV positive, GDM     C-Section at 34 w.o.g	COVID symptoms:     shortness of breath and     myalgia (mild symptoms)     White blood cell count of     10.000 sells/mm3     Chest X-ray showed     bibasilar opacities		Initial examination was normal     Apgar score 9/10 at1 and 5 mins.     NICU admission (for 10 days) for hypoglycemia monitoring and continuous cardiac, respiratory and pulse oximetry monitoring     Nasopharyngeal swab after 24 h positive (no signs of respiratory distress and 95% oxygen)
Pulinx et al 2020	Belgium	Case Report	1	<ul> <li>30-year.old women (gravida 2, para 1)</li> <li>hospitalized at 22 w.o.g, pregnant with dichorionic diamniotic twins, GDM</li> <li>Negative tested for toxoplasma IgG and IgM antibodies at 21 w.o.g</li> <li>Tested positive for SARS-CoV-2 RT-PCR on a nasopharyngeal swab</li> <li>Preterm birth</li> </ul>	Rhinitis and fever (39,2 degree), oxygen saturation 98%, X-Ray showed no abnormalities     Maternal Blood samples were tested positive for SARS-CoV-2     Aggregates of histiocytes and cytotoxic T lymphocytes in the intervillous space were also present and confirmed (findings supported the diagnosis of chronic intervillositis)	In the fetal circulation, nuclear debris and an increase in erythroblasts (as can be seen in fetal hypoxia)	The fetal demise of fetus one was diagnosed and fetus two showed fetal heart rate decelerations Prepartal intrauterine death of fetus one and prepartal death of fetus two
Kleinwechter et al 2021	Germany	Case series	21	Median age 34 years     1/3 was obese at the beginning of pregnancy	Half of the women were asymptomatic (11/21)	In 2 cases admission to the intensive care unit, and in 4 cases the women	17 live births (at the time of the evaluation) of which 1 time twins, median in the 39th week of pregnancy, no early births

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				<ul> <li>GDM diagnosed at 24-28 weeks</li> <li>SARS-Cov-2 diagnosed at median 38 weeks</li> </ul>	Most common symptoms:     cough (6/21), tiredness     (6/21), malaise (6/21),     nasal congestion     (7/21)changes in smell     and taste (5/24)      Mostly mild to moderate     course in women with     GDM	received a symptomatic COVID-19- associated therapy  No invasive ventilation  56 % sectio (9/16)	
Rabiei et al 2021	Iran	Case report	1	38 year-old Iranian with triplet Blood pressure 140/90 mmHg Elevated liver enzymes Pregnant by ovulation induction Hpothyriodism 16 units insulin daily HbA1c 5.6%	Mild fever     No shortness of breath, diarrhea, nausea or vomiting     Oxygen saturation above 96%	Cesarean section	First baby: birth weight: 1320g (5-min APGAR was 4) Second baby:: birth weight 1600g (5-min APGAR was 7) Third baby: birth weight 1250g (5-min APGAR was 6) Admission to Neonatal intensive care unit All three: symptoms of spsis and pulmonary hemorrhage COVID-19 test was negative for all three