

**Supplementary Figure 2.** Illustrative example of the OSP decomposition using the HRV and Respiratory signals. The three upper plots are the time evolution of the modulating signal, m(n), the respiratory signal, r(n), and their respective spectra on the upper-right side,  $\hat{S}_m(f)$  for m(n) and  $\hat{S}_r(f)$  for r(n). The three plots below represent the OSP decomposition. The respiratory component of HRV,  $m_r(n)$ , is obtained projecting m(n) onto the respiratory subspace. The modulators of HRV unrelated to respiration are represented in the term  $m_{\perp}(n)$ . Their corresponding spectra are on the lower-right side.  $\hat{S}_{m_{\perp}}(f)$  corresponds to the spectra of  $m_{\perp}(n)$ , and  $\hat{S}_{m_r}(f)$  to the spectra of  $m_r(n)$ . For further information, see  $\frac{38}{5}$ .