

Supplementary materials for the article:

Dupilumab suppresses type 2 inflammatory biomarkers across multiple atopic, allergic diseases

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This appendix has been provided by the authors to give readers additional information about their work.

APPENDICES

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APPENDIX S1 Baseline demographics and history of atopic disease in patients with atopic dermatitis, asthma, chronic rhinosinusitis with nasal polyps and eosinophilic esophagitis

Type 2 disease	Atopic dermatitis		Asthma		Chronic rhinosinusitis with nasal polyps		Atopic dermatitis		Eosinophilic esophagitis	
Study name	CHRONOS		QUEST		SINUS-52		SOLO-1 and SOLO-2		EoE PoC	
Study duration	52 weeks		52 weeks		52 weeks		16 weeks		12 weeks	
Treatment group	Dupilumab Placebo qw + TCS, n = 315	300 mg 2mL q2w + q2w + TCS, n = 106	Dupilumab Placebo q2w + ICS/LABA, n = 321	Dupilumab Placebo q2w + q2w + + INCS, n = 633	Dupilumab Placebo q2w + q2w + + INCS, n = 153	Dupilumab Placebo qw, n = 460	Dupilumab Placebo q2w, n = 457	Dupilumab Placebo qw, n = 24	Dupilumab Placebo qw, n = 23	Dupilumab 300 mg qw, n = 23
Baseline demographics										
Age, mean (SD), years	36.6 (13.0)	39.6 (14.0)	48.2 (14.7)	47.7 (15.6)	51.7 (12.7)	51.9 (11.9)	38.4 (14.0)	38.3 (14.4)	36.1 (12.8)	33.1 (8.7)
Male, n (%)	193 (61.3)	62 (58.5)	103 (32.1)	239 (37.8)	95 (62.1)	97 (64.7)	250 (54.3)	267 (58.4)	10 (41.7)	13 (56.5)

Female, n (%)	122 (38.7)	44 (41.5)	218 (67.9)	394 (62.2)	58 (37.9)	53 (35.3)	210 (45.7)	190 (41.6)	14 (58.3)	10 (43.5)
Current history of comorbid type 2 immune diseases,^a n (%)										
Allergies (other than food allergy)	201 (63.8)	68 (61.8)							9 (37.5)	14 (60.9)
Allergic conjunctivitis (kerato-conjunctivitis)	68 (21.6)	31 (28.2)	49 (15.3)	89 (14.1)	10 (6.5)	6 (4.0)			3 (12.5)	3 (13.0)
Allergic rhinitis	134 (42.5)	53 (48.2)	225 (70.1)	438 (69.2)	74 (48.4)	72 (48.0)	224 (48.7)	224 (49.0)	14 (58.3)	16 (69.6)
Asthma	130 (41.3)	45 (40.9)			91 (59.5)	85 (56.7)	205 (44.6)	226 (49.5)	8 (33.3)	8 (34.8)
Atopic dermatitis	310 (98.4)	108 (98.2)	38 (11.8)	62 (9.8)	10 (6.5)	4 (2.7)	—	—	4 (16.7)	3 (13.0)
Chronic rhinosinusitis	26 (8.3)	7 (6.4)	63 (19.6)	113 (17.9)	—	—			8 (33.3)	2 (8.7)
Eosinophilic esophagitis	0	1 (0.9)	2 (0.6)	0	0	1 (0.7)			—	—
Food allergy	96 (30.5)	39 (35.5)	36 (11.2)	47 (7.4)	16 (10.5)	8 (5.3)	174 (37.8)	177 (38.7)	16 (66.7)	14 (60.9)

Hives	34 (10.8)	14 (12.7)	15 (4.7)	30 (4.7)	6 (3.9)	3 (2.0)		5 (20.8)	6 (26.1)	
Nasal polyps	7 (2.2)	2 (1.8)	40 (12.5)	81 (12.8)	–	–	18 (3.9)	19 (4.2)	2 (8.3)	1 (4.3)

Note: SOLO: full analysis set; CHRONOS and EoE PoC: safety analysis set; QUEST and SINUS-52: randomized population. Grey cells indicate that data were not collected or available for these patients.

Abbreviations: EoE, eosinophilic esophagitis; ICS, inhaled corticosteroids; INCS, intranasal corticosteroids; LABA, long-acting β_2 -agonist; n, number; PoC, proof of concept; qw, weekly; q2w, every 2 weeks; SD, standard deviation; TCS, topical corticosteroids.

^aFor asthma, this refers to a medical history.

APPENDIX S2 Mean biomarkers at baseline and end of treatment for patients with atopic dermatitis, asthma, chronic rhinosinusitis with nasal polyps, and eosinophilic esophagitis

Type 2 disease	Atopic dermatitis		Asthma		Chronic rhinosinusitis with nasal polyps		Atopic dermatitis		Eosinophilic esophagitis	
Study name	CHRONOS		QUEST		SINUS-52		SOLO-1 and SOLO-2		EoE PoC	
Study duration	52 weeks		52 weeks		52 weeks		16 weeks		12 weeks	
Treatment group	Placebo qw + TCS	Dupilumab 300 mg q2w + TCS	Placebo 2mL q2w	Dupilumab 300 mg q2w + ICS/LABA	Placebo q2w + INCS	Dupilumab 300 mg q2w + INCS	Placebo qw	Dupilumab 300 mg q2w	Placebo qw	Dupilumab 300 mg qw
Serum TARC (pg/mL)										
n	313	110	319	622	149	147	454	464	24	22
Mean (SE) at baseline	7291.72 (738.03)	9678.78 (1828.09)	398.00 (19.27)	364.66 (11.84)	370.20 (21.03)	372.27 (20.94)	5933.28 (487.89)	6864.12 (703.81)	350.83 (43.43)	275.54 (27.82)
n	120	84	248	479	127	139	194	361	19	22
Mean (SE) at end of treatment	1960.14 (377.87)	479.11 (43.13)	520.36 (143.08)	234.72 (7.95)	332.49 (20.13)	219.43 (10.77)	3239.13 (738.27)	572.33 (38.71)	322.63 (43.09)	203.38 (22.29)

n	119	84	246	473	126	137	193	360	19	21
Mean change (SE) from baseline at end of treatment										
from baseline at end of treatment										
n										
Mean % change (SE) from baseline at end of treatment										
from baseline at end of treatment										

Plasma eotaxin-3 (pg/mL)

n		318	625	150	146	
Mean (SE) at baseline		50.90 (3.25)	69.53 (19.26)	90.84 (9.08)	70.61 (3.74)	
n		246	473	127	139	
Mean (SE) at end of treatment		50.46 (2.89)	29.81 (1.73)	82.62 (8.13)	30.40 (1.28)	
n		243	469	127	136	

	Serum total IgE (IU/mL)									
n	312	110	318	626	150	148	456	465	24	23
Mean (SE) at baseline	5082.55 (249.43)	5653.27 (423.00)	448.47 (44.67)	415.05 (28.03)	228.59 (21.94)	211.79 (21.16)	6999.88 (481.27)	6715.38 (485.50)	478.46 (198.56)	204.17 (66.31)
n	117	83	251	482	128	140	196	366	19	23
Mean (SE) at end of treatment	4203.74 (390.15)	2132.49 (331.55)	432.44 (49.46)	135.61 (14.64)	292.03 (46.24)	54.64 (5.78)	5676.28 (649.71)	3444.88 (295.04)	423.05 (169.52)	137.09 (40.04)
n	116	83	248	478	128	139	196	366	19	23

Mean change										
(SE) from baseline at end of treatment	-118.83 (219.48)	-3797.40 (399.55)	-4.03 (20.45)	-294.80 (23.76)	64.09 (32.08)	-156.92 (17.93)	366.67 (243.19)	-3027.83 (277.28)	-74.84 (76.03)	-67.09 (27.11)
n	116	83	248	478	128	139	196	366	19	23
Mean % change										
(SE) from baseline at end of treatment	68.42 (52.90)	-66.25 (3.17)	9.89 (4.33)	-58.43 (7.24)	20.82 (5.72)	-67.28 (1.63)	22.74 (4.25)	-41.90 (2.71)	4.9 (5.1)	-25.3 (2.8)

Serum periostin (ng/mL)									
n		319	629	150	147			24	22
Mean (SE) at baseline		80.94 (2.28)	78.42 (1.51)	113.00 (4.03)	109.70 (4.06)			62.16 (6.20)	61.18 (3.90)
n		253	490	120	128			18	23
Mean (SE) at end of treatment		75.52 (2.36)	59.82 (1.13)	108.11 (5.06)	66.06 (2.31)			73.18 (7.19)	52.67 (3.04)
n		251	488	120	127			18	22

Mean change (SE) from baseline at end of treatment		-5.05 (1.76)	-18.90 (1.40)	-4.73 (3.52)	-45.42 (3.91)		9.91 (5.20)	-8.25 (3.23)
n		251	488	120	127		18	22
Mean % change (SE) from baseline at end of treatment		-2.37 (1.88)	-17.80 (1.11)	0.15 (3.66)	-33.93 (2.64)		32.85 (19.31)	-8.22 (6.95)

Blood eosinophils (Giga/L)										
n	314	110	320	632	150	148	454	465	24	23
Mean (SE) at baseline	0.55 (0.03)	0.58 (0.06)	0.39 (0.02)	0.35 (0.02)	0.45 (0.03)	0.45 (0.03)	0.62 (0.03)	0.60 (0.03)	0.43 (0.06)	0.31 (0.04)
n	120	83	245	476	129	140	195	360	21	22
Mean (SE) at end of treatment	0.34 (0.02)	0.40 (0.04)	0.35 (0.02)	0.33 (0.02)	0.44 (0.04)	0.37 (0.03)	0.45 (0.04)	0.57 (0.04)	0.43 (0.07)	0.17 (0.02)
n	119	83	245	476	129	139	194	360	21	22

Mean change										
(SE) from baseline at end of treatment	-0.17 (0.03)	-0.20 (0.05)	-0.05 (0.02)	-0.01 (0.02)	0 (0.03)	-0.08 (0.04)	-0.07 (0.03)	0 (0.03)	0 (0.08)	-0.14 (0.03)
n	119	83	242	469	128	139	190	346	20	21
Mean % change										
(SE) from baseline at end of treatment	-10.02 (6.69)	-19.92 (7.07)	33.60 (13.26)	43.76 (13.93)	12.88 (8.85)	24.12 (18.25)	-1.49 (7.14)	12.89 (5.91)	-8.06 (11.94)	-43.71 (6.11)

Note: Grey cells indicate that data were not collected or available for these patients.

Abbreviations: EoE, eosinophilic esophagitis; IU, international units; ICS, inhaled corticosteroids; IgE, immunoglobulin E; INCS, intranasal corticosteroids; LABA, long-acting β_2 -agonist; n, number; PoC, proof of concept; qw, weekly; q2w, every 2 weeks; SE, standard error; TARC, thymus and activation-regulated chemokine; TCS, topical corticosteroids.

APPENDIX S3 The effect of dupilumab on mean (\pm SE) concentrations of blood eosinophils (Giga/L). AD, atopic dermatitis; CRSwNP, chronic rhinosinusitis with nasal polyps; EoE, eosinophilic esophagitis; PoC, proof of concept; qw, weekly; q2w, every 2 weeks; SE, standard error.

