STROBE Statement—checklist of items that should be included in reports of observational studies

To indicate where the checklist items are located in our paper, we have listed the page numbers in an own column in the table (see below).

1	Recommendation	
1	(a) Indicate the study's design with a commonly used	Page(s) 1, 3
	term in the title or the abstract	
	(b) Provide in the abstract an informative and balanced	3
	summary of what was done and what was found	
2	Explain the scientific background and rationale for the	5-6
	investigation being reported	
3	State specific objectives, including any prespecified	7
	hypotheses	
4	Present key elements of study design early in the paper	8
5	Describe the setting, locations, and relevant dates,	8-9
	including periods of recruitment, exposure, follow-up,	
	and data collection	
6	(a) Cohort study—Give the eligibility criteria, and the	9-15, 32 (Table 1)
	sources and methods of selection of participants.	
	Describe methods of follow-up	
	Case-control study—Give the eligibility criteria, and the	
	sources and methods of case ascertainment and control	
	selection. Give the rationale for the choice of cases and	
	controls	
	Cross-sectional study—Give the eligibility criteria, and	
	the sources and methods of selection of participants	
	(b) Cohort study—For matched studies, give matching	-
	criteria and number of exposed and unexposed	
	Case-control study—For matched studies, give matching	
	criteria and the number of controls per case	
7	Clearly define all outcomes, exposures, predictors,	9-15, 33 (Table 2)
	potential confounders, and effect modifiers. Give	
	diagnostic criteria, if applicable	
8*	For each variable of interest, give sources of data and	9-15, 34-35 (Table 3),
	details of methods of assessment (measurement).	Additional file 1 (Table
		1), Additional file 2
	-	(Figure 1)
9	Describe any efforts to address potential sources of bias	12-13, 17-18, Additional
		file 2 (Figure 1)
10	Explain how the study size was arrived at	16
11	Explain how quantitative variables were handled in the	9-10, 16, 33 (Table 2)
	chosen and why	
	3 4 5 6 7 8*	2 Explain the scientific background and rationale for the investigation being reported 3 State specific objectives, including any prespecified hypotheses 4 Present key elements of study design early in the paper 5 Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection 6 (a) Cohort study—Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up Case-control study—Give the eligibility criteria, and the sources and methods of case ascertainment and control selection. Give the rationale for the choice of cases and controls Cross-sectional study—Give the eligibility criteria, and the sources and methods of selection of participants (b) Cohort study—For matched studies, give matching criteria and number of exposed and unexposed Case-control study—For matched studies, give matching criteria and the number of controls per case 7 Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable 8* For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group 9 Describe any efforts to address potential sources of bias 10 Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were

Statistical methods	12	(a) Describe all statistical methods, including those used to control for confounding	16
		(b) Describe any methods used to examine subgroups and interactions	-
		(c) Explain how missing data were addressed	13, Additional file 2
			(Figure 1)
		(d) Cohort study—If applicable, explain how loss to	-
		follow-up was addressed	
		Case-control study—If applicable, explain how	
		matching of cases and controls was addressed	
		Cross-sectional study—If applicable, describe analytical	
		methods taking account of sampling strategy	
		(\underline{e}) Describe any sensitivity analyses	-

Continued on next page

Results			Page(s)
Participants 13	13*	(a) Report numbers of individuals at each stage of study—eg numbers potentially	-
		eligible, examined for eligibility, confirmed eligible, included in the study,	
		completing follow-up, and analysed	_
		(b) Give reasons for non-participation at each stage	_
		(c) Consider use of a flow diagram	
Descriptive	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and	-
data		information on exposures and potential confounders	
		(b) Indicate number of participants with missing data for each variable of interest	-
		(c) Cohort study—Summarise follow-up time (eg, average and total amount)	-
Outcome data 15	15*	Cohort study—Report numbers of outcome events or summary measures over time	_
		Case-control study—Report numbers in each exposure category, or summary	
		measures of exposure	_
		Cross-sectional study—Report numbers of outcome events or summary measures	
Main results 16	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and	-
		their precision (eg, 95% confidence interval). Make clear which confounders were	
		adjusted for and why they were included	
		(b) Report category boundaries when continuous variables were categorized	-
		(c) If relevant, consider translating estimates of relative risk into absolute risk for a	
		meaningful time period	
Other analyses 17	17	Report other analyses done—eg analyses of subgroups and interactions, and	-
		sensitivity analyses	
Discussion			
Key results	18	Summarise key results with reference to study objectives	17
Limitations 19	19	Discuss limitations of the study, taking into account sources of potential bias or	18
		imprecision. Discuss both direction and magnitude of any potential bias	
Interpretation 20	20	Give a cautious overall interpretation of results considering objectives, limitations,	17-18
		multiplicity of analyses, results from similar studies, and other relevant evidence	
Generalisability	21	Discuss the generalisability (external validity) of the study results	17-19
Other information	on		_
Funding 22		Give the source of funding and the role of the funders for the present study and, if	22
		applicable, for the original study on which the present article is based	

^{*}Give information separately for cases and controls in case-control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.

Note: An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at http://www.plosmedicine.org/, Annals of Internal Medicine at http://www.annals.org/, and Epidemiology at http://www.epidem.com/). Information on the STROBE Initiative is available at www.strobe-statement.org.