

<b>Stage</b>	<b>Minutes in Stage (SEM)</b>
<b>Wake</b>	77.58 (8.09)
<b>Stage 1</b>	23.66 (2.46)
<b>Stage 2</b>	233.50 (7.78)
<b>SWS</b>	97.74 (5.97)
<b>REM</b>	108.24 (3.65)
<b>Total Sleep Time</b>	463.13 (7.30)

**Table S1. Average duration of sleep stages**

The average duration for each sleep stage and total sleep time (in minutes), with standard error of the mean in parentheses.