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# **Prediction models for hospital readmissions in patients with heart disease: a systematic review and meta-analysis**



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# **Prediction models for hospital readmissions in patients with heart disease: a**

# **systematic review and meta-analysis.**

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#### **Abstract**

**Objective:** To describe the discrimination and calibration of clinical prediction models, identify characteristics that contribute to better predictions, and investigate predictors that are associated with unplanned hospital readmissions.

**Design:** Systematic review and meta-analysis.

**Data source:** Medline, EMBASE, ICTPR (for study protocols), and Web of Science (for conference proceedings) were searched up to 25 August 2020.

**Eligibility criteria for selecting studies:** Studies were eligible if they reported on 1) hospitalized adult patients with acute heart disease; 2) a clinical presentation of prediction models with c-statistic; 3) unplanned hospital readmission within six months.

Ime, EMBASE, ICTPK (for study protocols), and<br>ings) were searched up to 25 August 2020.<br>for selecting studies: Studies were eligible if f<br>vatients with acute heart disease; 2) a clinical prese<br>tic; 3) unplanned hospital re **Primary and secondary outcome measures:** Model discrimination for unplanned hospital readmission within six months measured using concordance (c) statistics and model calibration. Meta-regression and sub-group analyses were performed to investigate predefined sources of heterogeneity. Outcome measures from models reported in multiple independent cohorts and similarly defined risk predictors were pooled.

**Results:** Sixty studies describing 81 models were included: 43 models were newly developed, and 38 were externally validated. Included populations were mainly heart failure (HF) patients (n=29). The average age ranged between 56.5 and 84 years. The incidence of readmission ranged from 3% till 43%. Risk of bias was high in almost all studies. The c-statistic was <0.7 in 72 models, between 0.7-0.8 in 16 models and >0.8 in 5 models. The study population, data source and number of predictors were significant moderators for the discrimination. Calibration was reported for 27 models. Only the GRACE-score had adequate discrimination in independent cohorts (0.78, 95% CI 0.63-0.86). Eighteen predictors were pooled.

**Conclusion:** Some promising models require updating and validation before use in clinical practice. The lack of independent validation studies, high risk of bias and low consistency in measured predictors limit their applicability.

**Trial registration:** Prospero, CRD42020159839

TRO PRINCIPLY ONLY **Key words:** heart disease, meta-analysis, patient readmission, risk assessment, systematic review.

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# **Article summary**

## **Strengths and limitations of this study**

- Largest investigation of unplanned hospital readmission risk to date, including 81 unique prediction models in the systematic review.
- Independent and standardized procedures for study selection, data collection and risk of bias assessment.
- Review only to the contract only to High risk of bias in current prediction models and unexplained heterogeneity between models limit recommendations for using prediction model in clinical practice.

## **Introduction**

Hospital readmissions in patients with acute heart disease are associated with a high burden on patients, healthcare and costs. 1 The identification of high-risk hospitalized patients is important to provide timely interventions.

Numerous systematic reviews have previously investigated the prediction of unplanned hospital readmissions in several populations.<sup>2-11</sup> While some have included hospitalized patients in general<sup>10,11</sup>, others have focused specifically on patients with heart failure  $(HF)^{2,4-}$  $7.9$  or acute myocardial infarction  $(AMI).3.8$  The conclusion is generally the same, the discrimination is poor to adequate, and there is little consistency in the type of predictors included in the models.

<sup>1,11</sup>, others have focused specifically on patients with and<br>all infarction  $(AMI).<sup>3,8</sup>$  The conclusion is genes or to adequate, and there is little consistency in the<br>lels.<br>ability of risk prediction models in daily The clinical applicability of risk prediction models in daily practice is currently limited. Statistical models are often not presented in a clinically useful way or models based on administrative data are considered.<sup>3</sup> These models therefore cannot be readily used in daily practice. In addition, prediction models are often developed for a very specific population, which asks from clinicians to be familiar with several models. Furthermore, patients may belong to multiple populations because of cardiac comorbidities.

We believe that the state of the art on risk prediction can be improved if more knowledge is available on the performance of clinical risk prediction models and risk predictors across different populations of patients with heart disease. Although heterogeneity in models and predictors is often considered as a limitation, it can inform effect moderators on how predictions can be improved.<sup>12</sup> For example, perhaps we can identify predictors who demonstrate a consistent association with hospital readmission regardless of the underlying disease. If this can be identified, a more general prediction model could be developed that is relevant for the heterogeneous group of patients on cardiac care units. This might contribute to

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the early recognition and onset of preventive interventions in patients with heart disease at risk of readmission.

We therefore performed a systematic review and meta-analysis on clinical risk prediction models for the outcome unplanned hospital readmission in patients hospitalized for acute heart disease. Our aim was to describe the discrimination and calibration of clinical prediction models, identify characteristics that contribute to better predictions, and to investigate predictors that are consistently associated with hospital readmissions.

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## **Methods**

A protocol was registered in PROSPERO (CRD42020159839). The results are reported following the PRISMA (Preferred Reporting Items for Systematic Reviews and Meta-Analyses) statement.<sup>13</sup>

## **Eligibility criteria**

Studies were eligible if 1) the study population included hospitalized adult patients with (symptoms of) heart disease; 2) a prediction model with c-statistic was reported; 3) a clinically useful presentation of the model with risk factors was reported; 4) the outcome was unplanned hospital readmissions within six months; 5) the study design was appropriate, i.e. (nested) casecontrol study, (prospective and retrospective) cohort study, database and registry study, or secondary analysis of a trial; 6) they were reported in English.

## **Information sources**

t disease; 2) a prediction model with c-statistic was reported of the model with risk factors was reported; 4) the out as within six months; 5) the study design was approprispective and retrospective) cohort study, databas A search strategy was designed with an information specialist (PROSPERO protocol and Supplemental Text 1). We searched the Medline, EMBASE, WHO ICTPR search portal (for study protocols), and Web of Science (for conference proceedings) databases up to 25 August 2020 without any restrictions for eligible studies. We searched for full text manuscripts of the identified protocols. After selecting the full text manuscripts, we screened references lists and prospective citations (using Google Scholar) for additional eligible studies.

#### **Study selection**

Three reviewers were involved in the study selection process. Each reviewer independently screened two thirds of the titles, abstracts and full-text articles of potentially relevant references identified in the literature search. Disagreements were resolved through consensus. Sixteen authors were contacted and six delivered data for readmission when a composite outcome was used. Two authors were also contacted when data was reported combining multiple patient

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populations. However, no additional data was provided for the population with heart disease and these studies were excluded.

## **Data extraction**

Data extraction was performed based on the 'Critical Appraisal and Data Extraction for Systematic Reviews' checklist using standardized forms in the Distiller Systematic Review Software (see Supplemental Text 2 for the data items).<sup>14</sup> One reviewer collected the data and the second reviewer verified the extracted data. Disagreements were resolved through consensus. Eight authors were contacted and two delivered data to resolve uncertainties or missing data.

#### **Risk of bias**

er verified the extracted data. Disagreements we<br>thors were contacted and two delivered data to res<br> $^{15}$  was used to assess the risk of bias (RoB) for the pa<br>sis for each model. One author assessed the RoB as<br>hor verifie The PROBAST tool<sup>15</sup> was used to assess the risk of bias (RoB) for the participants, predictors, outcome and analysis for each model. One author assessed the RoB as low, high or unclear, and the second author verified the extracted data and RoB conclusion. Disagreements were resolved through consensus. In addition, the applicability of the included studies based on our research question was assessed for the participants, predictors and outcome domains and rated as low concerns, high concerns or uncertain concerns regarding applicability.

#### **Summary measures**

The discrimination of the prediction models were described using the concordance (c)-statistic. Missing standard errors were derived from the sample data.<sup>16</sup> The calibration was described using the number of observed and expected events, the calibration slope, calibration in large, or the Hosmer-Lemeshow test.

The association between risk predictors and hospital readmission was described using regression coefficients. Missing standard errors for the coefficients were considered missing completely at random and were not imputed. A complete case analysis was performed.

## **Synthesis of results and analyses**

Meta-analyses using random-effects models, with the Hartung-Knapp modification, were performed to describe the distribution of the between-study variance of the different prediction models and their predictors. Because we considered that there would be substantial heterogeneity, conclusions were not based on the precision of the pooled estimates.

ct of age and the number of predictors on the discrimend to investigate the moderation effect of the differentiation, and endpoint. The c-statistic of the validate the c-statistic from the development phase was used specif The c-statistic from each model was pooled and a meta-regression was performed to investigate the moderation effect of age and the number of predictors on the discrimination. A subgroup analysis was performed to investigate the moderation effect of the different patient populations, design, outcome definition, and endpoint. The c-statistic of the validated model was used if available; otherwise the c-statistic from the development phase was used.

The c-statistics of specific prediction models that were evaluated in multiple studies were pooled for the endpoint 30 days follow-up.

Coefficients of predictors that were similarly defined in at least five studies were pooled for the endpoint 30 days follow-up. The patient populations were defined as subgroups to explore consistency and heterogeneity  $(I^2, \text{tau})$  in the effect estimates.

Analyses were performed using the 'metan' package in STATA 15 IC and the 'metamisc package' in Rstudio.

#### **Public and patient involvement**

Because of the design of the study and because we did not collect primary date, we did not involve patients or the public in the design, conduct, or reporting of our research.

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## **Results**

A total of 8588 abstracts were reviewed and 60 studies describing 81 separate models were included (Figure 1). Table 1 provides an overview of the included studies and models, which were published between 2001 and 2020. The majority of the studies (n=40) was performed in the United States. The data sources used were mostly retrospective cohort studies  $(n=15)$ , hospital databases  $(n=13)$  and registries  $(n=13)$ . Included populations were mainly HF patients  $(n=29)$ , surgical patients  $(n=14)$  and patients with an AMI or acute coronary syndrome  $(n=10)$ . The average age was between 56.5 and 84 years. The sample size of development cohorts ranged from 182 till 193,899 patients and of the validation cohorts between 104 and 321,088 patients. The outcome of interest was mostly all-cause readmission (n=41) and measured on 30 days (n=55). The incidence of readmission per study ranged from 3% till 43%.

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# **Table 1. Study characteristics (continued)**







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**Table 1. Study characteristics (continued)**

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## **Abbreviations:**

ACS: acute coronary syndrome, AF: atrial fibrillation, AH: Adventist hositals, Boot: bootstrapping, CABG: coronary artery bypass grafting, Car: cardiacrelated, CMS=centers for Medicare and Medicaid services, CRSS: CABG Readmission Risk Score, d: days, Dev: development, Ext: external validation, Fim: motor and cognitive Functional Independence Measure, HF: heart failure, HFpEF: heart failure with preserved ejection fraction, HVD: heart valve disease, ICD: implantable cardioverter defibrillator, NA: not applicable, NR: not reported, PARR-30: Patients at Risk of Re-admission within 30-days, PCI: percutaneous coronary intervention, SD: standard deviation, Split: random split, TAVR: transcatheter aortic valve replacement, Val: validation

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#### **Risk of bias**

Figure 2 summarizes the RoB and applicability assessment (Supplemental Table 1). The overall RoB was high in 98.9% of the models and only one study<sup>22</sup> showed low RoB in all four domains.

s that were originally developed for other purposes<br>ries. The domain predictors was assessed as high R<br>w RoB and 48.4% as unclear RoB. For the domain our<br>essed as high, low and unclear RoB respectively.<br>s was assessed as h For the domain participants, 82.4% of studies was assessed as high RoB because most studies performed retrospective data analyses or used data from existing sources with large number of candidate predictors that were originally developed for other purposes, e.g. administrative databases or registries. The domain predictors was assessed as high RoB in 27.5% of the models, 24.2% as low RoB and 48.4% as unclear RoB. For the domain outcome, 41.8%, 34.1% and 24.2% were assessed as high, low and unclear RoB respectively.

The domain analysis was assessed as high RoB in 97.8%. Most studies did not use appropriate statistics for the development or validation of prediction models.

The domains participants and predictors were assessed as low concerns regarding applicability in all studies. For the domain outcome, 70.3% of studies used all-cause readmission as the outcome of interest and were therefore assessed as low concerns regarding applicability.

#### **Prediction models**

A total of 43 new models were developed for patients with HF  $(n=15)$ , undergoing surgical procedures (n=12), AMI (n=9), transcatheter aortic valve replacement (TAVR) (n=2), a mixed sample with HF and coronary syndromes  $(n=2)$ , arrhythmias  $(n=1)$ , valvular disease  $(n=1)$ , while one study did not specify the sample (table 1). The c-statistic was lower than 0.6 in five models, between 0.6 and 0.7 in 24 models, between 0.7 and 0.8 in six models, and between 0.8 and 0.9 in two models. In six models, the c-statistic was only reported for a validation cohort (table 2).

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A total of 38 separate models were externally validated for patients with HF (n=26), AMI  $(n=4)$ , surgical patients  $(n=3)$ , acute coronary syndrome  $(n=2)$ , arrhythmias  $(n=2)$ , mixed sample with HF and coronary syndromes  $(n=1)$ . The discrimination was lower than 0.6 in sixteen models, between 0.6 and 0.7 in fifteen models, between 0.7 and 0.8 in five models, and between 0.8 and 0.9 in two models (Table 2).

The discrimination of six models was evaluated in multiple independent cohorts and was pooled in meta-analyses (Figure 3, Supplemental Figures 1-6): the CMS AMI administrative model<sup>24,25</sup> (0.65, 95% CI 0.56-0.73); the CMS HF administrative model<sup>36-38,41,44,45,49,54,60</sup> (0.60, 95% CI 0.58-0.62); the CMS HF medical model<sup>41,43,46,49,56</sup> (0.60, 95% CI 0.58-0.62); the HOSPITAL score<sup>26,48,63</sup> (0.64, 95% CI 0.58-0.70); the GRACE score<sup>20,62</sup> (0.78, 95% CI 0.63-0.86); and the LACE score<sup>38,48,54,59,60</sup> (0.62, 95% CI 0.53-0.70).

lyses (Figure 3, Supplemental Figures 1-6): the CMS<br>% CI 0.56-0.73); the CMS HF administrative model<sup>36</sup>; the CMS HF medical model<sup>41,43,46,49,56</sup> (0.60, 95<sup>9</sup>,<sup>48,63</sup> (0.64, 95% CI 0.58-0.70); the GRACE score<sup>20,62</sup><br>E sc On average, models for AMI patients had the best discrimination  $(0.67, n=16)$ , followed by TAVR patients  $(0.65, n=2)$ , HF patients  $(0.64, n=45)$ , and surgical patients  $(0.63, n=17)$ . The discrimination was highest in studies using secondary analysis  $(0.70, n=2)$  and retrospective cohort studies (0.69,  $n=23$ ), and was lowest in studies using registries (0.61,  $n=17$ ) and hospital databases (0.61, n=18). The discrimination decreased when the number of predictors increased (beta -0.002, n=90). There were no moderation effects based on the average age of the sample, outcome definition and endpoint of the prediction (Supplemental Figures 7–8 and Supplemental Table 2).

The calibration was reported for 27 models using multiple measures and could not be pooled (Table 2).

# **Table 2. Model discrimination and calibration**



# **Table 2. Model discrimination and calibration (continued)**



# **Table 2. Model discrimination and calibration (continued)**















# **Table 2. Model discrimination and calibration (continued)**







**Abbreviations:** ACS: acute coronary syndrome, AF: atrial fibrillation, AH: Adventist hospitals, CABG: coronary artery bypass grafting, Car: cardiac-related, CMS=centers for Medicare and Medicaid services, CRSS: CABG Readmission Risk Score, d: days, dev: development, Fim: motor and cognitive Functional Independence Measure, HF: heart failure, HFpEF: heart failure with preserved ejection fraction, HLT: Hosmer-Lemeshow test, HVD: heart valve disease, ICD: implantable cardioverter defibrillator, NA: not applicable, NR: not reported, O:E: observed:expected, PARR-30: Patients at Risk of Re-admission within 30-days, PCI: percutaneous coronary intervention, plot: calibration plot, TAVR: transcatheter aortic valve replacement, val: validation.

#### **Predictors**

A total of 766 predictor values were estimated in the included models. The median number of predictors per model was 15 (IQR=9–28). The predictors were mostly situated in the domains medical comorbidities (n=211), disease and hospital characteristics (n=128), demographic data  $(n=128)$ , laboratory values (n=97), and medical history characteristics (n=51). Age (n=47), the presence of diabetes (n=26), insurance status (n=24), length of stay (n=28), and gender (n=23) were the most prevalent predictors. There was little consistency in the definition of predictors, and most studies did not report how they were measured.

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were similarly defined in multiple studies and cou<br>
on at 30 days (Figure 4, Supplemental Table 3 and S<br>
ents of four predicto Only 18 predictors were similarly defined in multiple studies and could be pooled for the outcome readmission at 30 days (Figure 4, Supplemental Table 3 and Supplemental Figures 9–26). The coefficients of four predictors demonstrated a consistent and significant association across the different samples: chronic obstructive pulmonary disease (COPD), history of HF, and valvular disease. The coefficients of eleven predictors demonstrated an overall significant association, i.e. age, female gender, arrhythmias, chronic lung disease, diabetes mellitus, cerebrovascular disease, cardiovascular accident, anemia, peripheral vascular disease, urgent admission, and infection, but this was not consistent across the samples and the prediction intervals were not significant. The effect of these predictors was mostly smaller in the HF samples.

The coefficients for most predictors could not be pooled because they had different definitions, cutoff values or reference categories. However, renal disease, including dialysis, a longer length of stay, creatinine, NT-proBNP, and previous hospital admissions demonstrated a consistent association with readmissions.

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#### **Discussion**

In this systematic review, we included 60 studies that reported the results from 81 separate clinical risk prediction models and 766 risk predictors for unplanned readmission in patients with acute heart disease. No clinical model demonstrated good discrimination (i.e. c-statistic > 0.8) in independently externally validated cohorts, regardless of the underlying patient populations. GRACE was the only model that demonstrated adequate discrimination in multiple cohorts in patients with acute coronary syndromes<sup>20,62</sup> and  $HF<sup>62</sup>$ , but the RoB was high. There was little consistency in the measurement of risk predictors.

patients with active colonary syndromes-booding<br>the consistency in the measurement of risk predictors.<br>review are in line with previous systematic reviews<br>of patients with HF, AMI or focused on generic pro<br>it the discrimin The results of our review are in line with previous systematic reviews which have mainly focused on samples of patients with HF, AMI or focused on generic prediction models. All reviews confirm that the discrimination is generally low. Our review confirms the importance of previous  $HF<sup>4,5</sup>$  and previous hospital admissions<sup>5,7</sup> as consistent predictors for the risk of readmission. In addition two prevalent comorbidities, COPD and valve disease were also consistent predictors across the different populations. Other reviews also identified the importance of age, gender, comorbidities and certain laboratory values. These were also significant in our review but the association was not always consistent across the different populations or heterogeneously measured making comparisons difficult. As a result, no clinical risk prediction model or set of predictors that is relevant for different populations of heart disease could be identified.

Our review focused specifically on prediction models with a clinical presentation that can be used in daily practice, e.g. risk scores or nomograms. These simple models do not consider interactions between predictor values or nonlinear link functions in their predictions. This may partially explain the poor discrimination.<sup>77</sup> Using web applications or electronic patient records to run more complex prediction algorithms can likely offer a solution for future models. A recent systematic review observed an average c-statistic of 0.74 for models based using

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electronic patient records and machine learning algorithms.<sup>10</sup> Our review included eleven studies20,22,28,33,35,56,60,62,69,74,75 that developed or validated electronic tools for risk prediction and their discrimination ranged between 0.59 and 0.77. However, these electronic tools were mostly derived from score charts and nomograms.

norbidity and geriatric syndromes, and the distribut<br>also be different than in younger samples. It is there<br>ent models will hold their value in daily clinical praa<br>older patients. Only eight studies<sup>18,22,25,27,47,49,52,76</sup> There are also concerns about the generalizability of the prediction models. The median age of patients included in the samples was 68 years (IQR=65–75). However, older and frail patients suffer more multimorbidity and geriatric syndromes, and the distribution of predictor and outcome values will also be different than in younger samples. It is therefore unlikely that the majority of the current models will hold their value in daily clinical practice where there is a high prevalence of older patients. Only eight studies<sup>18,22,25,27,47,49,52,76</sup> included one or more geriatric risk factors (e.g. physical performance, dementia) as predictors for readmission. The performance of models including geriatric conditions was similar to models without these conditions. This might be explained by the relative young mean age of the samples in our review. Mahmoudi et al.<sup>10</sup> reported that functional and frailty status are important predictors, but were only included in a small number of studies. Frailty was not identified in any of the models in our review. It might be valuable to examine the additive value of these predictors in prediction models for patients with heart disease.

We observed high RoB in almost all clinical risk prediction models (98.8%). This was mainly because the calibration was lacking or not fully reported (e.g. only p-value of Hosmer-Lemeshow test). Furthermore, most studies performed retrospective data analyses or used data from existing sources. However, our results demonstrate that studies using these data sources had the lowest c-statistic, and that the c-statistic decreased when more predictors were tested. Databases often have missing data, misclassification bias, and random measurement error, which likely explains their average poor performance.<sup>78</sup> Only the SILVER-AMI study<sup>22</sup>

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demonstrated low RoB on all domains. However, their readmission risk calculator for older AMI patients only discriminated modestly (c-statistic  $= 0.65$ ).

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performance review. Therefore, further research can be derive<br>
is needed in the definition and measurement<br>
timprove the identification of important predictors<br>
and, the results suggest that multip Our review included many recent published studies that were not included in previous reviews and added some new perspective to the literature. Our results show the current state-of-the art of risk prediction in patients with acute heart disease. The timely identification of patients with acute heart disease at risk of readmission remains challenging with the prediction models identified in this systematic review. Therefore, further research in risk prediction remains important and some recommendations for further research can be derived from this review. First, consistency is needed in the definition and measurement of predictors. More homogeneity might improve the identification of important predictors and their effect on readmission. Second, the results suggest that multiple predictors are associated with readmissions regardless of the underlying population. Therefore, attention might be shifted from developing new risk prediction models to updating and externally validating existing prediction models in different populations with heart disease. Third, the applicability of current prediction models in daily practice is an important concern as most models had poor performance, were not replicated and had high RoB. More high-quality studies are needed that evaluate the discrimination, calibration and clinical usefulness. To limit the risk of bias as much as possible, future studies should adhere to the relevant reporting guidelines<sup>79</sup> and could use PROBAST<sup>15</sup> as a guidance to plan their study. Third, Fourth, more complex models integrated in electronic patient records may results in better predictions.

## **Limitations**

Although we performed an extensive literature search, we might have missed some eligible studies, particularly those published in non-English languages. We were able to perform metaanalysis for predictors that were often (> 5 models) reported. However, it might be possible that some less frequently mentioned predictors (e.g. geriatric predictors) are a valuable addition in clinical practice. The review included a large number of results and statistical tests which may result in an inflated alpha error. The meta-regression identified that models with less predictors had a better discrimination, but this could also be explained by overfitting models; this could not be tested.

#### **Conclusion**

From Purince Cape A large number of clinical models have recently been developed. Although some models are promising as they demonstrated adequate to good discrimination, no model can currently be recommended for clinical practice. The lack of independently validated studies, high risk of bias and low consistency in measured predictors limit their applicability. Model updating and external validation is urgently needed.

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#### **Data statement section**

All data relevant to the study are included in the article or uploaded as supplementary information.

#### **Author contributions**

Bastiaan Van Grootven and Patricia Jepma had full access to all the data in the study and take responsibility for the integrity of the data and the accuracy of the data analysis. Bastiaan Van Grootven and Patricia Jepma contributed equally as first authors.

*Concept and design*: all authors; *Acquisition, analysis or interpretation of data*: Bastiaan Van Grootven, Patricia Jepma, Corinne Rijpkema, Mariska Leeflang, Joost Daams; *Drafting the manuscript*: Bastiaan Van Grootven, Patricia Jepma; *Critical revision of the manuscript*: all authors; *Analysis*: Bastiaan Van Grootven, Patricia Jepma; *Supervision:* Bianca Buurman.

#### **Funding**

For peer review only This work was partly supported by the Research Foundation Flanders (FWO) fellowship grant (BVG) and by the Dutch Research Council (NWO) [grant number 023.009.036 [PJ]]. The funders had no role in the design and conduct of the study; collection, management, analysis, and interpretation of the data; preparation, review, or approval of the manuscript; and decision to submit the manuscript for publication.

#### **Conflict of interest**

None declared.

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## **Figure legends**

#### **Figure 1. Flowchart**

In total, 8592 records were screened and 60 studies with 81 prediction models were included.

#### **Figure 2. PROBAST Risk of bias and applicability**

The PROBAST tool<sup>15</sup> was used to assess the risk of bias for the participants, predictors, outcome and analysis for each model. Only one study demonstrated low risk of bias on all domains.

#### **Figure 3. Meta-analysis of prediction models**

bl<sup>15</sup> was used to assess the risk of bias for the parties is for each model. Only one study demonstrated lot us for each model. Only one study demonstrated lot the state of the state of the state of the state in the conte Random-effect models were used to pool similar models reported in independent cohorts. For the HOSPITAL score, the discrimination for the HF and AMI samples were similar (0.65 and 0.64). For GRACE, the discrimination for the AMI and reinfarction samples were similar (0.77 and 0.74), and was higher for the HF sample (0.83). Only GRACE demonstrated adequate discrimination in external cohorts. discrimination in external conorus.<br> **Figure 4. Predictors of unplanned hospital readmission** 

The plot provides an overview of the random-effects meta-analyses that were performed for predictors who were similarly defined for the outcome unplanned hospital readmission at 30 days follow-up. See Supplemental table 3 and Supplemental figures 9-26 for more details.





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Records identified through Additional records identified Identification database searching through other sources  $(n = 12226)$  $(n = 5)$ Records after duplicates removed<br>  $(n = 8592)$ <br>
Full-text articles assessed<br>  $(n = 694)$ <br>
Full-text articles assessed<br>  $(n = 694)$ <br>
Full-text articles assessed<br>  $(n = 2044)$ <br>
Full-text articles assessed<br>
Studies included in<br>
Stud Screening Eligibility  $\overline{\mathbf{3}}$ Included

Flowchart In total, 8592 records were screened and 60 studies with 81 prediction models were included.

190x275mm (300 x 300 DPI)







Random-effect models were used to pool similar models reported in independent cohorts. For the HOSPITAL score, the discrimination for the HF and AMI samples were similar (0.65 and 0.64). For GRACE, the discrimination for the AMI and reinfarction samples were similar (0.77 and 0.74), and was higher for the HF sample (0.83). Only GRACE demonstrated adequate discrimination in external cohorts.

338x190mm (300 x 300 DPI)



Predictors of unplanned hospital readmissionThe plot provides an overview of the random-effects metaanalyses that were performed for predictors who were similarly defined for the outcome unplanned hospital readmission at 30 days follow-up. See Supplemental table 2A and Supplemental figures 9-26 for more details.

338x190mm (300 x 300 DPI)

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Meta-analysis of LACE<br>
Age as moderator<br>
Number of predictors as moderator<br>
Number of predictors as moderator<br>
Mummary of meta-analyses predictors<br>
Age as predictor<br>
. Female as predictor<br>
. Chronic lung disease as predict Supplemental Text 2. Data items Supplemental Table 1. Risk of bias Supplemental Figure 1. Meta-analysis of CMS AMI administrative model Supplemental Figure 2. Meta-analysis of CMS HF administrative model Supplemental Figure 3. Meta-analysis of CMS medical model Supplemental Figure 4. Meta-analysis of HOSPITAL score Supplemental Figure 5. Meta-analysis of GRACE Supplemental Figure 6. Meta-analysis of LACE Supplemental Figure 7. Age as moderator Supplemental Figure 8. Number of predictors as moderator Supplemental Table 2. Subgroup analyses Supplemental Table 3. Summary of meta-analyses predictors Supplemental Figure 9. Age as predictor Supplemental Figure 10. Female as predictor Supplemental Figure 11. Arrhythmias as predictor Supplemental Figure 12. Chronic lung disease as predictor Supplemental Figure 13. Chronic Obstructive Pulmonary Disease as predictor Supplemental Figure 14. Artherosclerose as predictor Supplemental Figure 15. Diabetes Mellitus as predictor Supplemental Figure 16. Current heart failure as predictor Supplemental Figure 17. Hypertension as predictor Supplemental Figure 18. Valve disease as predictor Supplemental Figure 19. Prior percutaneous coronary intervention as predictor Supplemental Figure 20. History of heart failure as predictor Supplemental Figure 21. Cerebrovascular disease as predictor Supplemental Figure 22. Anemia as predictor Supplemental Figure 23. Stroke as predictor Supplemental Figure 24. Peripheral vascular disease as predictor Supplemental Figure 25. Dementia as predictor Supplemental Figure 26. Prior Coronary Artery Bypass Graft as predictor

**Supplemental materials** 

Supplemental Text 1. Search string





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#### **Supplemental Text 2. Data items**

The following data was collected in accordance with the CHARMS checklist (Critical Appraisal and Data Extraction for Systematic Reviews): citation, source of data, country, study design, setting, participant description, sample characteristics, study dates, outcome definition, follow-up, number and type of predictors, definition and method for measurement of predictors, timing of predictor measurement, handling of predictors in the modelling, number of participants and number of outcomes/events, calibration, discrimination, classification, methods used for testing model performance, final multivariable model results (regression coefficients, intercept, baseline survival, model performance), and model presentation.

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# **Supplemental Table 1. Risk of Bias**



## **Supplemental Table 1. Risk of bias (continued)**



# **Supplemental Table 1. Risk of bias (continued)**



## **Supplemental Table 1. Risk of bias (continued)**



Legend: the overall risk of bias assessment is located in the main paper.

Abbreviations: AH: Adventist hositals, CABG: coronary artery bypass grafting, CMS=centers for Medicare and Medicaid services, CRSS: CABG Readmission Risk Score, Fim: motor and cognitive Functional Independence Measure, HF: heart failure, ICD: implantable cardioverter defibrillator, NR: not reported, PARR-30: Patients at Risk of Readmission within 30-days, PCI: percutaneous coronary intervention, TAVR: transcatheter aortic valve replacement



**Supplemental Figure 1. Meta-analysis of CMS AMI administrative model**

Legend: The CMS acute myocardial infarction (AMI) administrative model was evaluated in four independent cohorts in two studies: 0.65, 95% CI 0.56 to 0.73, 95% prediction interval 0.39 to 0.84. Standard errors were derived from the reported c-statistics, sample size and observed events. The readmission rate was missing for the internal validation cohort in the Krumholz et al. study, and this data was needed to derive the observed events. The development and validation cohort in the Krumholz et al. study were similar samples and we used the average readmission rate from these two cohorts to impute the missing readmission rate for the internal validation.

Abbreviations: Ext val: external validation, Int val: internval validation, Dev: Development

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Legend: The CMS heart failure (HF) administrative model was evaluated in twelve independent cohorts in nine studies: 0.60, 95% CI 0.58 to 0.62, 95% prediction interval 0.53 to 0.66. Standard errors were derived from the reported c-statistics, sample size and observed events. The readmission rate was missing for the internal validation cohort in the Keenan et al. study, and this data was needed to derive the observed events. The development and validation cohort in the Keenan et al. study were similar samples and we used the average readmission rate from these two cohorts to impute the missing readmission rate for the internal validation.



Legend: The CMS medical model was evaluated in six independent cohorts in five studies: 0.60, 95% CI 0.58 to 0.62, 95% prediction interval 0.56 to 0.65. Standard errors were derived from the reported c-statistics, sample size and observed events.

Abbreviations: Ext val: external validation, Int val: internval validation, Dev: Development

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Legend: The HOSPITAL score was evaluated in four independent cohorts in three studies: 0.64, 95% CI 0.58 to 0.70, 95% prediction interval 0.48 to 0.78. Standard errors were derived from the reported c-statistics, sample size and observed events.



## **Supplemental Figure 5. Meta-analysis of GRACE**



Legend: GRACE was evaluated in four independent cohorts in three studies: 0.79, 95% CI 0.63 to 0.86, 95% prediction interval 0.06 to 1.00. Standard errors were derived from the reported c-statistics, sample size and observed events.

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Legend: LACE was evaluated in six independent cohorts in five studies: 0.62, 95% CI 0.53 to 0.70, 95% prediction interval 0.37 to 0.82. Standard errors were derived from the reported c-statistics, sample size and observed events.



## **Supplemental Figure 7. Age as moderator**



Legend: A meta-regression with average sample age as covariate was performed. The outcome was the discrimination (c-statistic). There is no association between the sample age and the discrimination.







Legend: A meta-regression with the number of predictors as covariate was performed. The outcome was the discrimination (c-statistic). The discrimination increases with the number of predictors decreases. This association is significant.



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Legend: Subgroup analyses were performed. The outcome was the discrimination (c-statistic). The discrimination is moderator by the data source that was used in the study, but not by the population, outcome definition and endpoint.
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#### **Supplemental Table 3. Summary of meta-analyses predictors**



Legend: A meta-analyses was performed with the outcome 30 day unplanned hospital readmissions. The forest plots are detailed below. Please note that there are some small differences with the data reported in Figure 4 in the main manuscript. This is because of a difference in rounding the decimal points by the software.

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# **Supplemental Figure 9. Age as predictor**



Legend: Two studies were not included in the analysis. One study had a missing standard error and one study reported transformed values. The values of their coefficients were: -0.001, and log(0,502).

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Surgical		
Deo et al.	0.25(0.16, 0.33)	7.77
Brown et al.	$-0.01 (-0.72, 0.70)$	0.91
Tam et al.	0.15(0.09, 0.20)	8.27
Engoren et al.	0.39(0.07, 0.70)	3.17
Subtotal (I-squared = $46.3\%$ , p = 0.134)	0.20(0.11, 0.29)	20.12
with estimated predictive interval	$(-0.11, 0.51)$	
Heart failure		
Formiga et al.	$-0.54$ $(-1.55, 0.46)$	0.48
Sudhakar et al.	$-0.01 (-0.31, 0.29)$	3.43
Betihavas et al.	$-0.01 (-0.41, 0.39)$	2.36
Hummel et al.	$-0.01 (-0.23, 0.21)$	4.67
Keenan et al.	$-0.01 (-0.03, 0.01)$	8.66
Keenan et al.	0.06(0.02, 0.10)	8.49
Bardhan et al.	$-0.08(-0.12, -0.03)$	8.44
Hammill et al.	$-0.08(-0.13, -0.04)$	8.42
Subtotal (I-squared = $78.2\%$ , p = 0.000)	$-0.03$ $(-0.08, 0.02)$	44.94
with estimated predictive interval	$(-0.17, 0.11)$	
Acute myocardial infarction		
Nguyen et al. Krumholz et al.	$0.34 (-0.17, 0.84)$	1.63 8.49
Krumholz et al.	0.09(0.05, 0.13)	
	0.13(0.09, 0.17)	8.49
Subtotal (I-squared = $27.9\%$ , p = 0.250)	0.11(0.07, 0.15)	18.60
with estimated predictive interval	$(-0.21, 0.44)$	
Mixed		8.60
Minges et al. Subtotal (I-squared = $\mathcal{N}_0$ , p = .)	0.24(0.21, 0.27) 0.24(0.21, 0.27)	8.60
with estimated predictive interval	(., .)	
$\rm NR$		
Wasfy et al.	0.34(0.25, 0.42)	7.73
Subtotal (I-squared = $\mathcal{N}_0$ , p = .)	0.34(0.25, 0.42)	7.73
with estimated predictive interval	(., .)	
Overall (I-squared = $95.7\%$ , p = 0.000)	0.10(0.03, 0.17)	100.00
with estimated predictive interval	$(-0.17, 0.38)$	
NOTE: Weights are from random effects analysis		
$-1.55$ $\bf{0}$	Τ 1.55	

Legend: Two studies were not included in the analysis because the standard errors were missing. The values of their coefficients were: -0.28 and 0.206.



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# **Supplemental Figure 1. Arrhythmias as predictor**



Legend: There was no missing data in the analysis.

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**Supplemental Figure 12. Chronic lung disease as predictor**



Legend: There was no missing data in the analysis.



# **Supplemental Figure 13. Chronic Obstructive Pulmonary Disease as predictor**

Legend: Two studies were not included in the analysis because the standard errors were missing. The values of their coefficients were: 0.053 and 0.677.

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Legend: One study was not included in the analysis because the standard error were missing. The values of their coefficient was: 0.11.

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# **Supplemental Figure 15. Diabetes Mellitus as predictor**

Study	Coefficient (95% CI)	$\%$ Weight
Surgical		
Deo et al.	0.13(0.09, 0.18)	9.47
Brown et al.	$-0.45$ $(-0.96, 0.06)$	1.14
Brown et al.	0.94(0.20, 1.68)	0.57
Tam et al.	0.17(0.11, 0.22)	9.26
Benuzillo et al.	0.43(0.09, 0.78)	2.17
Lancey et al.	0.36(0.07, 0.65)	2.84
Espinoza et al.	0.45(0.14, 0.76)	2.54
Subtotal (I-squared = $67.4\%$ , p = 0.005)	0.21(0.10, 0.31)	28.00
with estimated predictive interval	$(-0.05, 0.47)$	
<b>TAVR</b>		
Sanchez et al.	0.22(0.02, 0.41)	4.67
Subtotal (I-squared = $\mathcal{N}_0$ , p = .)	0.22(0.02, 0.41)	4.67
with estimated predictive interval	(., .)	
Heart failure		
Formiga et al.	$0.54$ (-0.36, 1.45)	0.39
Sudhakar et al.	$-0.16$ $(-0.48, 0.15)$	2.50
Hummel et al.	$-0.08 (-0.33, 0.16)$	3.63
Keenan et al.	0.08(0.06, 0.10)	9.99
Keenan et al.	0.06(0.02, 0.10)	9.66
Bardhan et al.	$0.03$ (-0.06, 0.11)	8.32
Subtotal (I-squared = $27.6\%$ , p = 0.228)	0.06(0.03, 0.09)	34.48
with estimated predictive interval	$(-0.01, 0.13)$	
Acute myocardial infarction		
Nguyen et al.	0.80(0.15, 1.45)	0.73
Krumholz et al.	0.16(0.12, 0.20)	9.66
Krumholz et al.	0.19(0.16, 0.22)	9.78
Asche et al.	0.34(0.07, 0.62)	3.11
Subtotal (I-squared = $51.7\%$ , p = 0.102)	0.19(0.13, 0.24)	23.28
with estimated predictive interval	(0.00, 0.37)	
Mixed		
Minges et al.	0.34(0.29, 0.38)	9.57
Subtotal (I-squared = $\mathcal{N}_0$ , p = .)	0.34(0.29, 0.38)	9.57
with estimated predictive interval	(., .) ¥.	
Overall (I-squared = $90.1\%$ , p = 0.000)	0.16(0.11, 0.22)	100.00
with estimated predictive interval	$(-0.04, 0.37)$	
NOTE: Weights are from random effects analysis		

Legend: Two studies were not included in the analysis because the standard errors were missing. The values of their coefficients were: -0.068 and 0.639.

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**Supplemental Figure 16. Current heart failure as predictor**

Study		Coefficient (95% CI)	$\%$ Weight
Surgical			
Deo et al.		0.24(0.19, 0.29)	11.24
Brown et al.		$0.14$ (-0.60, 0.88)	0.78
Benuzillo et al.		0.44(0.07, 0.80)	2.65
Subtotal (I-squared = $0.0\%$ , p = $0.568$ )		0.24(0.19, 0.30)	14.68
with estimated predictive interval		$(-0.09, 0.58)$ à,	
TAVR			
Sanchez et al.		0.29(0.01, 0.56)	4.00
Subtotal (I-squared = $\mathcal{N}_0$ , p = .)		0.29(0.01, 0.56)	4.00
with estimated predictive interval		(., .) $\epsilon$	
Heart failure			
Lim et al.		0.43(0.08, 0.77)	2.92
Huynh et al.		0.67(0.30, 1.04)	2.62
Keenan et al.		0.09(0.07, 0.11)	11.94
Keenan et al.		0.24(0.20, 0.28)	11.60
			29.08
Subtotal (I-squared = $94.7\%$ , p = 0.000)		0.25(0.11, 0.39)	
with estimated predictive interval		$(-0.33, 0.83)$ i,	
Acute myocardial infarction			
Krumholz et al.		0.14(0.08, 0.20)	11.06
Krumholz et al.		0.20(0.16, 0.24)	11.60
Asche et al.		0.35(0.04, 0.66)	3.44
Subtotal (I-squared = $48.8\%$ , p = $0.142$ )		0.18(0.12, 0.24)	26.11
with estimated predictive interval		$(-0.40, 0.76)$ à,	
Arrhythmias			
Atzema et al.		0.59(0.30, 0.87)	3.87
Subtotal $(I$ -squared = $\mathcal{N}_0$ , $p = .$ )	۵	0.59(0.30, 0.87)	3.87
with estimated predictive interval		(., .) $\epsilon$	
à,			
Mixed			
Minges et al.		0.29(0.24, 0.33)	11.55
Moulder et al.		0.73(0.01, 1.44)	0.84
			12.39
Subtotal (I-squared = $30.5\%$ , p = 0.230)		0.35(0.04, 0.67)	
Inestimable predictive distribution with $\lhd$ studies		$( - , - )$ à.	
ICD implantation			
McNeil et al.		$0.89$ (-0.43, 2.22)	$\bf 0.26$
Subtotal (I-squared = $.%$ , p = .)		$0.89$ (-0.43, 2.22)	$0.26\,$
with estimated predictive interval		$\left( .,.\right)$ ×.	
$\rm NR$			
Wasfy et al.		0.39(0.29, 0.48)	9.62
Subtotal $(I$ -squared = $\mathcal{N}_0$ , $p = .$ )		0.39(0.29, 0.48)	9.62
with estimated predictive interval		$\mathbf{L} = (0, 0)$	
Overall (I-squared = $90.6\%$ , p = $0.000$ )		0.27(0.20, 0.34)	100.00
with estimated predictive interval		(0.04, 0.50) à,	
NOTE: Weights are from random effects analysis			

Legend: There was no missing data.



# **Supplemental Figure 17. Hypertension as predictor**

Legend: One study was not included in the analysis because the standard error were missing. The values of their coefficient was: -0.28.

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Legend: There was nog missing data.



# **Supplemental Figure 19. Prior percutaneous coronary intervention as predictor**

Legend: There was no missing data.

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Legend: There was no missing data.

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Legend: there was no missing data.

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Legend: There was no missing data.

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# **Supplemental Figure 23. Stroke as predictor**

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Legend: There was no missing data.







Legend: There was no missing data.

# **Supplemental Figure 25. Dementia as predictor**



Legend: There was no missing data.



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# **Supplemental Figure 26. Prior Coronary Artery Bypass Graft as predictor**

Legend: There was no missing data.



# **PRISMA 2009 Checklist**



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# **PRISMA 2009 Checklist**



 

# **PRISMA 2009 Checklist**



19 From: Moher D, Liberati A, Tetzlaff J, Altman DG, The PRISMA Group (2009). Preferred Reporting Items for Systematic Reviews and Meta-Analyses: The PRISMA Statement. PLoS Med 6(6): e1000097. 20 doi:10.1371/journal.pmed1000097

 

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#### **Prediction models for hospital readmissions in patients with heart disease: a systematic review and meta-analysis**



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### **Prediction models for hospital readmissions in patients with heart disease: a**

#### **systematic review and meta-analysis.**

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#### **Abstract**

**Objective:** To describe the discrimination and calibration of clinical prediction models, identify characteristics that contribute to better predictions, and investigate predictors that are associated with unplanned hospital readmissions.

**Design:** Systematic review and meta-analysis.

**Data source:** Medline, EMBASE, ICTPR (for study protocols), and Web of Science (for conference proceedings) were searched up to 25 August 2020.

**Eligibility criteria for selecting studies:** Studies were eligible if they reported on 1) hospitalized adult patients with acute heart disease; 2) a clinical presentation of prediction models with c-statistic; 3) unplanned hospital readmission within six months.

Ime, EMBASE, ICTPK (for study protocols), and<br>ings) were searched up to 25 August 2020.<br>for selecting studies: Studies were eligible if f<br>vatients with acute heart disease; 2) a clinical prese<br>tic; 3) unplanned hospital re **Primary and secondary outcome measures:** Model discrimination for unplanned hospital readmission within six months measured using concordance (c) statistics and model calibration. Meta-regression and sub-group analyses were performed to investigate predefined sources of heterogeneity. Outcome measures from models reported in multiple independent cohorts and similarly defined risk predictors were pooled.

**Results:** Sixty studies describing 81 models were included: 43 models were newly developed, and 38 were externally validated. Included populations were mainly heart failure (HF) patients (n=29). The average age ranged between 56.5 and 84 years. The incidence of readmission ranged from 3% till 43%. Risk of bias was high in almost all studies. The c-statistic was <0.7 in 72 models, between 0.7-0.8 in 16 models and >0.8 in 5 models. The study population, data source and number of predictors were significant moderators for the discrimination. Calibration was reported for 27 models. Only the GRACE-score had adequate discrimination in independent cohorts (0.78, 95% CI 0.63-0.86). Eighteen predictors were pooled.

**Conclusion:** Some promising models require updating and validation before use in clinical practice. The lack of independent validation studies, high risk of bias and low consistency in measured predictors limit their applicability.

**Trial registration:** Prospero, CRD42020159839

TRO PRINCIPLY ONLY **Key words:** heart disease, meta-analysis, patient readmission, risk assessment, systematic review.

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#### **Article summary**

#### **Strengths and limitations of this study**

- Largest investigation of unplanned hospital readmission risk to date, including 81 unique prediction models in the systematic review.
- Independent and standardized procedures for study selection, data collection and risk of bias assessment.
- Review only to the contract only to High risk of bias in current prediction models and unexplained heterogeneity between models limit recommendations for using prediction model in clinical practice.

#### **Introduction**

techniques.<sup>2</sup> Data are often collected from obser<br>and subsequently analyzed to examine what set of p<br>ion. The clinical applicability of risk prediction mode<br>atistical models are often not presented in a clinically<br>tive d Hospital readmissions in patients with acute heart disease are associated with a high burden on patients, healthcare and costs. 1 The identification of high-risk hospitalized patients is important to provide timely interventions. Prediction models guide healthcare providers in daily practice to assess patients' probability of readmission within a certain time frame and include candidate variables identified by clinical perspectives, literature or data-driven approaches, e.g. using machine learning techniques. 2 Data are often collected from observational cohorts of intervention studies and subsequently analyzed to examine what set of predictors best predict the risk of readmission. The clinical applicability of risk prediction models in daily practice is currently limited. Statistical models are often not presented in a clinically useful way or models based on administrative data are considered. 3 These models therefore cannot be readily used in daily practice. In addition, prediction models are often developed for a very specific population, which asks from clinicians to be familiar with several models. Furthermore, patients may belong to multiple populations because of cardiac comorbidities. Numerous systematic reviews have previously investigated the prediction of unplanned hospital readmissions in several populations.<sup>3-12</sup> While some have included hospitalized patients in general<sup>11,12</sup>, others have focused specifically on patients with heart failure  $(HF)^{4-8,10}$  or acute myocardial infarction (AMI).3,9 The conclusion is generally the same, the discrimination is poor to adequate, and there is little consistency in the type of predictors included in the models.

We believe that the state of the art on risk prediction can be improved if more knowledge is available on the performance of clinical risk prediction models and risk predictors across different populations of patients with heart disease. Although heterogeneity in models and predictors is often considered as a limitation, it can inform effect moderators on how predictions can be improved.<sup>13</sup> For example, perhaps we can identify predictors who demonstrate a consistent association with hospital readmission regardless of the underlying

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disease. If this can be identified, a more general prediction model could be developed that is relevant for the heterogeneous group of patients on cardiac care units. This might contribute to the early recognition and onset of preventive interventions in patients with heart disease at risk of readmission.

msistem.s = PORTICAL CONNU We therefore performed a systematic review and meta-analysis on clinical risk prediction models for the outcome unplanned hospital readmission in patients hospitalized for acute heart disease. Our aim was to describe the discrimination and calibration of clinical prediction models, identify characteristics that contribute to better predictions, and to investigate predictors that are consistently associated with hospital readmissions.

#### **Methods**

A protocol was registered in PROSPERO (CRD42020159839). The results are reported following the PRISMA (Preferred Reporting Items for Systematic Reviews and Meta-Analyses) statement.<sup>14</sup>

#### **Eligibility criteria**

Studies were eligible if 1) the study population included hospitalized adult patients with (symptoms of) heart disease; 2) a prediction model with c-statistic was reported; 3) a clinically useful presentation of the model with risk factors was reported; 4) the outcome was unplanned hospital readmissions within six months; 5) the study design was appropriate, i.e. (nested) casecontrol study, (prospective and retrospective) cohort study, database and registry study, or secondary analysis of a trial; 6) they were reported in English.

#### **Information sources**

t disease; 2) a prediction model with c-statistic was reported of the model with risk factors was reported; 4) the out as within six months; 5) the study design was approprispective and retrospective) cohort study, databas A search strategy was designed with an information specialist (PROSPERO protocol and Supplemental Text 1). We searched the Medline, EMBASE, WHO ICTPR search portal (for study protocols), and Web of Science (for conference proceedings) databases up to 25 August 2020 without any restrictions for eligible studies. We searched for full text manuscripts of the identified protocols. After selecting the full text manuscripts, we screened references lists and prospective citations (using Google Scholar) for additional eligible studies.

#### **Study selection**

Three reviewers were involved in the study selection process. Each reviewer independently screened two thirds of the titles, abstracts and full-text articles of potentially relevant references identified in the literature search. Disagreements were resolved through consensus. Sixteen authors were contacted and six delivered data for readmission when a composite outcome was used. Two authors were also contacted when data was reported combining multiple patient

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populations. However, no additional data was provided for the population with heart disease and these studies were excluded.

#### **Data extraction**

items on 11 relevant domains, including source c<br>te predictors, sample size, missing data, model<br>evaluation, results, and interpretation. One reviewer e<br>er verified the extracted data. Disagreements we<br>uthors were contacte Data extraction was performed based on the 'Critical Appraisal and Data Extraction for Systematic Reviews' of prediction modelling studies checklist using standardized forms in the Distiller Systematic Review Software (see Supplemental Text 2 for the data items).<sup>15</sup> The checklist includes items on 11 relevant domains, including source of data, participants, outcomes, candidate predictors, sample size, missing data, model development, model performance, model evaluation, results, and interpretation. One reviewer collected the data and the second reviewer verified the extracted data. Disagreements were resolved through consensus. Eight authors were contacted and two delivered data to resolve uncertainties or missing data.

#### **Risk of bias**

The Prediction model Risk Of Bias ASsessment Tool (PROBAST) tool<sup>16</sup> was used to assess the risk of bias (RoB) for four 'quality' domains, i.e. the participants, predictors, outcome and analysis for each model. One author assessed the RoB as low, high or unclear, and the second author verified the extracted data and RoB conclusion. Disagreements were resolved through consensus. In addition, the applicability of the included studies based on our research question was assessed for three domains, i.e. participants, predictors and outcome domains and rated as low concerns, high concerns or uncertain concerns regarding applicability.

#### **Summary measures**

The discrimination of the prediction models were described using the concordance (c)-statistic. Missing standard errors were derived from the sample data.<sup>17</sup> The calibration was described using the number of observed and expected events, the calibration slope, calibration in large,

or the Hosmer-Lemeshow test. A definition of the commonly used measures is described in  $box 1$ 

The association between risk predictors and hospital readmission was described using regression coefficients. Missing standard errors for the coefficients were considered missing completely at random and were not imputed. A complete case analysis was performed.

#### **Synthesis of results and analyses**

Meta-analyses using random-effects models, with the Hartung-Knapp modification, were performed to describe the distribution of the between-study variance of the different prediction models and their predictors. Because we considered that there would be substantial heterogeneity, conclusions were not based on the precision of the pooled estimates.

g random-effects models, with the Hartung-Knapp<br>be the distribution of the between-study variance of th<br>predictors. Because we considered that there w<br>lusions were not based on the precision of the pooled<br>each model was po The c-statistic from each model was pooled and a meta-regression was performed to investigate the moderation effect of age and the number of predictors on the discrimination. A subgroup analysis was performed to investigate the moderation effect of the different patient populations, design, outcome definition, and endpoint. The c-statistic of the validated model was used if available; otherwise the c-statistic from the development phase was used.

The c-statistics of specific prediction models that were evaluated in multiple studies were pooled for the endpoint 30 days follow-up.

Coefficients of predictors that were similarly defined in at least five studies were pooled for the endpoint 30 days follow-up. The patient populations were defined as subgroups to explore consistency and heterogeneity  $(I^2, \text{tau})$  in the effect estimates.

Analyses were performed using the 'metan' package in STATA 15 IC and the 'metamisc package' in Rstudio.

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#### **Box 1. Definitions of commonly used measures**

**Discrimination:** Refers to the ability of a prediction model to discriminate between a patient with and without the outcome, e.g. readmission.

*C*-statistic: Is a measure of discrimination. For binary outcomes, the c-statistic is equivalent to the area under the curve: 1 indicates perfect discrimination, and 0.5 indicates that the models does not perform better than chance. Harrell's c-statistic is often used in survival models.

to the agreement between the predicted and the obs<br>for linear models). Calibration is expressed using dif<br>ilibration in large, hosmer-lemeshow test.<br>The slope should be 1, a value < 1 indicates extreme pr<br>moderate predicti *Calibration:* Refers to the agreement between the predicted and the observed probability (or the outcome value for linear models). Calibration is expressed using different measures, e.g. calibration slope, calibration in large, hosmer-lemeshow test.

*Calibration slope:* The slope should be 1, a value < 1 indicates extreme predictions, and a value of > 1 indicates to moderate predictions.

*Calibration in large:* The value should be 0, a negative value indicates overestimation of the prediction, and a positive value indicates underestimation of the prediction.

*Hosmer-Lemeshow test:* This is a goodness-of-fit test for binary outcomes. A significant pvalue, usually  $\leq 0.05$ , indicates poor goodness-of-fit.

*Derivation/development cohort:* A cohort of patients that is used to estimate the predictor values that are used in a prediction model to estimate a patients probability for an outcome.

*Validation cohort:* A cohort of patients that is used to evaluate how well the developed model performs (in terms of discrimination and calibration).

*Internal validation:* Estimates how well the performance of a model will be reproduced in the target population. Several techniques can be used, e.g. random-split sample, cross-validation, and bootstrapping techniques.

*External validation:* Evaluates how well a model performs in a new sample, and can consist of temporal validation (sample contains more recently treated patients), geographical validation (sample is from a different center) of a fully independent validation (validation by an independent team).

#### **Public and patient involvement**

Because of the design of the study and because we did not collect primary date, we did not involve patients or the public in the design, conduct, or reporting of our research.

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#### **Results**

A total of 8588 abstracts were reviewed and 60 studies describing 81 separate models were included (Figure 1). Table 1 provides an overview of the included studies and models, which were published between 2001 and 2020. The majority of the studies (n=40) was performed in the United States. The data sources used were mostly retrospective cohort studies  $(n=15)$ , hospital databases  $(n=13)$  and registries  $(n=13)$ . Included populations were mainly HF patients  $(n=29)$ , surgical patients  $(n=14)$  and patients with an AMI or acute coronary syndrome  $(n=10)$ . The average age was between 56.5 and 84 years. The sample size of development cohorts ranged from 182 till 193,899 patients and of the validation cohorts between 104 and 321,088 patients. The outcome of interest was mostly all-cause readmission (n=41) and measured on 30 days (n=55). The incidence of readmission per study ranged from 3% till 43%.

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## **Table 1. Study characteristics**



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# **Table 1. Study characteristics (continued)**



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## **Table 1. Study characteristics (continued)**







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## **Abbreviations:**

ACS: acute coronary syndrome, AF: atrial fibrillation, AH: Adventist Health Off-the-shelf model, Boot: bootstrapping, CABG: coronary artery bypass grafting, Car: cardiac-related, CMS=centers for Medicare and Medicaid services, CRSS: CABG Readmission Risk Score, d: days, Dev: development, Ext: external validation. Fim: motor and cognitive Functional Independence Measure, HF: heart failure, HFpEF: heart failure with preserved ejection fraction, HVD: heart valve disease, ICD: implantable cardioverter defibrillator, NA: not applicable, NR: not reported, PARR-30: Patients at Risk of Re-admission within 30-days, PCI: percutaneous coronary intervention, SD: standard deviation, Split: random split, TAVR: transcatheter aortic valve replacement, Val: validation

werage we per review only Legend: Age is reported as mean (SD), median [IQR] or average age as reported in the study.

### **Risk of bias**

Figure 2 summarizes the RoB and applicability assessment (Supplemental Table 1A). The overall RoB was high in 98.9% of the models and only one study<sup>23</sup> showed low RoB in all four domains.

s that were originally developed for other purposes<br>ries. The domain predictors was assessed as high R<br>w RoB and 48.4% as unclear RoB. For the domain our<br>essed as high, low and unclear RoB respectively.<br>s was assessed as h For the domain participants, 82.4% of studies was assessed as high RoB because most studies performed retrospective data analyses or used data from existing sources with large number of candidate predictors that were originally developed for other purposes, e.g. administrative databases or registries. The domain predictors was assessed as high RoB in 27.5% of the models, 24.2% as low RoB and 48.4% as unclear RoB. For the domain outcome, 41.8%, 34.1% and 24.2% were assessed as high, low and unclear RoB respectively.

The domain analysis was assessed as high RoB in 97.8%. Most studies did not use appropriate statistics for the development or validation of prediction models. For example a description on how complexities in data were handled (e.g. competing risk of death) was often missing and relevant performance measures were incomplete (e.g. calibration).

The domains participants and predictors were assessed as low concerns regarding applicability in all studies. For the domain outcome, 70.3% of studies used all-cause readmission as the outcome of interest and were therefore assessed as low concerns regarding applicability.

## **Prediction models**

A total of 43 new models were developed for patients with HF (n=15), undergoing surgical procedures (n=12), AMI (n=9), transcatheter aortic valve replacement (TAVR) (n=2), a mixed sample with HF and coronary syndromes  $(n=2)$ , arrhythmias  $(n=1)$ , valvular disease  $(n=1)$ , while one study did not specify the sample (table 1). The c-statistic was lower than 0.6 in five models, between 0.6 and 0.7 in 24 models, between 0.7 and 0.8 in six models, and between 0.8

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and 0.9 in two models. In six models, the c-statistic was only reported for a validation cohort (Table 2).

A total of 38 separate models were externally validated for patients with HF (n=26), AMI  $(n=4)$ , surgical patients  $(n=3)$ , acute coronary syndrome  $(n=2)$ , arrhythmias  $(n=2)$ , mixed sample with HF and coronary syndromes  $(n=1)$ . The discrimination was lower than 0.6 in sixteen models, between 0.6 and 0.7 in fifteen models, between 0.7 and 0.8 in five models, and between 0.8 and 0.9 in two models (Table 2).

in two models (Table 2).<br>
of six models was evaluated in multiple independ<br>
lyses (Figure 3, Supplemental Figures 1-6): the CMS<br>
% CI 0.56-0.73); the CMS HF administrative model<sup>37</sup><br>
; the CMS HF medical model<sup>42,44,47,50</sup> The discrimination of six models was evaluated in multiple independent cohorts and was pooled in meta-analyses (Figure 3, Supplemental Figures 1-6): the CMS AMI administrative model<sup>25,26</sup> (0.65, 95% CI 0.56-0.73); the CMS HF administrative model<sup>37-39,42,45,46,50,55,61</sup> (0.60, 95% CI 0.58-0.62); the CMS HF medical model<sup>42,44,47,50,57</sup> (0.60, 95% CI 0.58-0.62); the HOSPITAL score<sup>27,49,64</sup> (0.64, 95% CI 0.58-0.70); the GRACE score<sup>21,63</sup> (0.78, 95% CI 0.63-0.86); and the LACE score<sup>39,49,55,60,61</sup> (0.62, 95% CI 0.53-0.70).

On average, models for AMI patients had the best discrimination  $(0.67, n=16)$ , followed by TAVR patients  $(0.65, n=2)$ , HF patients  $(0.64, n=45)$ , and surgical patients  $(0.63, n=17)$ . The discrimination was highest in studies using secondary analysis (0.70, n=2) and retrospective cohort studies (0.69,  $n=23$ ), and was lowest in studies using registries (0.61,  $n=17$ ) and hospital databases  $(0.61, n=18)$ . The discrimination decreased when the number of predictors increased (beta -0.002, n=90). There were no moderation effects based on the average age of the sample, outcome definition and endpoint of the prediction (Supplemental Figures 7–8 and Supplemental Table 1B).

The calibration was reported for 27 models using multiple measures and could not be pooled (Table 2).

## **Table 2. Model discrimination and calibration**



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# **Table 2. Model discrimination and calibration (continued)**



# **Table 2. Model discrimination and calibration (continued)**















# **Table 2. Model discrimination and calibration (continued)**



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**Abbreviations:** ACS: acute coronary syndrome, AF: atrial fibrillation, AH: Adventist Health Off-the-shelf model, CABG: coronary artery bypass grafting, Car: cardiac-related, CMS=centers for Medicare and Medicaid services, CRSS: CABG Readmission Risk Score, d: days, dev: development, Fim: motor and cognitive Functional Independence Measure, HF: heart failure, HFpEF: heart failure with preserved ejection fraction, HLT: Hosmer-Lemeshow test, HVD: heart valve disease, ICD: implantable cardioverter defibrillator, NA: not applicable, NR: not reported, O:E: observed:expected, PARR-30: Patients at Risk of Re-admission within 30-days, PCI: percutaneous coronary intervention, plot: calibration plot, TAVR: transcatheter aortic valve replacement, val: validation.

#### **Predictors**

A total of 766 predictor values were estimated in the included models. The median number of predictors per model was 15 (IQR=9–28). The predictors were mostly situated in the domains medical comorbidities (n=211), disease and hospital characteristics (n=128), demographic data  $(n=128)$ , laboratory values (n=97), and medical history characteristics (n=51). Age (n=47), the presence of diabetes (n=26), insurance status (n=24), length of stay (n=28), and gender (n=23) were the most prevalent predictors. There was little consistency in the definition of predictors, and most studies did not report how they were measured.

alent predictors. There was little consistency in the de<br>
1 not report how they were measured.<br>
were similarly defined in multiple studies and cou<br>
on at 30 days (Figure 4, Supplemental Table 2A and S<br>
ents of four predict Only 18 predictors were similarly defined in multiple studies and could be pooled for the outcome readmission at 30 days (Figure 4, Supplemental Table 2A and Supplemental Figures 9–26). The coefficients of four predictors demonstrated a consistent and significant association across the different samples: chronic obstructive pulmonary disease (COPD), HF or history of HF, and valvular disease. The coefficients of eleven predictors demonstrated an overall significant association, i.e. age, female gender, arrhythmias, chronic lung disease, diabetes mellitus, cerebrovascular disease, cardiovascular accident, anemia, peripheral vascular disease, urgent admission, and infection, but this was not consistent across the samples and the prediction intervals were not significant. The effect of these predictors was mostly smaller in the HF samples.

The coefficients for most predictors could not be pooled because they had different definitions, cutoff values or reference categories. However, renal disease, including dialysis, a longer length of stay, creatinine, NT-proBNP, and previous hospital admissions demonstrated a consistent association with readmissions.

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## **Discussion**

In this systematic review, we included 60 studies that reported the results from 81 separate clinical risk prediction models and 766 risk predictors for unplanned readmission in patients with acute heart disease. We found some promising prediction models, however, no clinical model demonstrated good discrimination (i.e. c-statistic  $> 0.8$ ) in independently externally validated cohorts, regardless of the underlying patient populations. GRACE was the only model that demonstrated adequate discrimination in multiple cohorts in patients with acute coronary syndromes<sup>21,63</sup> and HF.<sup>63</sup> There was little consistency in the measurement of risk predictors.

 $s^{21,63}$  and HF.<sup>63</sup> There was little consistency in the  $s^{21,63}$  and HF.<sup>63</sup> There was little consistency in the review are in line with previous systematic reviews of patients with HF, AMI or focused on generic prov The results of our review are in line with previous systematic reviews which have mainly focused on samples of patients with HF, AMI or focused on generic prediction models. All reviews confirm that the discrimination is generally low. Our review confirms the importance of previous  $HF^{5,6}$  and previous hospital admissions<sup>6,8</sup> as consistent predictors for the risk of readmission. In addition two prevalent comorbidities, COPD and valve disease were also consistent predictors across the different populations. Other reviews also identified the importance of age, gender, comorbidities and certain laboratory values. These were also significant in our review but the association was not always consistent across the different populations or heterogeneously measured making comparisons difficult. As a result, no clinical risk prediction model or set of predictors that is relevant for different populations of heart disease could be identified.

Our review focused specifically on prediction models with a clinical presentation that can be used in daily practice, e.g. risk scores or nomograms. These simple models do not consider interactions between predictor values or nonlinear link functions in their predictions. This may partially explain the poor discrimination.<sup>78</sup> Using web applications or electronic patient records to run more complex prediction algorithms can likely offer a solution for future models. A

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recent systematic review observed an average c-statistic of 0.74 for models using electronic patient records and machine learning algorithms.<sup>11</sup> Our review included eleven studies21,23,29,34,36,57,61,63,70,75,76 that developed or validated electronic tools for risk prediction and their discrimination ranged between 0.59 and 0.77. However, these electronic tools were mostly derived from score charts and nomograms.

the samples was 68 years (IQR=65–75). However, of<br>norbidity and geriatric syndromes, and the distribut<br>also be different than in younger samples. It is there<br>ent models will hold their value in daily clinical practice<br>of There are also concerns about the generalizability of the prediction models. The median age of patients included in the samples was 68 years (IQR=65–75). However, older and frail patients suffer more multimorbidity and geriatric syndromes, and the distribution of predictor and outcome values will also be different than in younger samples. It is therefore unlikely that the majority of the current models will hold their value in daily clinical practice where there is a high prevalence of older patients. Only eight studies<sup>19,23,26,28,48,50,53,77</sup> included one or more geriatric risk factors (e.g. physical performance, dementia) as predictors for readmission. The performance of models including geriatric conditions was similar to models without these conditions. This might be explained by the relative young mean age of the samples in our review. Mahmoudi et al.<sup>11</sup> reported that functional and frailty status are important predictors, but were only included in a small number of studies. Frailty was not identified in any of the models in our review. It might be valuable to examine the additive value of these predictors in prediction models for patients with heart disease.

We observed high RoB in almost all clinical risk prediction models (98.8%). This was mainly because the calibration was lacking or not fully reported (e.g. only p-value of Hosmer-Lemeshow test). Furthermore, most studies performed retrospective data analyses or used data from existing sources. However, our results demonstrate that studies using these data sources had the lowest c-statistic, and that the c-statistic decreased when more predictors were tested. Databases often have missing data, misclassification bias, and random measurement error, which likely explains their average poor performance.<sup>79</sup> Only the SILVER-AMI study<sup>23</sup>

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demonstrated low RoB on all domains. However, their readmission risk calculator for older AMI patients only discriminated modestly (c-statistic  $= 0.65$ ).

ived from this review. First, consistency is needed<br>dictors. More homogeneity might improve the identi<br>effect on readmission. Based on our insights, we belie<br>orporating some key predictors, i.e. age, gender, com<br>COPD, card Our review show the current state-of-the art of risk prediction in patients with acute heart disease. The timely identification of patients with acute heart disease at risk of readmission remains challenging with the prediction models identified in this systematic review. Therefore, further research in risk prediction remains important and some recommendations for further research can be derived from this review. First, consistency is needed in the definition and measurement of predictors. More homogeneity might improve the identification of important predictors and their effect on readmission. Based on our insights, we believe that models could be improved by incorporating some key predictors, i.e. age, gender, comorbidity scores (or at least heart failure, COPD, cardiovascular disease, diabetes mellitus), admission status, readmission history, and the geriatric profile (e.g. functional status, cognitive status). Because there are a still a large number of potential predictors, a large sample size is needed to estimate the coefficients with sufficient precision, and to prevent against overfitting the models. Some selection of predictors may still be warranted, and penalized techniques (e.g. lasso regression) should be preferred over traditional selection based on p-values. Second, the results suggest that multiple predictors are associated with readmissions regardless of the underlying population. Therefore, attention might be shifted from developing new risk prediction models to updating and externally validating existing prediction models in different populations with heart disease. For example, the Adventist Health Off-the-shelf model<sup>55</sup> showed high discrimination rates in both the development (0.86) and validation cohort (0.85). External validation is recommended to examine the generalizability of this model in other settings. In addition, the AMI READMITS score<sup>25</sup>, full-stay AMI readmission model<sup>25</sup>, pre-PCI model<sup>68</sup>, motor and cognitive Functional Independence Measure (FIM)<sup>51</sup>, READMIT<sup>72</sup>, 30-day readmission model of Huynh et al.<sup>48</sup>, and the model of Engoren et al.<sup>32</sup> were examined in one

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study and showed reasonable c-statistics in the development  $(0.68 - 0.82)$  and validation cohorts  $(0.64 - 0.78)$ . For these studies, model updating recalibration and external validation is recommended to improve the predictive performance and generalizability of these prediction models. Third, the applicability of current prediction models in daily practice is an important concern as most models had poor performance, were not replicated and had high RoB. More high-quality studies are needed that evaluate the discrimination, calibration and clinical usefulness. To limit the risk of bias as much as possible, future studies should adhere to the relevant reporting guidelines<sup>80</sup> and could use  $PROBAST<sup>16</sup>$  as a guidance to plan their study. Fourth, more complex models integrated in electronic patient records may results in better predictions.

### **Limitations**

If the risk of bias as much as possible, future studies<br>suidelines<sup>80</sup> and could use PROBAST<sup>16</sup> as a guidanc<br>lex models integrated in electronic patient records<br>integrated in electronic patient records<br>for med an extensi Although we performed an extensive literature search, we might have missed some eligible studies, particularly those published in non-English languages. We were able to perform metaanalysis for predictors that were often (> 5 models) reported. However, it might be possible that some less frequently mentioned predictors (e.g. geriatric predictors) are a valuable addition in clinical practice. The review included a large number of results and statistical tests which may result in an inflated alpha error. The meta-regression identified that models with less predictors had a better discrimination, but this could also be explained by overfitting models; this could not be tested.

## **Conclusion**

A large number of clinical models have recently been developed. Although some models are promising as they demonstrated adequate to good discrimination, no model can currently be recommended for clinical practice. The lack of independently validated studies, high risk of bias and low consistency in measured predictors limit their applicability. Model updating and external validation is urgently needed.

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## **Data statement section**

All data relevant to the study are included in the article or uploaded as supplementary information.

#### **Contributorship Statement**

Bastiaan Van Grootven and Patricia Jepma had full access to all the data in the study and take responsibility for the integrity of the data and the accuracy of the data analysis. Bastiaan Van Grootven and Patricia Jepma contributed equally as first authors.

*Concept and design*: all authors; *Acquisition, analysis or interpretation of data*: Bastiaan Van Grootven, Patricia Jepma, Corinne Rijpkema, Mariska Leeflang, Joost Daams; *Drafting the manuscript*: Bastiaan Van Grootven, Patricia Jepma; *Critical revision of the manuscript*: all authors; *Analysis*: Bastiaan Van Grootven, Patricia Jepma; *Supervision:* Bianca Buurman.

## **Funding**

is e integrity of the data and the accuracy of the data are ia Jepma contributed equally as first authors.<br>
In all authors, *Acquisition*, *analysis or interpretation* c<br>
Jepma, Corinne Rijpkema, Mariska Leeflang, Joost<br>
I This work was partly supported by the Research Foundation Flanders (FWO) fellowship grant [grant number 1165518N [BVG]], BVG) and by the Dutch Research Council (NWO) [grant number 023.009.036 [PJ]]. The funders had no role in the design and conduct of the study; collection, management, analysis, and interpretation of the data; preparation, review, or approval of the manuscript; and decision to submit the manuscript for publication.

## **Conflict of interest**

None declared.

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#### **Figure legends**

#### **Figure 1. Flowchart**

In total, 8592 records were screened and 60 studies with 81 prediction models were included.

#### **Figure 2. PROBAST Risk of bias and applicability**

The PROBAST tool<sup>16</sup> was used to assess the risk of bias for the participants, predictors, outcome and analysis for each model. Only one study demonstrated low risk of bias on all domains.

#### **Figure 3. Meta-analysis of prediction models**

bl<sup>16</sup> was used to assess the risk of bias for the parties is for each model. Only one study demonstrated lot us for each model. Only one study demonstrated lot the particular models with the service with the discriminatio Random-effect models were used to pool similar models reported in independent cohorts. For the HOSPITAL score, the discrimination for the HF and AMI samples were similar (0.65 and 0.64). For GRACE, the discrimination for the AMI and reinfarction samples were similar (0.77 and 0.74), and was higher for the HF sample (0.83). Only GRACE demonstrated adequate discrimination in external cohorts. discrimination in external conorus.<br> **Figure 4. Predictors of unplanned hospital readmission** 

The plot provides an overview of the random-effects meta-analyses that were performed for predictors who were similarly defined for the outcome unplanned hospital readmission at 30 days follow-up. See Supplemental table 2A and Supplemental figures 9-26 for more details.

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Flowchart In total, 8592 records were screened and 60 studies with 81 prediction models were included.

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PROBAST Risk of bias and applicability

The PROBAST tool15 was used to assess the risk of bias for the participants, predictors, outcome and analysis for each model. Only one study demonstrated low risk of bias on all domains.

39x51mm (300 x 300 DPI)





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Predictors of unplanned hospital readmissionThe plot provides an overview of the random-effects metaanalyses that were performed for predictors who were similarly defined for the outcome unplanned hospital readmission at 30 days follow-up. See Supplemental table 2A and Supplemental figures 9-26 for more details.

338x190mm (300 x 300 DPI)

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## **Supplemental Text 1. Search string**

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# **Supplemental Text 2. Data items**

The following data was collected in accordance with the CHARMS checklist (Critical Appraisal and Data Extraction for Systematic Reviews): citation, source of data, country, study design, setting, participant description, sample characteristics, study dates, outcome definition, follow-up, number and type of predictors, definition and method for measurement of predictors, timing of predictor measurement, handling of predictors in the modelling, number of participants and number of outcomes/events, calibration, discrimination, classification, methods used for testing model performance, final multivariable model results (regression coefficients, intercept, baseline survival, model performance), and model presentation.

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## **Supplemental Table 1A. Risk of Bias**



## **Supplemental Table 1. Risk of bias (continued)**



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#### **Supplemental Table 1. Risk of bias (continued)**



#### **Supplemental Table 1. Risk of bias (continued)**



Legend: the overall risk of bias assessment is located in the main paper.

Abbreviations: AH: Adventist hositals, CABG: coronary artery bypass grafting, CMS=centers for Medicare and Medicaid services, CRSS: CABG Readmission Risk Score, Fim: motor and cognitive Functional Independence Measure, HF: heart failure, ICD: implantable cardioverter defibrillator, NR: not reported, PARR-30: Patients at Risk of Readmission within 30-days, PCI: percutaneous coronary intervention, TAVR: transcatheter aortic valve replacement

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Legend: The CMS acute myocardial infarction (AMI) administrative model was evaluated in four independent cohorts in two studies: 0.65, 95% CI 0.56 to 0.73, 95% prediction interval 0.39 to 0.84. Standard errors were derived from the reported c -statistics, sample size and observed events. The readmission rate was missing for the internal validation cohort in the Krumholz et al. study, and this data was needed to derive the observed events. The development and validation cohort in the Krumholz et al. study were similar samples and we used the average readmission rate from these two cohorts to impute the missing readmission rate for the internal validation.

Abbreviations: Ext val: external validation, Int val: internval validation, Dev: Development



#### **Supplemental Figure 2. Meta-analysis of CMS HF administrative model**

Legend: The CMS heart failure (HF) administrative model was evaluated in twelve independent cohorts in nine studies: 0.60, 95% CI 0.58 to 0.62, 95% prediction interval 0.53 to 0.6 6. Standard errors were derived from the reported c -statistics, sample size and observed events. The readmission rate was missing for the internal validation cohort in the Keenan et al. study, and this data was needed to derive the observed events. The development and validation cohort in the Keenan et al. study were similar samples and we used the average readmission rate from these two cohorts to impute the missing readmission rate for the internal validation.

Abbreviations: Ext val: external validation, Int val: internval validation, Dev: Development

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Legend: The CMS medical model was evaluated in six independent cohorts in five studies: 0.60, 95% CI 0.58 to 0.62, 95% prediction interval 0.56 to 0.65. Standard errors were derived from the reported c -statistics, sample size and observed events.

Abbreviations: Ext val: external validation, Int val: internval validation, Dev: Development



#### **Supplemental Figure 4. Meta-analysis of HOSPITAL score**

Legend: The HOSPITAL score was evaluated in four independent cohorts in three studies: 0.64, 95% CI 0.58 to 0.70, 95% prediction interval 0.48 to 0.78. Standard errors were derived from the reported c -statistics, sample size and observed events.

Abbreviations: Ext val: external validation, Int val: internval validation, Dev: Development

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Legend: GRACE was evaluated in four independent cohorts in three studies: 0.79, 95% CI 0.63 to 0.86, 95% prediction interval 0.06 to 1.00. Standard errors were derived from the reported c-statistics, sample size and observed events.

Abbreviations: Ext val: external validation, Int val: internval validation, Dev: Development







Legend: LACE was evaluated in six independent cohorts in five studies: 0.62, 95% CI 0.53 to 0.70, 95% prediction interval 0.37 to 0.82. Standard errors were derived from the reported c -statistics, sample size and observed events.

Abbreviations: Ext val: external validation, Int val: internval validation, Dev: Development





Legend: A meta -regression with average sample age as covariate was performed. The outcome was the discrimination (c -statistic). There is no association between the sample age and the discrimination.



### **Supplemental Figure 8. Number of predictors as moderator**

Legend: A meta -regression with the number of predictors as covariate was performed. The outcome was the discrimination (c -statistic). The discrimination increases with the number of predictors decreases. This association

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## **Supplemental Table 1B. Subgroup analyses**

Legend: Subgroup analyses were performed. The outcome was the discrimination (c -statistic). The discrimination is moderator by the data source that was used in the study, but not by the population, outcome definition and endpoint.



## **Supplemental Table 2A. Summary of meta -analyses predictors**

Legend: A meta -analyses was performed with the outcome 30 day unplanned hospital readmissions. The forest plots are detailed below. Please note that there are some small differences with the data reported in Figure 4 in the main manuscript. This is because of a difference in rounding the decimal points by the software.

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## **Supplemental Figure 9. Age as predictor**



Legend: Two studies were not included in the analysis. One study had a missing standard error and one study reported transformed values. The values of their coefficients were: -0.001, and log(0,502).







Legend: Two studies were not included in the analysis because the standard errors were missing. The values of their coefficients were: -0.28 and 0.206.

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## **Supplemental Figure 1. Arrhythmias as predictor**



Legend: There was no missing data in the analysis.



#### **Supplemental Figure 12. Chronic lung disease as predictor**



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#### **Supplemental Figure 13. Chronic Obstructive Pulmonary Disease as predictor**

Legend: Two studies were not included in the analysis because the standard errors were missing. The values of their coefficients were: 0.053 and 0.677.



**Supplemental Figure 14. Atherosclerosis as predictor**

Legend: One study was not included in the analysis because the standard error were missing. The values of their coefficient was: 0.11.

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**Supplemental Figure 15. Diabetes Mellitus as predictor**



Legend: Two studies were not included in the analysis because the standard errors were missing. The values of their coefficients were: -0.068 and 0.639.

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**Supplemental Figure 16. Current heart failure as predictor**

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Legend: There was no missing data.

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Legend: One study was not included in the analysis because the standard error were missing. The values of their coefficient was: -0.28.

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Legend: There was nog missing data.

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### **Supplemental Figure 19. Prior percutaneous coronary intervention as predictor**

Legend: There was no missing data.


### **Supplemental Figure 20. History of heart failure as predictor**

Legend: There was no missing data.

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#### **Supplemental Figure 21. Cerebrovascular disease as predictor**

Legend: there was no missing data.

#### **Supplemental Figure 22. Anemia as predictor**



Legend: There was no missing data.

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Legend: There was no missing data.



#### **Supplemental Figure 24. Peripheral vascular disease as predictor**

Legend: There was no missing data.

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**Supplemental Figure 25. Dementia as predictor**



Legend: There was no missing data.





## **Supplemental Figure 26. Prior Coronary Artery Bypass Graft as predictor**

Legend: There was no missing data.

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## **PRISMA 2009 Checklist**





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# **PRISMA 2009 Checklist**



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## **PRISMA 2009 Checklist**



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19 From: Moher D, Liberati A, Tetzlaff J, Altman DG, The PRISMA Group (2009). Preferred Reporting Items for Systematic Reviews and Meta-Analyses: The PRISMA Statement. PLoS Med 6(6): e1000097.

a general interpretation of the results in the context of other evidence, and im<br>a general interpretation of the results in the context of other evidence, and im<br>be sources of funding for the systematic review and other su 20 doi:10.1371/journal.pmed1000097 For more information, visit: **www.prisma-statement.org**. Page 2 of 2