

**Additional Table 1** Natural and synthetic compounds as Ngb pharmacological modulators

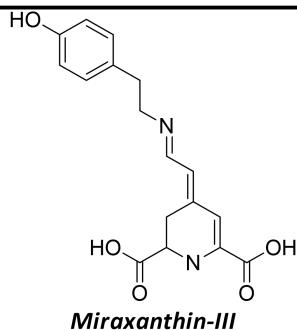
Molecule	Model			Clinical use	Reference		
	Primary cultured neurons	<i>In vivo</i>	Non-neuronal cultured cells				
<b>Iron chelators</b>							
<i>Synthetic</i>							
 <b>Deferoxamine</b>	SK-N-BE cells			Iron overload	Sun et al. (2001)		
	mRNA ↑						
	Ngb ↑						
<i>Natural</i>							
 <b>Hemin</b>	C57BL/6 mice (Retina)			Porphyria	Zhu et al. (2002); Tao et al. (2018)		
	mRNA ↑						
	Ngb ↑						
		mRNA ↑					
		Ngb ↑					
<b>Hormones and derivatives</b>							
<b>Steroids and analogues</b>							
<i>Naturals</i>							
 <b>17-beta-estradiol</b>	SK-N-BE cells, astrocytes	MCF-7, HepG2		Menopause hormone therapy	De Marinis et al. (2010); Fiocchetti et al. (2014); De Marinis et al. (2013a)		
	mRNA ↑						
	Ngb ↑						

<p><b>Testosterone</b></p>	T98G cells mRNA n.d. Ngb ↑	Hormonal deficiency	Toro-Urrego et al. (2016)
<p><b>Fucosterol</b></p>	SH-SY5Y cells mRNA ↑ Ngb n.d.	n.d.	Gan et al. (2019)
<b>Synthetic</b>			
<p><b>Diarylpropionitrile</b></p>	SN-K-BE mRNA ↑ Ngb ↑	n.d.	De Marinis et al. (2010)
<p><b>Tibolone</b></p>	T98G cells mRNA ↑ Ngb ↑	Menopause hormone therapy	Avila-Rodriguez et al. (2016)
<b>Thyroid hormone</b>			
<p><b>Triiodothyronine</b></p>	Male rats' hippocampus, cerebellum and cortex mRNA ↑ Ngb ↑	Early stages of hypothyroidism	Oliveira et al. (2015)
<b>Plants derivatives</b>			
<b>Polyphenolics compounds</b>			

 <b>Naringenin</b>	SK-N-BE mRNA n.d. Ngb ↑	MCF-7 mRNA n.d. Ngb no change	n.d. n.d.	De Marinis et al. (2010); Cipolletti et al. (2019)
 <b>Biochanin A</b>	N2a, SKNSH mRNA ↑ Ngb ↑		n.d.	Liu et al. (2016)
 <b>Genistein</b>	N2a, SKNSH mRNA ↑ Ngb ↑	MCF-7 mRNA n.d. Ngb no change	n.d.	Liu et al. (2016); Cipolletti et al. (2019)
 <b>Polydatin</b>	N2a, SKNSH mRNA ↑ Ngb ↑		n.d.	Liu et al. (2016)
 <b>Formononetin</b>	N2a, SKNSH mRNA ↑ Ngb ↑		n.d.	Liu et al. (2016)
 <b>Daidzein</b>	N2a, SKNSH mRNA ↑ Ngb ↑	MCF-7, T47D mRNA n.d. Ngb ↓	n.d.	Liu et al. (2016); Montalesi et al. (2020)
 <b>Equol</b>		MCF-7, T47D mRNA n.d. Ngb ↑	n.d.	Montalesi et al. (2020)
 <b>o-desmethylangolensin</b>		MCF-7, cells mRNA n.d. 0,1 μmol Ngb ↑,	n.d.	Montalesi et al. (2020)

		1 µmol no change		
	Daidzein 4-Sulfate	MCF-7, T47D mRNA n.d. Ngb ↓	n.d.	(Montalesi et al., 2020)
	Daidzein 7-Sulfate	MCF-7 mRNA n.d. Ngb ↑	n.d.	Montalesi et al. (2020)
	Daidzein 4,7-disulfate	MCF-7 mRNA n.d. 0,1-1µmol Ngb ↑ 1 µmol no change	n.d.	Montalesi et al. (2020)
	8-Prenylnaringenin	MCF-7 mRNA n.d. Ngb ↑	n.d.	Cipolletti et al. (2019)
	Quercetin	MCF-7 mRNA n.d. Ngb ↑	n.d.	Cipolletti et al. (2019)
	Resveratrol	SK-N-BE mRNA n.d. Ngb ↑	MCF-7 mRNA n.d. Ngb no change	n.d.
				Cipolletti et al. (2019)

## Other plants derivatives



Molecular

docking

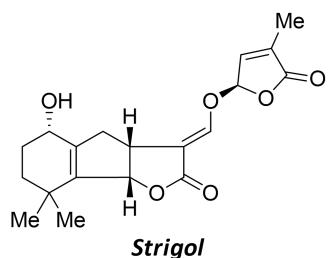
n.d.

Pangestu et al.

(2018)

mRNA n.d.

Ngb n.d.



Molecular

docking

n.d.

Pangestu et al.

(2018)

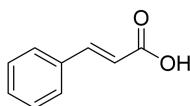
mRNA n.d.

Ngb n.d.

## Short-chain fatty acids

*Natural*

HN33 cells

*Trans-Cinnamic Acid*

mRNA ↑

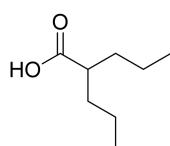
n.d.

Jin et al. (2011)

Ngb ↑

*Synthetic*

HN33 cells

*Valproic Acid*

mRNA ↑

Anticonvulsant

Jin et al. (2011)

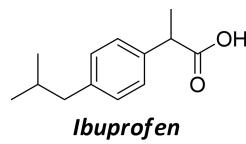
drug

Ngb ↑

## NSAIDs

*Synthetic*

AD rats

*Ibuprofen*

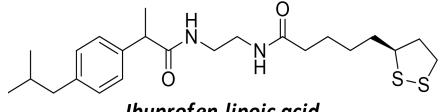
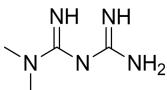
mRNA n.d.

NSAIDs

Zara et al.

(2013)

Ngb ↑

 <b>Ibuprofen-lipoic acid</b>	AD rats mRNA n.d. Ngb ↑	NSAIDs	Zara et al. (2013)
<b>Antidiabetic</b>			
<b>Synthetic</b>			
 <b>Metformin</b>	Wistar rats with alcohol-induced neurotoxicity mRNA n.d. Ngb ↑	Antidiabetic drug	Bonea et al. (2020)

AD: Alzheimer's disease; n.d.: not detected; Ngb: neuroglobin; NSAIDs: nonsteroidal anti-inflammatory drugs