

Fig. S1. Motor behaviors assessed by the accelerated rotarod test (a) and bean walking test (b).



Fig. S2. The effects of the medicines on  $[Ca^{2+}]$  influx and intracellular FA generation in the cultured HAECs. BEN: Benzylamine; HAECs: Human aortic endothelial cells; MA: Methoxyacetic acid; SA: Sarcosine; SEM: Semicarbazide; SM: simulated microgravity; VER: Verapamil. Scale bar = 30 µm.



Fig. S3. The technology roadmap of making *FDH*<sup>-/-</sup> mice by using CRISPR/Cas9 method.

#### **Targeting site selection**

Four gRNA targets were designed, including two located upstream of Exon 5 (E5, 220 bp) and two downstream of Exon 6 (E6, 261 bp), to knockout *FDH* gene by simultaneous deleting E5 and E6.

The primer sequences were used to construct gRNA as following: A:

GG GCTCTGATGTGCTTTCTG GGG

M-Aldh3(5)-E5A-gR-top: TAGGGCTCTGATGTGCTTTCTG M-Aldh3(5)-E5A -gR-dow: AAACCAGAAAGCACATCAGAGC **B**:

GG TCCCTGTGCTACTGTGTT AGG

M-Aldh3(5)-E5B-gR-top: TAGGTCCCTGTGCTACTGTGTT M-Aldh3(5)-E5B-gR-dow: AAACAACACAGTAGCACAGGGA **C:** 

GG TTCTGAAACAGCTTTGGT AGG M-Aldh3(5)-E5C-gR-top: TAGGTTCTGAAACAGCTTTGGT M-Aldh3(5)-E5C-gR-dow: AAACACCAAAGCTGTTTCAGAA **D:** 

GG GGAATTACAGAAGGGCTC AGG

M-Aldh3(5)-E5D-gR-top: TAGGGGGAATTACAGAAGGGCTC M-Aldh3(5)-E5D-gR-dow: AAACGAGCCCTTCTGTAATTCC

# Fig. S4. The primer sequences to construct gRNA plasmid.



Fig. S5. Construction of plasmid- pUC57kan-T7-gRNA.



Fig. S6. Mapping of insertion sites into plasmid- pUC57kan-T7-gRNA.





**Fig. S8.** The DNA with 1.43 kb and protein with 40 Kda of FDH in these *FDH*<sup>-/-</sup> mice were identified by the methods of reverse transcription- polymerase chain reaction (**RT-PCR**) (A) and Western blotting (B) (The proteins extracted from 24<sup>#</sup> wild-type mice, cultured Heck2 and SH-SY5Y cells acted as positive controls).



Fig. S9. Gait analysis of control and model mice intramuscularly injected with formaldehyde for 14 consecutive days. (a) Gait analysis by the DigiGait<sup>TM</sup> imaging system. (b) Statistical analysis of stance width (n=6). Con: wild-type mice injected with PBS; FA-0.4mM: the healthy adult mice intramuscularly injected with 0.4 mM formaldehyde. (c) Statistical analysis of stride length (n=6). (d) Statistical analysis of stride frequency (n=6). Error bars show mean  $\pm$  SEM; NS: no statistical significance; \*p<0.05; \*\*\*p<0.001.



Fig. S10. The injection site of the fastigial nucleus was identified by using red fluorescent probe-Dil to mark cell membrane and blue DAPI to stain nucleus. FN: fastigial nucleus. Scale bar =  $300 \mu m$ .



Fig. S11. Injection of formaldehyde at 1.5 mM into fastigial nucleus induced the death of cerebellar neurons stained by using Nissl staining solutions.



Fig. S12. Injection of formaldehyde at 0.4 and 0.75 mM into fastigial nucleus induced the death of cerebellar neurons stained by using Nissl staining solutions, respectively.



Fig. S13. The penetrate ratio of red light at 630 nm detected by spectrograph. (a) The free-moving SM mice illuminated in a box. (b and c) Detected the penetration ratio by spectrograph. (d) The light intensity of light emitter before penetrated into organism of mice. (e and f) Red light penetrated into the head and muscle with 47.5% and 51.6% penetration ratio, respectively.

#### Intens 885.6546 +MS, 0.1-0.2min #(5-14) x10<sup>5</sup> Mass spectrum of Q10-Na<sup>+</sup> з Q10-Na<sup>+</sup> = CH<sub>3</sub> 863.3+22.9 H<sub>3</sub>C Na<sup>+</sup> H<sub>3</sub>C 2 н 10 0 CH<sub>3</sub> Q10 (MW=863.3) Na<sup>+</sup> (MW=22.9) 1 695 3676 1299.8416 1749.3175 2612 9914 1506.9340 2163.5071 n 750 1000 1250 2000 2250 1500 1750 2500 m/z695.3629 Intens +MS, 0.3-0.5min #(20-28) x104 Mass spectrum of Q10 with 3 FA 8 OH CH<sub>3</sub> CH<sub>3</sub> 0 H<sub>3</sub>C OH H<sub>3</sub>C 6 H<sub>3</sub>C H<sub>3</sub>C `H 10 Η 9 OH Ö Õ ĊH<sub>3</sub> ĊH<sub>3</sub> CH<sub>3</sub> 4 **010 (MW=863.3)** FA (MW=30.03) **Q10- derivant** 1136.9198 2000.5846 1200 8326 2864.2618 1552.1147 1758.2078 11 750 1000 1250 1500 1750 2000 2250 2500 2750 m/z

Fig S14. Q10 (100  $\mu$ M) and FA (400  $\mu$ M) were co-incubated in 100% alcohol solutions for 72 hours at 37 °C, and the mixed solutions were examined by gas chromatography- tandem with mass spectrometry (GC-MS/MS) (#MicrOTOF-Q, Bruker, Germany)



**Fig. S15. The Cys 97 and 100 residues of FDH (PDB: 1MC5) were activated by 630-nm red light, which was analyzed by PyMOL software.** Cys: cysteine. Cys111 (green); Cys103 (purple); Cys97 (dusty blue); Cys100 (yellow).



Fig. S16. Scavenging formaldehyde restored the weights of gastrocnemius and Q10 levels in HU mice. (a) The weight of gastrocnemius of these five groups' mice (n=6). HU: hindlimb unloading; Q10: HU mice intragastrically administered (i.g.) 30-nm coenzyme Q10; RL: HU mice illuminated with 630-nm red light. (b) Muscular Q10 levels detected by Q10 kits (n=6). Error bars show mean  $\pm$  S.E.M; \*p<0.05; \*\*p<0.01; \*\*\*p<0.001.



Fig. S17. The effects of the different treatments on the intracellular Ca<sup>2+</sup>, SSAO and FDH in the muscles and brains of HU mice. (a, b) Changes in the Ca<sup>2+</sup> contents in the muscles and brains. HU: hindlimb unloading. (c, d) Changes in the levels and activities of SSAO in the brains. (e, f) Changes in the levels and activities of FDH in the brains. Q10: HU mice intragastrically administered (i.g.) 30-nm coenzyme Q10; RL: HU mice illuminated with 630-nm red light. (n=6). Error bars show mean  $\pm$  S.E.M; \*p<0.05; \*\*p<0.01; \*\*\*p<0.001.



**Fig. S18. The effects of the different treatments on the death of cerebellar neurons stained by using Nissl staining solutions.** Con: control; HU: hindlimb unloading; RL: Red light; Q10: Nano-coenzyme Q10.



**Fig S19. The model of scavenging HU-derived formaldehyde to rescue motor functions.** FA: formaldehyde (HCHO); FDH: formaldehyde dehydrogenase; FN: fastigial nucleus; HU: hindlimb unloading; SARDH: sarcosine dehydrogenase; SSAO: semicarbazide-sensitive amine oxidase; VL: ventrolateral nucleus of the thalamus;.



Fig S20. Uncropped blot from Figure 4