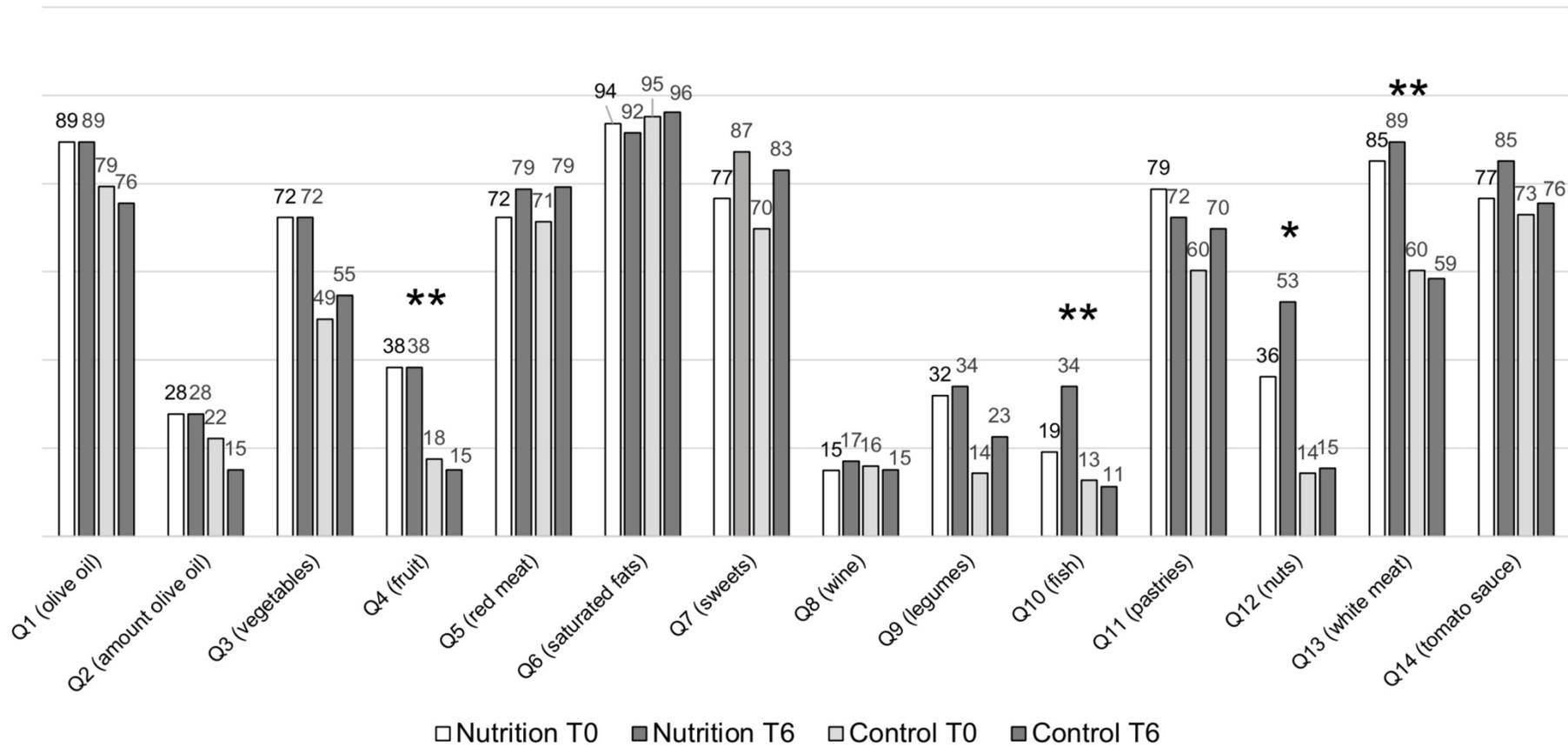


Additional file 4. PREDIMED questionnaire questions results in the nutritional group and control group.



N nutritional group; C control group. Data at T0 and T6. Percentages of answers with score=1 (i.e. good adherence to Mediterranean diet) for each item are reported. Significant differences ($p < 0.05$) between N and C are indicated as * at T0; ** at T6.