Supplemental material

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Supplementary table 4: Overview of medicinal plants used during pregnancy according to safety classification and number of users at JUMC, Ethiopia

Type of medicinal plant used	Safety class*	Number of users (N=319)	Percentage [#]
Linum usitatissimum L. (*Telba*)	Caution	246	77.1
Ocimum lamiifolium L. (*Damakessie*)	Unavailable	40	12.5
Carica papaya L. (*Papaya*)	Caution	35	11.0
Zingiber officinale Roscoe. (*Zingibil*)	Safe	29	9.1
Allium sativum L. (*Nech shinkrut*)	Safe	28	8.8
Trigonella foenum-graecum L. (*Abish*)	Harmful	24	7.5
Nigella sativa L. (*Tikur Azmud*)	Unavailable	21	6.4
Ruta chalepensis L. (*Tenadam*)	Harmful	15	4.7
Eucalyptus globulus Labill. (*Nech-bier zaf*)	Safe	13	4.1
Cinnamomum verum J.Presl (*Qarafa*)	Harmful	4	1.3
Taverniera abyssinica A. Rich. (*Dingetegna*)	Unavailable	3	0.9
Artemisia abyssinica Sch.Bip. ex A.Rich. (*Chikugn*)	Harmful	3	0.9
Croton macrostachyus Hochst. (*Bisena/Misana*)	Harmful	3	0.9
Echinops kebericho Mesfin (*Kebericho*)	Harmful	3	0.9
Hagenia abyssinica (Bruce ex Steud.) J.F.Gmel. (*Kosso*)	Harmful	2	0.6
Vernonia amygdalina Del. (*Grawa*)	Unavailable	2	0.6
Saccharum officinarum L. (*Sugar cane*)	Safe	2	0.6
Brassica nigra (L.) K.Koch (Senafitch)	Unavailable	1	0.3
Zehneria scabra Sond. (*Areg Riesa*)	Unavailable	1	0.3
Artemisia afra Jacq. ex Willd. (*Ariti*)	Harmful	1	0.3
Lepidium sativum L. (*feto*)	Unavailable	1	0.3
Guizotia abyssinica (L.f.) Cass. (*Nug*)	Unavailable	1	0.3
Vicia faba L. (*faba Beans*)	Unavailable	1	0.3
Ananas comosus (L.) Merr. (*Annanas*)	Caution	1	0.3
Phoenix dactylifera L. (*Temir*)	Safe	1	0.3
Pycnostachys abyssinica Fresen. (*Yeroo*)	Unavailable	1	0.3
Bahuu/B'auu (Oromiffa language name)	Unavailable	1	0.3

***Safe**: safe to use in pregnancy; **Caution**: requires cautious to use in pregnancy; **Unavailable**; information on safety to use in pregnancy was not available in the current literature; **Harmful**: potentially harmful to use in pregnancy [Contraindicated]; [#]Total percentage may exceed 100% due to multiple responses