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**Bioengineered phytomolecules-capped silver nanoparticles using *Carissa Carandas* leaf
extract to embed on to urinary catheter to combat UTI pathogens**

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1 **Abstract**

2 Rising incidents of urinary tract infections (UTIs) among catheterized patients is a
3 noteworthy problem in clinic due to their colonization of uropathogens on abiotic surface. Herein,
4 we have examine the surface modification of urinary catheter by embedding with eco-friendly
5 protocol mediated synthesis of phytomolecules capped silver nanoparticles (AgNPs) to prevent the
6 invasion and colonization of pathogens. The preliminary confirmation of AgNPs production in the
7 reaction mixture was witnessed by the change colour and surface resonance plasmon (SRP) band
8 at 410nm by UV–visible spectroscopy. The morphology, size, crystalline nature, and elemental
9 composition of attained AgNPs were further confirmed by the transmission electron microscopy
10 (TEM), selected area electron diffraction (SAED), X-ray diffraction (XRD) technique, Scanning
11 electron microscopy(SEM) and energy dispersive spectroscopy (EDS). The functional groups of
12 AgNPs with stabilization/capped phytochemicals were detected by Fourier-transform infrared
13 spectroscopy (FTIR). Further, antibiofilm activity of synthesized AgNPs against biofilm producers
14 *Staphylococcus aureus*, *Escherichia coli* and *Pseudomonas aeruginosa* were assayed by CFU and
15 micrographic images. AgNPs coated and coating-free catheters performed to treat with bacterial
16 pathogen to analyze the mat formation and disruption of biofilm formation. Synergistic effect of
17 AgNPs with antibiotic reveals that it can enhance the activity of antibiotics, AgNPs coated catheter
18 reveals the potential antimicrobial activity and antibiofilm activity. In summary, *C. carandas* leaf
19 extract mediated synthesized AgNPs will open a new avenue as a promising template to embed on
20 urinary catheter to control clinical pathogens.

21

22 **Key words:** AgNPs, uropathogens, Urethral catheter, Surface modification, Biocompatibility,
23 Synergistic effect.

24

25

26 1. Introduction

27 UTI is broadly defined as an infection of both upper and lower urinary system by
28 asymptotically or symptomatically involves initial adhesion and colonization on the surface of
29 the medical devices (catheter). UTI bacteria implicated are
30 *Staphylococcus* sp., *Streptococcus* sp., *Klebsiella* sp., *Enterococcus* sp., *Proteus* sp., *Pseudomon*
31 *as* sp. and *Escherichia coli* owing to its biofilm assembly capacity [1-3]. Among most UTI cases
32 80% are allied with ingrained urinary catheters [4] and associated UTIs is foremost common
33 infection throughout the world [5]. The colonization of microbial community on medical devices
34 forms a polymicrobial aggregates called “Biofilm”. Self-generated extracellular polymeric matter
35 which adhere the surface of the Hospital acquired devices and leading cause of implant failure. It
36 has been accounted that to control biofilm forming bacteria it need 1500 times higher concentration
37 of antibiotics when compare to planktonic bacteria [6]. The existence of urine in urinary catheters
38 makes an appropriate habitation for urease-positive microbes. The pH of the urine increases due
39 to presence of ammonia that leads to calcium and magnesium phosphate deposition on catheter,
40 which ultimately leads to thorough constriction of the catheter over coating or crystalline biofilms
41 [7]. The UTI bacteria cause serious concerns due to spreading to kidney and cause acute or chronic
42 pyelonephritis [8]. Development of resistant among biofilm producing bacteria against frequent
43 use drug leads to untreatable. A review by [8] Singha et al., 2017 described the several attempts
44 have been made to impregnating antimicrobial coating on catheter with antibiotics, antimicrobial
45 agents (both biocidal and antifouling), antimicrobial peptides, bacteriophages, enzymes, nitric
46 oxide, Polyzwitterions, Polymeric Coating Modifications, Liposomes. These coating have shown
47 good antimicrobial activity *in vitro*, however a few drawbacks are shortlisted including resistance
48 development. Provoked by this defeat, it is significant to develop a promising alternate to

49 antibiotics as silver nanoparticles from phytochemicals as an antimicrobial nanomaterial to inhibit
50 catheter associate UTI infection.

51 Among the inorganic nanoparticles Silver nanoparticles (AgNPs) considered to be a much
52 more attention in scientific field due to their functional veracity [9]. Production of nanomaterial
53 through physical and chemical approaches leads to adverse effect in environment due to adsorption
54 of toxic substance as a reducing agent. The system of phytochemical mediated synthesis of
55 nanomaterial is promising eco-friendly, non-toxic, cheap substrate, easy available, convenient and
56 quick process to fabricate antimicrobial nanomaterial[10, 11]. *C. carandas* belongs to the species
57 of flowering shrub in dogbane family, Apocyanaceae. *Carissa carandas* spread widely throughout
58 the tropical and subtropical region of India. The plant possessing phytochemical constituents are
59 highly imparted to medicinal properties[12].

60 In this research acquisition, leaves of *C. carandas* were used to yield AgNPs and
61 production was optimized by altering different parameters like pH, *C. carandas* leaf extract, metal
62 ion, and production time. Characterization of synthesized AgNPs was done by UV Vis
63 spectrophotometry, TEM, XRD, and EDS. The effect *C. carandas* leaf extract mediated
64 synthesized AgNPs was investigated for antimicrobial activity and embedded on catheter to
65 investigate the property as antimicrobial nanomaterial to inhibit catheter associate UTI infection.

66 2. Materials and Method

67 2.1 Chemicals and Biological materials

68 Fresh leaves of *C. carandas* were collected from Periyakulam, Theni District, Tamilnadu,
69 India (10.1239° N, 77.5475° E) and washed thoroughly to remove the dust. Silver nitrate (AgNO₃),
70 Muller Hinton Agar (MHA), Luria Bertani broth (LB), tryptic soya broth (TS) was acquired from
71 Hi-media and used to assess antibacterial, antibiofilm assays.

72 2.2 Extract preparation

73 Cleaned *C. carandas* leaves were subjected to air dry and quantified the weight of 100
74 grams. Dried leaves were soaked with 300 mL of Millipore water and allowed to boil for 1 h at
75 80°C to avail **dikashan** of leaf extract which was percolated through Whatmann no.1 filter paper
76 and stored at 4 °C for future use.

77 **2.3 Synthesis and optimization of AgNPs production**

78 The AgNPs synthesis **protocol as follows**: appropriate amount of filtered *C. carandas* leaf
79 extracts and 1.25mM of aqueous silver nitrate solution (AgNO₃) in the ratio of 1:9 **and** incubated at
80 ambient temperature **in** under dark condition. Initial AgNPs production was confirm by visual color
81 change from light yellow to dark brown color and **scanning the wavelength of the reaction mixture by**
82 **UV-Visible Spectrophotometer** (Shimadzu UV 1800, Japan) in wavelength ranges of 200-600 nm. To
83 achieve large scale production of AgNPs **mostly optimization protocol must be followed by varying**
84 **the production parameters** like pH 2, 3, 4, 5, 6, 7, 8, 9, 10; Substrate (extract) concentration 0.1, 0.5,
85 **0.75, 1, 1.25, 1.5, 1.75**; Ag⁺ ion 0.25, 0.5, 0.75, 1, 1.25, 1.5, 1.75, 2, 2.25, 2.5mM; and production time
86 **0, 5, 10, 15, 20, 25, 30** and measured using UV-Visible Spectrophotometer. With the optimized
87 parameters the optimum production was set for the large-scale production. The **eterogeneous** mixture
88 was centrifuged at 12000 rpm for 20 min followed by collection of pellets; washed with methanol:
89 water ratio at 6:4 and lyophilized to obtain nanoparticles powder.

90 **2.4 Characterization of Nanoparticles:**

91 XRD (X-ray diffraction) **measurement** of silver nanoparticles was recorded by P analytical
92 X' Pert PRO powder which was operated at a voltage of 40kV with the current of 30 mA using
93 Cu-K α radiation of wavelength 115406 Å in the 2 θ range of 20°- 80° to obtain the crystalline
94 structure of the AgNPs. Involvement of functional group in synthesis of nanoparticles and capping
95 material was monitored by **The** FTIR (Fourier Transform Infrared spectrophotometer) **was**
96 performed to analyze the presence of functional groups of AgNPs and capping phytochemicals

97 using attenuated total reflectance (ATR) mode (Nicolet iS5, Thermo Fisher Scientific Inc.,
98 Marietta, GA, USA). EDX (Energy dispersive X-ray) analysis was performed to **analysis** the
99 elemental composition (Tescan VEGA 3SBH with Bruker easy). HR-TEM (High resolution
100 Transmission Electron microscope) and SAED (selected area Electron Diffraction) pattern were
101 analyzed (JEOL-2100+, Japan) to examine the size, crystalline structure and surface morphology
102 of AgNPs.

103 **2.5 *Anti-Bacterial activity***

104 ***Escherichia coli* AMB4 (MK788230), *Pseudomonas aeruginosa* AMB5 (clinical sample),**
105 ***Staphylococcus aureus* AMB6 (Clinical sample) was maintained by Department of Microbiology,**
106 **Alagappa University, Science campus, Karaikudi, India.**

107 **2.6 *Agar well diffusion assay***

108 Each test bacterial strain of 0.5 McFarland standards [13] was swapped on MHA plates
109 using a sterile swab and well of 8mm width were formed using sterile a well borer under aseptic
110 condition. Different concentrations of **AgNPs 25, 50, 75, 100, 125µg/mL**, crude leaf extract **(20µl)**,
111 **AgNO₃ solution (20µl)**, DMSO as a solvent negative control **(20µl)**, and ciprofloxacin **(20µl)** as
112 positive control for assessment were loaded consequently in the agar wells made in MHA plate
113 and incubated at 37°C for 24 h. After incubation, zone of inhibition (ZoI) were measured to the
114 nearest millimeter from end of the well to end of the zone.

115 **2.7 *Minimum Inhibitory (MIC) and Minimum Bactericidal Concentration (MBC)***

116 The MIC and MBC was performed to evaluate the efficiency of obtained AgNPs to inhibit
117 bacterial pathogens and protocol was followed according to the guidance of CLSI. MIC was
118 performed by 96 microtiter well plate by broth micro dilution method. 10⁶CFU/mL concentration
119 of bacterial inoculum (10µl) was inoculated with different concentrations of AgNPs **(20, 40, 60,**
120 **80, 100, 120, 140, and 160µL and** incubated at 37 °C for 24 h. After incubation well plates were

121 recorded by ELISA reader at 590nm to assess its optical density value. MIC was analyzed to
122 determine the efficacy of appropriate concentration of AgNPs required inhibiting the bacterial
123 growth. After incubation the titer plates were agitated gently for 10 min and the broth in the well
124 were plated on MHA plate to find the percent MBC. After 24 h incubation the plates were observed
125 for the CFU.

126 ***2.8 Qualitative assay for biofilm formation***

127 Qualitative assessment of the pathogens biofilm potential was adopted by test tube method
128 was performed according to [7] Doll et al., 2016. Briefly, Tryptic soy broth was inoculated with
129 loopfull of midlog phase pathogen and incubated at 37 °C for 24 h. Uninoculated broth was
130 considered as a control. After 24 h incubation the broth was removed and the test tubes were
131 washed with sterile Phosphate buffered saline (PBS) of pH of 7.4. The test tubes were dried and
132 stained with 0.1% crystal violet for 10 min. Surfeit dye was removed by using sterile distilled
133 water visible formation stained film at the base of the tube indicate the biofilm formation[14].

134 ***2.9 Quantitative assay for biofilm formation***

135 Development of static biofilm formation was confirmed by Quantitative assay by microtiter
136 plate method. Mid-log phase culture was diluted ten times using sterile media. The culture was
137 transferred to microtiter plate. The plates were incubated at 37 °C for 16h. After incubation,
138 planktonic cells were removed using PBS (7.2) and dried subsequently the plates were stained by
139 125µL of 0.1 % CV solution. Dye in the well surface was eliminated using 200µL of 30% glacial
140 acetic acid, the contents were mixed. The retained contents were transferred to sterile well plate
141 and this setup was read at 590nm. The test organisms were classified as weakly, moderately
142 adherent, non-adherent and strongly adherent bacteria based on the criteria ($OD < OD_c =$ Non
143 adherent, $OD_c < OD < 2 \times OD_c =$ weakly adherent, $2 \times OD_c < OD < 4 \times OD_c =$ moderately adherent, 4
144 $\times OD_c < OD =$ strongly adherent where $OD_c =$ average OD of negative control [15].

145 **2.10 Coating of AgNPs in Urinary catheter**

146 Urinary Catheter was segmented to 1×1cm. Catheter pieces were entirely dipped in
147 synthesized AgNPs suspension with 30 $\mu\text{g/ml}$ concentration for 24 h. Excess of suspension was
148 removed by blotting and dried at 50°C [16].

149 **2.11 Biofilm Inhibition assay**

150 Conical flask containing 25mL of sterile **tryptic** soy broth inoculated with 100 μl of mid-
151 log phase pathogenic culture. Two sterile catheters were introduced into the medium using sterile
152 forceps. Different concentration of synthesized AgNPs was added to sterile catheter (20 μl , 40 μl ,
153 80 μl , 120 μl , 160 μl). Later, this setup was subjected to incubation for 24h at 37 °C. Sterile broth
154 was maintained as negative control. Biofilm control was maintained with pathogen in the growth
155 medium. After incubation, the catheters were removed from broth and transferred into sterile PBS
156 phosphate buffered saline to get rid of planktonic cells and then the catheter was stained with 0.1%
157 crystal violet (CV) for 10 min. The catheters were dried and observed under compound
158 microscope.

159 Staining solutions were made out by mixing 0.05mL of stock solution of 1% Acridine
160 orange with 5mL of acetate buffer 0.2M (pH4). Sterile catheter was placed with AgNPs treated
161 and untreated bacterial pathogen and allowed to dried at 50°C, the **cultures** were fixed with absolute
162 methanol and stained with Acridine orange for 1 min, rinsed with distilled water and dried. The
163 catheters were observed for fluorescence microscope[17]. The **adherence of** biofilm can be
164 observed on the surface of the catheter [18].

165 Biofilm was studied by **Quantitative** assessment using microtiter well plate method. 50 μl
166 of TSB diluted with 10 μl of mid-log phase culture was added to the wells. **Different concentration**
167 **of AgNPs** was added to the respective wells. DMSO acts as a solvent control. The well plates were

168 incubated for 24h at 37 °C [3]. Afterwards the plates were subjected to read the OD value at 590nm
169 using micro titer plate reader. Conducted experiments were done in triplicate

170 The inhibition percentage was calculated by the formula

$$171 \frac{Ab_c - Ab_l}{Ab_c} \times 100$$

172 **2.12 Effect of coating AgNPs on catheter**

173 Effect of synthesized AgNPs on catheter after coating was proved using antimicrobial
174 assay. Uropathogens were inoculated on the surface of MHA plates. Coated and uncoated catheter
175 was situated on agar and allowed to incubate at 37 °C for 24 h and zone of inhibition were observed
176 [19].

177 **2.13 SEM analysis**

178 Coated and uncoated catheter pieces were introduced into Tryptic soy broth which is
179 inoculated with bacterial pathogen, aseptically for 48 h at 37 °C. To analyze SEM, catheter were
180 fixed with 2.5% of Glutaraldehyde in 0.1M sodium phosphate buffer for 3 hours and washed with
181 0.1M sodium phosphate buffer. Then sample allow to dehydrate through series of ethanol: 30%,
182 50%, 80% for 10 min [20, 21].

183 **2.14 Synergistic effect of silver nanoparticles with commercial antibiotics**

184 Synergistic effect of silver nanoparticles with commercial antibiotics for uropathogens was
185 done by disk diffusion method. Synthesized AgNPs were impregnated with commercial disk
186 (Ciprofloxacin -50mcg, Trimethoprim – 30 mcg, Gentamycin – 30 mcg) in the concentration of
187 20µg/mL and allow to air dry. MHA plates were prepared and inoculated with overnight bacterial
188 culture in the turbidity of 0.5% of McFarland standard. Control plates were swabbed with culture
189 and placed with commercial disks. AgNPs impregnated disks were kept on MHA agar plate
190 aseptically. The plates were incubated at 37 °C for 24 h and measure the zone of inhibition[20].

191 **3. Result**

192 **3.1 Production optimization**

193 For the preliminary confirmation of AgNPs production in the reaction mixture through
194 green process was visual as color change, next to that surface plasmon resonance (SPR) using UV–
195 visible spectroscopy as a tremendous tool. An intense peak at 410nm was identified by UV–visible
196 absorption spectra confirms the formation of colloidal AgNPs. Optimum reduction of Ag⁺ by *C.*
197 *carandas* leaf extract to attain maximum AgNPs production are succeeded by changing the pH,
198 extract concentration, silver ion concentration, and production time and the wavelength were
199 revealed in Fig. 1 (a,b,c and d). The optimum AgNPs production was found in pH 7 (Fig. 1 (a)),
200 the AgNPs production was increase when pH increases and then decrease. The lower pH resulted
201 in the production of larger AgNPs and the particles gets aggregates, which results disappearance of
202 the broadening of the peak and red shift [22] Fig. 1 shows the UV–vis spectra of
203 the AgNPs production on 1.25mL of *C. carandas* leaf extract concentrations gave a plasmon
204 resonance band at 410 nm. However, when increasing the extract concentration to 2mL the
205 λ_{\max} peak get fluctuate. The minor differences in λ_{\max} values indicate variations in particle size due
206 to varying concentration of *C. carandas* leaf extract. There is no interesting color development or
207 λ_{\max} peak in control *C. carandas* leaf extract or Ag⁺. The AgNPs obtained on changing the
208 AgNO₃ concentrations from 0.5 mM to 2.5mM in 1.2mL *C. carandas* leaf extract ensued that
209 concentration of Ag⁺ increased, λ_{\max} peak became distinct and color intensity increased in reaction
210 mixture. Longer wavelength λ_{\max} peak are broad with an absorption tail when concentration of
211 Ag⁺ increases which shown augmentation in size of the particles and color intensity also increase.
212 The optimum Ag⁺ was set at 1.25 mM for the supplementary study and reaction were accepted out
213 under the above stated condition. The AgNPs production using aqueous leaf extracts of *C.*
214 *carandas* at different time intravel was studied by measuring λ_{\max} . The absorption peaks were
215 recorded by aliquots removed for analysis at 0min, 5min, 10 min, 5min, 15 min, 20 min, 25min,

216 and 30 min (Fig. 1(d)). Hence, it is observed from the spectra that the AgNPs SPR peak occurs at
217 410 nm at 20 min with high absorbance, which is very specific for AgNPs.

218 3.2 **Characterization**

219 3.2.1 **XRD**

220 XRD pattern was evaluated to resolve width, peak position and peak intensity peaks in 2θ spectrum
221 ranging from 20° to 80° as depicted in Fig. 2 (a). Characteristic peaks at 38.01, 44.13, 64.46, 77.40;
222 Bragg reflections corresponding to 111, 200, 220 and 311 lattice plans of FCC structure (JCPDS
223 File No. 04-0783) of AgNPs were observed. This pattern shows the crystalline structure of AgNPs,
224 size of AgNPs was calculated by full width at half-maximum (FWHM) data was used with the
225 Scherr's formula $D = \frac{k\lambda}{\beta \cos\theta}$ was estimated to be 25.4 nm. Where k = constant, λ = X-ray
226 wavelength, β = angular FWHM, θ = Bragg's diffraction angle and D = crystalline size of diffraction
227 angle θ .

228 3.2.2 **FTIR**

229 The FTIR spectrum of AgNPs shows major absorption band around 440.02, 479.57,
230 548.00, 1104.68, 1383.22, 1443.38, 1621.55, 2921.60, 3419.99 cm^{-1} and the crude *C. carandas* leaf
231 extract shows absorption spectra on 780.44, 1105.57, 1315.55, 1386.44, 1443.56, 1617.79,
232 2922.97, 3421.32 cm^{-1} depicted in Fig. 2 (b). The peak on 440.02 was due to aryl disulphide
233 stretches, 479.57 cm^{-1} was due to polysulphide stretches 548 due to C-I stretches and 1104.68 and
234 1105.57 were -C-O- stretching vibration of ether 1443.38 and 1443.56 cm^{-1} were -C=C- aromatic
235 structures. 1621.55 and 1617.79 were the -C=C- alkene group. Peaks 2921.60, and 2922.97 cm^{-1}
236 were -CH₃ group and the band on 3419.99 and 3421.32 cm^{-1} were the normal polymeric stretch
237 of hydroxyl (OH) group. The absorption band is due to the vibration effect of the alkaloids,
238 terpenoids and flavonoids present in the plant extract and the plays crucial role in capping and

239 stabilization of AgNPs. The band shift of hydroxyl group in the FTIR spectra confirmed the
240 binding of Ag⁺ to the OH group.

241 **3.2.3 EDS**

242 Presence of silver element in synthesized AgNPs was confirmed by Energy Dispersive
243 analysis (Fig. 2 (c)). Metallic AgNPs shows a typical optical absorption peak at 3KeV. Peaks of
244 silver element were obtained at 3keV from the particle of *C. carandas* leaf mediated obtained
245 AgNPs. Few weaker peaks were observed which corresponding to O and C also found.

246 **3.2.4 HR-TEM**

247 High resolution Transmission electron microscope determined the morphology, shape and
248 size of bio fabricated AgNPs as shown in the Fig. 2 (d). TEM micrograph shows that particles are
249 monodispersed and found to be spherical with the average diameter of approximately 14nm. SAED
250 pattern shows single particles in agglomeration. This pattern revealed the circular fringes of Face
251 centered cubic structure of silver was depicted in Fig. 2 (e).

252 **3.3 Agar well diffusion assay**

253 Antibacterial activity of synthesized AgNPs was evaluated against Gram positive and
254 Gram negative uropathogens such as *S. aureus*, *E. coli* and *P. aeruginosa*. The clear zone was
255 gradually increased based on the dose dependent manner as shown in the Table 1. The well
256 diffusion assay also performed for comparative study of crude extract, AgNO₃ solution, Standard
257 antibiotic Ciprofloxacin (50µg/mL), AgNPs, DMSO as a solvent as shown in Fig. 3 and these
258 results were depicted in the Table 1.

259 **3.4 MIC and MBC**

260 MIC and MBC are performed to identify the lowest concentration of the compound. The
261 results of MIC and MBC of AgNPs against uropathogens were depicted on Fig. 4. The synthesized
262 AgNPs shows activity against uropathogens. The value of MIC and MBC of *S. aureus* was

263 40mg/mL, *E.coli* was 60mg/mL and for *P. aeruginosa* value was 40mg/ml. MBC results against
264 uropathogens shows bactericidal activity of AgNPs.

265 **3.5 Bacterial biofilm potential**

266 In our study, the biofilm forming ability was verified by test tube method. The test tube
267 base contains the adhered layer of uropathogens. *P. aeruginosa* forms a strong biofilm mat than
268 other organism. The biofilms were analyzed quantitatively to check the potential biofilm formers,
269 *P. aeruginosa* shows $OD_C (0.1784) < OD (3.045)$ however *S. aureus* also produce strongly
270 adherent biofilm layer $OD_C (0.1784) < OD (3.1074)$, *E. coli* shows an $OD_C (0.1784) < OD (3.012)$
271 confirms that it is a strong biofilm formers.

272 **3.6 Biofilm Inhibition**

273 Synthesized AgNPs exposed the anti-biofilm activity against the uropathogens.
274 Uropathogens adhered to the catheter which is treated with different concentration of AgNPs
275 subjected to microscopic analysis. Under microscopic observation tightly adhered cells are
276 gradually dispersed depends upon the concentration of NPs compare with control which shows the
277 adhered mat formation as shown in Fig. 5. Viability and disruption of biofilm mat after AgNPs
278 treatment analyzed by fluorescence microscopy shows that abruption of biofilm on coated
279 catheters as shown in Fig. 6 and dense biofilm mat on uncoated one using acridine orange staining
280 method. In quantitative assay, highest concentration of NPs shows the highest level of inhibition.
281 The inhibition of *Pseudomonas aeruginosa* $85.8 \pm 1.450\%$ was slightly higher than the *S. aureus*
282 $82.8 \pm 1.83\%$ whereas the reduction of *E.coli* $71.4 \pm 1.25\%$. Percentage oh inhibition was
283 calculated and shown in Fig. 7.

284 **3.7 Coating of AgNPs in Urinary catheter**

285 Evaluations of anti-biofilm potential of uropathogens were tested by the embedding of
286 urinary catheters with or without AgNPs as a comparison to uncoated catheter as shown in Fig. 8.

287 The 30 μ g/mL of AgNPs coated catheter exhibits anti-biofilm activity with the value of 18 \pm 0.4,
288 21 \pm 0.3, and 23 \pm 0.1 for *S. aureus*, *E.coli*, and *P. aeruginosa*, respectively. The characterization of
289 biofilm formation by both light and fluorescence microscopic analysis revealed the dense mat
290 formation on untreated and disruption of biofilm in the treated catheter. Urinary catheter
291 impregnated with AgNPs shows ZOI against uropathogens whereas uncoated shows no zone of
292 inhibition (Table 2).

293 3.8 SEM

294 SEM analysis was performed on coated and uncoated catheters that had been treated and untreated
295 with biofilm former. The uncoated with bacterial treated catheter shows dense biofilm formation.
296 Coated that had been treated, catheters shows disruption of biofilm mat. Incorporation of
297 synthesized AgNPs with biomedical devices provide better compatibility depicted in Fig.9

298 3.9 Synergistic effect of AgNPs with commercial antibiotic

299 This method was performed to increase the efficacy of the antibiotic with combined effect
300 of NPs using disk diffusion method. Zone of inhibition of commercial antibiotic and synthesized
301 AgNPs are depicted in Table 3.

302 3.10 Mechanism of antibacterial and antibiofilm of AgNPs

303 According to this study, AgNPs has tremendous advantages over inhibiting or destroying
304 multiple drug-resistant strains acting as potential antibacterial and on arresting biofilm formation
305 [23]. While the antibacterial and antibiofilm mechanisms of AgNPs have been discussed widely,
306 however the exact mechanism of AgNPs is still under indefinite and the finding limited upon ion
307 mediated and contact inhibition. In this study, precise antibacterial (Fig. 10) and antibiofilm (Fig.
308 11) mechanism of AgNPs was discussed as proposed.

309 4. Discussions

310 Uropathogens are the major cause of UTI with their biofilm formation. These uropathogens
311 are notorious and perpetuating. They become combat against wide range of antibiotics and
312 environmental stress such host immune response. They are difficult to treat and eradicate[24]. The
313 major toughness of biofilm is its architecture EPS, quorum sensing (QS) activity. The over
314 production of EPS leads to resistant against antibiotic and another crucial factor is QS
315 (construction of wild type architecture) it increase the stability against oxidative and osmotic
316 stresses of biocide [25] Milan et al.[26] states that nosocomial acquired UTI shows high level of
317 resistant than community acquired UTI show the patient indwelling catheters shows high risk of
318 UTI. Due to its biocompatibility and backdrop of antimicrobial resistant create the thirst of seeking
319 naive therapeutic despite of antibiotic[27]. The plant derived drug compiled with nanotechnology
320 wrap out resistant against Uropathogens. In this present study, *C. carandas* leaf was subjected to
321 nanoparticle synthesis with potent antibacterial and antibiofilm prospective. The choice of green
322 synthesis of NPs was due to their capping capability and stability. Biosynthesized NPs are facile;
323 cost of effective, fast, non-toxic, possessing well defined morphology and uniformity in size [28].
324 The enhancement of the functional group due to their binding of Ag^+ leads to efficient
325 antimicrobial activity. Fig.1 (a-d) demonstrates the absorption spectra of SPR for the optimization
326 of AgNPs synthesis under distinct parameters viz. pH, crude concentration, Ag^+ and incubation
327 time. These results provide for evaluating the reaction parameter and optimized conditions for NPs
328 synthesis [29] Ibrahim [30] stated that, reaction mixture color and SPR intensity which are pH
329 dependent. In our study, acidic and alkaline pH doesn't increase the SPR intensity which provides
330 the unfavorable condition. The neutral pH typically increased the intensity and provide favorable
331 environment. Crude concentration is noteworthy due to their phytochemical stabilizing agents. The
332 raising of absorption band was noticed in in 1.25ml of extract concentration. Whereas the addition
333 of higher crude concentration lead to decreased absorbance peak [31]. The absorption peaks were

334 gradually increased with the increased metal concentration which may be attributed by
335 longitudinal vibrations [32]. Plenteous production of AgNPs was attained by these providing the
336 optimized reaction parameter. The color change of the heterogeneous reaction mixture observed
337 at 410nm due to their electron excitation similar observation [33]. The FTIR analysis speaks the
338 stretch band and bond of AgNPs, the presence of potential biomolecules with Ag attachment leads
339 stabilization and capping[3, 13]. Due to their surface adhered potential biomolecules, green
340 mediated AgNPs shows the higher anti-bacterial and anti-biofilm activity [34]. The size and shape
341 of AgNPs plays a major role in bactericidal activity [35]. XRD analysis revealed the crystalline
342 nature of AgNPs presence of silver confirmed by peak determination. These XRD patterns
343 reported in earlier studies saratale et al. [36] was accordance with our results. EDX profile
344 outcomes exhibits the strong signal for silver approximately at 3KeV due to the SPR which is
345 identical to Ramar et al. [37] and Magudapathy et al. [38]for the production of leaf extract mediated
346 synthesis AgNPs. The structure and size of NPs were concluded as spherical and uniformity in
347 size was confirmed by HR-TEM analysis. To authenticate the crystalline nature of AgNPs by
348 SAED pattern as per the bright circular ring for the Fcc indicates the AgNPs. During recent years,
349 undesirable consequence effect of catheter related UTI infections lead to the increased mortality
350 [39]. Application of AgNPs shows the efficient activity against antimicrobial and that are
351 justifiable tool for evading indwelling catheter related infections. Medically implantable devices
352 coated with AgNPs which are requisite factor for evading the bacterial adherence and
353 agglomeration of biofilm[40] in this investigation reported that, *E. coli* (71.4%), *S. aureus*
354 (82.8%), *P. aeruginosa* (85.8%) theses nosocomial clinical pathogens are prevalence in formation
355 of biofilm. Thesis results were similar to Sharma et al.[41] and Kamarudheen and Rao [42]. The
356 AgNPs embedded catheter shows antimicrobial activity against uropathogens which may due to
357 their size and inhibition capacity that makes the drug resistant uropathogens susceptible [43]. The

358 coating of AgNPs with commercial catheter (Foley Balloon catheter) creates the efficiency against
359 the UTI. AgNPs shows interaction with bacterial membrane, protein intracellular proteins, and
360 phosphate residues in DNA and to interfere with the cell division leads to cell death[44]. And also
361 it cause oxidative damage leads to protection of reactive oxygen species (ROS) that is free
362 radicals[45]. The AgNPs reduces the encrustation of obstinate biofilm and ruptures and
363 disintegrate the biofilm mat and shows bactericidal activity against Uropathogens. The coated
364 catheter shows antibacterial, anti-EPS and anti-quorum sensing activity of uropathogens and end
365 up the pathogens into avirulent and disrupt the architecture [46]. Fluorescent microscopy shows
366 the biofilm aggregation in uncoated catheter whereas biofilm destruction in coated catheter both
367 is treated by respective biofilm former organism. Differentiation of live and dead cells was
368 exhibited by fluorescents with intercalation of Acridine orange[47]. They are responsible for the
369 anti-cancer, anti-oxidant, anti-microbial activity. The *In vitro* studies show efficient result against
370 Uropathogens by using coated catheters. Scanning Electron Microscopy was employed to identify
371 the biofilm formation and destruction in surface modified and unmodified catheters using AgNPs
372 exposed with uropathogens. Biofilm formation and disruption employed with Scanning Electron
373 Microscopy using surface modified with AgNPs and unmodified catheters treated with
374 uropathogens.

375 The AgNPs have tremendous advantage for biological applications over the bulk metal
376 owing to it size that enables the NPs to facilitate to anchor in to the micro cell (bacteria)
377 components [48]. The anchored AgNPs cause physical damage to the cell components leads to
378 killing of bacteria (Fig. 10). There is a phenomenon that the effect of AgNPs on Gram positive
379 bacteria is less than gram negative bacteria due to the composition of cell wall components and
380 AgNPs charges [49]. The charges in the cell can facilitate the attraction of AgNPs for attachment
381 on to the cell membrane [50]. The killing of bacteria directed through several phenomenon like

382 penetration of AgNPs in to membrane, surface area in contact, reach cytoplasm, ribosomes,
383 interaction with cellular structures and biomolecules by several process[23]. Moreover, production
384 free radical and high levels of reactive oxygen species (ROS) are also a precise mechanism of
385 AgNPs to inhibit bacterial by apoptosis and DNA damage [51].

386 The solid surface provides a strong anchoring habitation for bacteria to form biofilm,
387 similarly biofilm is formed on the surface of implant device, which protect the bacteria from
388 antibiotic action and cause several infections[52]. Earlier, several reports on antibiofilm activity
389 of AgNPs against several bacteria was reported[49] [53, 54], among all AgNPs interaction with
390 *Pseudomonas putida* resulted as an innovative finding to arrest biofilm[49, 53, 54]. Additionally,
391 functionalized, immobilized and surface modified AgNPs embedded on surface of implants are
392 inhibiting bacterial adhesion and *icaAD* transcription in implants[49]. Hence, overall mechanism
393 proposed that phytochemical mediated synthesized AgNPs will open a new avenue to use as
394 antibacterial and antibiofilm candidate after embedding in to implants.

395 5. Conclusion

396 In this work, a methodical procedure was intended to interpret the augmented antibacterial
397 and antibiofilm effects of AgNPs as antibiotic with appropriate control. Subsequently, AgNPs was
398 synthesized using an ecofriendly, approach using cheap, easily available substrate supernatant
399 of *C. carandas* leaf extract. Synthesized AgNPs were then characterized using several instrumental
400 techniques and found that obtained AgNPs were with multiple morphology in size between
401 5~10 nm. Additionally, the antibacterial activity of the selected antibiotics was increased in the
402 presence of AgNPs against test strains. The *in vitro* study of coated catheters shows efficient anti-
403 biofilm and antibacterial efficacy. These results might afford a probable mechanism for the
404 synergistic or augmented effects of antibiotics and AgNPs. The biomaterial coating acts as a

405 preventive shield against uropathogens and it is long lasting, feasible technique and it act as
406 promising treatment for UTI and nosocomial infections.

407 **Conflicts of interest**

408 The authors have no conflicts of interest to declare. All co-authors have seen and agree with the
409 contents of the manuscript and there is no financial interest to report.

410 **Authors Contributions**

411 PV came up with the idea and participated in the design, preparation of AgNPs, and writing of the
412 manuscript. HBHR performed the characterization of nanoparticles. RD participated in culturing,
413 antibacterial activity, anti-biofilm activity, and other biochemical assays. TS, SM and RP
414 participated in the coordination of this study. All authors read and approved the final manuscript.

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418

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568

569 **Figure legends**

570 **Figure 1.** UV – vis spectra of Aqueous AgNO₃ with *Carissa carandas* leaf extract at different pH
571 with different substrate concentration and Different Ag⁺ concentration at different time intervals.

572 **Figure 2.** (a). XRD patters of AgNPs synthesized from *Carissa carandas*, (b) FTIR spectra of
573 *Carissa carandas* and AgNPs, (c) EDS analysis of AgNPs demonstrating the characteristic peaks,
574 (d) TEM microscopic images of AgNPs,(e) SAED pattern of synthesized AgNPs.

575 **Figure 3.** Zone of Inhibition observed (mm) with different concentration of AgNPs and compared
576 with Crude extract, DMSO, Commercial ab. AgNO₃ solution with AgNPs.

577 **Figure 4.** Minimum inhibitory concentration (MIC) of synthesized AgNPs

578 **Figure 5.** Light microscopic image of treated and untreated bacterial pathogens (a,c,e) shows
579 untreated biofilm formed by *Escherichia coli* AMB4, *Pseudomonas aeruginosa* AMB5,
580 *Staphylococcus aureus* AMB6, (b,d,f) shows synthesized AgNPs treated biofilm formed on
581 catheter by the pathogens

582 **Figure 6.** Fluorescence microscopic image of treated and untreated bacterial pathogens (a,c,e)
583 shows untreated biofilm formed by *Escherichia coli* AMB4, *Pseudomonas aeruginosa* AMB5,
584 *Staphylococcus aureus* AMB6, (b,d,f) shows synthesized AgNPs treated biofilm formed on
585 catheter by the test pathogens

586 **Figure 7.** Biofilm Inhibition Percentage of pathogens by synthesized AgNPs

587 **Figure 8.** Coated and uncoated catheter by synthesized AgNPs.

588 **Figure 9.** SEM images of the catheter with and without the synthesized AgNPs A) Uncoated; B)
589 AgNPs coated; C) Uncoated treated; D) Coated treated.

590 **Figure 10.** Proposed mechanism of Antibacterial activity of *Carissa carandas* mediated synthesis
591 of AgNPs.

592 **Figure 11.** Proposed biofilm mechanism of *Carissa carandas* mediated synthesized AgNPs

593

594

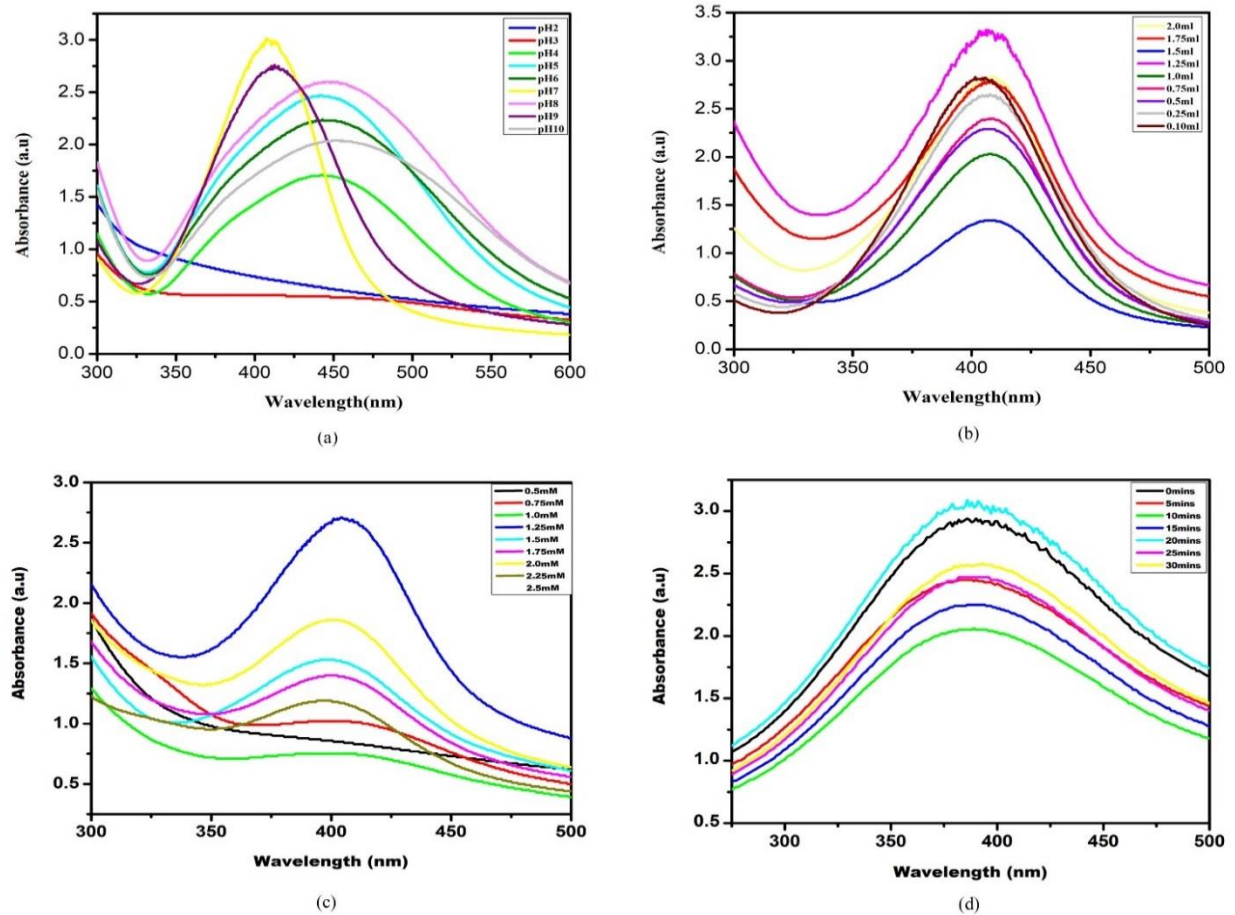


Figure.1. UV – vis spectra of Aqueous AgNO₃ with *Carissa carandas* leaf extract at (a)different pH with (b) different substrate concentration and (c) different Ag⁺ concentration at (d) different time intervals.

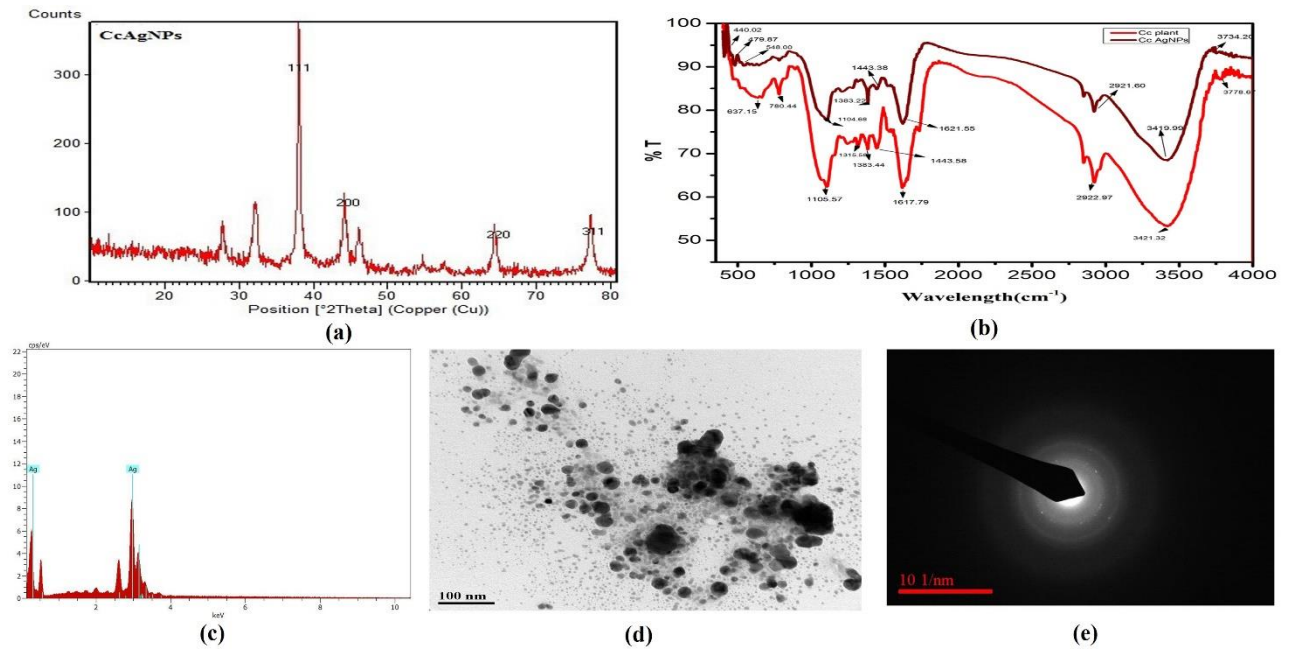


Figure 2. (a). XRD patterns of AgNPs synthesized from *Carissa carandas*, (b) FTIR spectra of *Carissa carandas* and AgNPs, (c) EDS analysis of AgNPs demonstrating the characteristic peaks, (d) TEM microscopic images of AgNPs, (e) SAED pattern of synthesized AgNPs.

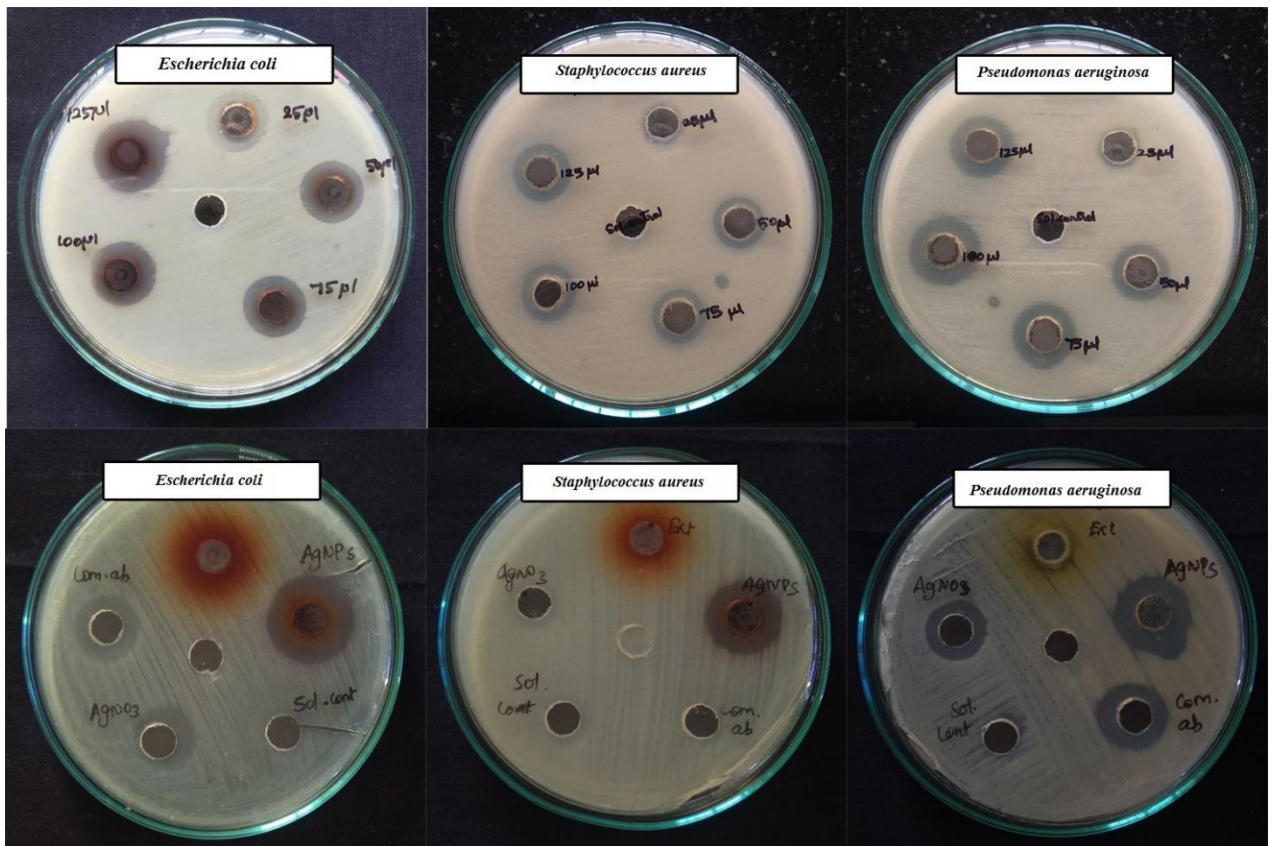


Figure 3. Zone of Inhibition observed (mm) with different concentration of AgNPs and compared with Crude extract, DMSO, Commercial ab. AgNO₃ solution with AgNPs.

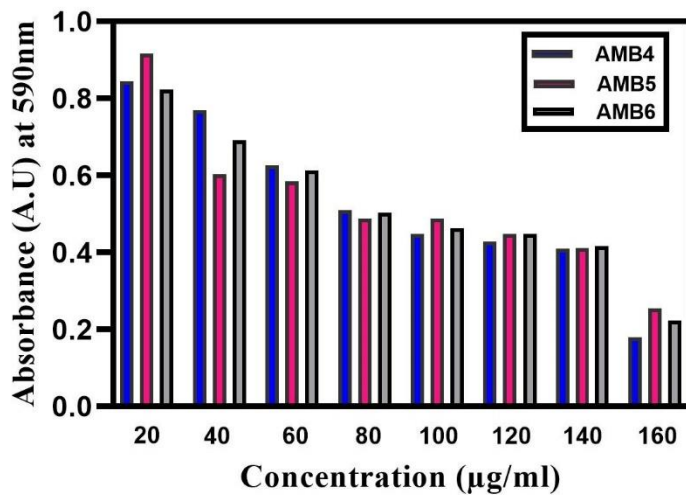


Figure 4. Minimum inhibitory concentration (MIC) of synthesized AgNPs

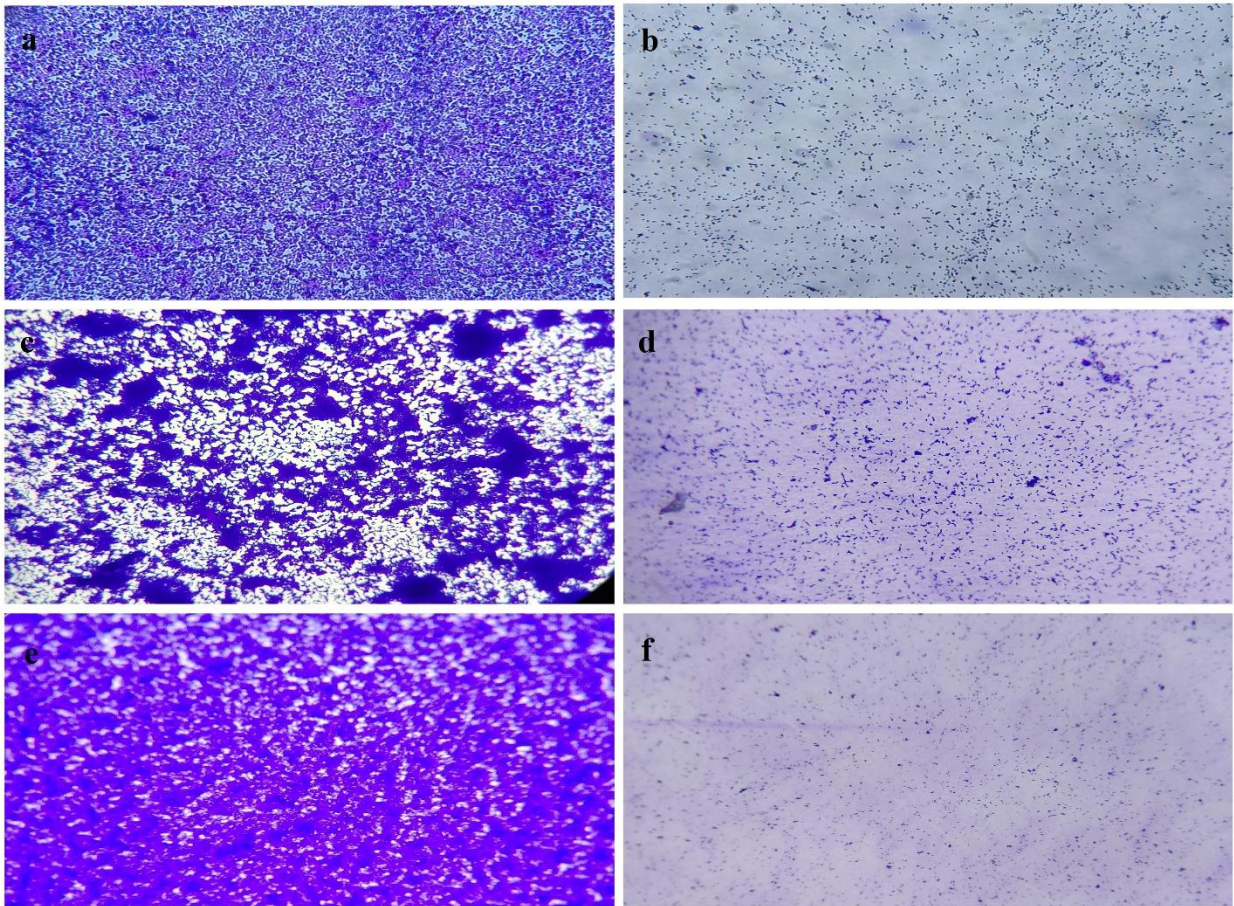


Figure 5. **Light microscopic image of treated and untreated bacterial pathogens (a,c,e)** shows untreated biofilm formed by *Escherichia coli* AMB4, *Pseudomonas aeruginosa* AMB5, *Staphylococcus aureus* AMB6, (b,d,f) shows synthesized AgNPs treated biofilm formed on catheter by the pathogens

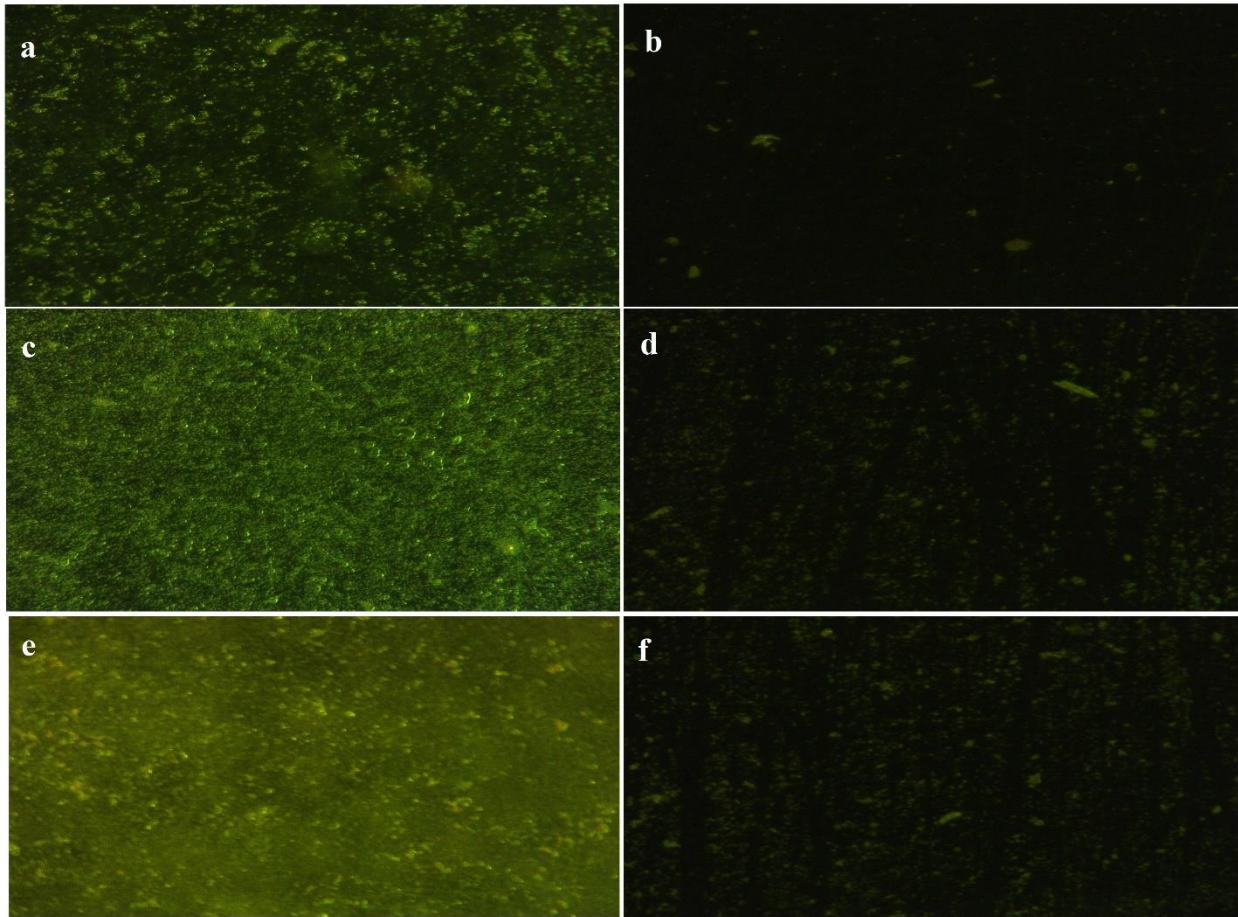


Figure 6. Fluorescence microscopic image of treated and untreated bacterial pathogens (a,c,e) shows untreated biofilm formed by *Escherichia coli* AMB4, *Pseudomonas aeruginosa* AMB5, *Staphylococcus aureus* AMB6, (b,d,f) shows synthesized AgNPs treated biofilm formed on catheter by the test pathogens

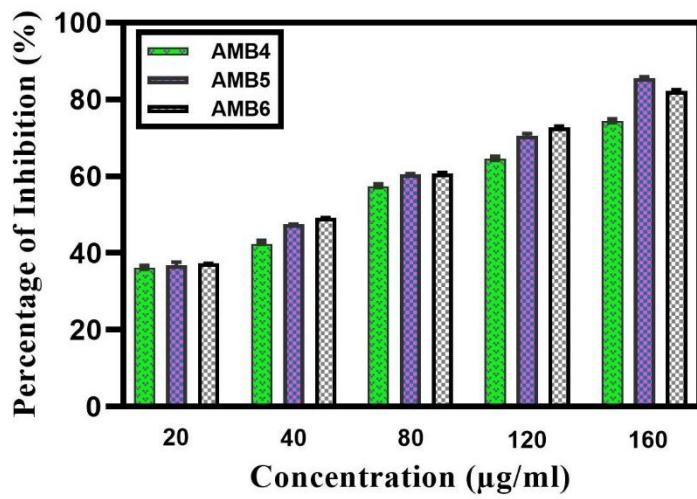


Figure 7. Biofilm **Inhibition Percentage** of pathogens by synthesized AgNPs



Figure 8. **Coated and uncoated catheter by synthesized AgNPs.**

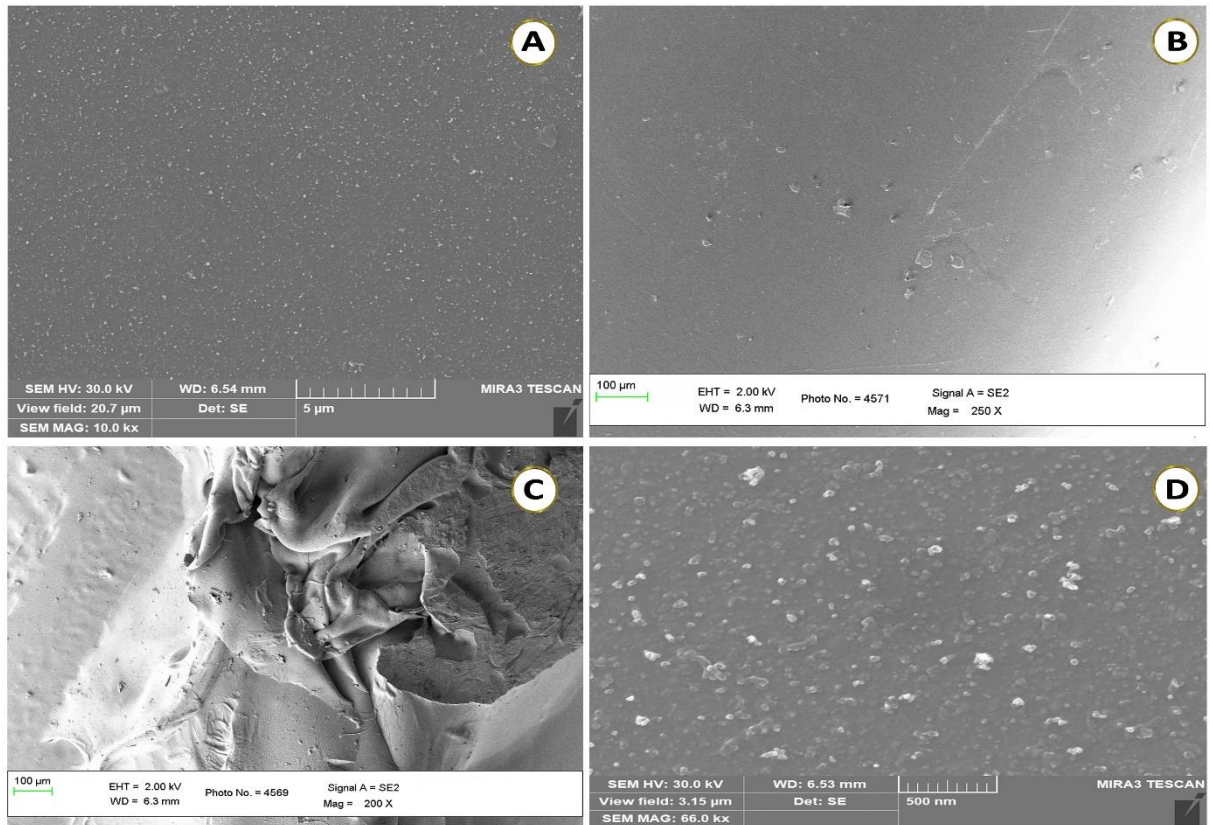


FIG.9 SEM images of the catheter with and without the synthesized AgNPs A) Uncoated; B) AgNPs coated; C) Uncoated treated; D) Coated treated.

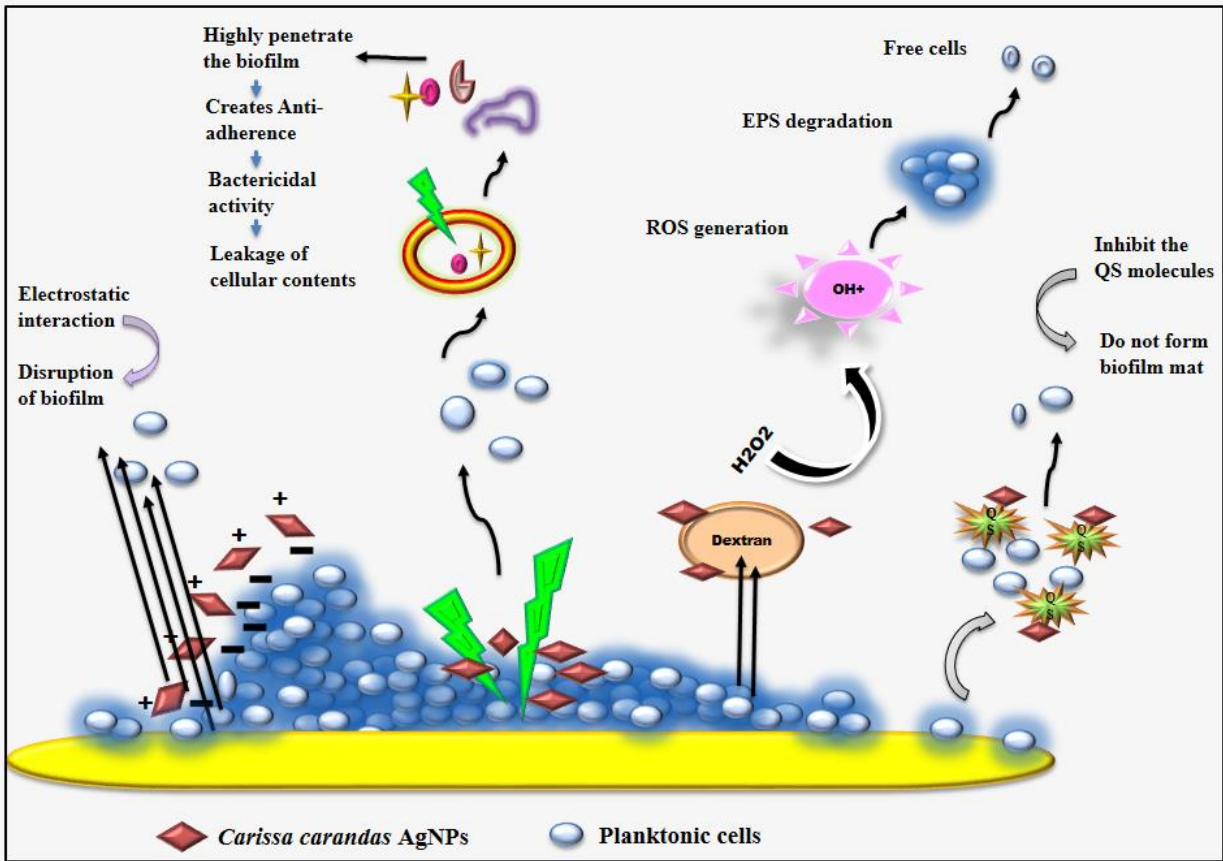


Figure 10: Proposed biofilm mechanism of *Carissa carandas* mediated synthesized AgNPs

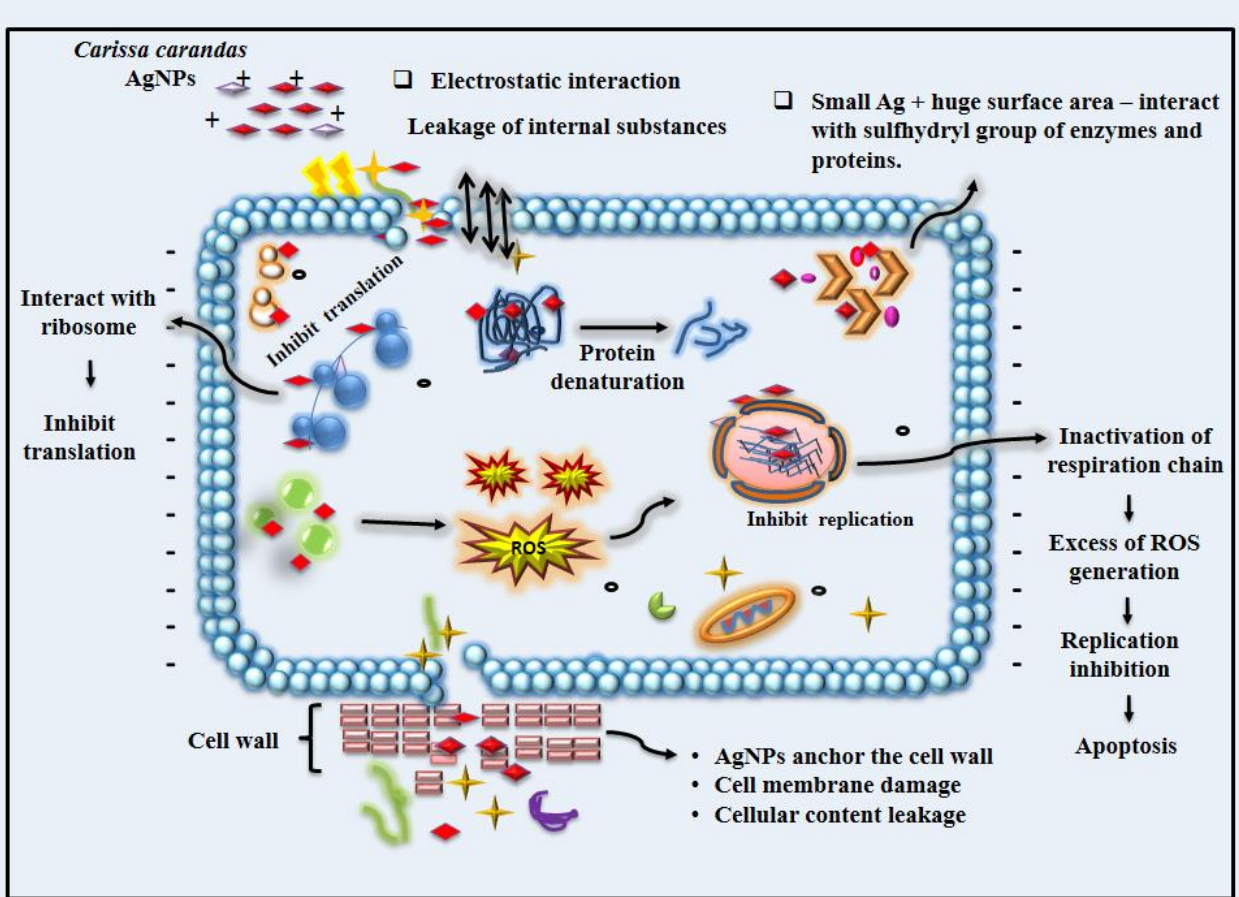


Figure 11: **Proposed mechanism** of Antibacterial activity of *Carissa carandas* mediated synthesis of AgNPs.

List of Tables

Table 1 Antibacterial activity against Uropathogens

Bacteria	ZoI of <i>C. carandas</i> (mm)				
	25µg/ml	50µg/ml	75 µg/ml	100µg/ml	125 µg/ml
<i>S. aureus</i>	8±0.3	10 ±0.3	13 ±0.3	15 ±0.3	17 ±0.1
<i>E. coli</i>	10 ±0.1	13 ±0.2	13 ±0.2	13 ±0.3	15 ±0.2
<i>P. aeruginosa</i>	8 ±0.2	9 ±0.2	10 ±0.5	13 ±0.2	15 ±0.1

Table 2 Comparative analysis against Uropathogens (ZOI)

Strains	ZoI of <i>C. carandas</i> (mm)					
	Crude extract	AgNo3	AgNPs	Ciprofloxacin	Uncoated catheter	Coated Catheter
<i>S. aureus</i>	-	11 ±0.3	17±0.2	16±0.3	No zone	-
<i>E. coli</i>	-	13±0.1	21±0.3	17±0.2	No zone	-
<i>P. aeruginosa</i>	-	10±0.4	13±0.3	10±0.1	No zone	-

Table 3 Zone of Inhibition of different antibiotics against uropathogens with presence and absence of AgNPs.

Strains	Antibiotics	ZoI (mm)		
		Antibiotics (a)	Antibiotic + AgNPs (b)	Increase in fold area ($b^2 - a^2/a^2$)
<i>S. aureus</i>	Ciprofloxacin	16	19	0.41
	Gentamycin	27	29	0.15
	Trimethoprim	No zone	11	2.3
<i>E. coli</i>	Ciprofloxacin	22	24	0.19
	Gentamycin	19	20	0.10
	Trimethoprim	7	10	1.04
<i>P. aeruginosa</i>	Ciprofloxacin	23	25	0.18
	Gentamycin	16	19	0.41
	Trimethoprim	5	11	3.84



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