## Additional information file

for

Predictors of help-seeking behaviour in people with mental health problems: a 3-year prospective community study

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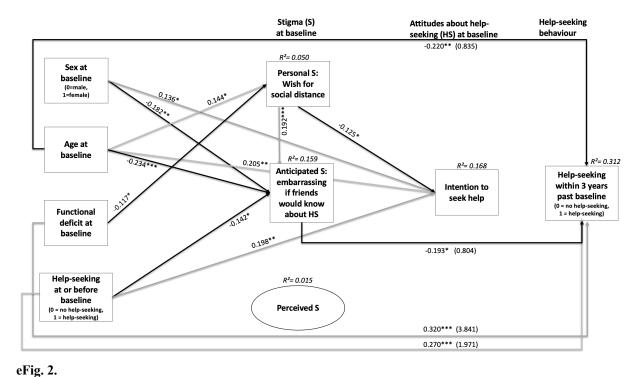
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Final model of only significant associations between stigma, assumptions about help-seeking and healthcare utilization with standardized path coefficients (N=307).

Model fit indices:  $\chi^2_{(27)}$ =32.174 with p=0.226, CFI=0.985; SRMR=0.047; RMSEA=0.025 (90%CIs=0.000, 0.054). \*p≤0.05; \*\*p≤0.01; \*\*\*p≤0.001; explained variance (R²) for each endogenous variable in italics. In brackets, Odds Ratios for the endogenous variable "help-seeking within 3 years past baseline" are provided. Manifest variables are represented in rectangles, latent ones in ovals. Solid lines indicate significant paths, dashed lines indicate non-significant paths; in doing so, grey indicates positive, black negative correlations.