

Supplemental Table S1. Comparisons of Characteristics between Nonhypertensive and Hypertensive Subjects in the Propensity Matched Population

Characteristic	Non-hypertension	Hypertension	P value
Number	20,714	20,714	-
Age, yr	38.9±13.8	43.8±15.3	<0.01
Female sex	10,784 (52.1)	8,663 (41.8)	<0.01
Residence (urban)	10,381 (50.1)	10,485 (50.6)	0.31
Education level: high school and above	11,176 (54.0)	11,133 (53.7)	0.67
Never smoke	14,734 (71.1)	14,773 (71.3)	0.67
Mild salt intake (<5 g/day)	4,077 (19.7)	4,206 (20.3)	0.11
Diabetes	1,699 (8.2)	1,954 (9.4)	<0.01
BMI, kg/m ²	23.8±3.4	23.9±3.3	<0.01
Waist, cm	82.8±9.6	83.1±9.6	<0.01
Heart rate, /min	78.0±10.5	80.9±11.9	<0.01
SBP, mm Hg	113.2±9.6	132.9±14.4	<0.01
DBP, mm Hg	69.8±6.4	84.3±9.2	<0.01
TSH, mU/L	2.7±1.7	2.8±1.8	<0.01

Values are expressed as mean±standard deviation or number (%). Residence, education level, smoking frequency, daily salt intake, diabetes, BMI, and waist circumference were defined as predictive variables in the 1:1 propensity score matching.

BMI, body mass index; SBP, systolic blood pressure; DBP, diastolic blood pressure; TSH, thyroid stimulating hormone.