

Introduction

Thank you for taking the time to complete this survey.

Please enter your name and e-mail address below.

First Name	
Last Name	
Maiden Name	
E-mail Address	

Please select your current age.
Please select your gender.
○ Male
○ Female
Diagon coloct the primary room you identify with
Please select the primary race you identify with.
American Indian or Alaska NativeAsian
Black or African American
Native Hawaiian or Other Pacific IslanderWhite
O Prefer not to answer
Please select the primary ethnicity you identify with.
Hispanic or Latino
Not Hispanic or Latino Profes not to answer
Prefer not to answer

Please enter the name of the High School you attended.

If you attended more than one High School, please enter the High School at which you spent more time.
In what year did you graduate High School?
Now we're going to ask you questions related to sports participation.
Grades K-6
Please select all sports that you participated in on an organized team at any time from Kindergarten through 6th Grade.
If a sport you participated in is not listed, you may select "Other Sport" and type in up to three other sports.
If you did not participate in any sports, please select "None."
None
American Flag Football
American Tackle Football
Baseball
Basketball

Note. The following questions are in regards to your participation in sports from Kindergarten through Grade 6.
In which grades did you play baseball? You may provide your best estimate if you are not exactly sure.
 Kindergarten Grade 1 Grade 2 Grade 3 Grade 4 Grade 5 Grade 6
Please select all that apply in regards to your participation in baseball. You may provide your best estimate if you are not exactly sure.
 My team traveled for games or tournaments. My team participated in playoffs. My team won a championship. None of the above.
On average, how many hours per week did you spend practicing baseball with the team? You may provide your best estimate if you are not exactly sure.

1-4 hours

Please select all that apply in regards to the types of leagues you played baseball in. You may provide your best estimate if you are not exactly sure.

☐ I participated in a competitive, school based league
☐ I participated in a competitive, non-school based league
☐ I participated in a club, recreational, or intramural league at school
☐ I participated in a club, recreational, or intramural league outside of school
Other
■ None of the above
In which grades did you play basketball? Please select all that apply. You may provide your best estimate if you are not exactly sure.
☐ Kindergarten
☐ Grade 1
Grade 2
☐ Grade 3
Grade 4
Grade 5
☐ Grade 6
Please select all that apply in regards to your participation in basketball. You may provide your best estimate if you are not exactly sure.
☐ My team traveled for games or tournaments.
☐ My team won a championship.
■ None of the above.

On average, how many hours per week did you spend practicing basketball

with the team? You may provide your best estimate if you are not exactly sure.	
1-4 hours	
○ 5-9 hours	
○ 10-14 hours	
15-19 hours	
O 20+ hours	
On average, how many hours per week did you spend playing in basketbe games? You may provide your best estimate if you are not exactly sure.	all
1-4 hours	
○ 5-9 hours	
10-14 hours	
15-19 hours	
O 20+ hours	
Please select all positions you played in. You may provide your best estimate if you are not exactly sure.	
☐ Guard	
Forward	
Center	
Other	
☐ None of the above	

Please select all that apply in regards to the types of leagues you played basketball in. You may provide your best estimate if you are not exactly sure.
 □ I participated in a competitive, school based league □ I participated in a competitive, non-school based league □ I participated in a club, recreational, or intramural league at school □ I participated in a club, recreational, or intramural league outside of school □ Other □ None of the above
In which grades did you participate in cheerleading? Please select all that apply. You may provide your best estimate if you are not exactly sure. Kindergarten Grade 1 Grade 2 Grade 3 Grade 4 Grade 5
 □ Grade 6 Please select all that apply in regards to your participation in cheerleading. You may provide your best estimate if you are not exactly sure. □ I traveled for cheerleading tournaments. □ My team won a cheerleading tournament.

4/29/2019 None of the above	Qualtrics Survey Software
On average, how many hours per w cheerleading? You may provide you sure.	eek did you spend practicing ur best estimate if you are not exactly
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours 	
Please select all that apply in regard participated in cheerleading. You mot exactly sure.	ds to the types of leagues you are ay provide your best estimate if you are
☐ I participated in a competitive, school ☐ I participated in a competitive, non-so ☐ I participated in a club, recreational, o ☐ I participated in a club, recreational, o ☐ Other ☐ None of the above	chool based league
Please select all that apply in regard country. You may provide your best	ds to your participation in cross testimate if you are not exactly sure.

☐ I traveled for meets or tournaments.

On average, how many hours per week did you spend participating in cross country meets? You may provide your best estimate if you are not exactly sure.

20+ hours

1-4 hours
○ 5-9 hours
○ 10-14 hours
○ 15-19 hours
O 20+ hours
Please select all that apply in regards to the types of leagues you participated in cross country. You may provide your best estimate if you are
not exactly sure.
 □ I participated in a competitive, school based league □ I participated in a competitive, non-school based league □ I participated in a club, recreational, or intramural league at school □ I participated in a club, recreational, or intramural league outside of school □ Other □ None of the above
In which grades did you participate in field hockey? Please select all that apply. You may provide your best estimate if you are not exactly sure.
 □ Kindergarten □ Grade 1 □ Grade 2 □ Grade 3 □ Grade 4 □ Grade 5 □ Grade 6

Please select all that apply in regards to your participation in field hockey. You may provide your best estimate if you are not exactly sure.
 My team traveled for games or tournaments. My team participated in playoffs. My team won a championship. None of the above
On average, how many hours per week did you spend practicing field hockey with the team? You may provide your best estimate if you are not exactly sure.
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours
On average, how many hours per week did you spend playing in field hockey games? You may provide your best estimate if you are not exactly sure.
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours

Please select all positions you played in. You may provide your best

estimate if you are not exactly sure.	
Left/right Defense Left/right Wing Center Goalie Other	
■ None of the above	
Please select all that apply in regards to the types of leagues you play field hockey in. You may provide your best estimate if you are not exa sure.	
 □ I participated in a competitive, school based league □ I participated in a competitive, non-school based league □ I participated in a club, recreational, or intramural league at school □ I participated in a club, recreational, or intramural league outside of school □ Other □ None of the above 	
In which grades did you participate in American tackle football? Pleas select all that apply. You may provide your best estimate if you are not exactly sure.	
☐ Kindergarten☐ Grade 1	

On average, how many hours per week did you spend playing in American tackle football games? You may provide your best estimate if you are not exactly sure.

15-19 hours

20+ hours

4/29/2019

Please select all positions you played in. You may provide your best estimate if you are not exactly sure.

☐ Quarterback
☐ Running Back
☐ Fullback
☐ Offensive Line
☐ Wide Receiver
☐ Tight End
☐ Defensive Line
☐ Linebacker
☐ Cornerback
☐ Safety
☐ Kicker/Punter
☐ Participation in kick off return

Long Snapper

None of the above

Please select all that apply in regards to the types of leagues you played American tackle football in. You may provide your best estimate if you are not exactly sure.

Other

☐ I participated in a competitive, school based league
☐ I participated in a competitive, non-school based league
☐ I participated in a club, recreational, or intramural league at school
☐ I participated in a club, recreational, or intramural league outside of school
Other
■ None of the above
In which grades did you participate in American flag football? Please select all that apply. You may provide your best estimate if you are not exactly
sure.
☐ Kindergarten
☐ Grade 1
☐ Grade 2
☐ Grade 3
☐ Grade 4
☐ Grade 5
☐ Grade 6
Please select all that apply in regards to your participation in American flag football. You may provide your best estimate if you are not exactly sure.
 My team traveled for games or tournaments. My team participated in playoffs. My team won a championship.

On average, how many hours per week did you spend practicing American flag football with the team? You may provide your best estimate if you are not exactly sure.
1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours
On average, how many hours per week did you spend playing in American flag football games? You may provide your best estimate if you are not exactly sure.
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours
Please select all positions you played in. You may provide your best estimate if you are not exactly sure.
Quarterback Running Back Fullback Offensive Line Wide Receiver Tight End

golf in. You may provide your best estimate if you are not exactly sure.
☐ I participated in a competitive, school based league ☐ I participated in a competitive, non-school based league ☐ I participated in a club, recreational, or intramural league at school ☐ I participated in a club, recreational, or intramural league outside of school ☐ Other
■ None of the above
In which grades did you participate in gymnastics? Please select all that apply. You may provide your best estimate if you are not exactly sure.
☐ Grade 1
Grade 2
☐ Grade 3
☐ Grade 4
☐ Grade 5 ☐ Grade 6
Please select all that apply in regards to your participation in gymnastics. You may provide your best estimate if you are not exactly sure.
☐ My team traveled for meets or tournaments.
☐ I or my team won a tournament.
☐ None of the above

On average, how many hours per week did you spend practicing gymnastics with the team? You may provide your best estimate it you are not exactly sure.
1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours
On average, how many hours per week did you spend participating in gymnastics meets?
1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours
Please select all that apply in regards to the types of leagues you participated in gymnastics. You may provide your best estimate if you are not exactly sure.
I participated in a competitive, school based league I participated in a competitive, non-school based league I participated in a club, recreational, or intramural league at school I participated in a club, recreational, or intramural league outside of school

29/2019	Qualifics Survey Software
5-9 hours	
10-14 hours	
15-19 hours	
20+ hours	
On average, how many ho	urs per week did you spend playing in ice
hockey games? You may p	provide your best estimate if you are not exactly
sure.	
1-4 hours	
5-9 hours	
10-14 hours	
15-19 hours	
20+ hours	
DI 1 (II '''	
<u>-</u>	you played in. You may provide your best
estimate if you are not exa	ctly sure.
Left/right Defense	
Left/right Wing	
Center	
Goalie	
	Other
None of the above	

Please select all that apply in regards to the types of leagues you played ice hockey in. You may provide your best estimate if you are not exactly sure.

☐ I participated in a competitive, school based league
☐ I participated in a competitive, non-school based league
☐ I participated in a club, recreational, or intramural league at school
☐ I participated in a club, recreational, or intramural league outside of school
Other
■ None of the above
In which grades did you participate in lacrosse? Please select all that apply. You may provide your best estimate if you are not exactly sure.
☐ Kindergarten
☐ Grade 1
Grade 2
Grade 3
Grade 4
☐ Grade 5
Grade 6
Grade 0
Please select all that apply in regards to your participation in lacrosse. You may provide your best estimate if you are not exactly sure.
 My team traveled for games or tournaments. My team participated in playoffs. My team won a championship. None of the above

• ,	y nours per week did you spend ith the team? You may provide your best estimate if ure.
1-4 hours	
○ 5-9 hours	
10-14 hours	
15-19 hours	
20+ hours	
	y hours per week did you spend playing in lacrosse vide your best estimate if you are not exactly sure.
1-4 hours	
○ 5-9 hours	
○ 10-14 hours	
15-19 hours	
O 20+ hours	
Please select all posit	tions you played in. You may provide your best texactly sure.
☐ Midfielder	
☐ Attacker	
☐ Goalie	
Defenseman	
	Other
☐ None of the above	

Please select all that apply in regards to the types of leagues you played lacrosse in. You may provide your best estimate if you are not exactly sure
 □ I participated in a competitive, school based league □ I participated in a competitive, non-school based league □ I participated in a club, recreational, or intramural league at school □ I participated in a club, recreational, or intramural league outside of school □ Other □ None of the above
In which grades did you participate in rugby? Please select all that apply. You may provide your best estimate if you are not exactly sure. Kindergarten Grade 1 Grade 2 Grade 3
☐ Grade 4 ☐ Grade 5 ☐ Grade 6
Please select all that apply in regards to your participation in rugby. You may provide your best estimate if you are not exactly sure.
 My team traveled for games or tournaments. My team participated in playoffs. My team won a championship.

None of the above
On average, how many hours per week did you spend practicing rugby with the team? You may provide your best estimate if you are not exactly sure.
1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours
On average, how many hours per week did you spend playing in rugby games? You may provide your best estimate if you are not exactly sure.
1-4 hours 5-9 hours 10-14 hours 10-14 hours 20+ hours
Please select all positions you played in. You may provide your best estimate if you are not exactly sure.
Forward Back Other None of the above

Please select all that apply in regards to the types of leagues you played rugby in. You may provide your best estimate if you are not exactly sure.
☐ I participated in a competitive, school based league
☐ I participated in a competitive, non-school based league
☐ I participated in a club, recreational, or intramural league at school
☐ I participated in a club, recreational, or intramural league outside of school
Other
■ None of the above
In which grades did you participate in soccer? Please select all that apply. You may provide your best estimate if you are not exactly sure.
☐ Kindergarten
☐ Grade 1
☐ Grade 2
☐ Grade 3
☐ Grade 4
☐ Grade 5
☐ Grade 6
Please select all that apply in regards to your participation in soccer. You
may provide your best estimate if you are not exactly sure.
☐ My team traveled for games or tournaments.
☐ My team participated in playoffs.
☐ My team won a championship.

Defending/Holding Midfielder

Center Back

Please select all that apply in regards to your participation in softball. You may provide your best estimate if you are not exactly sure.
 ☐ My team traveled for games or tournaments. ☐ My team participated in playoffs. ☐ My team won a championship. ☐ None of the above
On average, how many hours per week did you spend practicing softball with the team? You may provide your best estimate if you are not exactly sure.
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours
On average, how many hours per week did you spend <u>playing</u> in softball games? You may provide your best estimate if you are not exactly sure.
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours

Please select all positions you played in. You may provide your best estimate if you are not exactly sure.
☐ Pitcher
☐ Catcher
☐ Baseman/Shortstop
Outfielder
Other
None of the above
Please select all that apply in regards to the types of leagues you played softball in. You may provide your best estimate if you are not exactly sure
☐ I participated in a competitive, school based league
☐ I participated in a competitive, non-school based league
☐ I participated in a club, recreational, or intramural league at school
☐ I participated in a club, recreational, or intramural league outside of school
Other
Nigna of the ghouse
■ None of the above
In which grades did you participate in swimming? Please select all that
apply. You may provide your best estimate if you are not exactly sure.
☐ Kindergarten
☐ Grade 1
☐ Grade 2
☐ Grade 3

Please select all that apply in regards to the types of leagues you participated in swimming. You may provide your best estimate if you are not exactly sure.

□ I participated in a competitive, school based league
 □ I participated in a competitive, non-school based league
 □ I participated in a club, recreational, or intramural league at school
 □ I participated in a club, recreational, or intramural league outside of school
 □ Other
 □ None of the above

In which grades did you participate in tennis? Please select all that apply. You may provide your best estimate if you are not exactly sure.

☐ Kindergarten

☐ Grade 1

Grade 2

☐ Grade 3

☐ Grade 4

☐ Grade 5

Grade 6

Please select all that apply in regards to your participation in tennis. You may provide your best estimate if you are not exactly sure.

☐ I or my team won a tournament.
■ None of the above
On average, how many hours per week did you spend practicing tennis with
the team? You may provide your best estimate if you are not exactly sure.
O 1-4 hours
O 5-9 hours
10-14 hours
15-19 hours
O 20+ hours
On average, how many hours per week did you spend participating in tennis
moteles 2 Very many many ide very best setiments if you are not suggette and
matches? You may provide your best estimate if you are not exactly sure.
O 1-4 hours
1-4 hours5-9 hours
 1-4 hours 5-9 hours 10-14 hours
 1-4 hours 5-9 hours 10-14 hours 15-19 hours
 1-4 hours 5-9 hours 10-14 hours
 1-4 hours 5-9 hours 10-14 hours 15-19 hours
 1-4 hours 5-9 hours 10-14 hours 15-19 hours
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours Please select all that apply in regards to the types of leagues you played
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours Please select all that apply in regards to the types of leagues you played tennis in. You may provide your best estimate if you are not exactly sure.
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours Please select all that apply in regards to the types of leagues you played tennis in. You may provide your best estimate if you are not exactly sure. I participated in a competitive, school based league
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours Please select all that apply in regards to the types of leagues you played tennis in. You may provide your best estimate if you are not exactly sure.

On average, how many hours per week did you spend practicing track and field with the team? You may provide your best estimate if you are not exactly sure.

In which grades did you participate in volleyball? Please select all that apply. You may provide your best estimate if you are not exactly sure.
 □ Kindergarten □ Grade 1 □ Grade 2 □ Grade 3 □ Grade 4 □ Grade 5 □ Grade 6
Please select all that apply in regards to your participation in volleyball. You may provide your best estimate if you are not exactly sure.
 My team traveled for games or tournaments. My team participated in playoffs. My team won a championship. None of the above
On average, how many hours per week did you spend practicing volleyball with the team? You may provide your best estimate if you are not exactly sure.
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours

On average, how many hours per week did you spend playing in volleyball games? You may provide your best estimate if you are not exactly sure.	
1-4 hours5-9 hours10-14 hours15-19 hours20+ hours	
Please select all positions you played in. You may provide your best estimate if you are not exactly sure.	
Left/right Front Middle Front Left/right Back Middle Back Other None of the above	
Please select all that apply in regards to the types of leagues you played volleyball in. You may provide your best estimate if you are not exactly sure.	
I participated in a competitive, school based league I participated in a competitive, non-school based league I participated in a club, recreational, or intramural league at school I participated in a club, recreational, or intramural league outside of school	

Please select all that apply in regards to the types of leagues you played water polo in. You may provide your best estimate if you are not exactly

sure.
 □ I participated in a competitive, school based league □ I participated in a competitive, non-school based league □ I participated in a club, recreational, or intramural league at school □ I participated in a club, recreational, or intramural league outside of school □ Other □ None of the above
In which grades did you participate in wrestling? Please select all that apply. You may provide your best estimate if you are not exactly sure.
 □ Kindergarten □ Grade 1 □ Grade 2 □ Grade 3 □ Grade 4 □ Grade 5 □ Grade 6
Please select all that apply in regards to your participation in wrestling. You may provide your best estimate if you are not exactly sure.
 My team traveled for games or tournaments. I or my team won a tournament. None of the above

On average, how many hours per week did you spend practicing wrestling with the team? You may provide your best estimate if you are not exactly sure.
1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours
On average, how many hours per week did you spend participating in wrestling matches? You may provide your best estimate if you are not exactly sure.
1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours
Please select all that apply in regards to the types of leagues you participated in wrestling. You may provide your best estimate if you are not exactly sure.
 I participated in a competitive, school based league I participated in a competitive, non-school based league I participated in a club, recreational, or intramural league at school I participated in a club, recreational, or intramural league outside of school Other

1-4 hours

☐ I participated in a club, recreational, or intramural league at school☐ I participated in a club, recreational, or intramural league outside of school
Other None of the above
In which grades did you participate in \${q://QID8/ChoiceTextEntryValue/22}? Please select all that apply. You may provide your best estimate if you are not exactly sure.
 □ Kindergarten □ Grade 1 □ Grade 2 □ Grade 3 □ Grade 4 □ Grade 5 □ Grade 6
Please select all that apply in regards to your participation in \${q://QID8/ChoiceTextEntryValue/22}. You may provide your best estimate if you are not exactly sure.
 My team traveled for games or tournaments. My team participated in playoffs. My team won a championship. None of the above

practicing \${q://QID8/ChoiceTextEntryValue/22} with the team? You may

On average, how many hours per week did you spend

provide your best estimate if you are not exactly sure.
1-4 hours
○ 5-9 hours
○ 10-14 hours
○ 15-19 hours
O 20+ hours
On average, how many hours per week did you spend playing in \${q://QID8/ChoiceTextEntryValue/22} games?
1-4 hours
○ 5-9 hours
○ 10-14 hours
○ 15-19 hours
O 20+ hours
Please indicate the primary position you played while playing \${q://QID8/ChoiceTextEntryValue/22}. You may provide your best estimate if you are not exactly sure.

Please select all that apply in regards to the types of leagues you played \${q://QID8/ChoiceTextEntryValue/22} in. You may provide your best

estimate if you are not exactly sure.	
 □ I participated in a competitive, school based league □ I participated in a competitive, non-school based league □ I participated in a club, recreational, or intramural league at school □ I participated in a club, recreational, or intramural league outside of school □ Other 	
■ None of the above	
In which grades did you participate in \${q://QID8/ChoiceTextEntryValue/23} Please select all that apply. You may provide your best estimate if you are not exactly sure.	?
 □ Kindergarten □ Grade 1 □ Grade 2 □ Grade 3 □ Grade 4 □ Grade 5 □ Grade 6 	
Please select all that apply in regards to your participation in \${q://QID8/ChoiceTextEntryValue/23}. You may provide your best estimate if you are not exactly sure.	
 My team traveled for games or tournaments. My team participated in playoffs. My team won a championship. None of the above 	

On average, how many hours per week did you spend practicing \${q://QID8/ChoiceTextEntryValue/23} with the team? You may provide your best estimate if you are not exactly sure.
1-4 hours
5-9 hours
10-14 hours
) 15-19 hours
20+ hours
On average, how many hours per week did you spend playing in \${q://QID8/ChoiceTextEntryValue/23} games? You may provide your best estimate if you are not exactly sure.
1-4 hours
5-9 hours
) 10-14 hours
) 15-19 hours
20+ hours
Please indicate the primary position you played while
playing \${q://QID8/ChoiceTextEntryValue/23}. You may provide your best estimate if you are not exactly sure.

Please select all that apply in regards to the types of leagues you

estimate if you are not exactly sure.	
 I participated in a competitive, school based league I participated in a competitive, non-school based league I participated in a club, recreational, or intramural league at school I participated in a club, recreational, or intramural league outside of school Other 	
■ None of the above	
Please detail your participation in any other regular athletic participation outside of an organized team from Kindergarten through Grade 6.	

Grades 7-8

Please select all sports that you participated in on an organized team at any time during Grade 7 or Grade 8.

If a sport you participated in is not listed, you may select "Other Sport" and type in up to three other sports.

If you did not participate in any sports, please select "None."

None		
American Flag Football		
American Tackle Football		
Baseball		
Basketball		
Cheerleading		
Cross Country		
Field Hockey		
Golf		
Gymnastics		
Ice Hockey		
Lacrosse		
Rugby		
Soccer		
Softball		
Swimming		
Tennis		
Track & Field		
Volleyball		
Water Polo		
Wrestling		
	Other S	port 1
	Other S	port 2
	Other S	port 3

Did you have any physical limitations that prevented you from playing on an organized sports team in Grade 7 and/or Grade 8?
YesNoI prefer not to answer
Note. The following questions are in regards to your participation in sports in Grade 7 and Grade 8.
In which grades did you play baseball? Please select all that apply. You may provide your best estimate if you are not exactly sure. Grade 7 Grade 8
Please select all that apply in regards to your participation in baseball. You may provide your best estimate if you are not exactly sure.
 My team traveled for games or tournaments. My team participated in playoffs. My team won a championship. None of the above

On average, how many hours per week with the team? You may provide your basure.	
1-4 hours	
○ 5-9 hours	
10-14 hours	
15-19 hours	
O 20+ hours	
On average, how many hours per week games? You may provide your best est	
1-4 hours	
○ 5-9 hours	
10-14 hours	
15-19 hours	
O 20+ hours	
Please select all positions you played in estimate if you are not exactly sure.	ո. You may provide your best
☐ Pitcher	
☐ Catcher	
□ Baseman/Shortstop	
Outfielder	
Other	
☐ None of the above	

baseball in. You may provide your best estimate if you are not example.	
 I participated in a competitive, school based league I participated in a competitive, non-school based league I participated in a club, recreational, or intramural league at school I participated in a club, recreational, or intramural league outside of s Other None of the above 	chool
In which grades did you play basketball? Please select all that ap may provide your best estimate if you are not exactly sure.	ply. You
☐ Grade 7 ☐ Grade 8	
Please select all that apply in regards to your participation in basketball. You may provide your best estimate if you are not exa	ıctly sure.
 My team traveled for games or tournaments. My team participated in playoffs. My team won a championship. None of the above 	

On average, how many hours per week did you spend practicing basketball

with the team? You ma	ay provide your best estimate if you are not exactly
1-4 hours	
○ 5-9 hours	
○ 10-14 hours	
15-19 hours	
20+ hours	
	y hours per week did you spend playing in basketball vide your best estimate if you are not exactly sure.
1-4 hours	
○ 5-9 hours	
10-14 hours	
15-19 hours	
20+ hours	
Please select all position estimate if you are not	ions you played in. You may provide your best t exactly sure.
☐ Guard	
Forward	
☐ Center	
	Other
■ None of the above	

Please select all that apply in regards to the types of leagues you played basketball in. You may provide your best estimate if you are not exactly sure.
 □ I participated in a competitive, school based league □ I participated in a competitive, non-school based league □ I participated in a club, recreational, or intramural league at school □ I participated in a club, recreational, or intramural league outside of school □ Other □ None of the above
In which grades did you participate in cheerleading? Please select all that apply. You may provide your best estimate if you are not exactly sure. Grade 7 Grade 8
Please select all that apply in regards to your participation in cheerleading. You may provide your best estimate if you are not exactly sure.
 I traveled for cheerleading tournaments. My team won a cheerleading tournament. None of the above

On average, how many hours per week did you spend practicing

sure.
1-4 hours
5-9 hours
O 10-14 hours
15-19 hours
O 20+ hours
Please select all that apply in regards to the types of leagues you participated in cheerleading. You may provide your best estimate if you are not exactly sure.
☐ I participated in a competitive, school based league
☐ I participated in a competitive, non-school based league
☐ I participated in a club, recreational, or intramural league at school
☐ I participated in a club, recreational, or intramural league outside of school☐ Other
☐ None of the above
In which grades did you participate in cross country? Please select all that apply. You may provide your best estimate if you are not exactly sure.
☐ Grade 7
☐ Grade 8

Please select all that apply in regards to the types of leagues you participated in cross country. You may provide your best estimate if you are not exactly sure.
 □ I participated in a competitive, school based league □ I participated in a competitive, non-school based league □ I participated in a club, recreational, or intramural league at school □ I participated in a club, recreational, or intramural league outside of school □ Other □ None of the above
In which grades did you participate in field hockey? Please select all that apply. You may provide your best estimate if you are not exactly sure. Grade 7 Grade 8
Please select all that apply in regards to your participation in field hockey. You may provide your best estimate if you are not exactly sure.
 My team traveled for games or tournaments. My team participated in playoffs. My team won a championship. None of the above

On average, how many hours per week did you spend practicing field hockey with the team? You may provide your best estimate if you are not

exactly sure.	
1-4 hours	
5-9 hours	
10-14 hours	
15-19 hours	
20+ hours	
	ours per week did you spend playing in field provide your best estimate if you are not exactly
1-4 hours	
5-9 hours	
10-14 hours	
15-19 hours	
20+ hours	
_	s you played in. You may provide your best
estimate if you are not ex	cactly sure.
Left/right Defense	
Left/right Wing	
Center	
Goalie	
	Other
None of the above	

Please select all that apply in regards to the types of leagues you played

field hockey in. You may provide your best estimate if you are not exactly sure. I participated in a competitive, school based league I participated in a competitive, non-school based league I participated in a club, recreational, or intramural league at school I participated in a club, recreational, or intramural league outside of school Other None of the above In which grades did you participate in American tackle football? Please select all that apply. You may provide your best estimate if you are not exactly sure. Grade 7 Grade 8 Please select all that apply in regards to your participation in American tackle football. You may provide your best estimate if you are not exactly sure. My team traveled for games or tournaments. My team participated in playoffs. My team won a championship.

None of the above

On average, how many hours per week did you spend practicing America tackle football with the team? You may provide your best estimate if you a not exactly sure.	
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours 	
On average, how many hours per week did you spend playing in Americal tackle football games? You may provide your best estimate if you are not exactly sure.	n
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours 	
Please select all positions you played in. You may provide your best estimate if you are not exactly sure.	
 Quarterback Running Back Fullback Offensive Line Wide Receiver Tight End 	

Please select all that apply in regards to your participation in American flag football. You may provide your best estimate if you are not exactly sure.
 My team traveled for games or tournaments. My team participated in playoffs. My team won a championship. None of the above
On average, how many hours per week did you spend practicing American flag football with the team? You may provide your best estimate if you are not exactly sure.
O 1-4 hours
5-9 hours
10-14 hours
○ 15-19 hours○ 20+ hours
On average, how many hours per week did you spend playing in American flag football games? You may provide your best estimate if you are not exactly sure.
○ 1-4 hours
○ 5-9 hours
10-14 hours
15-19 hours
O 20+ hours

Please select all positions you played in. You may provide your best estimate if you are not exactly sure.
Quarterback
Running Back
Fullback
Offensive Line
Wide Receiver
☐ Tight End
Defensive Line
Linebacker
Cornerback
Safety
☐ Kicker/Punter
Participation in kick off return
☐ Long Snapper
Other
None of the above
Please select all that apply in regards to the types of leagues you played American flag football in. You may provide your best estimate if you are not exactly sure.
I participated in a competitive, school based league
I participated in a competitive, non-school based league
I participated in a club, recreational, or intramural league at school
I participated in a club, recreational, or intramural league outside of school
Other

On average, how many hours per week did you spend participating in golf matches? You may provide your best estimate if you are not exactly sure.

20+ hours

I participated in a competitive, school based league

15-19 hours	
O 20+ hours	
On average, how many ho	urs per week did you spend playing in ice
hockey games? You may p	provide your best estimate if you are not exactly
sure.	
1-4 hours	
5-9 hours	
10-14 hours	
15-19 hours	
20+ hours	
Please select all positions	you played in. You may provide your best
estimate if you are not exa	ctly sure.
☐ Left/right Defense	
Left/right Wing	
☐ Center	
☐ Goalie	
	Other
☐ None of the above	
Please select all that apply	in regards to the types of leagues you played ice
hockey in. You may provid	e your best estimate if you are not exactly sure.
☐ I participated in a competitiv	ve, school based league

O 20+ hours
On average, how many hours per week did you spend playing in lacrosse
games? You may provide your best estimate if you are not exactly sure.
1-4 hours
O 5-9 hours
○ 10-14 hours
○ 15-19 hours
O 20+ hours
Please select all positions you played in. You may provide your best
estimate if you are not exactly sure.
☐ Midfielder
☐ Attacker
Goalie
☐ Defenseman
□ Defenseman □ □ □ Other
Defenseman
□ Defenseman □ □ □ Other
□ Defenseman □ □ □ Other
Defenseman Other None of the above
Defenseman Other None of the above Please select all that apply in regards to the types of leagues you played
Defenseman Other None of the above Please select all that apply in regards to the types of leagues you played lacrosse in. You may provide your best estimate if you are not exactly sure.
Defenseman Other None of the above Please select all that apply in regards to the types of leagues you played

Qualtrics Survey Software

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On average, how many hours per week did you spend playing in rugby games? You may provide your best estimate if you are not exactly sure.
1-4 hours
)5-9 hours)10-14 hours
) 15-19 hours
20+ hours
Please select all positions you played in. You may provide your best
estimate if you are not exactly sure.
Forward
Back
Other
None of the above
] None of the above
Please select all that apply in regards to the types of leagues you played
rugby in. You may provide your best estimate if you are not exactly sure.
I participated in a competitive, school based league
I participated in a competitive, non-school based league
I participated in a club, recreational, or intramural league at school
I participated in a club, recreational, or intramural league outside of school☐ Other
Otilei
None of the above

In which grades did you participate in soccer? Please select all that apply. You may provide your best estimate if you are not exactly sure. Grade 7 Grade 8
Please select all that apply in regards to your participation in soccer. You may provide your best estimate if you are not exactly sure.
 My team traveled for games or tournaments. My team participated in playoffs. My team won a championship. None of the above
On average, how many hours per week did you spend practicing soccer with the team? You may provide your best estimate if you are not exactly sure.
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours

On average, how many hours per week did you spend playing in soccer

games? You may provide your best estimate if you are not exactly sure.
1-4 hours
○ 5-9 hours
○ 10-14 hours
○ 15-19 hours
O 20+ hours
Please select all positions you played in. You may provide your best
estimate if you are not exactly sure.
Goalkeeper
☐ Fullback
☐ Center Back
☐ Defending/Holding Midfielder
☐ Midfielder/Winger
☐ Central/Box-to-Box Midfielder
Striker
☐ Attacking Midfielder/Playmaker
Other
■ None of the above
Please select all that apply in regards to the types of leagues you played
soccer in. You may provide your best estimate if you are not exactly sure.
☐ I participated in a competitive, school based league
☐ I participated in a competitive, non-school based league

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I participated in a club, recreational, or intramural league at school

On average, how many hours per week did you spend participating in swim

meets? You may provide your best estimate if you are not exactly sure.
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours
Please select all that apply in regards to the types of leagues you participated in swimming. You may provide your best estimate if you are no exactly sure.
I participated in a competitive, school based league I participated in a competitive, non-school based league I participated in a club, recreational, or intramural league at school I participated in a club, recreational, or intramural league outside of school Other None of the above
In which grades did you participate in tennis? Please select all that apply. You may provide your best estimate if you are not exactly sure.
☐ Grade 7 ☐ Grade 8

Please select all that apply in regards to your participation in tennis. You may provide your best estimate if you are not exactly sure.	
My team traveled for meets or tournaments.I or my team won a tournament.None of the above	
On average, how many hours per week did you spend practicing tennis wi the team? You may provide your best estimate if you are not exactly sure.	
1-4 hours	
5-9 hours	
10-14 hours	
15-19 hours	
20+ hours	
On average, how many hours per week did you spend participating in tenr matches? You may provide your best estimate if you are not exactly sure.	nis
1-4 hours	
5-9 hours	
10-14 hours	
15-19 hours	
20+ hours	

Please select all that apply in regards to the types of leagues you played tennis in. You may provide your best estimate if you are not exactly sure.

Qualtrics Survey Software

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In which grades did you participate in volleyball? Please select all that apply. You may provide your best estimate if you are not exactly sure.

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1-4 hours

5-9 hours

10-14 hours

In which grades did you participate in water polo? Please select all that apply. You may provide your best estimate if you are not exactly sure.

None of the above

Please select all that apply in regards to your participation in water polo. You may provide your best estimate if you are not exactly sure.

My team traveled for games or tournaments.

My team participated in playoffs.

My team won a championship.

None of the above

On average, how many hours per week did you spend practicing water polo with the team? You may provide your best estimate if you are not exactly sure.

1-4 hours

Grade 8

5-9 hours

10-14 hours

15-19 hours

O 20+ hours

On average, how many hours per week did you spend playing in water polo matches? You may provide your best estimate if you are not exactly sure.

1-4 hours

5-9 hours

10-14 hours

In which grades did you participate in wrestling? Please select all that apply. You may provide your best estimate if you are not exactly sure.

None of the above

10-14 hours

15-19 hours

Please select all that apply in regards to the types of leagues you participated in wrestling. You may provide your best estimate if you are not exactly sure.
 □ I participated in a competitive, school based league □ I participated in a competitive, non-school based league □ I participated in a club, recreational, or intramural league at school □ I participated in a club, recreational, or intramural league outside of school □ Other □ None of the above
In which grades did you participate in \${q://QID113/ChoiceTextEntryValue/21}? Please select all that apply. You may provide your best estimate if you are not exactly sure.
☐ Grade 7 ☐ Grade 8
Please select all that apply in regards to your participation in \${q://QID113/ChoiceTextEntryValue/21}. You may provide your best estimate if you are not exactly sure.
 My team traveled for games or tournaments. My team participated in playoffs.

☐ My team won a championship.

None of the above

On average, how many hours per week did you spend practicing \${q://QID113/ChoiceTextEntryValue/21} with the team? You may provide your best estimate if you are not exactly sure.

- 1-4 hours
- 5-9 hours
- 10-14 hours
- 15-19 hours
- 20+ hours

On average, how many hours per week did you spend playing in \${q://QID113/ChoiceTextEntryValue/21} games? You may provide your best estimate if you are not exactly sure.

- 1-4 hours
- 5-9 hours
- 10-14 hours
- 15-19 hours
- 20+ hours

Please indicate the primary position you played while playing \${q://QID113/ChoiceTextEntryValue/21}. You may provide your best estimate if you are not exactly sure.

Please select all that apply in regards to the types of leagues you played \${q://QID113/ChoiceTextEntryValue/21} in. You may provide your best estimate if you are not exactly sure. I participated in a competitive, school based league I participated in a competitive, non-school based league I participated in a club, recreational, or intramural league at school I participated in a club, recreational, or intramural league outside of school Other None of the above In which grades did you participate in \${q://QID113/ChoiceTextEntryValue/22}? Please select all that apply. You may provide your best estimate if you are not exactly sure. Grade 7 Grade 8 Please select all that apply in regards to your participation in \${q://QID113/ChoiceTextEntryValue/22}. You may provide your best estimate if you are not exactly sure. My team traveled for games or tournaments. My team participated in playoffs. My team won a championship.

None of the above

On average, how many hours per week did you spend practicing \${q://QID113/ChoiceTextEntryValue/22} with the team? You may provide your best estimate if you are not exactly sure.	
1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours	
On average, how many hours per week did you spend playing in \${q://QID113/ChoiceTextEntryValue/22} games? You may provide your best estimate if you are not exactly sure.	
1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours	
Please indicate the primary position you played while playing \${q://QID113/ChoiceTextEntryValue/22}. You may provide your best estimate if you are not exactly sure.	

Please select all that apply in regards to the types of leagues you

played \${q://QID113/ChoiceTextEntryValue/22} in. You may provide your best estimate if you are not exactly sure. I participated in a competitive, school based league I participated in a competitive, non-school based league I participated in a club, recreational, or intramural league at school I participated in a club, recreational, or intramural league outside of school Other None of the above In which grades did you participate in \${q://QID113/ChoiceTextEntryValue/23}? Please select all that apply. You may provide your best estimate if you are not exactly sure. Grade 7 Grade 8 Please select all that apply in regards to your participation in \${q://QID113/ChoiceTextEntryValue/23}. You may provide your best estimate if you are not exactly sure. My team traveled for games or tournaments. My team participated in playoffs. My team won a championship.

None of the above

On average, how many hours per week did you spend

practicing \${q://QID113/ChoiceTextEntryValue/23} with the team? You may provide your best estimate if you are not exactly sure.
O 1-4 hours
○ 5-9 hours
○ 10-14 hours
○ 15-19 hours
O 20+ hours
On average, how many hours per week did you spend playing in \${q://QID113/ChoiceTextEntryValue/23} games? You may provide your best estimate if you are not exactly sure.
1-4 hours
○ 5-9 hours
○ 10-14 hours
○ 15-19 hours
O 20+ hours
Please indicate the primary position you played while
playing \${q://QID113/ChoiceTextEntryValue/23}.

Please select all that apply in regards to the types of leagues you played \${q://QID113/ChoiceTextEntryValue/23} in. You may provide your

best estimate if you are not exactly sure.
☐ I participated in a competitive, school based league
☐ I participated in a competitive, non-school based league
☐ I participated in a club, recreational, or intramural league at school
☐ I participated in a club, recreational, or intramural league outside of school
Other
None of the above
Diseas datail your participation in any other regular athletic participation
Please detail your participation in any other regular athletic participation
outside of an organized team in Grade 7 and/or Grade 8.

Grades 9-12

Please select all sports that you participated in on an organized team at any time during High School (Grade 9 through Grade 12).

If a sport you participated in is not listed, you may select "Other Sport" and type in up to three other sports.

If you did not participate in any sports, please select "None."

Did you have any physical limitations that prevented you from playing on an organized sports team in High School (Grade 9 through Grade 12)?

29/2019	Qualities Survey Software
Yes	
○ No	
I prefer not to answer	
Note: The following gu	estions are in regards to your participation in
sports in high School	(Grade 9 through Grade 12).
In which grades did ve	ou play bacaball? Places coloct all that apply You may
	ou play baseball? Please select all that apply. You may mate if you are not exactly sure.
provide your best esti-	mate if you are not exactly sure.
Grade 9	
Grade 10	
Grade 11	
Grade 12	
Diseas select all that a	anniu in regarde te vevr nerticination in becchell Vev
	pply in regards to your participation in baseball. You testimate if you are not exactly sure.
☐ My team traveled for g	ames or tournaments
My team participated in	
	ionsnip.

On average, how many hours per week did you spend practicing baseball with the team? You may provide your best estimate if you are not exactly

sure.	
1-4 hours	
5-9 hours	
10-14 hours	
15-19 hours	
20+ hours	
	urs per week did you spend playing in basebal your best estimate if you are not exactly sure.
1-4 hours	
5-9 hours	
10-14 hours	
15-19 hours	
20+ hours	
Discourse and set all managers are	
estimate if you are not exa	you played in. You may provide your best
_	
☐ Pitcher	
Catcher	
☐ Baseman/Shortstop	
Outfielder	
	Other
☐ None of the above	J

Please select all that apply in regards to the types of leagues you played baseball in. You may provide your best estimate if you are not exactly sure.
 □ I participated in a competitive, school based league □ I participated in a competitive, non-school based league □ I participated in a club, recreational, or intramural league at school □ I participated in a club, recreational, or intramural league outside of school □ Other □ None of the above
In which grades did you play basketball? Please select all that apply. You may provide your best estimate if you are not exactly sure. Grade 9 Grade 10 Grade 11 Grade 12
Please select all that apply in regards to your participation in basketball. You may provide your best estimate if you are not exactly sure.
 My team traveled for games or tournaments. My team participated in playoffs. My team won a championship. None of the above

On average, how many hours per week did you spend practicing basketball with the team? You may provide your best estimate if you are not exactly sure.
O 1-4 hours
○ 5-9 hours
○ 10-14 hours
15-19 hours
O 20+ hours
On average, how many hours per week did you spend playing in basketball games? You may provide your best estimate if you are not exactly sure.
1-4 hours
O 5-9 hours
○ 10-14 hours
○ 15-19 hours
O 20+ hours
Please select all positions you played in. You may provide your best estimate if you are not exactly sure.
☐ Guard
☐ Forward
☐ Center
Other
■ None of the above

Please select all that apply in regards to the types of leagues you played

basketball in. You may provide your best estimate if you are not exactly
sure.
 □ I participated in a competitive, school based league □ I participated in a competitive, non-school based league □ I participated in a club, recreational, or intramural league at school □ I participated in a club, recreational, or intramural league outside of school □ Other □ None of the above
In which grades did you participate in cheerleading? Please select all that apply. You may provide your best estimate if you are not exactly sure.
Grade 9
☐ Grade 10
☐ Grade 11 ☐ Grade 12
Please select all that apply in regards to your participation in
cheerleading. You may provide your best estimate if you are not exactly sure.
☐ I traveled for cheerleading tournaments.
My team won a cheerleading tournament.
■ None of the above

On average, how many hours per week did you spend practicing

cheerleading? You may provide your best estimate if you are not exactly sure.
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours
Please select all that apply in regards to the types of leagues you participated in cheerleading. You may provide your best estimate if you are not exactly sure.
I participated in a competitive, school based league I participated in a competitive, non-school based league I participated in a club, recreational, or intramural league at school I participated in a club, recreational, or intramural league outside of school Other None of the above
In which grades did you participate in cross country? Please select all that apply. You may provide your best estimate if you are not exactly sure.
Grade 9 Grade 10 Grade 11 Grade 12

t
)SS Y

Please select all that apply in regards to the types of leagues you

participated in cross country. You may provide your best estimate if you are not exactly sure. I participated in a competitive, school based league I participated in a competitive, non-school based league I participated in a club, recreational, or intramural league at school I participated in a club, recreational, or intramural league outside of school Other None of the above In which grades did you participate in field hockey? Please select all that apply. You may provide your best estimate if you are not exactly sure. Grade 9 Grade 10 Grade 11 Grade 12 Please select all that apply in regards to your participation in field hockey. You may provide your best estimate if you are not exactly sure. My team traveled for games or tournaments. My team participated in playoffs. My team won a championship. None of the above

On average, how many hours per week did you spend practicing field hockey with the team? You may provide your best estimate if you are not exactly sure.
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours
On average, how many hours per week did you spend playing in field hockey games? You may provide your best estimate if you are not exactly sure.
1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours
Please select all positions you played in. You may provide your best estimate if you are not exactly sure.
Left/right Defense Left/right Wing Center Goalie Other

Please select all that apply in regards to the types of leagues you played field hockey in. You may provide your best estimate if you are not exactly sure.
☐ School Leaguel participated in a competitive, school based league
☐ I participated in a competitive, non-school based league
☐ I participated in a club, recreational, or intramural league at school
☐ I participated in a club, recreational, or intramural league outside of school
Other
■ None of the above
In which anados did you porticipate in American tookle football? Diseas
In which grades did you participate in American tackle football? Please select all that apply. You may provide your best estimate if you are not

exactly sure.

Grade 9

Grade 10

Grade 11

Grade 12

Please select all that apply in regards to your participation in American tackle football. You may provide your best estimate if you are not exactly sure.

My team traveled for games or tournaments.

Quarterback

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□ Running Back	
Fullback	
☐ Offensive Line	
☐ Wide Receiver	
☐ Tight End	
☐ Defensive Line	
Linebacker	
☐ Cornerback	
☐ Safety	
☐ Kicker/Punter	
☐ Participation in kick off return	
□ Long Snapper	
Oth	er
☐ None of the above	
Please select all that apply in re	egards to the types of leagues you played
American tackle football in. Yo	u may provide your best estimate if you are
not exactly sure.	
☐ I participated in a competitive, s	chool based league
☐ I participated in a competitive, n	· ·
	onal, or intramural league at school
	onal, or intramural league outside of school
Other	•
	□ I
☐ None of the above	

In which grades did you participate in American flag football? Please select all that apply. You may provide your best estimate if you are not exactly sure.
Grade 9 Grade 10 Grade 11 Grade 12
Please select all that apply in regards to your participation in American flag football. You may provide your best estimate if you are not exactly sure.
 My team traveled for games or tournaments. My team participated in playoffs. My team won a championship. None of the above
On average, how many hours per week did you spend practicing American flag football with the team? You may provide your best estimate if you are not exactly sure.
1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours

flag	average, how many hours per week did you spend playing in American football games? You may provide your best estimate if you are not ctly sure.
1-4	hours
5-9	hours
10-	-14 hours
15	-19 hours
<u>20</u> -	+ hours
Dloc	oo calaat all positions you played in Vou may provide your boot
	ase select all positions you played in. You may provide your best mate if you are not exactly sure.
Qu	arterback
Ru	nning Back
Ful	lback
Off	ensive Line
Wie	de Receiver
Tig	ht End
_ De	fensive Line
Lin	ebacker
_ Co	rnerback
☐ Sa	fety
Kic	ker/Punter
Pa	rticipation in kick off return
_ Loi	ng Snapper
$\neg \vdash$	Other

None of the above

Please select all that apply in regards to the types of leagues you played

American flag football in. You may provide your best estimate if you are not exactly sure. I participated in a competitive, school based league I participated in a competitive, non-school based league I participated in a club, recreational, or intramural league at school I participated in a club, recreational, or intramural league outside of school Other None of the above In which grades did you participate in golf? Please select all that apply. You may provide your best estimate if you are not exactly sure. Grade 9 Grade 10 Grade 11 Grade 12 Please select all that apply in regards to your participation in golf. You may provide your best estimate if you are not exactly sure. My team traveled for matches or tournaments. I or my team won a tournament.

None of the above

On average, how many hours per week did you spend practicing golf with

the team? You may provide your best estimate if you are not exactly	sure
1-4 hours	
○ 5-9 hours	
○ 10-14 hours	
○ 15-19 hours	
O 20+ hours	
On average, how many hours per week did you spend participating in matches? You may provide your best estimate if you are not exactly	•
1-4 hours	
O 5-9 hours	
10-14 hours	
15-19 hours	
O 20+ hours	
Please select all that apply in regards to the types of leagues you pla	yed
golf in. You may provide your best estimate if you are not exactly sur	e.
☐ I participated in a competitive, school based league	
☐ I participated in a competitive, non-school based league	
☐ I participated in a club, recreational, or intramural league at school	
☐ I participated in a club, recreational, or intramural league outside of school	ol
Other	
■ None of the above	

In which grades did you participate in gymnastics? Please select all that apply. You may provide your best estimate if you are not exactly sure.
Grade 9 Grade 10 Grade 11 Grade 12
Please select all that apply in regards to your participation in gymnastics. You may provide your best estimate if you are not exactly sure.
 My team traveled for meets or tournaments. I or my team won a tournament. None of the above
On average, how many hours per week did you spend practicing gymnastics with the team? You may provide your best estimate if you are not exactly sure.
1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours

On average, how many hours per week did you spend participating in gymnastics meets?

Please select all that apply in regards to your participation in ice hockey. You may provide your best estimate if you are not exactly sure.

☐ My team participated in playoffs.
☐ My team won a championship.
☐ None of the above
On average, how many hours per week did you spend practicing ice hockey with the team? You may provide your best estimate if you are not exactly sure.
1-4 hours
5-9 hours
10-14 hours
15-19 hours
20+ hours
On average, how many hours per week did you spend playing in ice hockey games? You may provide your best estimate if you are not exactly sure.
1-4 hours
5-9 hours
10-14 hours
15-19 hours
20+ hours

Please select all positions you played in. You may provide your best estimate if you are not exactly sure.

Please select all that apply in regards to your participation in lacrosse. You may provide your best estimate if you are not exactly sure.
 My team traveled for games or tournaments. My team participated in playoffs. My team won a championship. None of the above
On average, how many hours per week did you spend practicing lacrosse with the team? You may provide your best estimate if you are not exactly sure.
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours
On average, how many hours per week did you spend playing in lacrosse games? You may provide your best estimate if you are not exactly sure.
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours

Please select all positions you played in. You may provide your best estimate if you are not exactly sure.
Midfielder
Attacker
Goalie
Defenseman
Other
None of the above
Please select all that apply in regards to the types of leagues you played acrosse in. You may provide your best estimate if you are not exactly sure.
I participated in a competitive, school based league
I participated in a competitive, non-school based league
I participated in a club, recreational, or intramural league at school
I participated in a club, recreational, or intramural league outside of school
Other
None of the above
n which grades did you participate in rugby? Please select all that apply. You may provide your best estimate if you are not exactly sure.
Grade 9
Grade 10
Grade 11
Grade 12

Please select all that apply in regards to your participation in rugby. You may provide your best estimate if you are not exactly sure.
 My team traveled for games or tournaments. My team participated in playoffs. My team won a championship. None of the above
On average, how many hours per week did you spend practicing rugby with the team? You may provide your best estimate if you are not exactly sure.
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours
On average, how many hours per week did you spend playing in rugby games? You may provide your best estimate if you are not exactly sure.
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours

Please select all positions you played in. You may provide your best

estimate if you are not exactly sure.	
☐ Forward	
☐ Back	
Other	
None of the above	
Please select all that apply in regards to the types of	leaques vou plaved
rugby in. You may provide your best estimate if you a	
 □ I participated in a competitive, school based league □ I participated in a competitive, non-school based league □ I participated in a club, recreational, or intramural league □ I participated in a club, recreational, or intramural league □ Other □ None of the above 	
In which grades did you participate in soccer? Please apply. You may provide your best estimate if you are	
☐ Grade 9	
☐ Grade 10	
Grade 11	
☐ Grade 12	

estimate if you are not exactly sure.
☐ Goalkeeper
☐ Fullback
☐ Center Back
☐ Defending/Holding Midfielder
☐ Central/Box-to-Box Midfielder
Striker
Attacking Midfielder/Playmaker
Other
■ None of the above
Please select all that apply in regards to the types of leagues you played
soccer in. You may provide your best estimate if you are not exactly sure
☐ I participated in a competitive, school based league
☐ I participated in a competitive, non-school based league
☐ I participated in a club, recreational, or intramural league at school
☐ I participated in a club, recreational, or intramural league outside of school
Other
☐ None of the above

Please select all positions you played in. You may provide your best

In which grades did you participate in softball? Please select all that apply. You may provide your best estimate if you are not exactly sure.

In which grades did you participate in swimming? Please select all that apply. You may provide your best estimate if you are not exactly sure.

None of the above

○ 15-19 hours○ 20+ hours
Please select all that apply in regards to the types of leagues you participated in swimming. You may provide your best estimate if you are not exactly sure.
☐ I participated in a competitive, school based league ☐ I participated in a competitive, non-school based league ☐ I participated in a club, recreational, or intramural league at school ☐ I participated in a club, recreational, or intramural league outside of school ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐
In which grades did you participate in tennis? Please select all that apply. You may provide your best estimate if you are not exactly sure. Grade 9 Grade 10 Grade 11 Grade 12
Please select all that apply in regards to your participation in tennis. You may provide your best estimate if you are not exactly sure. My team traveled for meets or tournaments.

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☐ None of the above	
	hours per week did you spend practicing tennis with
the team? You may prov	vide your best estimate if you are not exactly sure.
1-4 hours	
○ 5-9 hours	
10-14 hours	
15-19 hours	
20+ hours	
	hours per week did you spend participating in tennis
matches? You may prov	vide your best estimate if you are not exactly sure.
1-4 hours	
○ 5-9 hours	
10-14 hours	
15-19 hours	
20+ hours	
Please select all that ap	ply in regards to the types of leagues you played
tennis in. You may prov	ide your best estimate if you are not exactly sure.
☐ I participated in a compe	etitive, school based league
☐ I participated in a compe	etitive, non-school based league
☐ I participated in a club, re	ecreational, or intramural league at school
☐ I participated in a club, re	ecreational, or intramural league outside of school

On average, how many hours per week did you spend participating in track and field meets?
1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours
Please select all that apply in regards to the types of leagues you participated in track and field. You may provide your best estimate if you are not exactly sure.
I participated in a competitive, school based league I participated in a competitive, non-school based league I participated in a club, recreational, or intramural league at school I participated in a club, recreational, or intramural league outside of school Other None of the above
In which grades did you participate in volleyball? Please select all that apply. You may provide your best estimate if you are not exactly sure.
Grade 9 Grade 10 Grade 11

Grade 12

Please select all that apply in regards to your participation in volleyber may provide your best estimate if you are not exactly sure.	all. You
 My team traveled for games or tournaments. My team participated in playoffs. My team won a championship. None of the above 	
On average, how many hours per week did you spend practicing volleyball with the team? You may provide your best estimyou are not exactly sure.	nate if
1-4 hours	
5-9 hours10-14 hours	
○ 15-19 hours	
O 20+ hours	
On average, how many hours per week did you spend playing in volleyball games? You may provide your best estimate if y not exactly sure.	ou are
1-4 hours	
O 5-9 hours	
10-14 hours	
○ 15-19 hours○ 20+ hours	
· · · · · · ·	

estimate if you are not exactly sure.	
 Left/right Front Left/right Back Middle Back Other None of the above 	
Please select all that apply in regards to the types of leagues you playe volleyball in. You may provide your best estimate if you are not exactly	
 □ I participated in a competitive, school based league □ I participated in a competitive, non-school based league □ I participated in a club, recreational, or intramural league at school □ I participated in a club, recreational, or intramural league outside of school □ Other □ None of the above 	
In which grades did you participate in water polo? Please select all that apply. You may provide your best estimate if you are not exactly sure.	
☐ Grade 9 ☐ Grade 10 ☐ Grade 11	

Please select all that apply in regards to your participation in water polo. You may provide your best estimate if you are not exactly sure. My team traveled for games or tournaments. My team participated in playoffs. My team won a championship. None of the above On average, how many hours per week did you spend practicing water polo with the team? You may provide your best estimate if you are not exactly sure.) 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours On average, how many hours per week did you spend playing in water polo matches? You may provide your best estimate if you are not exactly sure. 1-4 hours

15-19 hours

5-9 hours

10-14 hours

Please select all positions you played in.	You may provide your best
estimate if you are not exactly sure.	

☐ Goalkeeper
☐ Defensive Specialist
☐ Driver
☐ Two-Meter Specialist
☐ Other
☐ None of the above

Please select all that apply in regards to the types of leagues you played water polo in. You may provide your best estimate if you are not exactly sure.

□ I participated in a competitive, school based league
 □ I participated in a competitive, non-school based league
 □ I participated in a club, recreational, or intramural league at school
 □ I participated in a club, recreational, or intramural league outside of school
 □ Other
 □ None of the above

In which grades did you participate in wrestling? Please select all that apply. You may provide your best estimate if you are not exactly sure.

10-14 hours
□ 15-19 hours
20+ hours
Please select all that apply in regards to the types of leagues you participated in wrestling. You may provide your best estimate if you are not
exactly sure.
☐ I participated in a competitive, school based league
☐ I participated in a competitive, non-school based league
☐ I participated in a club, recreational, or intramural league at school
☐ I participated in a club, recreational, or intramural league outside of school
Other
None of the above
In which grades did you participate in \${q://QID218/ChoiceTextEntryValue/21}? Please
select all that apply. You may provide your best estimate if you are not exactly sure.
Grade 9
Grade 10
Grade 11
Grade 12

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Please select all that apply in regards to your participation in \${q://QID218/ChoiceTextEntryValue/21}. You may provide your best estimate if you are not exactly sure.

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 My team traveled for games or tournaments. My team participated in playoffs. My team won a championship. None of the above
On average, how many hours per week did you spend practicing \${q://QID218/ChoiceTextEntryValue/21} with the team? You may provide your best estimate if you are not exactly sure.
1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours
On average, how many hours per week did you spend playing in \${q://QID218/ChoiceTextEntryValue/21} games? You may provide your best estimate if you are not exactly sure.
1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours

Please indicate the primary position you played while playing \${q://QID218/ChoiceTextEntryValue/21}. You may provide your best

Please select all that apply in regards to the types of leagues you played \${q://QID218/ChoiceTextEntryValue/21} in. You may provide your best estimate if you are not exactly sure. I participated in a competitive, school based league I participated in a competitive, non-school based league I participated in a club, recreational, or intramural league at school I participated in a club, recreational, or intramural league outside of school Other Non of the above In which grades did you participate in \${q://QID218/ChoiceTextEntryValue/22}? Please select all that apply. You may provide your best estimate if you are not exactly sure. Grade 9 Grade 10 Grade 11 Grade 12	estimate if you are not exactly sure.
played \${q://QID218/ChoiceTextEntryValue/21} in. You may provide your best estimate if you are not exactly sure. I participated in a competitive, school based league I participated in a competitive, non-school based league I participated in a club, recreational, or intramural league at school I participated in a club, recreational, or intramural league outside of school Other Non of the above	
played \${q://QID218/ChoiceTextEntryValue/21} in. You may provide your best estimate if you are not exactly sure. I participated in a competitive, school based league I participated in a competitive, non-school based league I participated in a club, recreational, or intramural league at school I participated in a club, recreational, or intramural league outside of school Other Non of the above	
I participated in a competitive, non-school based league I participated in a club, recreational, or intramural league at school I participated in a club, recreational, or intramural league outside of school Other Non of the above In which grades did you participate in \${q://QID218/ChoiceTextEntryValue/22}? Please select all that apply. You may provide your best estimate if you are not exactly sure. Grade 9 Grade 10 Grade 11	played \${q://QID218/ChoiceTextEntryValue/21} in. You may provide your
I participated in a club, recreational, or intramural league at school I participated in a club, recreational, or intramural league outside of school Other Non of the above In which grades did you participate in \${q://QID218/ChoiceTextEntryValue/22}? Please select all that apply. You may provide your best estimate if you are not exactly sure. Grade 9 Grade 10 Grade 11	☐ I participated in a competitive, school based league
I participated in a club, recreational, or intramural league outside of school Other Non of the above In which grades did you participate in \${q://QID218/ChoiceTextEntryValue/22}? Please select all that apply. You may provide your best estimate if you are not exactly sure. Grade 9 Grade 10 Grade 11	☐ I participated in a competitive, non-school based league
In which grades did you participate in \${q://QID218/ChoiceTextEntryValue/22}? Please select all that apply. You may provide your best estimate if you are not exactly sure. Grade 9 Grade 10 Grade 11	☐ I participated in a club, recreational, or intramural league at school
In which grades did you participate in \${q://QID218/ChoiceTextEntryValue/22}? Please select all that apply. You may provide your best estimate if you are not exactly sure. Grade 9 Grade 10 Grade 11	☐ I participated in a club, recreational, or intramural league outside of school
In which grades did you participate in \${q://QID218/ChoiceTextEntryValue/22}? Please select all that apply. You may provide your best estimate if you are not exactly sure. Grade 9 Grade 10 Grade 11	Other
in \${q://QID218/ChoiceTextEntryValue/22}? Please select all that apply. You may provide your best estimate if you are not exactly sure. Grade 9 Grade 10 Grade 11	■ Non of the above
in \${q://QID218/ChoiceTextEntryValue/22}? Please select all that apply. You may provide your best estimate if you are not exactly sure. Grade 9 Grade 10 Grade 11	
Grade 10 Grade 11	in \${q://QID218/ChoiceTextEntryValue/22}? Please select all that apply. You
Grade 11	☐ Grade 9
	☐ Grade 10
Grade 12	☐ Grade 11
	☐ Grade 12

Please select all that apply in regards to your participation in \${q://QID218/ChoiceTextEntryValue/22}. You may provide your best estimate if you are not exactly sure.

 My team traveled for games or tournaments. My team participated in playoffs. My team won a championship. None of the above
On average, how many hours per week did you spend practicing \${q://QID218/ChoiceTextEntryValue/22} with the team? You may provide your best estimate if you are not exactly sure.
1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours
On average, how many hours per week did you spend playing in \${q://QID218/ChoiceTextEntryValue/22} games? You may provide your best estimate if you are not exactly sure.
1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours

Please indicate the primary position you played while playing \${q://QID218/ChoiceTextEntryValue/22}. You may provide your best

estimate if you are not exactly sure.
Please select all that apply in regards to the types of leagues you played \${q://QID218/ChoiceTextEntryValue/22} in. You may provide your
best estimate if you are not exactly sure.
I participated in a competitive, school based league I participated in a competitive, non-school based league I participated in a club, recreational, or intramural league at school I participated in a club, recreational, or intramural league outside of school Other
None of the above
In which grades did you participate
in \${q://QID218/ChoiceTextEntryValue/23}? Please select all that apply. You may provide your best estimate if you are not exactly sure.
Grade 9 Grade 10 Grade 11 Grade 12

Please select all that apply in regards to your participation in \${q://QID218/ChoiceTextEntryValue/23}. You may provide your best estimate if you are not exactly sure.

☐ My team traveled for games or tournaments. ☐ My team participated in playeffs.
✓ My team participated in playoffs.✓ My team won a championship.
None of the above
On average, how many hours per week did you spend
practicing \${q://QID218/ChoiceTextEntryValue/23} with the team? You may
provide your best estimate if you are not exactly sure.
1-4 hours
5-9 hours
10-14 hours
15-19 hours
20+ hours
On average, how many hours per week did you spend playing in \${q://QID218/ChoiceTextEntryValue/23} games? You may provide
your best estimate if you are not exactly sure.
1-4 hours
5-9 hours
10-14 hours
) 15-19 hours) 20+ hours
) 201 Hours

Please indicate the primary position you played while playing \${q://QID218/ChoiceTextEntryValue/23}. You may provide your best

layed		regards to the types of leagues you at EntryValue/23} in. You may provide your actly sure.
l partic	ipated in a competitive, s	chool based league
partic	ipated in a competitive, n	on-school based league
I partio	ipated in a club, recreation	onal, or intramural league at school
I partic	ipated in a club, recreation	onal, or intramural league outside of school
None (Oth of the above	er
		n in any other regular athletic participation n High School (Grade 9 through Grade 12)

College

Please select all sports that you participated in on an organized team at any time during College.

If a sport you participated in is not listed, you may select "Other Sport" and type in up to three other sports.

If you did not participate in	any sports, please select "None."
None	
☐ American Flag Football	
☐ American Tackle Football	
☐ Baseball	
☐ Basketball	
Cheerleading	
☐ Cross Country	
☐ Field Hockey	
Golf	
☐ Gymnastics	
☐ Ice Hockey	
Lacrosse	
Rugby	
Soccer	
☐ Softball	
Swimming	
☐ Tennis	
☐ Track & Field	
☐ Volleyball	
☐ Water Polo	
☐ Wrestling	
	Other Sport 1

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	Other Sport 2
	Other Sport 3
_	Other Sport 3
Did you have any physica	al limitations that prevented you from playing on
an organized sports team	
○ Yes	
○ No	
I prefer not to answer	
of prefer flot to allower	
Note. The following quest	tions are in regards to your participation in
sports in College.	
In which grades did you r	play baseball? Please select all that apply. You may
	te if you are not exactly sure.
provide your best estima	te if you are not exactly sure.
☐ Freshman	
Sophmore	
Junior	
_ Senior	

Please select all that apply in regards to your participation in baseball. You may provide your best estimate if you are not exactly sure.

Catcher
☐ Baseman/Shortstop
Outfielder
Other
None of the above
Please select all that apply in regards to the types of leagues you played
baseball in. You may provide your best estimate if you are not exactly sure.
☐ I participated in a competitive, school based league
☐ I participated in a competitive, non-school based league
☐ I participated in a club, recreational, or intramural league at school
☐ I participated in a club, recreational, or intramural league outside of school
Other
None of the above
In which grades did you play basketball? Please select all that apply. You
may provide your best estimate if you are not exactly sure.
Freshman
Sophmore
Junior Senior
Senior

Please select all that apply in regards to your participation in basketball. You may provide your best estimate if you are not exactly sure.

 My team traveled for games or tournaments. My team participated in playoffs. My team won a championship. None of the above
On average, how many hours per week did you spend practicing basketball with the team? You may provide your best estimate if you are not exactly sure.
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours
On average, how many hours per week did you spend playing in basketball games? You may provide your best estimate if you are not exactly sure.
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours
Please select all positions you played in. You may provide your best estimate if you are not exactly sure.
☐ Guard

□ F	Forward
	Center
	Other
	None of the above
ba	lease select all that apply in regards to the types of leagues you played asketball in. You may provide your best estimate if you are not exactly ure.
□ I	participated in a competitive, school based league
□ I	participated in a competitive, non-school based league
□ I	participated in a club, recreational, or intramural league at school
	participated in a club, recreational, or intramural league outside of school
	Other
_ N	None of the above
	which grades did you participate in cheerleading? Please select all that oply. You may provide your best estimate if you are not exactly sure.
□ F	- reshman
	Sophmore
	Junior
	Senior

Please select all that apply in regards to your participation in cheerleading. You may provide your best estimate if you are not exactly

sure.
☐ I traveled for cheerleading tournaments.
☐ My team won a cheerleading tournament.
On average, how many hours per week did you spend practicing
On average, how many hours per week did you spend practicing cheerleading?
○ 1-4 hours○ 5-9 hours
○ 10-14 hours
15-19 hours
20+ hours
20. 110010
Please select all that apply in regards to the types of leagues you
participated in cheerleading. You may provide your best estimate if you are
not exactly sure.
☐ I participated in a competitive, school based league
☐ I participated in a competitive, non-school based league
☐ I participated in a club, recreational, or intramural league at school
☐ I participated in a club, recreational, or intramural league outside of school
Other
■ None of the above

In which grades did you participate in cross country? Please select all that apply. You may provide your best estimate if you are not exactly sure.

○ 10-14 hours
○ 15-19 hours
O 20+ hours
Please select all that apply in regards to the types of leagues you participated in cross country. You may provide your best estimate if you are not exactly sure.
☐ I participated in a competitive, school based league
☐ I participated in a competitive, non-school based league
☐ I participated in a club, recreational, or intramural league at school
☐ I participated in a club, recreational, or intramural league outside of school ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐
■ None of the above
In which grades did you participate in field hockey? Please select all that apply. You may provide your best estimate if you are not exactly sure. Freshman Sophmore Junior Senior
Please select all that apply in regards to your participation in field hockey. You may provide your best estimate if you are not exactly sure.
☐ My team traveled for games or tournaments.

Left/right Defense

Please select all that apply in regards to your participation in American

tackle football. You may provide your best estimate if you are not ex sure.	actly
 My team traveled for games or tournaments. My team participated in playoffs. My team won a championship. None of the above 	
On average, how many hours per week did you spend practicing An tackle football with the team? You may provide your best estimate it not exactly sure.	
1-4 hours	
○ 5-9 hours	
10-14 hours	
15-19 hours	
O 20+ hours	
On average, how many hours per week did you spend playing in Amtackle football games? You may provide your best estimate if you are exactly sure.	
O 1-4 hours	
○ 5-9 hours	
10-14 hours	
15-19 hours	
O 20+ hours	

Please se	lect all	positions	you pla	ayed in.	You may	provide	your	best
estimate i	if you a	re not exa	ctly su	re.				

	Quarterback
	Running Back
	Fullback
	Offensive Line
	Wide Receiver
	Tight End
	Defensive Line
	Linebacker
	Cornerback
	Safety
	Kicker/Punter
	Participation in kick off return
	Long Snapper
	Other
	None of the above
	Please select all that apply in regards to the types of leagues you played
	American tackle football in. You may provide your best estimate if you are
ľ	not exactly sure.
	I participated in a competitive, school based league
	I participated in a competitive, non-school based league
	I participated in a club, recreational, or intramural league at school
	I participated in a club, recreational, or intramural league outside of school
	Other

	urs per week did you spend playing in American nay provide your best estimate if you are not
1-4 hours	
5-9 hours	
10-14 hours	
15-19 hours	
20+ hours	
Please select all positions estimate if you are not exa	you played in. You may provide your best ctly sure.
Quarterback	
Running Back	
Fullback	
Offensive Line	
☐ Wide Receiver	
☐ Tight End	
Defensive Line	
Linebacker	
Cornerback	
Safety	
☐ Kicker/Punter	
Participation in kick off retu	rn
Long Snapper	
	Other

None of the above

Please select all that apply in regards to the types of leagues you played American flag football in. You may provide your best estimate if you are not exactly sure. I participated in a competitive, school based league I participated in a competitive, non-school based league I participated in a club, recreational, or intramural league at school I participated in a club, recreational, or intramural league outside of school Other None of the above In which grades did you participate in golf? Please select all that apply. You may provide your best estimate if you are not exactly sure. Freshman Sophmore **Junior** Senior Please select all that apply in regards to your participation in golf. You may provide your best estimate if you are not exactly sure. My team traveled for matches or tournaments. I or my team won a tournament.

None of the above

On average, how many hours per week did you spend practicing golf with the team? You may provide your best estimate if you are not exactly sure
1-4 hours
5-9 hours
10-14 hours
15-19 hours
20+ hours
On average, how many hours per week did you spend participating in gol matches? You may provide your best estimate if you are not exactly sure
1-4 hours
○ 5-9 hours
10-14 hours
15-19 hours
20+ hours
Please select all that apply in regards to the types of leagues you played golf in. You may provide your best estimate if you are not exactly sure.
I participated in a competitive, school based league
☐ I participated in a competitive, non-school based league
☐ I participated in a club, recreational, or intramural league at school
☐ I participated in a club, recreational, or intramural league outside of school
Other
None of the above

•	ipate in gymnastics? Please select all that est estimate if you are not exactly sure.
☐ Freshman☐ Sophmore☐ Junior☐ Senior	
• • •	regards to your participation in your best estimate if you are not exactly sure.
	
On average, how many hours practicing gymnastics with the you are not exactly sure.	per week did you spend e team? You may provide your best estimate if
1-4 hours5-9 hours10-14 hours15-19 hours20+ hours	

On average, how many hours per week did you spend participating in gymnastics meets? You may provide your best estimate if you are not

exactly sure.	
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours 	
Please select all that apply in regards to the types of leagues you participated in gymnastics. You may provide your best estimate if yo not exactly sure.	u are
 □ I participated in a competitive, school based league □ I participated in a competitive, non-school based league □ I participated in a club, recreational, or intramural league at school □ I participated in a club, recreational, or intramural league outside of scho □ Other □ None of the above 	ol
In which grades did you participate in ice hockey? Please select all tapply. You may provide your best estimate if you are not exactly sure	
□ Freshman□ Sophmore□ Junior□ Senior	

hockey. You may provide your best estimate if you are not exactly sure.
 My team traveled for games or tournaments. My team participated in playoffs. My team won a championship. None of the above
On average, how many hours per week did you spend practicing ice hockey with the team? You may provide your best estimate if you are not exactly sure.
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours
On average, how many hours per week did you spend playing in ice hockey games? You may provide your best estimate if you are not exactly sure.
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours

estimate if you are not exactly sure.	
Left/right Defense Left/right Wing Center Goalie None of the above	
Please select all that apply in regards to the types of leagues you played hockey in. You may provide your best estimate if you are not exactly sur	
 □ I participated in a competitive, school based league □ I participated in a competitive, non-school based league □ I participated in a club, recreational, or intramural league at school □ I participated in a club, recreational, or intramural league outside of school □ Other □ None of the above 	
In which grades did you participate in lacrosse? Please select all that apply. You may provide your best estimate if you are not exactly sure.	
□ Freshman□ Sophmore□ Junior□ Senior	

Please select all that apply in regards to your participation in lacrosse. You may provide your best estimate if you are not exactly sure.
 My team traveled for games or tournaments. My team participated in playoffs. My team won a championship. None of the above
On average, how many hours per week did you spend practicing lacrosse with the team? You may provide your best estimate if you are not exactly sure.
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours
On average, how many hours per week did you spend playing in lacrosse games? You may provide your best estimate if you are not exactly sure.
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours

estimate if you are not exactly sure.				
	Midfielder Attacker Goalie Defenseman Other None of the above			
Please select all that apply in regards to the types of leagues you played lacrosse in. You may provide your best estimate if you are not exactly sure.				
 □ I participated in a competitive, school based league □ I participated in a competitive, non-school based league □ I participated in a club, recreational, or intramural league at school □ I participated in a club, recreational, or intramural league outside of school □ Other □ None of the above 				
In which grades did you participate in rugby? Please select all that apply. You may provide your best estimate if you are not exactly sure.				
	Freshman Sophmore Junior Senior			

Please select all that apply in regards to your participation in rugby. You may provide your best estimate if you are not exactly sure.
 My team traveled for games or tournaments. My team participated in playoffs. My team won a championship. None of the above
On average, how many hours per week did you spend practicing rugby with the team? You may provide your best estimate if you are not exactly sure.
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours
On average, how many hours per week did you spend playing in rugby games? You may provide your best estimate if you are not exactly sure.
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours

estimate if you are not exactly sure.
Goalkeeper
☐ Fullback
☐ Center Back
□ Defending/Holding Midfielder
☐ Central/Box-to-Box Midfielder
☐ Striker
☐ Attacking Midfielder/Playmaker
Other
■ None of the above
Please select all that apply in regards to the types of leagues you played
soccer in. You may provide your best estimate if you are not exactly sure
☐ I participated in a competitive, school based league
I participated in a competitive, non-school based league
I participated in a club, recreational, or intramural league at school
☐ I participated in a club, recreational, or intramural league outside of school
Other

In which grades did you participate in softball? Please select all that apply. You may provide your best estimate if you are not exactly sure.

4/29/2019	Qualtrics Survey Software
○ 10-14 hours	
○ 15-19 hours	
O 20+ hours	
Please select all positions you playe	
estimate if you are not exactly sure.	
☐ Pitcher	
☐ Catcher	
☐ Baseman/Shortstop	
Outfielder	
Other	
☐ None of the above	
	Is to the types of leagues you played
softball in. You may provide your be	est estimate if you are not exactly sure.
☐ I participated in a competitive, school	based league
☐ I participated in a competitive, non-sc	hool based league
☐ I participated in a club, recreational, c	r intramural league at school
☐ I participated in a club, recreational, o	r intramural league outside of school
Other	
■ None of the above	

In which grades did you participate in swimming? Please select all that apply. You may provide your best estimate if you are not exactly sure.

☐ Freshman
□ Sophmore □ Sophmore
☐ Junior
☐ Senior
Please select all that apply in regards to your participation in swimming. You may provide your best estimate if you are not exactly sure.
☐ My team traveled for meets or tournaments.
☐ I or my team won a tournament.
■ None of the above
On average, how many hours per week did you spend practicing swimming with the team? You may provide your best estimate if you are not exactly sure.
1-4 hours
○ 5-9 hours
10-14 hours
15-19 hours
O 20+ hours
On average, how many hours per week did you spend participating in swim meets? You may provide your best estimate if you are not exactly sure.
1-4 hours
○ 5-9 hours
○ 10-14 hours

15-19 hours
O 20+ hours
Please select all that apply in regards to the types of leagues you participated in swimming. You may provide your best estimate if you are not exactly sure.
☐ I participated in a competitive, school based league
☐ I participated in a competitive, non-school based league
☐ I participated in a club, recreational, or intramural league at school
☐ I participated in a club, recreational, or intramural league outside of school
Other
In which grades did you participate in tennis? Please select all that apply. You may provide your best estimate if you are not exactly sure. □ Freshman □ Sophmore
☐ Junior ☐ Senior
Please select all that apply in regards to your participation in tennis. You may provide your best estimate if you are not exactly sure.
☐ My team traveled for meets or tournaments.
☐ I or my team won a tournament.

/29/2019	Qualtrics Survey Software
☐ None of the above	
	er week did you spend practicing tennis with ir best estimate if you are not exactly sure.
1-4 hours	
○ 5-9 hours	
10-14 hours	
15-19 hours	
20+ hours	
	er week did you spend participating in tennis
matches? You may provide you	ir best estimate if you are not exactly sure.
1-4 hours	
○ 5-9 hours	
10-14 hours	
15-19 hours	
20+ hours	
Please select all that annly in re	egards to the types of leagues you played
	r best estimate if you are not exactly sure.
☐ I participated in a competitive, so	· ·
☐ I participated in a competitive, no	•
	nal, or intramural league at school
i participated in a club, recreation	nal, or intramural league outside of school

4/29/2019	Qualtrics Survey Software
	Other
☐ None of the above	
	articipate in track and field? Please select all that our best estimate if you are not exactly sure.
Freshman	
Sophmore	
Junior	
☐ Senior	
	y in regards to your participation in track and ur best estimate if you are not exactly sure.
☐ I or my team traveled for m	neets or tournaments.
☐ I or my team won a tournar	
☐ None of the above	
On average, how many ho	ours per week did you spend practicing track and
	nay provide your best estimate if you are not
exactly sure.	
1-4 hours	
○ 5-9 hours	
○ 10-14 hours	
15-19 hours	
O 20+ hours	

On average, how many hours per week did you spend participating in track and field meets? You may provide your best estimate if you are not exactly sure.
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours
Please select all that apply in regards to the types of leagues you participated in track and field. You may provide your best estimate if you are not exactly sure.
 □ I participated in a competitive, school based league □ I participated in a competitive, non-school based league □ I participated in a club, recreational, or intramural league at school □ I participated in a club, recreational, or intramural league outside of school □ Other □ None of the above
In which grades did you participate in volleyball? Please select all that apply. You may provide your best estimate if you are not exactly sure.
□ Freshman□ Sophmore□ Junior

4/29/2019	Qualtrics Survey Software
□ Senior	
	regards to your participation in volleyball. You ate if you are not exactly sure.
☐ My team traveled for games of	r tournaments.
My team participated in playor	
☐ My team won a championship).
■ None of the above	
On average, how many hours	s per week did you spend
	team? You may provide your best estimate if
you are not exactly sure.	
1-4 hours	
5-9 hours	
10-14 hours	
15-19 hours	
20+ hours	
On average, how many hours	
	You may provide your best estimate if you are
not exactly sure.	
1-4 hours	
5-9 hours	
10-14 hours	

15-19 hours

4/29/2019 20+ hours	Qualtrics Survey Software
Please select all positions you pla estimate if you are not exactly sur	yed in. You may provide your best e.
 □ Left/right Front □ Middle Front □ Left/right Back □ Middle Back □ Other □ None of the above 	
	ards to the types of leagues you played ir best estimate if you are not exactly sure.
☐ I participated in a competitive, scho ☐ I participated in a competitive, non-s ☐ I participated in a club, recreational ☐ I participated in a club, recreational ☐ Other ☐ None of the above	school based league
	e in water polo? Please select all that estimate if you are not exactly sure.

Freshman

○ 10-14 hours
○ 15-19 hours
O 20+ hours
Please select all positions you played in. You may provide your best estimate if you are not exactly sure.
Goalkeeper
☐ Defensive Specialist
☐ Driver
☐ Two-Meter Specialist
Other
■ None of the above
Please select all that apply in regards to the types of leagues you played water polo in. You may provide your best estimate if you are not exactly sure.
☐ I participated in a competitive, school based league
☐ I participated in a competitive, non-school based league
I participated in a club, recreational, or intramural league at school
I participated in a club, recreational, or intramural league outside of school
Other
■ None of the above

In which grades did you participate in wrestling? Please select all that apply. You may provide your best estimate if you are not exactly sure.
□ Freshman□ Sophmore□ Junior□ Senior
Please select all that apply in regards to your participation in wrestling. You may provide your best estimate if you are not exactly sure.
 My team traveled for games or tournaments. I or my team won a tournament. None of the above
On average, how many hours per week did you spend practicing wrestling with the team? You may provide your best estimate if you are not exactly sure.
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours

On average, how many hours per week did you spend participating in wrestling matches? You may provide your best estimate if

you are not exactly sure.
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours
Please select all that apply in regards to the types of leagues you participated in wrestling. You may provide your best estimate if you are not exactly sure.
 □ I participated in a competitive, school based league □ I participated in a competitive, non-school based league □ I participated in a club, recreational, or intramural league at school □ I participated in a club, recreational, or intramural league outside of school □ Other □ None of the above
In which grades did you participate in \${q://QID323/ChoiceTextEntryValue/21}? Please select all that apply. You may provide your best estimate if you are not exactly sure.
□ Freshman□ Sophmore□ Junior□ Senior

Please select all that apply in regards to your participation

in \${q://QID323/ChoiceTextEntryValue/21}. You may provide your best estimate if you are not exactly sure.
 My team traveled for games or tournaments. My team participated in playoffs. My team won a championship. None of the above
On average, how many hours per week did you spend practicing \${q://QID323/ChoiceTextEntryValue/21} with the team? You may provide your best estimate if you are not exactly sure.
○ 1-4 hours○ 5-9 hours
○ 10-14 hours
○ 15-19 hours
O 20+ hours
On average, how many hours per week did you spend playing in \${q://QID323/ChoiceTextEntryValue/21} games? You may provide your best estimate if you are not exactly sure.
1-4 hours
○ 5-9 hours
10-14 hours
15-19 hours→ 20.4 hours
O 20+ hours

playing \${q://QID323/ChoiceTextEntryValue/21}. You may provide your best estimate if you are not exactly sure.	
Please select all that apply in regards to the types of leagues you played \${q://QID323/ChoiceTextEntryValue/21} in. You may provide your best estimate if you are not exactly sure.	
I participated in a competitive, school based league I participated in a competitive, non-school based league I participated in a club, recreational, or intramural league at school I participated in a club, recreational, or intramural league outside of school Other None of the above	
In which grades did you participate in \${q://QID323/ChoiceTextEntryValue/22}? Please select all that apply. You may provide your best estimate if you are not exactly sure.	
Freshman Sophmore Junior Senior	

Please select all that apply in regards to your participation in \${q://QID323/ChoiceTextEntryValue/22}. You may provide your best estimate if you are not exactly sure.	
 My team traveled for games or tournaments. My team participated in playoffs. My team won a championship. None of the above 	
On average, how many hours per week did you spend practicing \${q://QID323/ChoiceTextEntryValue/22} with the team? You may provide your best estimate if you are not exactly sure.	ay
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours 	
On average, how many hours per week did you spend playing in \${q://QID323/ChoiceTextEntryValue/22} games? You may provyour best estimate if you are not exactly sure.	ide
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours 	

playing \${q://QID323/ChoiceTextEntryValue/22}. You may provide your best estimate if you are not exactly sure.	
Please select all that apply in regards to the types of leagues you played \${q://QID323/ChoiceTextEntryValue/22} in. You may provide your best estimate if you are not exactly sure.	
I participated in a competitive, school based league I participated in a competitive, non-school based league I participated in a club, recreational, or intramural league at school I participated in a club, recreational, or intramural league outside of school Other None of the above	
In which grades did you participate in \${q://QID323/ChoiceTextEntryValue/23}? Please select all that apply. You may provide your best estimate if you are not exactly sure.	
Freshman Sophmore Junior Senior	

Please select all that apply in regards to your participation in \${q://QID323/ChoiceTextEntryValue/23}. You may provide your best estimate if you are not exactly sure.	
 My team traveled for games or tournaments. My team participated in playoffs. My team won a championship. None of the above 	
On average, how many hours per week did you spend practicing \${q://QID323/ChoiceTextEntryValue/23} with the team? You may provide your best estimate if you are not exactly sure.	y
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours 	
On average, how many hours per week did you spend playing in \${q://QID323/ChoiceTextEntryValue/23} games? You may provid your best estimate if you are not exactly sure.	de
 1-4 hours 5-9 hours 10-14 hours 15-19 hours 20+ hours 	

Please select all that apply in regards to the types of leagues you played \${q://QID323/ChoiceTextEntryValue/23} in. You may provide your pest estimate if you are not exactly sure.	
participated in a comparticipated in a comparticipated in a club	npetitive, school based league npetitive, non-school based league o, recreational, or intramural league at school o, recreational, or intramural league outside of school Other
lease detail your pa utside of an organiz	rticipation in any other regular athletic participation ed team in College.

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