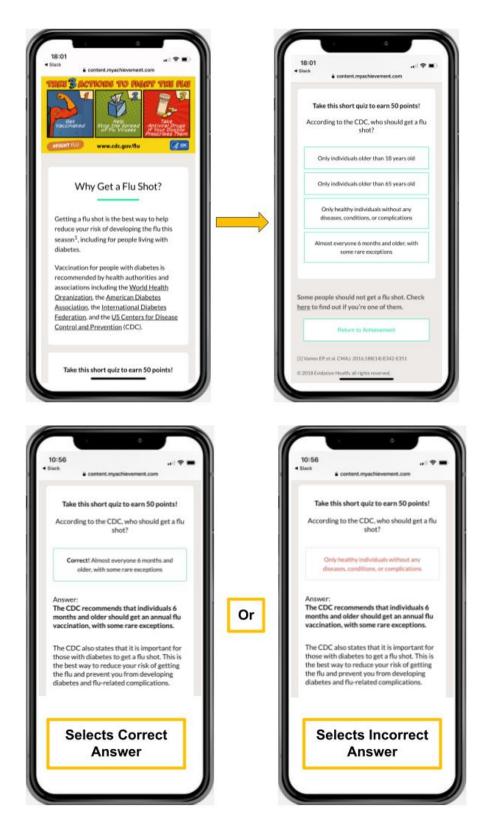
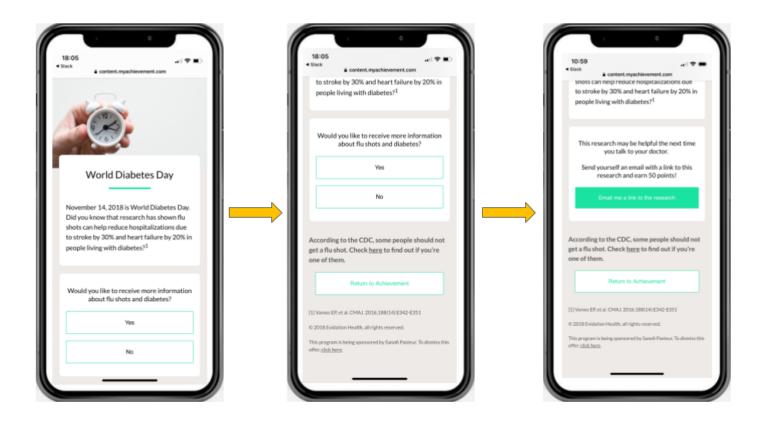
## **Supplementary Note 1**

Digital Diabetes Interventions: Examples of messages sent to participants in the PWD-I cohort: a) First message:



## b) Third message:



## c) Fifth message:

