

Supplemental material

Effect of inulin-type fructans on appetite in patients with type 2 diabetes: A randomized controlled crossover trial

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Supplemental table 1 Questions in the visual analogue scale

Questions		Answer at 0 mm	Answer at 100 mm
Hunger:	How hungry do you feel?	I am not hungry at all	I have never been more hungry
Satiety:	How satisfied do you feel?	I am completely empty	I cannot eat another bite
Fullness:	How full do you feel?	Not full at all	Totally full
Prospective food consumption:	How much do you think you can eat?	Nothing at all	A lot