IMPLICIT THEORIES AND INTERNALIZING SYMPTOMS

Supplemental Online Materials

These supplemental online materials are for the article, titled *Trait Attributions and Threat Appraisals Explain Why an Entity Theory of Personality Predicts Greater Internalizing Symptoms During Adolescence*. These materials are intended to appear only on a website linked to the article. The overall structure of the online supplemental materials is as follow:

- 1. Page S2: Implicit Theories of Personality Measures and Standardized Factor Loadings
- 2. Page S3: Intercorrelations among Key Variables (Study 1)
- Page S4: The Association Between an Entity Theory of Personality and Fixed Trait Attribution About the Self by Each Sample
- Page S5: The Path Coefficients for the Association of Entity Theory of Personality to Internalizing Symptoms after Controlling for Gender
- 5. Pages S6-S8: Study 2 Modeling syntax
- 6. Page S9: Supplemental References

Item	Study	Study
	1b	2
1. You can't change people who are jerks in school.	.58***	.69***
2. Some people are just jerks, and not much can be done to change them.	.70***	.72***
3. Bullies and victims are types of people that really can't be changed.	.73***	.72***
4. Bullies can try acting nice, but deep down they're just bullies.	.63***	.55***
5. You can't change whether or not people respect you in school.	.52***	.51***
6. Some people are just not cool, and not much can be done to change that.	.56***	.63***
7. Popular people and unpopular people are types of people that really can't be	.52***	.53***
changed.		
8. Some people in high school will never be respected by anyone.	.43***	.56***

Implicit Theories of Personality Measures and Standardized Factor Loadings

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	1	2	3	N (Study 1a)
1. Entity theory of personality		.18***	.14***	3,282
2. Depressive symptoms	.28***		.59***	3,406
3. Global psychological distress	.20***	.66***		2,994
N (Study 1b)	3,051	3,046	3,018	
Mean (Study 1b)	2.95	0.40	2.64	
Standard deviation (Study 1b)	0.92	0.31	0.87	

Intercorrelations among Key Variables (Study 1)

Note. Variables are standardized in Study 1 with means of 0 and standard deviations of 1.

Correlations for Study 1a/Study 1b are shown above/below diagonal.

*p < .05. **p < .01. ***p < .001.

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The Association Between an Entity Theory of Personality and

Sample	Attribution Measure	r	п
1	Recall, Scenario	.26**	150
2	Cyberball	.25***	303
3	Cyberball	.23***	211
4	Social media	.16**	251
5	Social media	.16	84
6	Social media	.25*	62
7	Social media	.17**	320
8	Scenario	.14***	2,877

Fixed Trait Attribution About the Self

Note. Recall = Attribution about recalled personal experiences of peer conflict. Scenario = Attribution about a hypothetical scenario of peer conflict. Cyberball = Attribution about social exclusion during the online Cyberball game (e.g., Williams & Jarvis, 2006). Social media = Attribution about few "likes" on an experimental social media interaction (e.g., Lee et al., 2019). *p < .05. **p < .01. ***p < .001.

THEORIES OF PERSONALITY AND INTERNALIZING SYMPTOMS

The Path Coefficients for the Association of Entity Theory of Personality to

Variable	b	SE
Person-level (level 2)		
Internalizing symptoms		
Threat appraisals	.12***	.03
Female	.05*	.02
Baseline internalizing symptoms	.15***	.02
Threat appraisals		
Fixed trait attribution	.25***	.05
Female	05	.09
Baseline internalizing symptoms ^a	.39***	.05
Fixed trait attribution		
Entity theory	.24**	.08
Female	.21	.13
Baseline internalizing symptoms ^a	.33***	.06
Day-level (level 1)		
Threat appraisals		
Daily stressor intensity	.31***	.08
Random slope	$.07^{*}$.03
× fixed trait attribution		

Internalizing Symptoms After Controlling for Gender

Note. N = 474 (2,998 daily reports). Female: 0 = male, 1 = female. Standardized coefficients were not calculated because the random effects model assumes no single variance/covariance matrix for the entire sample. Dummy-coded day variables were included as covariates (Reference day = Monday) to control for the potential day-of-the week effect (Chow, Ram, Boker, Fujita, & Clore, 2005). ^acovariance path

 $^{+}p < .10. ^{*}p < .05. ^{**}p < .01. ^{***}p < .001.$

Modeling Syntax

TITLE: Multilevel Model Syntax

DATA: FILE IS daily data long.dat;

VARIABLE: NAMES ARE school Ischool ID nid !student ID gender itp1 !an entity theory personality item 1 itp2 !an entity theory personality item 2 itp3 !an entity theory personality item 3 itp4 !an entity theory personality item 4 itp5 !an entity theory personality item 5 itp6 lan entity theory personality item 6 itp7 lan entity theory personality item 7 itp8 !an entity theory personality item 8 str lintensity of daily stressor !fixed trait attribution about the self fixself negcontrol r !daily threat appraisal item 1 (reverse coded) neghelpless !daily threat appraisal item 2 Idepressive symptoms total scores cditotal Iglobal psychological stress total scores psstotal INTb !baseline internalizing symptoms Tuesday Wednesday Thursday Friday **USEVARIABLES ARE** !Person-level var: itp1 itp2 itp3 itp4 itp5 itp6 itp7 itp8 fixself cditotal psstotal INTb !Day-level var: str negcontrol r neghelpless Tuesday Wednesday Thursday Friday ; WITHIN = str

;

IMPLICIT THEORIES AND INTERNALIZING SYMPTOMS

Tuesday Wednesday Thursday Friday BETWEEN = itp1 itp2 itp3 itp4 itp5 itp6 itp7 itp8 fixself cditotal psstotal INTb CLUSTER IS nid; MISSING ARE ALL (-99999); DEFINE: CENTER str (GROUPMEAN); CENTER itp1 itp2 itp3 itp4 itp5 itp6 itp7 itp8 INTb (GRANDMEAN); ANALYSIS: ESTIMATOR=MLR; TYPE=TWOLEVEL RANDOM; MODEL: %WITHIN% !day-level measurement model; TAPPw BY negcontrol_r neghelpless; !day-level structural model: s | TAPPw ON str; TAPPw ON Tuesday Wednesday Thursday Friday; %BETWEEN% !person-level measurement mode: ITP BY itp1 itp2 itp3 itp4 itp5 itp6 itp7 itp8; TAPPb BY negcontrol_r neghelpless;

INT BY cditotal psstotal;

itp1 WITH itp2; itp6 WITH itp7; !person-level structural model: INT ON TAPPb (a) INTb; TAPPb ON fixself (b); fixself ON ITP (c); s ON fixself;

ITP WITH INTb; fixself WITH INTb; TAPPb WITH INTb;

MODEL CONSTRAINT: NEW(abc); abc=a*b*c;

OUTPUT: SAMPSTAT CINTERVAL;

Supplemental References

- Chow, S. M., Ram, N., Boker, S. M., Fujita, F., & Clore, G. (2005). Emotion as a thermostat: representing emotion regulation using a damped oscillator model. *Emotion*, *5*, 208-225. https://doi.org/10.1037/1528-3542.5.2.208
- Lee, H. Y., Jamieson, J. P., Reis, H. T., Beevers, C. G., Josephs, R. A., Mullarkey, M. C., ... & Yeager, D. S. (in press). Getting fewer "likes" than others on social media elicits emotional distress among victimized adolescents. *Child Development*.
- Williams, K. D., & Jarvis, B. (2006). Cyberball: A program for use in research on interpersonal ostracism and acceptance. *Behavior Research Methods*, 38, 174-180. https://doi.org/10.3758/BF03192765