## **TREND Statement Checklist**

Paper Section/ Topic	Item	Descriptor		Reported?	
	No		$\checkmark$	Pg#	
Title and Abst	ract				
Title and	1	Information on how unit were allocated to interventions	<b>/</b>	3	
Abstract		Structured abstract recommended	<b>✓</b>	3	
		Information on target population or study sample	<b>✓</b>	3	
Introduction	•		•	•	
Introduction Background	2	Scientific background and explanation of rationale	<b>/</b>	5-7	
		Theories used in designing behavioral interventions		5-7	
	<u> </u>	Theories used in designing behavioral interventions		J-1	
Methods			ı	1	
Participants	3	Eligibility criteria for participants, including criteria at different levels in	<b>✓</b>	8-9	
		recruitment/sampling plan (e.g., cities, clinics, subjects)			
		Method of recruitment (e.g., referral, self-selection), including the	<b>✓</b>	8-9	
		sampling method if a systematic sampling plan was implemented	ļ	8-9	
		Recruitment setting	<b>/</b>		
Interventions	1	Settings and locations where the data were collected	<b>✓</b>	11-12	
	4	<ul> <li>Details of the interventions intended for each study condition and how and when they were actually administered, specifically including:</li> </ul>	<b>✓</b>	10-11	
		Content: what was given?		10-11	
		Delivery method: how was the content given?	<u> </u>	10-11	
		<ul> <li>Unit of delivery: how were the subjects grouped during delivery?</li> </ul>		10-11	
		Deliverer: who delivered the intervention?		10-11	
		Setting: where was the intervention delivered?	<i></i>	10-11	
		Exposure quantity and duration: how many sessions or episodes or	<b>Y</b>		
		events were intended to be delivered? How long were they intended to last?	<b>✓</b>	10-11	
		<ul> <li>Time span: how long was it intended to take to deliver the intervention to each unit?</li> </ul>	<b>~</b>	10-11	
		<ul> <li>Activities to increase compliance or adherence (e.g., incentives)</li> </ul>	<b>V</b>	10-11	
Objectives	5	Specific objectives and hypotheses	<b>✓</b>	8	
Outcomes	6	Clearly defined primary and secondary outcome measures	<b>✓</b>	8	
		Methods used to collect data and any methods used to enhance the quality of measurements	<b>✓</b>	12-13	
		<ul> <li>Information on validated instruments such as psychometric and biometric properties</li> </ul>	<b>✓</b>	9-11	
Sample Size	7	How sample size was determined and, when applicable, explanation of any	/	SP file	
Assignment	8	<ul> <li>interim analyses and stopping rules</li> <li>Unit of assignment (the unit being assigned to study condition, e.g.,</li> </ul>		8-10	
Method		individual, group, community)	<b>/</b>	0-10	
		<ul> <li>Method used to assign units to study conditions, including details of any restriction (e.g., blocking, stratification, minimization)</li> </ul>	<b>✓</b>	8-10	
		<ul> <li>Inclusion of aspects employed to help minimize potential bias induced due to non-randomization (e.g., matching)</li> </ul>	<b>V</b>	8-10	

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Blinding (masking)	9	Whether or not participants, those administering the interventions, and those assessing the outcomes were blinded to study condition assignment; if so, statement regarding how the blinding was accomplished and how it was assessed.	<b>✓</b>	8-10
Unit of Analysis	10	Description of the smallest unit that is being analyzed to assess intervention effects (e.g., individual, group, or community)	<b>✓</b>	8-10
		<ul> <li>If the unit of analysis differs from the unit of assignment, the analytical method used to account for this (e.g., adjusting the standard error estimates by the design effect or using multilevel analysis)</li> </ul>	<b>✓</b>	8-10
Statistical Methods	11	Statistical methods used to compare study groups for primary methods outcome(s), including complex methods of correlated data	<b>✓</b>	13-16
		Statistical methods used for additional analyses, such as a subgroup analyses and adjusted analysis	<b>✓</b>	13-16
		Methods for imputing missing data, if used	<b>✓</b>	13-16
		Statistical software or programs used	<b>✓</b>	13-16
Results				
Participant flow	12	Flow of participants through each stage of the study: enrollment, assignment, allocation, and intervention exposure, follow-up, analysis (a diagram is strongly recommended)	<b>✓</b>	10-12
		<ul> <li>Enrollment: the numbers of participants screened for eligibility, found to be eligible or not eligible, declined to be enrolled, and enrolled in the study</li> </ul>	<b>✓</b>	10-12
		<ul> <li>Assignment: the numbers of participants assigned to a study condition</li> </ul>	<b>✓</b>	10-12
		<ul> <li>Allocation and intervention exposure: the number of participants assigned to each study condition and the number of participants who received each intervention</li> </ul>	<b>✓</b>	10-12
		<ul> <li>Follow-up: the number of participants who completed the follow-up or did not complete the follow-up (i.e., lost to follow-up), by study condition</li> </ul>	<b>✓</b>	10-12
		<ul> <li>Analysis: the number of participants included in or excluded from the main analysis, by study condition</li> </ul>	<b>✓</b>	10-12
		Description of protocol deviations from study as planned, along with reasons	<b>✓</b>	10-12
Recruitment	13	Dates defining the periods of recruitment and follow-up	<b>✓</b>	10-12
Baseline Data	14	Baseline demographic and clinical characteristics of participants in each study condition	<b>✓</b>	18-23
		Baseline characteristics for each study condition relevant to specific disease prevention research	<b>✓</b>	18-23
		Baseline comparisons of those lost to follow-up and those retained, overall and by study condition	<b>✓</b>	18-23
		Comparison between study population at baseline and target population of interest	<b>✓</b>	18-23
Baseline equivalence	15	Data on study group equivalence at baseline and statistical methods used to control for baseline differences	<b>✓</b>	18-23

## **TREND Statement Checklist**

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