

Study or Subgroup	Exercise intervention		Usual care		Weight	Risk Ratio	
	Events	Total	Events	Total		M-H, Random, 95% CI	M-H, Random, 95% CI
Baumann 2010	8	32	7	32	25.6%	1.14 [0.47, 2.78]	
Hacker 2011	1	9	1	10	2.9%	1.11 [0.08, 15.28]	
Pahl 2020	9	37	7	34	26.6%	1.18 [0.49, 2.82]	
Santa Mina 2020	1	15	3	15	4.4%	0.33 [0.04, 2.85]	
Wiskemann 2011	11	52	13	53	40.5%	0.86 [0.43, 1.75]	
Total (95% CI)		145		144	100.0%	0.97 [0.62, 1.53]	
Total events	30		31				
Heterogeneity: Tau ² = 0.00; Chi ² = 1.40, df = 4 (P = 0.84); I ² = 0%							
Test for overall effect: Z = 0.12 (P = 0.91)							

