	Exercise intervention		Usual care		Risk Ratio			Risk Ratio			
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% CI	M-H, Random, 95% CI				
Baumann 2010	13	32	9	32	23.3%	1.44 [0.72, 2.89]		_	-	_	
Santa Mina 2020	8	15	10	15	31.9%	0.80 [0.44, 1.45]			 		
Wiskemann 2011	21	52	18	53	44.9%	1.19 [0.72, 1.96]		_			
Total (95% CI)		99		100	100.0%	1.10 [0.78, 1.53]		•			
Total events	42		37								
Heterogeneity: Tau ² =	0.00; Chi ² = 1.86,	df = 2 (P	= 0.40); I	² = 0%			0.05	0.2	 	 5	——I
Test for overall effect:	Z = 0.54 (P = 0.59)	9)					0.05	Favours exercise	Favou	rs usual care	