# Activation of the vagal anti-inflammatory reflex by remote ischaemic conditioning in humans: experimental cross-over study.

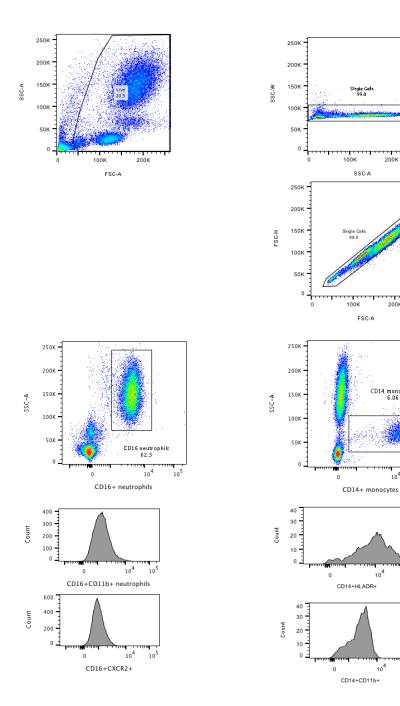
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#### SUPPLEMENTARY DATA

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# **Supplementary Figure 1. Gating strategy**



200K

200K

CD14 monocytes 6.06

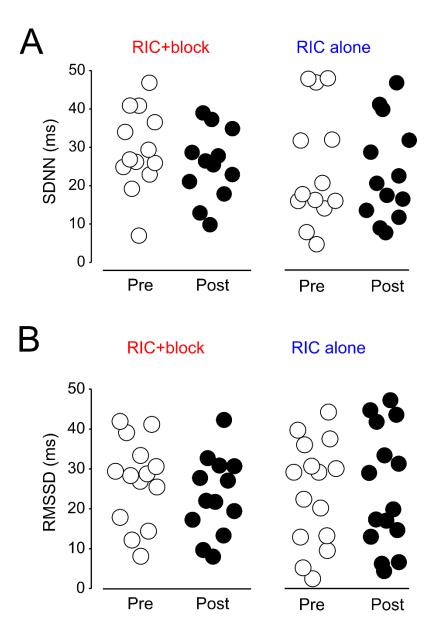
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### Supplementary Figure 2. Time domain measures of HRV.

- A. SDNN, the standard deviation of NN intervals
- B. RMSSD, Root Mean Square of the Successive Differences in RR interval.



# **Supplementary Figure 3. Lack of acute effect of brachial plexus block on flow cytometry measures.**

Representative plots from same individual before and after injection of local anaesthetic into brachial plexus.

