

Table S3. Reasons for missed training sessions.

	SMT	RT
Somatic side effects of anticancer treatment [%]	27.6	34.4
- nausea / vomiting / diarrhoea	11.3	14.5
- pain	9.9	7.8
- thrombosis	4.6	2.3
- skin reactions	0.9	2.5
- hematopoietic disturbances	0.2	1.7
- cardiac signs	0.0	0.3
- visual impairments	0.0	1.2
- CIPN	0.0	0.5
- not further specified	0.7	3.6
Biopsychosocial side effects of anticancer treatment [%]	20.2	14.4
- fatigue	14.9	7.5
- feeling unwell	5.1	6.4
- mental constrains	0.2	0.5
Other medical issues related to anticancer treatment [%]	2.1	4.1
- complications with subcutaneous port	1.4	2.7
- hospitalization / post-operation	0.7	1.4
Others	50.1	47.1
- time constraints	25.8	23.2
- motivation	11.3	5.3
- infection	7.4	3.6
- organisational reasons	5.1	12.5
- orthopaedic contraindications	0.5	1.9
- not further specified	0.0	0.6