Supplemental Materials

Kinetic constant estimation and cHbA1c calculation Both kinetic parameter estimation and prospective cHbA1c calculations were performed with equation 8 reported previously [13].

 $A1c_{z} = EA_{z}(1 - D_{z}) + \sum_{i=1}^{z-1} [EA_{i}(1 - D_{i}) \prod_{j=i+1}^{z} D_{j}] + A1c_{0} \prod_{j=1}^{z} D_{j}$

Where $D_i = e^{-(k_{gly} * g_i + k_{age})t_i}$ and $EA_i = g_i/(k_{age}/k_{gly} + g_i)$. The value A1c_z is equivalent to cHbA1c at the end of time interval t_z , while intra-RBC glucose level $g_i = (K_M * G_i)/(K_M + G_i)$ depends on blood glucose level G_i and glucose binding affinity to GLUT1 K_M = 26.2 mM.

Estimated HbA1c (eHbA1c) and Glucose Management Indicator (GMI) were calculated from average glucose with the following regression equations:

GMI_% = AG_{mg/dL} * 0.02392 + 3.31 eHbA1c_% = (AG_{mg/dL} + 46.7)/28.7