

Table S1. Baseline characteristics of women with PCOS included in this study, those that defaulted, and those remaining

	PCOS included	PCOS defaulted follow-up	PCOS not included	P	P
	(a)	assessment (b)	(c)	value	value
N	128	96	167	a vs. b	a vs. c
Age (years)	30.0 ± 6.4	28.0 ± 5.6	29.5 ± 6.3	0.012	0.427
BMI (kg/m²)	25.9 ± 5.8	25.7 ± 6.4	25.8 ± 6.0	0.765	0.833
Waist Circumference	82.5 ± 13.0	81.6 ± 13.8	82.1 ± 13.2	0.647	0.786
(cm)					
Waist-to-hip ratio	0.8 ± 0.1	0.8 ± 0.1	0.8 ± 0.1	0.515	0.958
SBP (mmHg)	116 ± 17	116 ± 17	117 ± 17	0.983	0.798
DBP (mmHg)	72 ± 11	70 ± 11	70 ± 11	0.144	0.183
Glu-fast (mmol/L)	5.1 ± 1.1	5.1 ± 1.1	5.2 ± 1.1	0.953	0.340
Glu-2h (mmol/L)	7.3 ± 2.8	6.7 ± 2.7	6.8 ± 2.7	0.201	0.198
Fasting insulin (μU/mL)	17.3 (42.0-10.5)	10.7 (6.2-17.3)	12.0 (6.3-18.6)	0.568 [#]	1.000 [#]
HOMA-IR	4.0 (42.0-2.3)	2.4 (1.2-4.0)	2.8 (1.4-4.4)	0.435 [#]	0.932 [#]
HOMA- β	238 (42-153)	144 (103-238)	143 (102-236)	0.878 [#]	0.912 [#]

Total Cholesterol	4.8 ± 1.0	4.7 ± 0.9	4.8 ± 0.9	0.236	0.627
(mmol/L)					
Triglyceride (mmol/L)	1.3 (1.0-0.9)	0.9 (0.6-1.3)	1.0 (0.7-1.6)	0.401 [#]	0.452 [#]
HDL-C (mmol/L)	1.7 ± 0.6	1.6 ± 0.5	1.5 ± 0.4	0.232	0.057
LDL-C (mmol/L)	2.7 ± 0.8	2.6 ± 0.8	2.8 ± 2.2	0.941	0.376
LH (IU/L)	8.6 ± 6.5	8.6 ± 5.4	9.0 ± 6.0	0.932	0.623
FSH (IU/L)	5.6 ± 2.0	5.7 ± 1.6	5.8 ± 1.6	0.807	0.343
Estrogen (pmol/L)	208 (9-141)	144 (111-208)	134 (106-188)	0.572 [#]	0.111 [#]
Testosterone (nmol/L)	2.9 (6.0-1.7)	1.9 (1.3-2.9)	1.8 (1.2-2.5)	0.095 [#]	0.321 [#]

Data are expressed as mean ± SD, median (Q1-Q3), and analyzed by t-test or [#] Mann-Whitney U-test as appropriate.

Abbreviation: BMI, body mass index; SBP, systolic blood pressure; DBP, diastolic blood pressure; HDL-C, high-density lipoprotein cholesterol; LDL-C, low-density lipoprotein cholesterol; Glu-fast, fasting glucose; Glu-2h, two-hour glucose; HOMA-IR, homeostasis model assessment of insulin resistance; HOMA-β, homeostasis model assessment of beta cell function; LH, luteinizing hormone; FSH, follicle-stimulating hormone.