

Table S6 The relationship between 3 biomarkers and clinical variables at baseline and follow-up

| | Variables | Ln (FGF19) | | Ln (FGF21) | | Ln (lipocalin2) | |
|-----------|-----------------------------------|---------------|------------------|---------------|--------------|-----------------|------------------|
| | | r | P value | r | P value | r | P value |
| Baseline | Age (years) | -0.174 | 0.006 | -0.091 | 0.163 | 0.307 | 0.000 |
| | BMI (kg/m ²) | -0.005 | 0.937 | -0.044 | 0.503 | 0.010 | 0.869 |
| | waist (cm) | 0.073 | 0.249 | 0.013 | 0.846 | -0.032 | 0.614 |
| | Waist-to-hip ratio | 0.055 | 0.384 | 0.065 | 0.320 | -0.027 | 0.668 |
| | SBP (mmHg) | 0.002 | 0.971 | 0.044 | 0.498 | -0.014 | 0.827 |
| | DBP (mmHg) | -0.020 | 0.748 | 0.028 | 0.672 | 0.006 | 0.922 |
| | Glu-fast (mmol/L) | -0.048 | 0.452 | 0.047 | 0.478 | -0.007 | 0.913 |
| | Glu-2h (mmol/L) | -0.021 | 0.756 | 0.030 | 0.679 | 0.016 | 0.811 |
| | Ln (Insulin) | -0.050 | 0.428 | 0.069 | 0.296 | -0.026 | 0.678 |
| | Ln (HOMA-IR) | 0.016 | 0.821 | 0.122 | 0.094 | -0.052 | 0.458 |
| | Total Cholesterol (mmol/L) | -0.124 | 0.049 | -0.078 | 0.235 | 0.112 | 0.073 |
| | ln (Triglyceride) | -0.003 | 0.964 | 0.086 | 0.188 | 0.023 | 0.720 |
| | HDL-C (mmol/L) | -0.019 | 0.764 | -0.050 | 0.443 | 0.069 | 0.275 |
| | LDL-C (mmol/L) | -0.117 | 0.064 | -0.029 | 0.659 | 0.105 | 0.094 |
| Follow-up | eGFR (mL/min/1.73m ²) | 0.118 | 0.263 | -0.003 | 0.981 | -0.233 | 0.024 |
| | Ln (AMH) | 0.282 | <0.001 | 0.185 | 0.007 | -0.361 | <0.001 |
| | Age (years) | -0.202 | 0.002 | -0.158 | 0.021 | 0.303 | <0.001 |
| | BMI (kg/m ²) | 0.018 | 0.789 | 0.049 | 0.480 | 0.054 | 0.418 |
| | waist (cm) | -0.023 | 0.726 | 0.028 | 0.689 | 0.123 | 0.063 |
| | Waist-to-hip ratio | -0.073 | 0.274 | 0.030 | 0.666 | 0.166 | 0.012 |
| | SBP (mmHg) | -0.017 | 0.796 | 0.131 | 0.055 | 0.014 | 0.829 |
| | DBP (mmHg) | 0.050 | 0.454 | 0.132 | 0.054 | -0.137 | 0.039 |
| | Glu-fast (mmol/L) | -0.066 | 0.314 | 0.098 | 0.147 | 0.011 | 0.867 |
| | Glu-2h (mmol/L) | 0.079 | 0.255 | 0.063 | 0.384 | -0.013 | 0.847 |
| | ln (Insulin) | 0.067 | 0.311 | 0.091 | 0.185 | 0.016 | 0.813 |
| | Ln (HOMA-IR) | -0.005 | 0.947 | 0.093 | 0.187 | 0.040 | 0.561 |
| | Total Cholesterol (mmol/L) | -0.163 | 0.014 | -0.131 | 0.057 | 0.080 | 0.226 |
| | ln (Triglyceride) | -0.085 | 0.218 | 0.088 | 0.212 | 0.029 | 0.670 |
| | HDL-C (mmol/L) | 0.009 | 0.897 | -0.234 | 0.001 | 0.025 | 0.704 |
| | LDL-C (mmol/L) | -0.150 | 0.023 | -0.032 | 0.642 | 0.081 | 0.220 |
| | eGFR (mL/min/1.73m ²) | 0.097 | 0.147 | 0.184 | 0.007 | -0.153 | 0.021 |
| | HbA _{1C} (%) | -0.087 | 0.342 | 0.226 | 0.019 | -0.278 | 0.002 |

Ln transformation was used in triglyceride, insulin, HOMA-IR, AMH, FGF-19, FGF-21 and

Lipocalin-2.

Abbreviation: BMI, body mass index; SBP, systolic blood pressure; DBP, diastolic blood pressure; HDL-C, high-density lipoprotein cholesterol; LDL-C, low-density lipoprotein

cholesterol; Glu-fast, fasting glucose; Glu-2h, two-hour glucose; HOMA-IR, homeostasis model assessment of insulin resistance; eGFR, estimated glomerular filtration rate; AMH, anti-Mullerian hormone.