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BMJ Open

Women's acceptability of and experience with primary human papillomavirus testing for cervix screening: HPV FOCAL trial cross-sectional online survey results

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| 3 | 1 | Women's acceptability of and experience with primary human papillomavirus testing for cervix |
| 4 | 2 | screening: HPV FOCAL trial cross-sectional online survey results |
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| 1 2 3 4 | 52 53 | ABSTRACT: (word count 257) |
|------------------|----------|---|
| 5 6 7 | 54 | |
| , 8 9 | 55 | Objective: To study participant's acceptability of and attitudes towards human papillomavirus |
| 10 11 | 56 | (HPV) testing compared to cytology for cervical cancer screening, and what impact having an |
| 12 13 | 57 | HPV positive result may have in future acceptability of screening. |
| 14 15 | 58 | Design: Cross-sectional online survey of clinical trial participants. |
| 16 17 | 59 | Setting: Primary care, population-based Cervix Screening Program, British Columbia, Canada. |
| 18 19 20 | 60 | Participants: A total of 5,532 participants from the HPV FOCAL Trial, in which women received |
| 20 21 22 | 61 | HPV and cytology testing at study exit were included in the analysis. Median age was 54 years. |
| 23 24 | 62 | The median time of survey completion was 3 years after trial exit. |
| 25 26 | 63 | Outcome measures: Acceptability of HPV testing for primary cervical cancer screening |
| 27 28 | 64 | (primary); attitudes and patient perceptions towards HPV testing and receipt of HPV positive |
| 29 30 | 65 | screen results (secondary). |
| 31 32 | 66 | Results: Most respondents (63%) were accepting of HPV testing, with the majority (69%) |
| 33 34 | 67 | accepting screening to begin at age 30 with HPV testing. Only half of participants (54%) were |
| 35 36 27 | 68 | accepting of an extended screening interval of 4 to 5 years. In multivariable regression, women |
| 37 38 20 | 69 | who reported HPV testing as acceptable were more likely to have received an HPV positive |
| 40 41 | 70 | screen test result during the trial (OR=1.41 95%CI: 1.11,1.80), and were older (OR= 1.01, |
| 42 43 | 71 | 95%Cl:1.00,1.02). |
| 44 45 | 72 | Conclusions: In this evaluation of acceptability and attitudes regarding HPV testing for cervix |
| 46 47 | 73 | screening, most are accepting of HPV testing for screening; however, findings indicate |
| 48 49 | 74 | heterogeneity in concerns and experiences surrounding HPV testing and receipt of HPV positive |
| 50 51 | 75 | results. These findings provide insights for the development of education, information, and |
| 52 53 | 76 | communication strategies during implementation of HPV-based cervical cancer screening. |
| 54 55 | 77 | |
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| 2 3 4 5 6 7 8 9 10 | 78 | Trial Registration: ISRCTN79347302 and ClinicalTrials.gov Identifier: NCT00461760 |
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| | 79 | |
| | 80 | ARTICLE SUMMARY |
| | 81 | |
| 11 12 | 82 | 'Strengths and limitation of this Study' |
| 13 14 | 83 | |
| 15 16 | 84 | Measures of acceptability and patient perceptions of HPV testing within a primary cervix |
| 17 18 | 85 | screening program. |
| 19 20 | 86 | |
| 21 22 22 | 87 | Reports on acceptability of increased screening interval and delayed onset of screening |
| 23 24 25 | 88 | initiation, and impact of a positive HPV test result. |
| 25 26 27 | 89 | |
| 27 28 20 | 90 | Recommendations for key health promotion messaging to address potential barriers to |
| 29 30 21 | 01 | HDV testing for primary conviced acrossing |
| 31 32 33 34 35 36 37 38 39 40 | 91 | HPV testing for primary cervical screening. |
| | 92 | |
| | 93 | Limitations include that participants were recruited from a large clinical trial on HPV |
| | 94 | testing for cervical cancer screening and may not be representative of the general |
| | 95 | screening population. |
| 41 42 | 96 | |
| 43 44 45 46 47 48 | 97 | |
| | 98 | Funding: This work was supported by the Canadian Institutes of Health Research (CIHR) MCT- |
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101 INTRODUCTION

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It is well established that persistent infection with an oncogenic strain of the human papillomavirus (HPV), the most common sexually transmitted infection around the world, is the causative agent for most cervical cancers [1,2]. There is a robust body of evidence regarding the superior performance of HPV vs. cytology screening in detection of cervical intraepithelial neoplasia (CIN) grade 2 or worse (CIN2+) and greater protection against cervical cancer [3-5]. As such, several countries around the world have implemented primary HPV testing for cervical cancer screening, including Australia, the Netherlands, and the UK, with many other jurisdictions in various planning stages for HPV-based screening implementation. A shift to an HPV-based screening approach results in different program guidelines and, thus, a different experience for the person undergoing screening. The very high negative predictive value of HPV testing permits the interval between screens to be extended to 5 or more years compared to cytology testing, recommended every 2 to 3 years in most jurisdictions [5-7]. Due to high prevalence and regression rates of HPV infection in younger women, HPV-based screening may not be recommended until 25 to 30 years of age [5,6]. In addition, being screened for cervical cancer with a test for a sexually transmitted infection can result in anxiety and concern for those undergoing screening [8,9]. With such a transformative change in what is arguably a well-established screening paradigm, it is crucial to examine women's readiness or acceptance of HPV testing compared to cytology testing for screening, to ensure engagement in screening is not hampered by a change in technology or guidelines. This unintended consequence was illustrated in Australia, prior to the change in the national program from cytology to HPV screening, when a 2017 petition opposing the changes garnered 70,000 signatures [10]. Respondents to the Australian survey indicated

126 concerns about such things as the extended interval and missing cancer cases in younger

1 2

| 3 4 | 127 | women as a result of the program change [10]. Despite enhancements to screening efficacy and |
|----------------|-----|--|
| 5 6 | 128 | safety, a successful change in technology requires acceptance by those who undergo |
| 7 8 | 129 | screening. Anticipating women's questions and concerns prior to implementation of program |
| 9 10 | 130 | changes can mitigate resistance to change and assist in the design of targeted education |
| 11 12 | 131 | strategies. |
| 13 14 15 | 132 | |
| 15 16 17 | 133 | This analysis is of the 48-month exit survey for the Human Papillomavirus For Cervical Cancer |
| 18 19 | 134 | Screening Trial (HPV FOCAL). HPV FOCAL is currently the only North American trial comparing |
| 20 21 | 135 | primary HPV testing to cytology (liquid-based) for screening within an organized program, which |
| 22 23 | 136 | also provides us with the unique opportunity to assess women's experiences with HPV testing in |
| 24 25 | 137 | a population-based program setting. The primary objective of this analysis was to explore |
| 26 27 | 138 | participant's acceptability of and attitudes towards HPV testing compared to cytology for cervical |
| 28 29 | 139 | cancer screening, and what impact having an HPV positive result may play in future |
| 30 31 22 | 140 | acceptability of screening. |
| 32 33 34 | 141 | |
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| 2 3 | 143 | METHODS | |
|----------------|-----|--|------|
| 4 5 6 | 144 | Participants | |
| 0 7 8 | 145 | Survey participants were recruited through the HPV FOCAL trial, a publicly funded randomize | d |
| 9 10 | 146 | control trial comparing primary HPV testing every four years (HPV arm) to liquid-based cytolog | gy |
| 11 12 | 147 | testing (cytology arm) every two years for cervical cancer screening (ISRCTN79347302). HPV | / |
| 13 14 | 148 | FOCAL recruited women, 25-65 years of age, from two largely metro areas in British Columbia | а |
| 15 16 | 149 | who were due for cervical cancer screening from 2008 through to 2012. Trial design and | |
| 17 18 | 150 | primary outcome results have been previously described in detail [3,11–14]. Participants were | ; |
| 19 20 21 | 151 | provided with information on HPV, HPV testing and cervical cancer upon enrollment and | |
| 21 22 23 | 152 | throughout the trial follow-up period. A total of 9552 women were randomized to the HPV arm | |
| 23 24 25 | 153 | and 9457 women to the cytology arm. Women from both the HPV and cytology arms complet | ed |
| 26 27 | 154 | trial exit screening between 2012 and 2016, where they received HPV and cytology co-testing | j at |
| 28 29 | 155 | the exit screen. Results were provided to their primary care provider, who then conveyed then | n |
| 30 31 | 156 | to the participants. From August 2017-February 2018 women from both arms who had attende | ed |
| 32 33 | 157 | the 48-month exit screen were invited to complete the online exit survey (FIGURE 1). | |
| 34 35 | 158 | | |
| 36 37 | 159 | HPV FOCAL exit survey | |
| 38 39 40 | 160 | The survey included 26 items that asked participants about HPV knowledge and information | |
| 40 41 42 | 161 | seeking before and during the study, acceptability of HPV testing, willingness to increase the | |
| 43 44 | 162 | screening interval, commencement screening age for HPV testing, attitudes and concerns abo | out |
| 45 46 | 163 | test positive results and communication needs around screening results, in addition to | |
| 47 48 | 164 | demographic details (SUPPLEMENTARY FILE). Reponses included 7- and 5-point Likert | |
| 49 50 | 165 | scales, and survey responses were linked to HPV FOCAL trial screen test results. Survey iten | ns |
| 51 52 | 166 | were based upon previous HPV FOCAL surveys assessing HPV testing acceptance [15] The | |
| 53 54 | 167 | survey was distributed and managed using the web-based platform of Fluidsurveys | |
| 55 56 | | | |
| 58 59 | | | 6 |

| 168 | (www.fluidsurveys.com). The survey was pilot tested and revised for face and content validity |
|-----|---|
| 169 | with approximately 20 women, aged 30 and above prior to distribution to FOCAL participants. |
| 170 | |
| 171 | Patient and public involvement |
| 172 | Patient concerns and questions identified the need for the study. Patients were involved in pilot |
| 173 | testing and revision of the survey. |
| 174 | |
| 175 | Response rate and inclusion criteria |
| 176 | Participants from the HPV FOCAL trial from both the HPV and cytology arms who had |
| 177 | completed their study 48 month exit screen, had indicated consent to be contacted for future |
| 178 | research, and for whom email addresses were available were eligible for survey invitation. The |
| 179 | invite to complete the survey was sent via email, with one reminder sent a month later for those |
| 180 | who had not initiated or completed the survey. Participants were provided with a unique study |
| 181 | identifier to access the survey and no personal identifiers were captured during survey |
| 182 | completion. Participants were informed they had the option to complete none, some, or all of the |
| 183 | survey with completion of survey questions as indication of consent. |
| 184 | |
| 185 | Survey completeness was reviewed, and duplicate surveys, where the same woman completed |
| 186 | all or some of the survey more than once, were identified. For those with a duplicate entry, the |
| 187 | first complete survey was used in the analysis with all other survey attempts discarded. |
| 188 | Response rate (%) was the sum of completed surveys plus partial surveys, divided by the |
| 189 | number of invitations sent to eligible valid email addresses, as per the American Association for |
| 190 | Public Opinion Research guidelines[16]. Non-response included: refusals (clicked the survey |
| 191 | link, but did not complete consent or any items), and those assumed eligible with no response |
| 192 | received. Email addresses that were undeliverable were considered invalid and not included in |
| 193 | the analysis. |
| | 168 169 170 171 172 173 174 175 176 177 178 177 178 180 181 182 183 184 185 186 187 188 189 180 187 188 189 190 191 |

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| - 3 4 | 194 | Statistical analysis |
| 5 6 | 195 | Survey respondents were compared to HPV FOCAL trial participants on age, study arm, and |
| 7 8 | 196 | location of trial recruitment to explore if survey sample was representative of FOCAL trial |
| 9 10 | 197 | population. |
| 11 12 | 198 | |
| 13 14 | 199 | Our main outcome of HPV testing acceptability was assessed by response to the question |
| 15 16 | 200 | "having an HPV test instead of a Pap to screen for cervical cancer is acceptable to me", which |
| 17 18 | 201 | was dichotomized from a 5-point Likert scale, with those reporting strongly agree or agree, |
| 19 20 21 | 202 | categorized as 'accepting', and those reporting neutral, don't know, disagree and strongly |
| 22 23 | 203 | disagree as 'not accepting' of HPV testing. This categorization was chosen to capture those |
| 24 25 | 204 | who were truly accepting and biased towards the null. Only complete surveys were included, |
| 26 27 | 205 | with those who were missing or preferred not to answer excluded. Participants were classified |
| 28 29 | 206 | as being HPV positive, if they received an HPV positive screening result at any point during their |
| 30 31 | 207 | participation in the HPV FOCAL trial, otherwise a participant was classified as HPV negative. |
| 32 33 | 208 | |
| 34 35 | 209 | Bivariable analysis explored differences in acceptability of HPV testing based on demographics, |
| 30 37 38 | 210 | HPV screening test result, and length of time since study exit. Factors associated with |
| 39 40 | 211 | acceptability, such as HPV screening starting at 30 years of age and increased screening |
| 41 42 | 212 | interval, were also examined. |
| 43 44 | 213 | |
| 45 46 | 214 | Socio-demographics and attitudes towards HPV testing were explored descriptively with Chi- |
| 47 48 | 215 | square and Fisher's exact tests (where applicable) for categorical variables and median score |
| 49 50 | 216 | test for continuous variables. |
| 51 52 | 217 | |
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| 3 4 5 6 | 218 | Multivariate logistic regression was used to explore the association of the acceptability of HPV |
|--|--|--|
| | 219 | testing with <i>a priori</i> identified confounding variables that reached p<0.2 in bivariable analysis. |
| 7 8 | 220 | Level of significance was 0.05. All statistical analyses were performed in SAS 9.4 and R4.02. |
| 9 10 | 221 | |
| 11 12 | 222 | Ethics Approval |
| 13 14 | 223 | Ethics approvals for survey was received by the University of British Columbia Research Ethics |
| 15 16 | 224 | Board (H06-04032). In addition, a privacy review was undertaken to ensure the survey complied |
| 17 18 10 | 225 | with provincial privacy legislation. |
| 19 20 21 | 226 | |
| 21 22 23 | 227 | RESULTS |
| 23 24 25 | 228 | Survey invites were administered from August 2017 through to February 2018. A total of 14,535 |
| 26 27 | 229 | participants from both the HPV and cytology arms in HPV FOCAL trial were identified as eligible |
| 28 29 | 230 | to receive 48-months exit online survey, of which 13,176 were delivered to a valid email address |
| 30 31 | 231 | FIGURE 1). There were 5,532 surveys completed, of which 4,938 were fully and 594 partially |
| 32 33 | 232 | completed. |
| 34 35 | 233 | |
| 36 37 28 | 234 | Characteristics of respondents |
| 30 39 40 | 235 | The median age of participants completing the survey was 54 years (IQR: 46,62) (Table 1). The |
| 40 | | |
| 42 | 236 | median time of survey completion was 3 years after study exit. The majority of respondents |
| 42 43 44 | 236 237 | median time of survey completion was 3 years after study exit. The majority of respondents (67%) had completed college or higher education and 77% reported living with a partner. |
| 42 43 44 45 46 | 236 237 238 | median time of survey completion was 3 years after study exit. The majority of respondents (67%) had completed college or higher education and 77% reported living with a partner. Survey respondents were comparable to HPV FOCAL trial participants based on study arm, age |
| 42 43 44 45 46 47 48 | 236 237 238 239 | median time of survey completion was 3 years after study exit. The majority of respondents (67%) had completed college or higher education and 77% reported living with a partner. Survey respondents were comparable to HPV FOCAL trial participants based on study arm, age at HPV FOCAL trial enrollment, and geographical location. Survey respondents and non- |
| 42 43 44 45 46 47 48 49 50 | 236 237 238 239 240 | median time of survey completion was 3 years after study exit. The majority of respondents (67%) had completed college or higher education and 77% reported living with a partner. Survey respondents were comparable to HPV FOCAL trial participants based on study arm, age at HPV FOCAL trial enrollment, and geographical location. Survey respondents and non-respondents were comparable by study arm and marital status, but those who responded to the |
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| 3 4 | 244 | Acceptability of HPV testing for Screening |
| 5 6 | 245 | |
| 7 8 | 246 | Overall, 63% of survey respondents agreed or strongly agreed that HPV testing for cervical |
| 9 10 | 247 | cancer screening was acceptable, with 37% not agreeing (11% disagree, 16% neutral, 10% |
| 11 12 | 248 | don't know) (Table 1). There were no significant associations between acceptability of HPV |
| 13 14 | 249 | testing and marital partnership status, time since study exit, education or income. Women who |
| 15 16 | 250 | received an HPV positive result at any point during HPV FOCAL trial and who were older were |
| 17 18 | 251 | more accepting of HPV testing compared to those who remained HPV negative during trial |
| 19 20 | 252 | participation. |
| 21 22 22 | 253 | |
| 25 24 25 | 254 | In multivariate analysis, women who reported HPV testing as acceptable were more likely to |
| 26 27 | 255 | have received an HPV positive screen test result at some point during the trial (OR 1.41 95%CI |
| 28 29 | 256 | 1.11,1.80, p=0.005), and were older (OR 1.01, 95%Cl 1.00,1.02, p=0.01) (Table 2). |
| 30 31 | 257 | |
| 32 33 | 258 | Over half of respondents (54%) agreed with the statement "I would be willing to have an HPV |
| 34 35 | 259 | test every 4-5 years instead of a Pap every 3 years". There was a significant difference in |
| 36 37 | 260 | acceptability of an extended screening interval between those who reported being accepting of |
| 38 39 | 261 | HPV testing compared to those who were not accepting. Overall, 69% responded that HPV |
| 40 41 42 | 262 | testing starting at age 30 was acceptable, with over 80% of those who were accepting of HPV |
| 42 43 44 | 263 | testing reporting agreement with a higher screening age (30 years or over) compared to Pap |
| 45 46 | 264 | testing (Table 1). |
| 47 48 | 265 | |
| 49 50 | 266 | In addition, 66% of respondents reported that an extended screening would not result in less |
| 51 52 | 267 | visits to their healthcare provider for other medical reasons, indicating that despite the extended |
| 53 54 | 268 | interval recommended with HPV-based screening, women would continue to see their providers |
| 55 56 | 269 | for medical reasons as needed. |
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270 Attitudes towards an HPV Positive Test Result:

Survey respondents were asked to rate their level of agreement with a variety of statements regarding attitudes surrounding receipt of HPV positive results (Table 3). Women were asked if they would be more concerned about receiving a positive HPV test or an abnormal Pap result, for which most respondents (73%) reported that both screening outcomes would concern them equally. However, those that reported HPV testing to be acceptable, reported that an HPV positive result would concern them more (14%) than an abnormal Pap. This was statistically different compared to those who were not accepting of HPV testing, who responded that abnormal Pap test results would concern them more. The difference in distribution between these responses was statistically significant.

Most respondents who were not accepting of HPV testing indicated that having a sexually acquired infection would concern them differently than having abnormal Pap results. The relationship between level of agreement with HPV testing acceptability and ones' level of concern about having a sexually acquired infection was significant. Regardless of a respondent's reported HPV testing acceptability, most respondents felt it important to them to know who gave them HPV and when they acquired HPV (72% and 78% respectively). Most respondents indicated they disagreed or were neutral regarding feeling judged for having HPV, and there was no significant relationship between feeling judged and level of agreement with HPV testing. More respondents who were accepting of HPV testing indicated they would feel comfortable telling their partner if they had HPV, which was in contrast to those who were not accepting of HPV testing; these differences indicated a significant relationship between HPV testing acceptance and comfort disclosing HPV status to a partner. Regardless of level of agreement with HPV testing, most respondents (79%) indicated they would feel concerned about transmitting HPV to their partner(s). More respondents who were accepting of HPV

| 1 2 | | |
|----------------|-----|---|
| 3 4 | 296 | testing would feel confident in the recommendations from their provider for the management of |
| 5 6 | 297 | their HPV positive results. There was a significant association between level of agreement with |
| 7 8 | 298 | HPV testing and degree of confidence with provider recommendations. |
| 9 10 | 299 | |
| 11 12 | 300 | Sources of information for HPV testing and screening: |
| 13 14 | 301 | Overall, the most reported important sources of information were health care providers and BC |
| 15 16 | 302 | Cancer, the agency that is responsible for the cervix screening program in British Columbia |
| 17 18 10 | 303 | (Table 4). In addition, those that are accepting of HPV testing were more likely to look to their |
| 19 20 21 | 304 | health care providers and BC Cancer as important sources of information. Regardless of one's |
| 21 22 23 | 305 | level of agreement with HPV testing for screening, friends and family or social media were not |
| 24 25 | 306 | as important as health care providers and BC Cancer for sources of information. |
| 26 27 | 307 | |
| 28 29 | 308 | DISCUSSION |
| 30 31 | 309 | |
| 32 33 | 310 | Acceptability of, and attitudes, towards primary HPV testing were analysed from 5,532 women |
| 34 35 | 311 | who completed HPV testing as part of the HPV FOCAL trial, which was embedded within an |
| 36 37 | 312 | organized population-based cervical cancer screening program. Most respondents (63%) were |
| 38 39 | 313 | accepting of HPV testing for cervix screening and for screening with HPV testing to begin at age |
| 40 41 42 | 314 | 30 (69%). Just over half were accepting of HPV testing with the extended screen interval of 4 to |
| 42 43 44 | 315 | 5 years (54%). Although most women were accepting, the proportion of respondents indicating |
| 45 46 | 316 | they disagreed with or were neutral in their acceptance of HPV testing and of extended intervals |
| 47 48 | 317 | was higher than we expected considering this was a group of people who were provided with |
| 49 50 | 318 | education and information about HPV, HPV testing, and cervical cancer. These findings are |
| 51 52 | 319 | similar to other studies that indicate women have concerns about the extended interval |
| 53 54 | 320 | recommended with HPV testing [10,17–19], stemming from a belief that a cancer diagnosis may |
| 55 56 | 321 | be missed through extension of the interval. Considering study participants received information |
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regarding HPV, the natural history of HPV and cervical cancer, and the rationale for HPV testing compared to the Pap test, these findings indicate that additional research and patient engagement is needed to gain insights and identify and develop resources or procedures to address barriers to HPV testing and an extended screening interval. This multivariate analysis found that those who received positive HPV test results at some point during the trial were more likely to be accepting of HPV testing for cervix screening than those who never received an HPV positive result. Those who tested HPV positive would have received additional information and counseling from their healthcare provider and or a Study nurse, which would have included information that would not necessarily have been provided to those who tested HPV negative. This additional reinforcement of education, and an opportunity for dialogue when receiving the positive result, may have facilitated improvement in knowledge and subsequently, enhanced acceptance of HPV testing. Other findings have indicated that increased HPV and HPV screening knowledge can be a facilitator of HPV screening acceptance[20]. One of the concerns with an extended screening interval is if women would be less likely to consult with the health care provider for other medical reasons. When we asked participants if they would be less willing to see a healthcare provider for other medical reasons if the interval for cervix screening were increased, most respondents said they would not be less willing, indicating that the extended interval for cervix screening would not prevent them from seeking care as needed. This finding can provide reassurance to healthcare professionals who have concerns that the extended screening interval recommended with HPV-based screening would lead to fewer visits to a clinician, given that the cervical screen visit is often an opportunity for the clinician to assess other preventive care or medical issues [21].

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| 3 4 | 348 | Respondents' concerns regarding receipt of HPV positive results were varied. Nearly 93% of the | ٦e |
| 5 6 | 349 | respondents never received an HPV positive result during the HPV FOCAL trial. As a result, th | е |
| 7 8 | 350 | majority of responses evaluate attitudes and experiences for those who did not actually receive | Э |
| 9 10 | 351 | HPV positive results, and therefore, reflect how the respondents would hypothetically feel if the | эy |
| 11 12 | 352 | were to receive HPV positive results. Of the respondents, 7.5% had received an HPV positive | |
| 13 14 | 353 | result at some point during their trial participation. | |
| 15 16 | 354 | | |
| 17 18 | 355 | Most participants indicated that having HPV would cause them concern about having cervical | |
| 19 20 | 356 | cancer. The majority of participants reported that having either an abnormal Pap or a positive | |
| 21 22 22 | 357 | HPV test would concern them; however, for those that had tested positive for HPV, they | |
| 23 24 25 | 358 | reported that an HPV test would concern them more compared to an abnormal Pap. Overall, | |
| 26 27 | 359 | participants' perceptions about HPV positive results and cervical cancer indicate that increased | b |
| 28 29 | 360 | knowledge regarding the specificity of HPV testing for cervical cancer screening is needed. | |
| 30 31 | 361 | | |
| 32 33 | 362 | Receipt of positive HPV results has been associated with higher anxiety and distress compare | d |
| 34 35 | 363 | to receipt of abnormal Pap results[22-24], which may be due to the fact that HPV is a sexually | |
| 36 37 | 364 | transmitted infection and has been associated with levels of shame and stigma [25,26]. Most | |
| 38 39 | 365 | respondents in our survey indicated that receiving results for a sexually acquired HPV infectior | ı |
| 40 41 42 | 366 | would concern them differently than having an abnormal Pap test result; however, this belief | |
| 42 43 44 | 367 | varied depending on a participant's acceptability of HPV testing. Women who were not | |
| 45 46 | 368 | accepting of HPV testing indicated that a HPV positive result would concern them differently | |
| 47 48 | 369 | than abnormal Pap results, compared to those who were accepting of HPV testing [22– | |
| 49 50 | 370 | 24][25,26]. Most respondents, whether they accepted HPV testing or not, felt it important for | |
| 51 52 | 371 | them to know who gave them HPV and when they got it (71% and 78% respectively). These | |
| 53 54 | 372 | findings together are reflective of other research findings[9,27,28] and indicate that when | |
| 55 56 | 373 | developing education and communication strategies, emphasis should be placed on the high | |
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prevalence of HPV in the population, the transient nature of most HPV infections, bringing
 awareness to the fact an infection may have been acquired several years prior to a positive test
 result. Differentiating HPV from other STIs may minimize anxiety and facilitate normalization
 and acceptance[25,29].

Almost 75% of the respondents indicated they felt an HPV positive result would affect their relationship with their partner, or they weren't sure, and almost 80% would be concerned about transmitting HPV to their partners, with many feeling they would be judged for being HPV positive. The stigma associated with HPV, concerns about infidelity and potential partner reactions to the HPV result may underlie these concerns. Previous research has indicated some women question whether partner notification with HPV is necessary [29,30]. Unlike other STIs such as chlamydia or gonorrhea where partner notification is recommended for testing and treatment purposes, there is usually no medical reason to notify the partner of a woman who tested positive for HPV.

Healthcare providers, as trusted and valued sources of information, can influence patients'
 decision-making patterns regarding health care decisions [17,31] Reflecting other findings, the
 respondents in this survey indicated that the most important sources of information for them
 were their healthcare providers and the provincial screening program [17,31]. As a result,
 program planning for HPV-based screening should ensure health care providers are provided
 with education and training surrounding HPV prior to program changes, to ensure they are
 prepared to address women's questions and concerns regarding the paradigm shift from
 cytology to HPV-based screening.

398 This study is not without limitations. Survey participants were part of a large clinical trial and 399 were given information about HPV, HPV testing and cervical cancer upon enrollment and,

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therefore, may not be representative of the general screening population of British Columbia. The response rate may be considered low at 41%; however, those who have stronger opinions about their screening choices may have been more likely to respond to the survey than those who are more trusting of the health care system and accepting of any future policy changes. In addition, survey respondents were representative of overall participants in the HPV FOCAL trial. The majority of respondents completed the survey approximately 3 years after trial completion and it is possible there was loss of recall of HPV related information provided to them when they consented to participate in the trial, which for many was up to 7 years prior to survey completion. The potential lag time between trial entry and survey completion may impact women's attitudes and beliefs surrounding HPV testing. In addition, most of the participants in this trial were over the age of 50, highly educated and primarily from two urban geographic regions and may not be representative of all screen eligible people in various regions of British el.ez Columbia.

CONCLUSIONS

In this study, within an organized screening setting, evaluating acceptability and attitudes around HPV testing from women undergoing HPV-based screening, most are accepting of HPV testing for screening; however, further research is needed to understand factors that can increase acceptability. These findings contribute to the growing body of evidence demonstrating that concerns and experiences surrounding HPV testing and receipt of HPV positive results are complex and varied. As many cervix screening programs begin HPV-based screening and are planning implementation strategies, attention to patient engagement to address potential barriers will be important. As HPV-based screening becomes standard of care, it is plausible that concerns with this paradigm shift will eventually be alleviated with increasing knowledge

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| 2 3 4 | 425 | and familiarity. These findings provide insight into areas of importance that should be |
| 5 6 | 426 | considered for development of education, information, and communication strategies. |
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| 17 | 432 | Figure 1: Study flowchart and participant disposition |
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| 464 | Table 1: Demographic characteristics of respondents and bivariable analysis of acceptability of |
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| 465 | HPV testing |
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| | | | Having an HPV test instead of a Pap smear to screen for cer cancer is acceptable to me | | |
|---|---|----------------|--|--------------------------|-------|
| | | Total (N) | Not acceptable (Disagree/Neutral/Don't know) | Acceptable (Agree) | р |
| Total (N) | | 5336 | 1993 (37.4%) | 3343 (62.6%) | |
| Age | median [IQR] | 5336 | 53.35 [45.35, 61.19] | 54.23 [45.64, 61.72] | |
| Marital Status ^a | | | | | |
| | Living with a partner | 3806 | 1438 (78.7) | 2368 (76.6) | (|
| | Living without a partner | 1115 | 390 (21.3) | 725 (23.4) | |
| Education ^a | | | | | |
| | Complete College or higher | 3317 | 1250 (68.5) | 2067 (66.7) | (|
| | Incomplete post-secondary or less | 1607 | 576 (31.5) | 1031 (33.3) | |
| Incomeª | | | | | |
| | Less than \$75000 | 1501 | 529 (32.0) | 972 (34.0) | (|
| | \$75,000 or more | 3014 | 1126 (68.0) | 1888 (66.0) | |
| HPV Testing Status | during FOCAL trial | | | | |
| | Never tested HPV positive | 4937 | 1867 (93.7) 37.8% | 3070 (91.8) 62.2% | 0 |
| | At least one HPV positive result | 399 | 126 (6.3) 31.6% | 273 (8.2) 68.4% | |
| Time since exit from | FOCAL trial, Years | | | | |
| | median [IQR] | 5336 | 3.09 [2.26, 3.91] | 3.04 [2.23, 3.93] | (|
| I would be willing to | have an HPV test every 4-5 year | s instead of | | | |
| a rap every 5 years | Agree | 2858 | 386 (19.5) | 2472 (74.2) | < |
| | Disagree | 1096 | 744 (37.6) | 352 (10.6) | |
| | Neutral | 1353 | 847 (42.8) | 506 (15.2) | |
| Receiving HPV testir | ng starting at age 30 is | | | | |
| • | Agree | 3635 | 944 (47.8) | 2691 (81.0) | < |
| | Disagree | 682 | 423 (21.4) | 259 (7.8) | |
| | Neutral | 981 | 608 (30.8) | 373 (11.2) | |
| If cervical cancer sci provider for other he | reening was to occur every 4 or a salth reasons. ^a | 5 years, inste | ad of every 3 years, I would be les | s likely to visit my hea | lth c |
| | Agree | 1062 | 405 (20.4) | 657 (19.7) | (|
| | Disagree | 3517 | 1303 (65.7) | 2214 (66.4) | |
| | Neutral | 735 | 274 (13.8) | 461 (13.8) | |
| Table Notes: ^a Missing not to answer, * signifi | l g values up to 5,336 = not reported icant to p<0.05 | or prefer | | | |
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479 Table 2: Multivariate analysis of predictors for participants who are accepting of HPV testing480 instead of Pap testing for cervical cancer screening.

| Variable | OR (95% CI) | P-value |
|---|------------------|---------|
| Age at survey completion (years) | 1.01 (1.00,1.02) | 0.01 |
| Received HPV positive results during study (Yes vs No) | 1.41 (1.11,1.80) | 0.005 |
| Education (Incomplete post-secondary or less vs Complete College or higher) | 1.06 (0.93,1.21) | 0.41 |
| Marital status (Living without a partner vs Living with a partner) | 1.04 (0.88,1.22) | 0.67 |
| Income (\$75000 or more vs. less than \$75000) | 0.97 (0.84,1.12) | 0.68 |
| | | |

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HPV testing instead of Pap testing for cervical cancer: p-value Total (N) Not acceptable Acceptable 5336 1993 (36.0%) 3343 (60.4%) What would concern you most: Being told you had abnormal Pap results, or being told you had HPV?^a Being told I have abnormal Pap test results 668 274 (14.0) 394 (11.9) < 0.001* Being told I have HPV 683 197 (10.0) 486 (14.7) 3855 2391 (72.2) Both would concern me equally 1464 (74.7) Neither would concern me 67 26 (1.3) 41 (1.2) Having an infection that is sexually acquired (HPV) doesn't concern me any differently than abnormal Pap results would^a Agree 1412 442 (24.8) 970 (31.5) < 0.001* Disagree 2465 974 (54.6) 1491 (48.4) 987 Neutral 369 (20.7) 618 (20.1) It would be important for me to know who gave me HPV^a Agree 3468 1251 (70.3) 2217 (71.7) 0.094 Disagree 545 188 (10.6) 357 (11.5) Neutral 859 340 (19.1) 519 (16.8) It would be important for me to know when I got HPV^a 3795 1372 (76.9) 2423 (78.3) 0.131 Agree Disagree 432 151 (8.5) 281 (9.1) Neutral 650 260 (14.6) 390 (12.6) I think people would judge me for having HPV^a Agree 1775 663 (37.4) 1112 (36.0) 0.307 Disagree 1419 495 (27.9) 924 (30.0) Neutral 1666 617 (34.8) 1049 (34.0) I would feel comfortable telling my partner if I had HPV^a Agree 3391 1198 (67.4) 2193 (71.3) 0.016* Disagree 709 284 (16.0) 425 (13.8) Neutral 755 296 (16.6) 459 (14.9) I would not be concerned about transmitting HPV to my partner^a Agree 515 174 (9.8) 341 (11.1) 0.095 1400 (78.7) Disagree 3825 2425 (79.0) Neutral 509 205 (11.5) 304 (9.9) Being HPV positive would not affect my relationship with my partner^a 445 (25.1) 804 (26.3) 0.035* Agree 1249 708 (39.9) 1295 (42.3) Disagree 2003 Neutral 1584 622 (35.0) 962 (31.4) Having HPV would not cause me any concern about cervical cancer^a Agree 181 52 (2.9) 129 (4.2) 0.012* Disagree 4112 1499 (84.1) 2613 (84.8) Neutral 569 231 (13.0) 338 (11.0) I would feel confident in the recommendations from my healthcare provider for follow-up of my HPV positive result^a 3876 1323 (74.0) 2553 (82.5) < 0.001* Agree Disagree 226 97 (5.4) 129 (4.2)

487 **Table 3:** Experiences receiving HPV positive results

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| | | Neutral | 780 | 369 (20.6) | 411 (13.3 |
|----------------------|----------------------------------|--------------------------|---------------------|-------------------------|-----------|
| Table Notes: : ª Mis | ssing values up to 5,336 = not r | eported or prefer not to | o answer,, * signif | icant to p<0.05 | |
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Table 4: Important sources of HPV information

| | | | Having an HPV test in ca | nstead of a Pap smear to scree | en for cervical |
|--------------------------------|--------------------|----------------|--------------------------|--------------------------------|-----------------|
| | | Total (N) | Not acceptable | Acceptable | p-value |
| | | 5336 | 1993 (36.0%) | 3343 (60.4%) | |
| Health Care Provid | er ^a | | | | |
| | Important | 3405 | 1128 (59.3) | 2277 (70.1) | <0.001* |
| | Neutral | 1256 | 560 (29.5) | 696 (21.4) | |
| | Not Important | 487 | 213 (11.2) | 274 (8.4) | |
| BC Cancer (organiz | zes screening in B | C)ª | | | |
| | Important | 2713 | 907 (48.7) | 1806 (56.9) | <0.001* |
| | Neutral | 1649 | 673 (36.1) | 976 (30.8) | |
| | Not Important | 673 | 283 (15.2) | 390 (12.3) | |
| Govt Websites (ex: Canada)ª | Canadian Cancer | Society/Public | Health Agency | | |
| / | Important | 2111 | 734 (39.9) | 1377 (44.2) | 0.011* |
| | Neutral | 1914 | 748 (40.6) | 1166 (37.5) | |
| | Not Important | 928 | 359 (19.5) | 569 (18.3) | |
| Other websites (We | ebMd, blogs)ª | | | | |
| | Important | 1597 | 567 (31.3) | 1030 (33.7) | 0.112 |
| | Neutral | 1997 | 776 (42.8) | 1221 (40.0) | |
| | Not Important | 1273 | 469 (25.9) | 804 (26.3) | |
| Friends/family ^a | | | | | |
| | Important | 1336 | 453 (25.0) | 883 (28.9) | 0.012* |
| | Neutral | 1865 | 725 (40.0) | 1140 (37.3) | |
| | Not Important | 1670 | 634 (35.0) | 1036 (33.9) | |
| Social media ^a | | | | | |
| | Important | 580 | 197 (10.9) | 383 (12.6) | 0.004* |
| | Neutral | 1562 | 633 (35.1) | 929 (30.7) | |
| | Not Important | 2693 | 975 (54.0) | 1718 (56.7) | |

Table Notes: : a Missing values up to 5,336 = not reported or prefer not to answer,, * significant to p<0.05

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| 3 | 503 | |
| 4 | 505 | Asknowledgements: We thank the thousands of women of PC who participated in the HDV |
| 5 | 504 | Acknowledgements. We thank the thousands of women of DC who participated in the HPV |
| 6 | 505 | FOCAL That and completed this survey, and the hundreds of BC collaborating clinicians. we |
| 7 | 506 | also extend gratitude to many partners including: The BC Cancer Cervix Screening and |
| 8 | 507 | Colposcopy Program; the BC Centre for Disease Control Public Health Laboratory; the |
| 9 | 508 | University of British Columbia; BC Cancer Surveillance and Outcomes Unit; Women's Health |
| 10 | 509 | Research Institute; and the Canadian Institutes of Health Research. |
| 11 | 510 | |
| 12 | 511 | Contributors: LWS involved in conception, design and implementation of the research |
| 13 | 512 | presented here, drafting and review of manuscript: CSR conducted statistical analysis and |
| 14 | 513 | contributed to drafting and review of manuscript. I G conducted statistical analysis: MK MI |
| 15 | 51/ | REM GS SP ELE and DV are co-investigators on the HPV EOCAL Study and were involved in |
| 16 | 515 | EOCAL trial design and trial management: A IC and CO are co principal investigators of the |
| 17 | 515 | FOCAL that design and that management, AGC and GO are co-principal investigators of the |
| 18 | 510 | of the date and englycic and critically reviewed the paper and enpresed the final version |
| 10 | 517 | of the data and analysis and childally reviewed the paper and approved the linal version. |
| 20 | 518 | |
| 20 | 519 | Funding: This work was supported by the Canadian Institutes for Health Research. MCI- |
| 21 | 520 | 82072. CSR is supported by a Michael Smith Foundation for Health Research Fellowship. |
| 22 | 521 | |
| 23 | 522 | Competing interests: MK and AC were principal investigators, and GO, DV and EF were co- |
| 24 | 523 | investigators on industry funded (Hologic Inc, and Roche) investigator-led adjunct studies to the |
| 25 | 524 | HPV FOCAL Trial, designed to compare the performance of different HPV testing assays. No |
| 20 | 525 | investigators personally benefitted financially. Funding for these adjunct studies was not applied |
| 27 | 526 | to the operation of the HPV FOCAL results presented in this paper. FLF served as an |
| 20 | 527 | occasional advisor for companies involved with HPV vaccines (Merck, GSK) and HPV |
| 29 | 527 | diagnostics (Rocha). He also helds a national "DNA methylation markers for early |
| 20 21 | 528 | diagnostics (Roche). He also hous a patent. DNA methylation markets for early |
| 27 | 529 | detection of cervical cancer, registered at the Office of Innovation and Partnerships, |
| ⊃∠ >> | 530 | McGill University, Montreal, Quebec, Canada. |
| 27 | 531 | |
| 25 | 532 | Patient consent for publication: Not required |
| 36 | 533 | |
| 37 | 534 | Ethics approval: Ethics approvals for survey was received by the University of British Columbia |
| 38 | 535 | Research Ethics Board (H06-04032). |
| 20 | 536 | |
| 40 | 537 | Provenance and Peer review: Not commissioned; externally peer reviewed. |
| 40 41 | 538 | |
| 42 | 539 | Data availability Statement: Deidentified participant data is available upon consideration and |
| 42 43 | 540 | reasonable request |
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Figure 1: Study Flowchart and participant disposition



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Thank you for contributing to the HPV FOCAL Study! As you know the purpose of the study was to evaluate HPV testing for cervical cancer screening in BC. The results of the FOCAL study will be very important as Canadian programs consider adopting HPV testing to screen for changes that may lead to cervical cancer. We are interested to learn about your experience and understanding of HPV testing for cervical cancer screening. ***As a reminder, <u>ALL</u> women who completed a 4 year exit screen received both a Pap smear and an HPV test***

Your input is important to us and can help plan for the future of cervical cancer screening in BC. Please take a few moments of your time to complete the attached survey. You do not have to answer any questions you do not feel comfortable answering.

First we would like to ask about your HPV knowledge before and during the study.

- 1) Please rate the following question according to how much you agree or disagree with the statement: I know more about HPV and cervical cancer now than I did before I participated in the study:
 - □ Strongly Disagree
 - Disagree
 - Neutral
 - □ Agree
 - □ Strongly agree
 - Not Sure

2) I was aware of my cervical screen (Pap and HPV test) results at completion of the study:

- □ No
- □ Yes
- \Box Not sure
- 3) Please rate the following question according to how much you agree or disagree with the statement:I had enough time to ask my health care provider questions about HPV testing and/or my results.
 - Strongly Disagree
 - Disagree
 - Neutral
 - □ Agree
 - □ Strongly agree
 - Don't know
 - Not applicable
- CTRL IA Exit Survey 12June2017

4) Please rate the following question according to how much you agree or disagree with the statement: I feel my health care provider was able to answer my questions about HPV:

- □ Strongly Disagree
- □ Disagree
- Neutral
- □ Agree
- □ Strongly agree
- Don't know
- □ Not applicable
- 5) Please rate the following statements regarding HPV testing: Having my health care provider collect a sample for HPV testing for cervical cancer screening would be:

| | | r | | 1 | | | | 1 |
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| | < | < | <- | Neutral | -> | > | > | |
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| Safe | | | | | | | | Unsafe |
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| Protect my | | | | | | | | Harm my |
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| 6) | Which of the following have been important sources of information for you about HPV/HPV |
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| | testing? |

| | important | important | Neutrai | important | very important |
|---|-----------|-----------|---------|-----------|-------------------|
| ly health care provider | | | | | |
| C Cancer Agency ncluding the BC Cancer gency website) | | | | | |
| overnment websites (ie anadian Cancer Society, ealth Canada, Public ealth Agency of Canada, C Ministry of Health) | | | | | |
| ther websites (ie: /ebMD, blogs, etc) | | | | | |
| riends/family | | | | | |
| ocial Media (ie: acebook, twitter, etc) | | | | | |
| ther comments: | | | | | |
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| Other comments: | \bigcirc |
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Next we would like to ask how you feel about HPV testing to screen for cervical cancer.

As a reminder, there are over 100 types of the human papillomavirus (HPV), of which about 40 affect the genital region. HPV is very common and most sexually active people will have an infection at some point in their lives, however it usually disappears without a person experiencing any symptoms. Only in cases where a cancer causing HPV type persists for many years, is there a risk that it may lead to cervical cancer.

7) Please rate the following question according to how much you agree or disagree with the statement: Having an HPV test to screen for cervical cancer instead of a Pap smear is acceptable to me:

- □ Strongly Disagree
- □ Disagree
- Neutral
- □ Agree
- □ Strongly agree
- Don't know
- Comments:.....

8) I would be willing to have an HPV test every 4 or 5 years instead of a Pap test every 3 years:

.....

- □ Strongly Disagree
- □ Disagree
- Neutral
- □ Agree
- Strongly agree
- Don't know

Comments:

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Evidence suggests that HPV testing is ideally started no earlier than 30 years of age. Should HPV testing be adopted in the province, it would be available for women starting at age 30 or 35. However, cervical cancer screening could still start at age 25 using the Pap smear as currently recommended in BC.

9) Receiving HPV testing for cervical cancer screening, starting at age 30 is acceptable to me.

- □ Strongly Disagree
- □ Disagree
- Neutral
- □ Agree
- □ Strongly agree
- Don't know
- 10) If cervical cancer screening was to occur every 4 or 5 years, instead of every 3 years, I would be less likely to visit my health care provider for other health reasons.
 - □ Strongly Disagree
 - □ Disagree
 - □ Neutral
 - □ Agree
 - □ Strongly agree
 - Don't know

Next we would like to understand some of your thoughts about HPV testing compared to the Pap test.

- 11) What would concern you most: 1) being told you had "abnormal Pap test results" or 2) being told you were "positive for HPV"? (*Check <u>ONE</u>* only)
 - □ Neither would concern me
 - □ Being told I have abnormal Pap test results
 - □ Being told I have HPV
 - □ Both would concern me equally

Please explain:

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Next, we would like to learn about your experience of receiving HPV results.

12) If you tested HPV positive during the HPV FOCAL trial, or if you were to test positive for HPV, please rate your level of agreement with the following statements:

| | Strongly disagree | Disagree | Neutral/uncertain | Agree | Strongly Agree |
|--|----------------------|----------|-------------------|-------|-------------------|
| Although HPV is sexually acquired, having an infection that is sexually acquired does not concern me any differently than abnormal Pap results would. | | | | | |
| It would be important for me to know who gave me HPV. | | | | | |
| It would be important to me to determine when I got HPV. | | | | | |
| I think people might judge me for having HPV. | | | | | |
| I would feel comfortable telling my partner about my HPV positive result. | | | | | |
| I would not be concerned about transmitting HPV to a sexual partner. | | | | | |
| Receiving a positive HPV result would not affect my relationship with my sexual partner. | | | | | |
| Having HPV would not cause me any concern about developing cervical cancer. | | | | | |
| I would feel confident in the follow up and/or treatment my provider would recommend for my positive HPV result. | | | | | |

| Other comments: |
|-----------------|
| |

13) Please rate the following statements according to how much you agree or disagree: If I tested positive for HPV I felt/would feel:

| | Strongly disagree | Disagree | Neutral/uncertain | Agree | Strongly agree |
|-----------|----------------------|----------|-------------------|-------|-------------------|
| Reassured | | | | | |
| Relieved | | | | | |
| Guilty | | | | | |
| Worried | | | | | |
| Upset | | | | | |
| Surprised | | | | | |
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Other comments:

14) If you were aware of your results at the end of the trial and they were negative/normal, how confident were you with the safety of these results?

- □ Very unconfident
- □ Somewhat unconfident
- Neutral
- □ Somewhat confident
- □ Very confident
- □ Didn't know my results
- □ Not applicable/results were positive

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Next we would like to ask about your thoughts about the possibility of women collecting their own sample for HPV testing for cervical cancer screening by inserting a soft Q-tip or brush into the vagina that can then be returned to the laboratory and tested for the presence of HPV. With self-collection, a woman would not need to see a health care provider for pelvic exam for sample collection. Self-collected specimens tested for HPV have been shown to be equivalent to HPV samples taken by a health care provider for detecting abnormalities of the cervix.

| | < | < | <- | Neutral | -> | > | > | |
|----------------------|---|---|----|---------|----|---|---|-------------------|
| Accurate | | | | | | | | Inaccurate |
| Safe | | | 0 | | | | | Unsafe |
| Protect my health | | | | | | | | Harm my health |
| Acceptable | | | | | | | | Unacceptable |

15) Please rate the following statements regarding self-collected samples: Collecting my own sample for cervical cancer screening would be:

16) I would be willing to collect my own sample/specimen for cervical cancer screening:

- □ Strongly Disagree
- Disagree
- □ Neutral
- □ Agree
- □ Strongly agree
- Don't know

Comments:

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> Finally we'd like to ask some questions that may help us better understand associations between HPV and various other factors.

17) What is the highest level of education you have achieved?

- No formal education
- □ Some elementary school
- □ Completed elementary school
- □ Some high school
- Completed high school
- □ Some post-secondary training (Trades, college, university)
- Completed trade/vocational/apprenticeship program
- □ Completed college
- □ Completed university (bachelor degree)
- □ Completed university (master degree or higher)

18) Please indicate your current marital status:

- □ Single (living WITHOUT a partner)
- □ Single (living WITH a partner)
- □ Married or common law
- Divorced
- □ Separated (but still legally married)
- □ Widowed
- 19) Not including new partners you have had since you completed the HPV FOCAL study, please indicate to the best of your recollection, how many male partners you have had vaginal intercourse with:

 - □ 1-10
 - □ 11-49
 - □ 50+

20) Please enter the total years you have used the following hormonal birth control methods. If never used, please enter "0". (survey build, enter in months)

| Method | Total years used | Please place a checkmark in this column if you used this method while participating in the HPV FOCAL study |
|--|------------------|--|
| Oral contraceptive pill | | |
| Contraceptive patch | | |
| Contraceptive vaginal ring | | |
| Hormonal IUD | | |
| Injection (ie: Depo- provera) | | |
| Morning after pill or emergency contraceptive pill | 0 | |
| Implant | 🚫 | |

We are trying to better understand how use of specific substances (ie: alcohol, tobacco and marijuana) impacts a woman's potential to develop a long term HPV infection. These following questions help us determine if there is an association between HPV infection and different substances.

21) Have you ever smoked cigarettes?

- □ Yes (daily). For approximately how many years: ___
- □ Yes (less than daily)
- Not at all

22) Were you a regular cigarette smoker during your participation in the HPV FOCAL Study?

- □ Every day.....Approximately how many cigarettes did you smoke per day? _ _
- □ Some days...Approximately how many days did you smoke each week? _ _
- Not at all

(Survey build). Only link to Q22 if answered "every day" or "some days" to Q21

23) During your participation in the HPV FOCAL Study, how often did you use marijuana:

- □ Never
- $\hfill\square$ Less than once a month
- □ 1-3 times a month
- □ Once a week
- □ More than once a week
- □ Every day

Survey build: skip Q24 if answered "never" to Q23

24) Please indicate the ways you used marijuana during the HPV FOCAL study:

- □ Smoking
- □ Vaporizing
- □ Edible (ie: cakes, cookies, candy, drinks, etc)
- □ Pill/capsule
- □ Other

25) During your participation in the HPV FOCAL Study, how often did you drink alcoholic beverages?

- □ Never
- □ Once a month or less
- □ 2-3 times a month
- Once a week
- □ 2-3 times a week
- □ 4-6 times a week
- □ Every day

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26) Please estimate your total household income (everyone in your household, excluding roommates):

- □ Less than \$10,000
- □ \$10,001-25,000
- □ \$25,001-50,000
- □ \$50,001-75,000
- □ \$75,001-100,000
- □ More than \$100,000

Thank you for completing this survey! Your responses are highly valued and impact guidelines and recommendations as the province of British Columbia considers changes to cervical cancer screening practices. If you have any questions or comments please feel free to contact the HPV FOCAL study at hpvfocal@bccancer.bc.ca

SURVEY BUILD: Link to a separate section where respondents can enter their name and contact info to be entered into a draw. We will offer an incentive for survey completion.

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| STROBE Statement- | -Checklist of items th | hat should be included in | reports of <i>cross-sectional studies</i> |
|-------------------|------------------------|---------------------------|---|
| DIROBE Statement | | nut sheulu ee meluueu m | |

| | Item No | Recommendation | Page No |
|------------------------|------------|---|------------|
| Title and abstract | 1 | (<i>a</i>) Indicate the study's design with a commonly used term in the title or the abstract | 1 |
| | | (b) Provide in the abstract an informative and balanced summary of what | 2 |
| | | was done and what was found | |
| Introduction | | | 1 |
| Background/rationale | 2 | Explain the scientific background and rationale for the investigation being reported | 4 |
| Objectives | 3 | State specific objectives, including any prespecified hypotheses | 4 |
| Methods | | | |
| Study design | 4 | Present key elements of study design early in the paper | 6 |
| Setting | 5 | Describe the setting, locations, and relevant dates, including periods of | 6 |
| | | recruitment, exposure, follow-up, and data collection | |
| Participants | 6 | (<i>a</i>) Give the eligibility criteria, and the sources and methods of selection of participants | 6 |
| Variables | 7 | Clearly define all outcomes, exposures, predictors, potential confounders, | NA |
| | | and effect modifiers. Give diagnostic criteria, if applicable | |
| Data sources/ | 8* | For each variable of interest, give sources of data and details of methods | 6,7 |
| measurement | | of assessment (measurement). Describe comparability of assessment | |
| | | methods if there is more than one group | |
| Bias | 9 | Describe any efforts to address potential sources of bias | 6-8 |
| Study size | 10 | Explain how the study size was arrived at | 7-8 |
| Quantitative variables | 11 | Explain how quantitative variables were handled in the analyses. If | 6-8 |
| Statistical mathada | 12 | (g) Describe all statistical methods, including these used to control for | 0 |
| Statistical methods | 12 | (a) Describe an statistical methods, including those used to control for confounding | 0 |
| | | (b) Describe any methods used to examine subgroups and interactions | 8 |
| | | (c) Explain how missing data were addressed | 8 |
| | | (<i>d</i>) If applicable, describe analytical methods taking account of sampling strategy | 8 |
| | | (e) Describe any sensitivity analyses | 8 |
| Results | | | |
| Participants | 13* | (a) Report numbers of individuals at each stage of study—eg numbers | 9 |
| 1 | | potentially eligible, examined for eligibility, confirmed eligible, included | |
| | | in the study, completing follow-up, and analysed | |
| | | (b) Give reasons for non-participation at each stage | 9 |
| | | (c) Consider use of a flow diagram | 17 |
| Descriptive data | 14* | (a) Give characteristics of study participants (eg demographic, clinical, | 9 |
| | | social) and information on exposures and potential confounders | |
| | | (b) Indicate number of participants with missing data for each variable of interest | 9, 18 |
| Outcome data | 15* | Report numbers of outcome events or summary measures | 18 |
| Main results | 16 | (a) Give unadjusted estimates and, if applicable confounder-adjusted | 18 |
| | | estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included | |

| | | (<i>b</i>) Report category boundaries when continuous variables were categorized | n/A |
|-------------------|----|--|------|
| | | (<i>c</i>) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period | n/a |
| Other analyses | 17 | Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses | 9-11 |
| Discussion | | | |
| Key results | 18 | Summarise key results with reference to study objectives | 12- |
| | | | 15 |
| Limitations | 19 | Discuss limitations of the study, taking into account sources of potential | 15- |
| | | bias or imprecision. Discuss both direction and magnitude of any potential bias | 16 |
| Interpretation | 20 | Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence | 16 |
| Generalisability | 21 | Discuss the generalisability (external validity) of the study results | 16 |
| Other information | | 6 | |
| Funding | 22 | Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based | 24 |

*Give information separately for exposed and unexposed groups.

Note: An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at http://www.plosmedicine.org/, Annals of Internal Medicine at http://www.annals.org/, and Epidemiology at http://www.epidem.com/). Information on the STROBE Initiative is available at www.strobe-statement.org.

BMJ Open

Women's acceptability of and experience with primary human papillomavirus testing for cervix screening: HPV FOCAL trial cross-sectional online survey results

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| 3 | 1 | Women's acceptability of and experience with primary human papillomavirus testing for cervix |
| 4 | 2 | screening: HPV FOCAL trial cross-sectional online survey results |
| 5 | 2 | |
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| 7 | 4 | |
| 8 | 5 | Laurie W Smith ^{1,2} , C. Sarai Racey ^{2,3} , Lovedeep Gondara ⁴ , Mei Krajden ^{3,3} , Marette Lee ^{3,0} , Ruth |
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| 2 3 4 5 | 52 53 | ABSTRACT: (word count 257) | | | | |
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| 6 7 | 54 | | | | | |
| 8 9 | 55 | Objective: To study participant's acceptability of and attitudes towards human papillomavirus | | | | |
| 10 11 | 56 | (HPV) testing compared to cytology for cervical cancer screening, and what impact having an | | | | |
| 12 13 | 57 | HPV positive result may have in future acceptability of screening. | | | | |
| 14 15 | 58 | Design: Cross-sectional online survey of clinical trial participants. | | | | |
| 16 17 | 59 | Setting: Primary care, population-based Cervix Screening Program, British Columbia, Canada. | | | | |
| 18 19 | 60 | Participants: A total of 5,532 participants from the HPV FOCAL Trial, in which women received | | | | |
| 20 21 22 | 61 | HPV and cytology testing at study exit were included in the analysis. Median age was 54 years. | | | | |
| 22 23 24 | 62 | The median time of survey completion was 3 years after trial exit. | | | | |
| 25 26 | 63 | Outcome measures: Acceptability of HPV testing for primary cervical cancer screening | | | | |
| 27 28 | 64 | (primary); attitudes and patient perceptions towards HPV testing and receipt of HPV positive | | | | |
| 29 30 | 65 | screen results (secondary). | | | | |
| 31 32 | 66 | Results: Most respondents (63%) were accepting of HPV testing, with the majority (69%) | | | | |
| 33 34 | 67 | accepting screening to begin at age 30 with HPV testing. Only half of participants (54%) were | | | | |
| 35 36 | 68 | accepting of an extended screening interval of 4 to 5 years. In multivariable logistic regression, | | | | |
| 37 38 | 69 | women who received an HPV positive screen test result during the trial (OR=1.41 95%CI: | | | | |
| 39 40 41 | 70 | 1.11,1.80), or were older (OR= 1.01, 95%CI:1.00,1.02) were more likely to report HPV testing | | | | |
| 41 42 43 | 71 | as acceptable. | | | | |
| 44 45 | 72 | Conclusions: In this evaluation of acceptability and attitudes regarding HPV testing for cervix | | | | |
| 46 47 | 73 | screening, most are accepting of HPV testing for screening; however, findings indicate | | | | |
| 48 49 | 74 | heterogeneity in concerns and experiences surrounding HPV testing and receipt of HPV positive | | | | |
| 50 51 | 75 | results. These findings provide insights for the development of education, information, and | | | | |
| 52 53 | 76 | communication strategies during implementation of HPV-based cervical cancer screening. | | | | |
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| 1 2 3 4 | 78 | Trial Registration: ISRCTN79347302 and ClinicalTrials.gov Identifier: NCT00461760 |
|------------------|-----|--|
| 5 6 | 79 | |
| 7 8 | 80 | ARTICLE SUMMARY |
| 9 10 | 81 | |
| 11 12 12 | 82 | 'Strengths and limitation of this Study' |
| 15 14 15 | 83 | |
| 15 16 17 | 84 | Measures of acceptability and patient perceptions of HPV testing within a primary cervix |
| 18 19 | 85 | screening program. |
| 20 21 | 86 | |
| 22 23 | 87 | Reports on acceptability of increased screening interval and delayed onset of screening |
| 24 25 | 88 | initiation, and impact of a positive HPV test result. |
| 26 27 | 89 | |
| 28 29 | 90 | Recommendations for key health promotion messaging to address potential barriers to |
| 30 31 22 | 91 | HPV testing for primary cervical screening. |
| 32 33 34 | 92 | |
| 35 36 | 93 | Limitations include that participants were recruited from a large clinical trial on HPV |
| 37 38 | 94 | testing for cervical cancer screening and may not be representative of the general |
| 39 40 | 95 | screening population. |
| 41 42 | 96 | |
| 43 44 | 97 | |
| 45 46 | 98 | Funding: This work was supported by the Canadian Institutes of Health Research (CIHR) MCT- |
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101 INTRODUCTION

It is well established that persistent infection with an oncogenic strain of the human papillomavirus (HPV), the most common sexually transmitted infection around the world, is the causative agent for most cervical cancers [1,2]. There is a robust body of evidence regarding the superior performance of HPV vs. cytology screening in detection of cervical intraepithelial neoplasia (CIN) grade 2 or worse (CIN2+) and greater protection against cervical cancer [3-5]. As such, several countries around the world have implemented primary HPV testing for cervical cancer screening, including Australia, the Netherlands, and the UK, with many other jurisdictions in various planning stages for HPV-based screening implementation. A shift to an HPV-based screening approach results in different program guidelines and, thus, a different experience for the person undergoing screening. The very high negative predictive value of HPV testing permits the interval between screens to be extended to 5 or more years compared to cytology testing, recommended every 2 to 3 years in most jurisdictions [5-7]. Due to high prevalence and regression rates of HPV infection in younger women, HPV-based screening may not be recommended until 25 to 30 years of age [5,6]. In addition, being screened for cervical cancer with a test for a sexually transmitted infection can result in anxiety and concern for those undergoing screening [8,9]. With such a transformative change in what is arguably a well-established screening paradigm, it is crucial to examine women's readiness or acceptance of HPV testing compared to cytology testing for screening, to ensure engagement in screening is not hampered by a change in technology or guidelines. This unintended consequence was illustrated in Australia, prior to the change in the national program from cytology to HPV screening, when a 2017 petition opposing

- the changes garnered 70,000 signatures[10]. Respondents to the Australian survey indicated
- 126 concerns about such things as the extended interval and missing cancer cases in younger

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| 3 4 | 127 | women as a result of the program change [10]. Despite enhancements to screening efficacy and |
|--|-----|--|
| 5 6 | 128 | safety, a successful change in technology requires acceptance by those who undergo |
| 7 8 | 129 | screening. Anticipating women's questions and concerns prior to implementation of program |
| 9 10 | 130 | changes can mitigate resistance to change and assist in the design of targeted education |
| 11 12 | 131 | strategies. |
| 13 | 132 | |
| 15 16 17 | 133 | This analysis is of the 48-month exit survey for the Human Papillomavirus For Cervical Cancer |
| 17 18 19 | 134 | Screening Trial (HPV FOCAL). HPV FOCAL is currently the only North American trial comparing |
| 20 21 | 135 | primary HPV testing to cytology (liquid-based) for screening within an organized program, which |
| 22 23 | 136 | also provides us with the unique opportunity to assess women's experiences with HPV testing in |
| 24 25 | 137 | a population-based program setting. The primary objective of this analysis was to explore |
| 26 27 | 138 | participant's acceptability of and attitudes towards HPV testing compared to cytology for cervical |
| 28 29 | 139 | cancer screening, and what impact having an HPV positive result may play in future |
| 30 31 | 140 | acceptability of screening. |
| 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 54 55 56 57 | 141 | |
| 58 59 60 | | For peer review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml |
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METHODS Participants Survey participants were recruited through the HPV FOCAL trial, a publicly funded randomized control trial comparing primary HPV testing every four years (HPV arm) to liquid-based cytology testing (cytology arm) every two years for cervical cancer screening (ISRCTN79347302). HPV FOCAL recruited women, 25-65 years of age, from two largely metro areas in British Columbia who were due for cervical cancer screening from 2008 through to 2012. Participants of the HPV FOCAL Trial were engaged in cervical cancer screening through a large population-based screening program, and representative of women at average risk of cervical cancer in North America [11] Trial design and primary outcome results have been previously described in detail [3,11–14]. Participants were provided with information on HPV, HPV testing (including differences between Pap and HPV testing, and the reasons behind an extended interval between negative HPV screens) and cervical cancer upon enrollment and throughout the trial follow-up period. A total of 9552 women were randomized to the HPV arm and 9457 women to the cytology arm. Women from both the HPV and cytology arms completed trial exit screening between 2012 and 2016, where they received HPV and cytology co-testing at the exit screen. Results were provided to their primary care provider, who then conveyed them to the participants. From August 2017-February 2018 women from both arms who had attended the 48-month exit screen were invited to complete the online exit survey (FIGURE 1).

45 162 HPV FOCAL exit survey

The survey included 26 items that asked participants about HPV knowledge and information seeking before and during the study, acceptability of HPV testing, willingness to increase the screening interval, commencement screening age for HPV testing, attitudes and concerns about test positive results and communication needs around screening results, in addition to demographic details (SUPPLEMENTARY FILE). Reponses included 7- and 5-point Likert

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| 3 4 | 168 | scales, and survey responses were linked to HPV FOCAL trial screen test results. Survey items |
|----------------------------|-----|--|
| 5 6 | 169 | were based upon previous HPV FOCAL surveys assessing HPV testing acceptance [15] The |
| 7 8 | 170 | survey was distributed and managed using the web-based platform of Fluidsurveys |
| 9 10 | 171 | (www.fluidsurveys.com). The survey was pilot tested and revised for face and content validity |
| 11 12 | 172 | with approximately 20 women, aged 30 and above prior to distribution to FOCAL participants. |
| 13 14 | 173 | |
| 15 16 17 | 174 | Patient and public involvement |
| 17 18 19 | 175 | Patient concerns and questions raised during the trial period identified the need for the study, |
| 20 21 | 176 | but patients were not involved in the construction of the survey[16]. However, a sample of |
| 22 23 | 177 | women who undergo cervical cancer screening in BC were involved in pilot testing of the survey |
| 24 25 | 178 | for the purposes of face validity and survey flow and logistics. Based on this feedback, revisions |
| 26 27 | 179 | were made to the survey to clarify wording of questions and format of layout. |
| 28 29 | 180 | |
| 30 31 | 181 | Response rate and inclusion criteria |
| 32 33 34 | 182 | Participants from the HPV FOCAL trial from both the HPV and cytology arms who had |
| 34 35 36 | 183 | completed their study 48 month exit screen, had indicated consent to be contacted for future |
| 37 38 | 184 | research, and for whom email addresses were available were eligible for survey invitation. The |
| 39 40 | 185 | invite to complete the survey was sent via email, with one reminder sent a month later for those |
| 41 42 | 186 | who had not initiated or completed the survey. Participants were provided with a unique study |
| 43 44 | 187 | identifier to access the survey and no personal identifiers were captured during survey |
| 45 46 | 188 | completion. Participants were informed they had the option to complete none, some, or all of the |
| 47 48 | 189 | survey with completion of survey questions as indication of consent. |
| 49 50 | 190 | |
| 51 52 53 | 191 | Survey completeness was reviewed, and duplicate surveys, where the same woman completed |
| 53 54 55 56 57 | 192 | all or some of the survey more than once, were identified. For those with a duplicate entry, the |
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first complete survey was used in the analysis with all other survey attempts discarded.
Response rate (%) was the sum of completed surveys plus partial surveys, divided by the
number of invitations sent to eligible valid email addresses, as per the American Association for
Public Opinion Research guidelines[17]. Non-response included: refusals (clicked the survey
link, but did not complete consent or any items), and those assumed eligible with no response
received. Email addresses that were undeliverable were considered invalid and not included in
the analysis.

200 Statistical analysis

Survey respondents were compared to HPV FOCAL trial participants on age, study arm, and
location of trial recruitment to explore if survey sample was representative of FOCAL trial
population.

Our main outcome of HPV testing acceptability was assessed by response to the question "having an HPV test instead of a Pap to screen for cervical cancer is acceptable to me", which was dichotomized from a 5-point Likert scale, with those reporting strongly agree or agree, categorized as 'accepting', and those reporting neutral, don't know, disagree and strongly disagree as 'not accepting' of HPV testing. This categorization was chosen to capture those who were truly accepting and biased towards the null. Only complete surveys were included, with those who were missing or preferred not to answer excluded. Participants were classified as being HPV positive, if they received an HPV positive screening result at any point during their participation in the HPV FOCAL trial, otherwise a participant was classified as HPV negative. Bivariable analysis explored differences in acceptability of HPV testing based on demographic factors such as age, income, and education, in addition to HPV screening test result, and length of time since study exit. Factors shown to be potentially associated with acceptability,

| 1 2 | | |
|----------------------|-----|---|
| - 3 4 | 218 | such as HPV screening starting at 30 years of age and increased screening interval, were also |
| 5 6 | 219 | examined[16,18,19]. |
| 7 8 | 220 | |
| 9 10 | 221 | Socio-demographics and attitudes towards HPV testing were explored descriptively with Chi- |
| 11 12 | 222 | square for categorical variables and median score test for continuous variables. |
| 13 14 | 223 | |
| 15 16 | 224 | Multivariate logistic regression was used to explore the association of the acceptability of HPV |
| 17 18 10 | 225 | testing with <i>a priori</i> identified confounding variables that reached $p \leq 0.2$ in bivariable analysis. |
| 19 20 21 | 226 | Level of significance was 0.05. All statistical analyses were performed in SAS 9.4 and R4.02. |
| 21 22 23 | 227 | |
| 24 25 | 228 | Ethics Approval |
| 26 27 | 229 | Ethics approvals for survey was received by the University of British Columbia Research Ethics |
| 28 29 30 31 | 230 | Board (H06-04032). In addition, a privacy review was undertaken to ensure the survey complied |
| | 231 | with provincial privacy legislation. |
| 32 33 | 232 | |
| 34 35 | 233 | RESULTS |
| 36 37 28 | 234 | Survey invites were administered from August 2017 through to February 2018. A total of 14,535 |
| 38 39 40 | 235 | participants from both the HPV and cytology arms in HPV FOCAL trial were identified as eligible |
| 40 41 42 | 236 | to receive 48-months exit online survey, of which 13,176 were delivered to a valid email address |
| 43 44 | 237 | FIGURE 1). There were 5,532 surveys completed, of which 4,938 were fully and 594 partially |
| 45 46 | 238 | completed. |
| 47 48 | 239 | |
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|----------------|-----|--|
| - 3 4 | 244 | Characteristics of respondents |
| 5 6 | 245 | The median age of participants completing the survey was 54 years (IQR: 46,62) (Table 1). The |
| 7 8 | 246 | median time of survey completion was 3 years after study exit. The majority of respondents |
| 9 10 | 247 | (67%) had completed college or higher education and 77% reported living with a partner. |
| 11 12 | 248 | Survey respondents were comparable to HPV FOCAL trial participants based on study arm, age |
| 13 14 | 249 | at HPV FOCAL trial enrollment, and geographical location. Survey respondents and non- |
| 15 16 | 250 | respondents were comparable by study arm and marital status, but those who responded to the |
| 17 18 | 251 | survey were slightly older than non-responders (median of 51 years vs. 49 years), although the |
| 19 20 21 | 252 | difference was not clinically significant. |
| 21 22 23 | 253 | |
| 23 24 25 | 254 | |
| 26 27 | 255 | Acceptability of HPV testing for Screening |
| 28 29 | 256 | |
| 30 31 | 257 | Overall, 63% of survey respondents agreed or strongly agreed that HPV testing for cervical |
| 32 33 | 258 | cancer screening was acceptable, with 37% not agreeing (11% disagree, 16% neutral, 10% |
| 34 35 | 259 | don't know) (Table 1). There were no significant associations between acceptability of HPV |
| 36 37 | 260 | testing and marital partnership status, time since study exit, education or income. Women who |
| 38 39 | 261 | received an HPV positive result at any point during HPV FOCAL trial and who were older were |
| 40 41 42 | 262 | more accepting of HPV testing compared to those who remained HPV negative during trial |
| 42 43 44 | 263 | participation. |
| 44 45 46 | 264 | |
| 47 48 | 265 | In multivariate analysis, women who reported HPV testing as acceptable were more likely to |
| 49 50 | 266 | have received an HPV positive screen test result at some point during the trial (OR 1.41 95%CI |
| 51 52 | 267 | 1.11,1.80, p=0.005), and were older (OR 1.01, 95%Cl 1.00,1.02, p=0.01) (Table 2). |
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| 59 60 | | 10 For peer review only - http://bmjopen.bmj.com/site/about/guidelines.xhtml |

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| 3 4 | 269 | Over half of respondents (54%) agreed with the statement "I would be willing to have an HPV | |
| 5 6 | 270 | test every 4-5 years instead of a Pap every 3 years". There was a significant difference in | |
| 7 8 | 271 | acceptability of an extended screening interval between those who reported being accepting of | f |
| 9 10 | 272 | HPV testing compared to those who were not accepting. Overall, 69% responded that HPV | |
| 11 12 | 273 | testing starting at age 30 was acceptable, with over 80% of those who were accepting of HPV | |
| 13 14 | 274 | testing reporting agreement with a higher screening age (30 years or over) compared to Pap | |
| 15 16 | 275 | testing (Table 1). | |
| 17 18 | 276 | | |
| 19 20 21 | 277 | In addition, 66% of respondents reported that an extended screening would not result in less | |
| 21 22 23 | 278 | visits to their healthcare provider for other medical reasons, indicating that despite the extende | d |
| 23 24 25 | 279 | interval recommended with HPV-based screening, women would continue to see their provider | rs |
| 26 27 | 280 | for medical reasons as needed. | |
| 28 29 | 281 | | |
| 30 31 | 282 | Attitudes towards an HPV Positive Test Result: | |
| 32 33 | 283 | | |
| 34 35 | 284 | Survey respondents were asked to rate their level of agreement with a variety of statements | |
| 36 37 | 285 | regarding attitudes surrounding receipt of HPV positive results (Table 3). Women were asked i | f |
| 38 39 | 286 | they would be more concerned about receiving a positive HPV test or an abnormal Pap result, | |
| 40 41 42 | 287 | for which most respondents (73%) reported that both screening outcomes would concern them | ۱ |
| 42 43 44 | 288 | equally. However, those that reported HPV testing to be acceptable, reported that an HPV | |
| 45 46 | 289 | positive result would concern them more (14%) than an abnormal Pap. This was statistically | |
| 47 48 | 290 | different compared to those who were not accepting of HPV testing, who responded that | |
| 49 50 | 291 | abnormal Pap test results would concern them more. The difference in distribution between | |
| 51 52 | 292 | these responses was statistically significant. | |
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Most respondents who were not accepting of HPV testing indicated that having a sexually acquired infection would concern them differently than having abnormal Pap results. The relationship between level of agreement with HPV testing acceptability and ones' level of concern about having a sexually acquired infection was significant. Regardless of a respondent's reported HPV testing acceptability, most respondents felt it important to them to know who gave them HPV and when they acquired HPV (72% and 78% respectively). Most respondents indicated they disagreed or were neutral regarding feeling judged for having HPV, and there was no significant relationship between feeling judged and level of agreement with HPV testing. More respondents who were accepting of HPV testing indicated they would feel comfortable telling their partner if they had HPV, which was in contrast to those who were not accepting of HPV testing; these differences indicated a significant relationship between HPV testing acceptance and comfort disclosing HPV status to a partner. Regardless of level of agreement with HPV testing, most respondents (79%) indicated they would feel concerned about transmitting HPV to their partner(s). More respondents who were accepting of HPV testing would feel confident in the recommendations from their provider for the management of their HPV positive results. There was a significant association between level of agreement with HPV testing and degree of confidence with provider recommendations.

Sources of information for HPV testing and screening:

Overall, the most reported important sources of information were health care providers and BC Cancer, the agency that is responsible for the cervix screening program in British Columbia (Table 4). In addition, those that are accepting of HPV testing were more likely to look to their health care providers and BC Cancer as important sources of information. Regardless of one's level of agreement with HPV testing for screening, friends and family or social media were not as important as health care providers and BC Cancer for sources of information.

320 DISCUSSION

5 321

Acceptability of, and attitudes, towards primary HPV testing were analysed from 5,532 women who completed HPV testing as part of the HPV FOCAL trial, which was embedded within an organized population-based cervical cancer screening program. Most respondents (63%) were accepting of HPV testing for cervix screening and for screening with HPV testing to begin at age 30 (69%). Just over half were accepting of HPV testing with the extended screen interval of 4 to 5 years (54%). Although most women were accepting, the proportion of respondents indicating they disagreed with or were neutral in their acceptance of HPV testing and of extended intervals was higher than we expected considering this was a group of people who were provided with education and information about HPV, HPV testing, and cervical cancer. These findings are similar to other studies that indicate women have concerns about the extended interval recommended with HPV testing [10,20–22], stemming from a belief that a cancer diagnosis may be missed through extension of the interval. Considering study participants received information regarding HPV, the natural history of HPV and cervical cancer, and the rationale for HPV testing compared to the Pap test, these findings indicate that additional research and patient engagement is needed to gain insights and identify and develop resources or procedures to address barriers to HPV testing and an extended screening interval. This multivariate analysis found that those who received positive HPV test results at some point during the trial were more likely to be accepting of HPV testing for cervix screening than those who never received an HPV positive result. Those who tested HPV positive would have received additional information and counseling from their healthcare provider and or a Study nurse, which would not necessarily have been provided to those who tested HPV negative. This additional information would have reinforced the education participants were provided at trial baseline, including the prevalence of HPV in the population, the transient nature of HPV and the

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46 long natural history between HPV infection and cervical dysplasia development. In addition, 47 those with HPV positive results would have received additional follow-up and management by 48 the time the survey was administered. The reinforcement of education, an opportunity for 49 dialogue when receiving the positive result, and the fact that those with a positive HPV result 50 would have received treatment for detected dysplasia, may have facilitated improvement in 51 knowledge and subsequently, enhanced acceptance of HPV testing. Other findings have 52 indicated that increased HPV and HPV screening knowledge can be a facilitator of HPV 53 screening acceptance[18].

One of the concerns with an extended screening interval is if women would be less likely to 55 consult with the health care provider for other medical reasons[16]. When we asked participants 56 57 if they would be less willing to see a healthcare provider for other medical reasons if the interval for cervix screening were increased, most respondents said they would not be less willing, 58 59 indicating that the extended interval for cervix screening would not prevent them from seeking 60 care as needed. This finding can provide reassurance to healthcare professionals who have 61 concerns that the extended screening interval recommended with HPV-based screening would 62 lead to fewer visits to a clinician, given that the cervical screen visit is often an opportunity for 63 the clinician to assess other preventive care or medical issues [23].

Respondents' concerns regarding receipt of HPV positive results were varied. Nearly 93% of the respondents never received an HPV positive result during the HPV FOCAL trial. As a result, the majority of responses evaluate attitudes and experiences for those who did not actually receive HPV positive results, and therefore, reflect how the respondents would hypothetically feel if they were to receive HPV positive results. Of the respondents, 7.5% had received an HPV positive result at some point during their trial participation.

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Most participants indicated that having HPV would cause them concern about having cervical cancer. The majority of participants reported that having either an abnormal Pap or a positive HPV test would concern them; however, for those that had tested positive for HPV, they reported that an HPV test would concern them more compared to an abnormal Pap. Overall, participants' perceptions about HPV positive results and cervical cancer indicate that increased knowledge regarding the specificity of HPV testing for cervical cancer screening is needed.

379 Receipt of positive HPV results has been associated with higher anxiety and distress compared 380 to receipt of abnormal Pap results [24–26], which may be due to the fact that HPV is a sexually 381 transmitted infection and has been associated with levels of shame and stigma[27,28]. Most 382 respondents in our survey indicated that receiving results for a sexually acquired HPV infection 383 would concern them differently than having an abnormal Pap test result; however, this belief 384 varied depending on a participant's acceptability of HPV testing. Women who were not 385 accepting of HPV testing indicated that a HPV positive result would concern them differently 386 than abnormal Pap results, compared to those who were accepting of HPV testing. Most 387 respondents, whether they accepted HPV testing or not, felt it important for them to know who 388 gave them HPV and when they got it (71% and 78% respectively). These findings together are 389 reflective of other research findings[9,29,30] and indicate that when developing education and 390 communication strategies, emphasis should be placed on the high prevalence of HPV in the 391 population, the transient nature of most HPV infections, bringing awareness to the fact an 392 infection may have been acquired several years prior to a positive test result. Differentiating 393 HPV from other STIs may minimize anxiety and facilitate normalization and acceptance[16,27]. 394

Almost 75% of the respondents indicated they felt an HPV positive result would affect their
relationship with their partner, or they weren't sure, and almost 80% would be concerned about
transmitting HPV to their partners, with many feeling they would be judged for being HPV

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positive. The stigma associated with HPV, concerns about infidelity and potential partner
reactions to the HPV result may underlie these concerns. Previous research has indicated some
women question whether partner notification with HPV is necessary[16,31]. Unlike other STIs
such as chlamydia or gonorrhea where partner notification is recommended for testing and
treatment purposes, there is usually no medical reason to notify the partner of a woman who
tested positive for HPV.

Healthcare providers, as trusted and valued sources of information, can influence patients' decision-making patterns regarding health care decisions[20,32] Reflecting other findings, the respondents in this survey indicated that the most important sources of information for them, were their healthcare providers and the provincial screening program [[20,32]]. In this cohort, the least important sources of information were social media and friends and family, providing reassurance that women in this cohort seek information from reputable sources such as health care providers and the screening program compared to the internet, or friends and family. These findings demonstrate that program planning for HPV-based screening should prepare health care providers with adequate education and training surrounding HPV prior to program changes, to ensure they are equipped to address women's questions and concerns regarding the paradigm shift from cytology to HPV-based screening.

ⁱ¹ 416

417 This study is not without limitations. Survey participants were part of a large clinical trial and
418 were given information about HPV, HPV testing and cervical cancer upon enrollment and,
419 therefore, may not be representative of all people eligible for cervix screening in British
420 Columbia. However, participants of this study are reflective of the current population engaged in
421 the screening program, who receive cytology testing with the Pap smear, and not HPV testing
422 as standard of care. As a result, their concerns and feedback are informative for programs
423 planning for a shift from cytology to HPV-based screening. The response rate may be

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considered low at 41%; however, those who have stronger opinions about their screening choices may have been more likely to respond to the survey than those who are more trusting of the health care system and accepting of any future policy changes. In addition, survey 5 respondents were representative of overall participants in the HPV FOCAL trial. The majority of respondents completed the survey approximately 3 years after trial completion and it is possible Ś. there was loss of recall of HPV related information provided to them when they consented to 1 participate in the trial, which for many was up to 7 years prior to survey completion. The ٦ potential lag time between trial entry and survey completion may have introduced recall bias and impacted women's attitudes and beliefs surrounding HPV testing; however, the impact of this potential bias would be small as we found no significant difference between acceptability and time between trial entry and survey completion. In addition, most of the participants in this trial were over the age of 50, highly educated and primarily from two urban geographic regions and may not be representative of all screen eligible people in various regions of British 1.en Columbia.

CONCLUSIONS

In this study, within an organized screening setting, evaluating acceptability and attitudes around HPV testing from women undergoing HPV-based screening, most are accepting of HPV testing for screening; however, further research is needed to understand factors that can increase acceptability. These findings contribute to the growing body of evidence demonstrating that concerns and experiences surrounding HPV testing and receipt of HPV positive results are complex and varied. As many cervix screening programs begin HPV-based screening and are planning implementation strategies, attention to patient engagement to address potential barriers will be important. As HPV-based screening becomes standard of care, it is plausible 5 that concerns with this paradigm shift will eventually be alleviated with increasing knowledge

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| 2 3 4 | 450 | and familiarity. These findings provide insight into areas of importance that should be |
| 5 | 451 | considered for development of education, information, and communication strategies. |
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| 17 | 457 | Figure 1: Study flowchart and participant disposition |
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| | | | Having an HPV test instead of a Pap smear to screen for cancer is acceptable to me | | |
|--|---|----------------|---|--------------------------|--------|
| | | Total (N) | Not acceptable (Disagree/Neutral/Don't know) | Acceptable (Agree) | p-\ |
| Total (N) | | 5336 | 1993 (37.4%) | 3343 (62.6%) | |
| Age | median [IQR] | 5336 | 53.35 [45.35, 61.19] | 54.23 [45.64, 61.72] | 0 |
| Marital Status ^a | | | | | |
| | Living with a partner | 3806 | 1438 (78.7) | 2368 (76.6) | 0 |
| | Living without a partner | 1115 | 390 (21.3) | 725 (23.4) | |
| Education ^a | | | | | |
| | Complete College or higher | 3317 | 1250 (68.5) | 2067 (66.7) | 0 |
| | Incomplete post-secondary | 1607 | 576 (31.5) | 1031 (33.3) | |
| Incomea | or less | | | | |
| | Less than \$75000 | 1501 | 529 (32 0) | 972 (34 0) | 0 |
| | \$75.000 or more | 3014 | 1126 (68 0) | 1888 (66 0) | |
| HPV Testing Status | | 0014 | 1120 (00.0) | 1000 (00.0) | |
| | Never tested HPV positive | 4937 | 1867 (93 7) | 3070 (91.8) | 0 |
| | At least one HPV positive | 300 | | 273 (8 2) | 0. |
| | result | 555 | 120 (0.3) | 275 (0.2) | |
| Time since exit from | n FOCAL trial, Years | | | | |
| | median [IQR] | 5336 | 3.09 [2.26, 3.91] | 3.04 [2.23, 3.93] | 0. |
| I would be willing to a Pap every 3 years | have an HPV test every 4-5 years | s instead of | 1 | | |
| <u></u> | Agree | 2858 | 386 (19.5) | 2472 (74.2) | <0 |
| | Disagree | 1096 | 744 (37.6) | 352 (10.6) | |
| | Neutral | 1353 | 847 (42.8) | 506 (15.2) | |
| Receiving HPV testi | ng starting at age 30 is | | | | |
| | Agree | 3635 | 944 (47.8) | 2691 (81.0) | <0 |
| | Disagree | 682 | 423 (21.4) | 259 (7.8) | |
| | Neutral | 981 | 608 (30.8) | 373 (11.2) | |
| If cervical cancer sc | reening was to occur every 4 or 5 | 5 years, inste | l ad of every 3 years, I would be les | s likely to visit my hea | lth ca |
| | Agree | 1062 | 405 (20.4) | 657 (19.7) | 0 |
| | Disagree | 3517 | 1303 (65.7) | 2214 (66.4) | |
| | Neutral | 735 | 274 (13.8) | 461 (13.8) | |
| Table Notes: ^a Missing not to answer, * signif 2 3 3 4 | g values up to 5,336 = not reported ficant to p<0.05 | or prefer | | | |

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Table 2: Multivariate analysis of predictors for participants who are accepting of HPV testing
505 instead of Pap testing for cervical cancer screening.

| Variable | OR (95% CI) | P-value |
|---|------------------|---------|
| Age at survey completion (years) | 1.01 (1.00,1.02) | 0.01 |
| Received HPV positive results during study (Yes vs No) | 1.41 (1.11,1.80) | 0.005 |
| Education (Incomplete post-secondary or less vs Complete College or higher) | 1.06 (0.93,1.21) | 0.41 |
| Marital status (Living without a partner vs Living with a partner) | 1.04 (0.88,1.22) | 0.67 |
| Income (\$75000 or more vs. less than \$75000) | 0.97 (0.84,1.12) | 0.68 |
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HPV testing instead of Pap testing for cervical cancer: p-value Total (N) Not acceptable Acceptable 5336 1993 (36.0%) 3343 (60.4%) What would concern you most: Being told you had abnormal Pap results, or being told you had HPV?^a Being told I have abnormal Pap test results 668 274 (14.0) 394 (11.9) < 0.001* Being told I have HPV 683 197 (10.0) 486 (14.7) 2391 (72.2) Both would concern me equally 3855 1464 (74.7) Neither would concern me 67 26 (1.3) 41 (1.2) Having an infection that is sexually acquired (HPV) doesn't concern me any differently than abnormal Pap results would^a Agree 1412 442 (24.8) 970 (31.5) < 0.001* Disagree 2465 974 (54.6) 1491 (48.4) 987 Neutral 369 (20.7) 618 (20.1) It would be important for me to know who gave me HPV^a Agree 3468 1251 (70.3) 2217 (71.7) 0.094 Disagree 545 188 (10.6) 357 (11.5) Neutral 859 340 (19.1) 519 (16.8) It would be important for me to know when I got HPV^a 3795 1372 (76.9) 2423 (78.3) 0.131 Agree Disagree 432 151 (8.5) 281 (9.1) Neutral 650 260 (14.6) 390 (12.6) I think people would judge me for having HPV^a Agree 1775 663 (37.4) 1112 (36.0) 0.307 Disagree 1419 495 (27.9) 924 (30.0) Neutral 1666 617 (34.8) 1049 (34.0) I would feel comfortable telling my partner if I had HPV^a Agree 3391 1198 (67.4) 2193 (71.3) 0.016* Disagree 709 284 (16.0) 425 (13.8) Neutral 755 296 (16.6) 459 (14.9) I would not be concerned about transmitting HPV to my partner^a Agree 515 174 (9.8) 341 (11.1) 0.095 1400 (78.7) Disagree 3825 2425 (79.0) Neutral 509 205 (11.5) 304 (9.9) Being HPV positive would not affect my relationship with my partner^a 445 (25.1) 804 (26.3) 0.035* Agree 1249 708 (39.9) 1295 (42.3) Disagree 2003 Neutral 1584 622 (35.0) 962 (31.4) Having HPV would not cause me any concern about cervical cancer^a Agree 181 52 (2.9) 129 (4.2) 0.012* Disagree 4112 1499 (84.1) 2613 (84.8) Neutral 569 231 (13.0) 338 (11.0) I would feel confident in the recommendations from my healthcare provider for follow-up of my HPV positive result^a 3876 1323 (74.0) 2553 (82.5) < 0.001* Agree Disagree 226 97 (5.4) 129 (4.2)

512 Table 3: Experiences receiving HPV positive results

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| I | | Neutral | 780 | 369 (20.6) | 411 (13.3) |
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| Table Notes: : ^a Mi | issing values up to 5,336 = not i | reported or prefer not to | o answer,, * sig | nificant to p<0.05 | |
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Table 4: Important sources of HPV information

| | | | Having an HPV test instead of a Pap smear to screen for cervical cancer is acceptable to me | | | |
|-----------------------------|---------------------|-----------------|---|--------------|---------|--|
| | | Total (N) | Not acceptable | Acceptable | p-value | |
| | | 5336 | 1993 (36.0%) | 3343 (60.4%) | | |
| Health Care Provid | der ^a | | | | | |
| | Important | 3405 | 1128 (59.3) | 2277 (70.1) | <0.001* | |
| | Neutral | 1256 | 560 (29.5) | 696 (21.4) | | |
| | Not Important | 487 | 213 (11.2) | 274 (8.4) | | |
| BC Cancer (organ | izes screening in B | C) ^a | | | | |
| | Important | 2713 | 907 (48.7) | 1806 (56.9) | <0.001* | |
| | Neutral | 1649 | 673 (36.1) | 976 (30.8) | | |
| | Not Important | 673 | 283 (15.2) | 390 (12.3) | | |
| Govt Websites (ex | : Canadian Cancer | Society/Public | Health Agency | | | |
| Ganadaj | Important | 2111 | 734 (39.9) | 1377 (44.2) | 0.011* | |
| | Neutral | 1914 | 748 (40.6) | 1166 (37.5) | | |
| | Not Important | 928 | 359 (19.5) | 569 (18.3) | | |
| Other websites (W | /ebMd, blogs)ª | | | | | |
| | Important | 1597 | 567 (31.3) | 1030 (33.7) | 0.112 | |
| | Neutral | 1997 | 776 (42.8) | 1221 (40.0) | | |
| | Not Important | 1273 | 469 (25.9) | 804 (26.3) | | |
| Friends/family ^a | | | | | | |
| | Important | 1336 | 453 (25.0) | 883 (28.9) | 0.012* | |
| | Neutral | 1865 | 725 (40.0) | 1140 (37.3) | | |
| | Not Important | 1670 | 634 (35.0) | 1036 (33.9) | | |
| Social media ^a | | | | | | |
| | Important | 580 | 197 (10.9) | 383 (12.6) | 0.004* | |
| | Neutral | 1562 | 633 (35.1) | 929 (30.7) | | |
| | Not Important | 2693 | 975 (54.0) | 1718 (56.7) | | |

Table Notes: : a Missing values up to 5,336 = not reported or prefer not to answer,, * significant to p<0.05
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| 3 | 528 | |
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Figure 1: Study Flowchart and participant disposition



Thank you for contributing to the HPV FOCAL Study! As you know the purpose of the study was to evaluate HPV testing for cervical cancer screening in BC. The results of the FOCAL study will be very important as Canadian programs consider adopting HPV testing to screen for changes that may lead to cervical cancer. We are interested to learn about your experience and understanding of HPV testing for cervical cancer screening. ***As a reminder, <u>ALL</u> women who completed a 4 year exit screen received both a Pap smear and an HPV test***

Your input is important to us and can help plan for the future of cervical cancer screening in BC. Please take a few moments of your time to complete the attached survey. You do not have to answer any questions you do not feel comfortable answering.

First we would like to ask about your HPV knowledge before and during the study.

- 1) Please rate the following question according to how much you agree or disagree with the statement: I know more about HPV and cervical cancer now than I did before I participated in the study:
 - □ Strongly Disagree
 - Disagree
 - □ Neutral
 - □ Agree
 - □ Strongly agree
 - □ Not Sure

2) I was aware of my cervical screen (Pap and HPV test) results at completion of the study:

- 🗆 No
- □ Yes
- □ Not sure
- 3) Please rate the following question according to how much you agree or disagree with the statement: I had enough time to ask my health care provider questions about HPV testing and/or my results.
 - □ Strongly Disagree
 - □ Disagree
 - □ Neutral
 - □ Agree
 - □ Strongly agree
 - Don't know
 - Not applicable

4) Please rate the following question according to how much you agree or disagree with the statement: I feel my health care provider was able to answer my questions about HPV:

- □ Strongly Disagree
- □ Disagree
- Neutral
- □ Agree
- □ Strongly agree
- □ Don't know
- \Box Not applicable
- 5) Please rate the following statements regarding HPV testing: Having my health care provider collect a sample for HPV testing for cervical cancer screening would be:

| | < | < | <- | Neutral | -> | > | > | |
|----------------------|---|---|----|---------|----|---|---|-------------------|
| Accurate | | | | | | | | Inaccurate |
| Safe | | | | | | | | Unsafe |
| Protect my health | | | | | | | | Harm my health |
| Acceptable | | | | | | | | Unacceptable |
| | | | | | | ? | 2 | |

6) Which of the following have been important sources of information for you about HPV/HPV testing?

| | Not at all important | Not that important | Neutral | Somewhat important | Very important | | | | |
|--|-------------------------|-----------------------|---------|-----------------------|-------------------|--|--|--|--|
| My health care provider | | | | | | | | | |
| BC Cancer Agency (including the BC Cancer Agency website) | | | | | | | | | |
| Government websites (ie: Canadian Cancer Society, Health Canada, Public Health Agency of Canada, BC Ministry of Health) | | | | | | | | | |
| Other websites (ie: WebMD, blogs, etc) | | | | | | | | | |
| Friends/family | | | | | | | | | |
| Social Media (ie: facebook, twitter, etc) | | | | | | | | | |
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Next we would like to ask how you feel about HPV testing to screen for cervical cancer.

As a reminder, there are over 100 types of the human papillomavirus (HPV), of which about 40 affect the genital region. HPV is very common and most sexually active people will have an infection at some point in their lives, however it usually disappears without a person experiencing any symptoms. Only in cases where a cancer causing HPV type persists for many years, is there a risk that it may lead to cervical cancer.

- 7) Please rate the following question according to how much you agree or disagree with the statement: Having an HPV test to screen for cervical cancer instead of a Pap smear is acceptable to me:
 - □ Strongly Disagree
 - □ Disagree
 - □ Neutral
 - □ Agree
 - □ Strongly agree
 - Don't know
 - Comments:.....
- 8) I would be willing to have an HPV test every 4 or 5 years instead of a Pap test every 3 years:
 - □ Strongly Disagree
 - □ Disagree
 - Neutral
 - □ Agree
 - □ Strongly agree
 - Don't know

Comments:

Evidence suggests that HPV testing is ideally started no earlier than 30 years of age. Should HPV testing be adopted in the province, it would be available for women starting at age 30 or 35. However, cervical cancer screening could still start at age 25 using the Pap smear as currently recommended in BC.

9) Receiving HPV testing for cervical cancer screening, starting at age 30 is acceptable to me.

- □ Strongly Disagree
- □ Disagree
- Neutral
- □ Agree
- □ Strongly agree
- Don't know
- 10) If cervical cancer screening was to occur every 4 or 5 years, instead of every 3 years, I would be less likely to visit my health care provider for other health reasons.
 - □ Strongly Disagree
 - □ Disagree
 - Neutral
 - □ Agree
 - □ Strongly agree
 - Don't know

Next we would like to understand some of your thoughts about HPV testing compared to the Pap test.

11) What would concern you most: 1) being told you had "abnormal Pap test results" or 2) being told you were "positive for HPV"? (*Check ONE only*)

- □ Being told I have abnormal Pap test results
- □ Being told I have HPV
- □ Both would concern me equally

Please explain:

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Next, we would like to learn about your experience of receiving HPV results.

12) If you tested HPV positive during the HPV FOCAL trial, or if you were to test positive for HPV, please rate your level of agreement with the following statements:

| | Strongly disagree | Disagree | Neutral/uncertain | Agree | Strongly Agree |
|--|----------------------|----------|-------------------|-------|-------------------|
| Although HPV is sexually acquired, having an infection that is sexually acquired does not concern me any differently than abnormal Pap results would. | | | | | |
| It would be important for me to know who gave me HPV. | | | | | |
| It would be important to me to determine when I got HPV. | | | | | |
| I think people might judge me for having HPV. | | | | | |
| I would feel comfortable telling my partner about my HPV positive result. | | | | | |
| I would not be concerned about transmitting HPV to a sexual partner. | | | 0 | | |
| Receiving a positive HPV result would not affect my relationship with my sexual partner. | | | | | |
| Having HPV would not cause me any concern about developing cervical cancer. | | | | | |
| I would feel confident in the follow up and/or treatment my provider would recommend for my positive HPV result. | | | | | |

| Other comments: |
|-----------------|
| |

13) Please rate the following statements according to how much you agree or disagree: If I tested positive for HPV I felt/would feel:

| | Strongly disagree | Disagree | Neutral/uncertain | Agree | Strongly agree |
|-----------|----------------------|----------|-------------------|-------|-------------------|
| Reassured | | | | | |
| Relieved | | | | | |
| Guilty | | | | | |
| Worried | | | | | |
| Upset | | | Ģ | | |
| Surprised | | | | | |
| | | | 1. | | |

Other comments:

14) If you were aware of your results at the end of the trial and they were negative/normal, how confident were you with the safety of these results?

- □ Very unconfident
- □ Somewhat unconfident
- □ Neutral
- □ Somewhat confident
- □ Very confident
- Didn't know my results
- □ Not applicable/results were positive

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Next we would like to ask about your thoughts about the possibility of women collecting their own sample for HPV testing for cervical cancer screening by inserting a soft Q-tip or brush into the vagina that can then be returned to the laboratory and tested for the presence of HPV. With self-collection, a woman would not need to see a health care provider for pelvic exam for sample collection. Self-collected specimens tested for HPV have been shown to be equivalent to HPV samples taken by a health care provider for detecting abnormalities of the cervix.

15) Please rate the following statements regarding self-collected samples: Collecting my own sample for cervical cancer screening would be:

| | < | | < - | Neutral | -> | > | > | |
|----------------------|---|---------|---------------|---------|----|---|---|-------------------|
| Accurate | | | | | | | | Inaccurate |
| Safe | | | | | | | | Unsafe |
| Protect my health | | | | | | | | Harm my health |
| Acceptable | | | | | | | | Unacceptable |

16) I would be willing to collect my own sample/specimen for cervical cancer screening:

- □ Strongly Disagree
- □ Disagree
- □ Neutral
- □ Agree
- □ Strongly agree
- Don't know

Comments:

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> Finally we'd like to ask some questions that may help us better understand associations between HPV and various other factors.

17) What is the highest level of education you have achieved?

- □ No formal education
- □ Some elementary school
- □ Completed elementary school
- □ Some high school
- □ Completed high school
- □ Some post-secondary training (Trades, college, university)
- □ Completed trade/vocational/apprenticeship program
- □ Completed college
- □ Completed university (bachelor degree)
- □ Completed university (master degree or higher)

18) Please indicate your current marital status:

- □ Single (living WITHOUT a partner)
- □ Single (living WITH a partner)
- □ Married or common law
- □ Divorced
- □ Separated (but still legally married)
- □ Widowed
- 19) Not including new partners you have had since you completed the HPV FOCAL study, please indicate to the best of your recollection, how many male partners you have had vaginal intercourse with:
 - □ 0
 - □ 1-10
 - □ 11-49
 - □ 50+

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20) Please enter the total years you have used the following hormonal birth control methods. If never used, please enter "0".

| Method | Total years used | Please place a checkmark in this column if you used this method while participating in the HPV FOCAL study |
|-------------------------|------------------|--|
| Oral contraceptive pill | | |
| Contraceptive patch | | |
| Contraceptive vaginal | | |
| ring | 4 | |
| Hormonal IUD | | |
| Injection (ie: Depo- | | |
| provera) | | |
| Morning after pill or | | |
| emergency | | |
| contraceptive pill | | |
| Implant | 0 | |

We are trying to better understand how use of specific substances (ie: alcohol, tobacco and marijuana) impacts a woman's potential to develop a long term HPV infection. These following questions help us determine if there is an association between HPV infection and different substances.

21) Have you ever smoked cigarettes?

- □ Yes (daily). For approximately how many years: ___
- □ Yes (less than daily)
- Not at all

22) Were you a regular cigarette smoker during your participation in the HPV FOCAL Study?

- Every day.....Approximately how many cigarettes did you smoke per day? ___
- □ Some days...Approximately how many days did you smoke each week? _ _
- Not at all

| 3 | |
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| 4 | 23) During your participation in the HPV FOCAL Study, how often did you use marijuana: |
| 5 | |
| 6 7 | □ Never |
| 8 | Less than once a month |
| 9 10 | \Box 1-3 times a month |
| 11 | |
| 12 | □ Once a week |
| 13 14 | More than once a week |
| 15 | Every day |
| 16 | |
| 17 18 | 24) Please indicate the ways you used marijuana during the HPV FOCAL study: |
| 19 | |
| 20 | □ Smoking |
| 21 22 | □ Vaporizing |
| 23 | Edible (ie: cakes, cookies, candy, drinks, etc) |
| 24 | Pill/capsule |
| 25 26 | |
| 27 | |
| 28 | 25) During your participation in the HPV FOCAL Study, how often did you drink alcoholic beverages? |
| 29 30 | |
| 31 | □ Never |
| 32 | Once a month or less |
| 34 | \Box 2-3 times a month |
| 35 | |
| 36 37 | |
| 38 | \Box 2-3 times a week |
| 39 | □ 4-6 times a week |
| 40 41 | Every day |
| 42 | |
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| 60 | For peer review only - http://bmJopen.bmJ.com/site/about/guidelines.xhtml |

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26) Please estimate your total household income (everyone in your household, excluding roommates):

- □ Less than \$10,000
- □ \$10,001-25,000
- □ \$25,001-50,000
- □ \$50,001-75,000
- □ \$75,001-100,000
- □ More than \$100,000

, l Your r. . of British Co Thank you for completing this survey! Your responses are highly valued and impact guidelines and recommendations as the province of British Columbia considers changes to cervical cancer screening practices.

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| STROBE Statement—Checklist of items that should be included in reports of cross-sectional | studies |
|---|---------|
| - | |

| | Item No | Recommendation | Page No |
|------------------------|------------|--|------------|
| Title and abstract | 1 | (a) Indicate the study's design with a commonly used term in the title or | 1 |
| | | the abstract | |
| | | (b) Provide in the abstract an informative and balanced summary of what | 2 |
| | | was done and what was found | |
| Introduction | | | 1 |
| Background/rationale | 2 | Explain the scientific background and rationale for the investigation being | 4 |
| Dackground/fationale | 2 | reported | 4 |
| Objectives | 3 | State specific objectives, including any prespecified hypotheses | 4 |
| Methods | | | |
| Study design | 4 | Present key elements of study design early in the paper | 6 |
| Setting | 5 | Describe the setting, locations, and relevant dates, including periods of | 6 |
| 6 | | recruitment, exposure, follow-up, and data collection | |
| Participants | 6 | (a) Give the eligibility criteria, and the sources and methods of selection | 6 |
| I | | of participants | - |
| Variables | 7 | Clearly define all outcomes, exposures, predictors, potential confounders. | NA |
| | | and effect modifiers. Give diagnostic criteria, if applicable | |
| Data sources/ | 8* | For each variable of interest, give sources of data and details of methods | 6.7 |
| measurement | | of assessment (measurement). Describe comparability of assessment | |
| | | methods if there is more than one group | |
| Bias | 9 | Describe any efforts to address potential sources of bias | 6-8 |
| Study size | 10 | Explain how the study size was arrived at | 7-8 |
| Ouantitative variables | 11 | Explain how quantitative variables were handled in the analyses. If | 6-8 |
| × · | | applicable, describe which groupings were chosen and why | |
| Statistical methods | 12 | (a) Describe all statistical methods, including those used to control for | 8 |
| | | confounding | |
| | | (b) Describe any methods used to examine subgroups and interactions | 8 |
| | | (c) Explain how missing data were addressed | 8 |
| | | (d) If applicable, describe analytical methods taking account of sampling | 8 |
| | | strategy | |
| | | (e) Describe any sensitivity analyses | 8 |
| Results | | | <u> </u> |
| Participants | 13* | (a) Report numbers of individuals at each stage of study—eg numbers | 9 |
| | | potentially eligible, examined for eligibility, confirmed eligible, included | |
| | | in the study, completing follow-up, and analysed | |
| | | (b) Give reasons for non-participation at each stage | 9 |
| | | (c) Consider use of a flow diagram | 17 |
| Descriptive data | 14* | (a) Give characteristics of study participants (eg demographic, clinical, | 9 |
| | | social) and information on exposures and potential confounders | |
| | | (b) Indicate number of participants with missing data for each variable of | 9, 18 |
| | | interest | |
| Outcome data | 15* | Report numbers of outcome events or summary measures | 18 |
| Main results | 16 | (a) Give unadjusted estimates and, if applicable, confounder-adjusted | 18 |
| | | estimates and their precision (eg, 95% confidence interval). Make clear | |
| | | which confounders were adjusted for and why they were included | |
| | | - | |

| | | (b) Report category boundaries when continuous variables were categorized | n/A |
|-------------------|----|--|------|
| | | (<i>c</i>) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period | n/a |
| Other analyses | 17 | Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses | 9-11 |
| Discussion | | | |
| Key results | 18 | Summarise key results with reference to study objectives | 12- |
| Limitations | 19 | Discuss limitations of the study, taking into account sources of potential | 15- |
| | | bias or imprecision. Discuss both direction and magnitude of any potential bias | 16 |
| Interpretation | 20 | Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence | 16 |
| Generalisability | 21 | Discuss the generalisability (external validity) of the study results | 16 |
| Other information | | | |
| Funding | 22 | Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based | 24 |

*Give information separately for exposed and unexposed groups.

Note: An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at http://www.plosmedicine.org/, Annals of Internal Medicine at http://www.annals.org/, and Epidemiology at http://www.epidem.com/). Information on the STROBE Initiative is available at www.strobe-statement.org.