

Supplementary information

All new headache patients referred to the Leiden Headache Clinic

Screening E-headache-questionnaire

Classified as migraine patient when:

Migraine without aura: headache and accompanying symptoms (moderate to severe intensity / throbbing / unilateral / aggravated by physical exercise / photophobia / phonophobia / nausea / vomiting) with duration of 4-72 hours (according to ICHD-3 criteria)

Migraine with aura: visual disturbances lasting 5-60 minutes (*e.g.* shitters/ stars/ flashing lights/ scintillating lines/ coloured spots/ trembling air sensations/ wet windows glass/ loss of vision/ diplopia) (according ICHD-3 criteria)

Extended E-migraine-questionnaire

E-diary

Visit at Headache

Classified as potential migraine patient when:

Severe headache attacks with duration of ≥ 4 hours or aura symptoms/(previous) use of migraine-specific medication/self- or physician-diagnosed

Classified as migraine and/or aura day when:

Day with headache and accompanying symptoms according to ICHD-3 criteria (moderate to severe intensity / throbbing / unilateral / aggravated by physical exercise / photophobia / phonophobia / nausea / vomiting) and duration ≥ 4 hours; or visual aura symptoms lasting 5-60 minutes (also classified as aura day); or headache/aura day with intake of triptan(s)