#### S1 Topic guides (English)

### **Topic Guide for Married Adolescent Girls**

Intronenal	
Intrapersonal factors	• Do you know that free family planning services are available in
Tactors	your municipality?
	• Do you know where to access free family planning services?
	Which contraceptive methods do you know?
	• How do you perceive family planning services?
	• Have you ever used any contraceptive method?
	• Do you perceive the need for family planning services and information?
	• Do you feel shy to seek family planning services and information?
	• What challenges do you face in seeking family planning services?
	<ul> <li>Do you fear side effects of contraceptive use?</li> </ul>
Interpersonal	<ul> <li>Do you discuss with your husband when to have a child and how</li> </ul>
factors	many children to have?
	• Do you feel comfortable to negotiate contraceptive use with your husband?
	• Who has the power to make decision regarding whether to use contraceptives?
	• Does your husband agree or disagree to use contraceptives?
	• Do you have a final say on contraceptive use?
	• Do you perceive that there is power imbalance in terms of decision-
	making regarding family planning between you and your husband?
	• Do your mother-in-law or sisters-in-law influence your decision-
	making about contraceptive use?
	• Have you heard of your mother-in-law's or sisters-in-law's
	experience of using family planning services?
Community	• Is there social consensus in your community that women should
factors	become pregnant soon after marriage?
	• Did you feel pressure to become pregnant soon after marriage? If
	so, who did you feel pressure from?
	• Has your religion something to do with non-use of contraceptives
	after marriage?
	• Do you sometimes exchange information about family planning with your friends?
	with your friends?
	• Do FCHVs in this municipality discuss family planning services
Organizational	with young women like you?
<b>Organizational</b>	• Are local health care providers supportive of providing
factors	contraceptives to young women like you?
	• Are they friendly to young women like you?
	• Do you feel your privacy and confidentiality are maintained at a
	nearby health facility?
	• How long does it take to get to a nearby health facility providing
	family planning services?

	<ul> <li>Is there local transportation available to get to a nearby health facility providing family planning services?</li> <li>Would you need a permission from your husband if you go out to a health facility?</li> </ul>
Policy factors	<ul> <li>Is there any restriction of family planning services on age?</li> <li>Is there any restriction of family planning services on marital status?</li> </ul>

# **Topic Guide for Husbands of Married Adolescent Girls**

Intrapersonal factors	• Do you know that free family planning services are available in your municipality?
luctors	<ul> <li>Do you know where to access free family planning services?</li> </ul>
	<ul> <li>Which contraceptive methods do you know?</li> </ul>
	<ul> <li>How do they perceive family planning services?</li> <li>Denote provide the most fam family planning comises and</li> </ul>
	• Do you perceive the need for family planning services and information?
	• Do you feel shy to seek family planning commodity (condom) and information?
	<ul> <li>What challenges do you face in seeking family planning services?</li> </ul>
	<ul> <li>Do you fear side effects of contraceptive use?</li> </ul>
Interpersonal	<ul> <li>Do you loar side effects of confideeprive use.</li> <li>Do you discuss with your wife when to have a child and how many</li> </ul>
factors	children to have?
luctors	<ul> <li>Do you feel comfortable to discuss contraceptive use with your</li> </ul>
	wife?
	• Who has the power to make decision regarding whether to use
	contraceptives?
	<ul> <li>Do you have a final say on contraceptive use?</li> </ul>
	<ul> <li>Do you have a final say on contraceptive use?</li> <li>Do you perceive that there is power imbalance between you and</li> </ul>
	your wife?
	<ul> <li>Do your parents or anyone else influence your decision-making</li> </ul>
	about contraceptive use?
	<ul> <li>Have you heard of anyone's experience of using family planning</li> </ul>
	services?
Community	<ul> <li>Is there social consensus in your community that women should</li> </ul>
factors	become pregnant soon after marriage?
	• Did you feel pressure to get your wife pregnant soon after
	marriage? If so, who did you feel pressure from?
	• Has your religion something to do with non-use of contraceptives after marriage?
	<ul> <li>Do you sometimes exchange information about family planning</li> </ul>
	with your friends?
	• Do FCHVs in this municipality discuss family planning services
	with men like you?
Organizational	• Are local health care providers supportive of providing condoms?
factors	<ul> <li>Are they friendly to you when you go there to seek condoms?</li> </ul>
	<ul> <li>Do you feel your privacy and confidentiality are maintained at a</li> </ul>
	nearby health facility?
	<ul> <li>How long does it take to get to a nearby health facility providing</li> </ul>
	condoms?
	• Is there local transportation available to get to a nearby health
	facility providing family planning services?

## **Topic Guide for Mothers-in-law of Married Adolescent Girls**

Intrapersonal	• Do you know that free family planning services are available in your
factors	municipality?
	• Do you know where to access free family planning services?
	• Which contraceptive methods do you know?
	• How do they perceive family planning services?
	• What challenges do you think young couples face in seeking family
	planning services?
Interpersonal	• Do you think your daughter-in-law should discuss family planning
factors	with her husband?
	• Did you feel comfortable to negotiate contraceptive use with your
	husband?
	• In your opinion, who should decide when to have a child and how
	many children to have
	• In your opinion, who should decide whether to use contraceptives?
	• Do you think your daughter-in-law should use contraceptives?
	• Are you influential in decision making about contraceptive use of
	your daughter-in-law?
	• Have you ever shared with your daughter-in-law your experience of
	using family planning services?
Community	• Is there social consensus in your community that women should
factors	become pregnant soon after marriage?
	• When you were young, did you feel pressure to become pregnant
	soon after marriage? If so, who did you feel pressure from?
	• Do FCHVs in this municipality discuss family planning services
	with young couples?

## **Topic Guide for Health Care Providers, Health Coordinators and FCHVs**

Community	• Is there social consensus in this community that women should
factors	become pregnant soon after marriage?
	• Has your religion something to do with non-use of contraceptives after marriage?
	• Do FCHVs in this municipality discuss family planning services with young couples?
Organizational	• What is a major challenge for local women especially when seeking
factors	family planning services in this municipality?
	<ul> <li>Do women in this municipality have to seek permission from their husband if they go out to a health facility?</li> <li>What is a major challenge in providing family planning services in your municipality or health facility? (Availability of commodities and equipment, training for nurses/ANM)</li> <li>What is your concern in family planning programme in this municipality? (budget, planning, leadership/governance, health information, supplies, availability and capacity of health workers)</li> <li>Are there any other issues that one should be aware of when understanding access to family planning services in this municipality?</li> </ul>
Policy factors	<ul> <li>Is there any restriction of family planning services on age?</li> </ul>
	<ul> <li>Can young people below the age of 18 receive family planning services in this municipality or facility as they wish?</li> <li>Is there any restriction of family planning services on marital status?</li> </ul>
	• Can unmarried couples receive family planning services in this municipality or facility as they wish?