

**Sensitivity of Proton NMR Relaxation and Proton NMR Diffusion Measurements to  
Olive Oil Adulterations with Vegetable Oils**

*Donatella Ancora<sup>1§</sup>, Jerneja Milavec<sup>2#</sup>, Anton Gradišek<sup>2\*</sup>, Mario Cifelli<sup>1</sup>,*

*Ana Sepe<sup>2</sup>, Tomaž Apih<sup>2</sup>, Boštjan Zalar<sup>2</sup> and Valentina Domenici<sup>1\*</sup>*

1. Dipartimento di Chimica e Chimica Industriale, Università di Pisa, via Moruzzi, 3 – 56124 Pisa  
(Italy);

2. Department of Condensed Matter Physics, Jožef Stefan Institute, 39 Jamova Cesta, SI-1000,  
Ljubljana (Slovenia).

<sup>§</sup> former student at Dipartimento di Chimica e Chimica Industriale.

<sup>#</sup> former Ph.D. student at Jozef Stefan Institute.

\* Corresponding authors.

E-mail: [valentina.domenici@unipi.it](mailto:valentina.domenici@unipi.it) & [anton.gradisek@ijs.si](mailto:anton.gradisek@ijs.si)

**SUPPORTING INFORMATION**

**Table S1:** List of oil samples investigated in this work. Producer, Geographical area, Cultivar, harvesting year and additional information are indicated for each sample, with the label and number used in the data analysis.

Sample	Producer	Area	Cultivar	Year	Further information	Label for Figures
at_1	Agriturismo Pane&Vino	Gabbro (LI)	Blend	2012	biologic oil	1
		Castelnuovo				2
at_2	Agriturismo Cappellese	della Misericordia (LI)	Frantoio, Leccino, Moraiolo	2012	biologic oil	
at_3	Azienda Agrituristic Casolar de No'	Larciano (PT)	Blend	2010	biologic oil	3
	altri					
at_4	Azienda Orzalesi	Rosignano Marittimo (LI)	Frantoio, Leccino, Moraiolo	2012		4
at_5	Agricola "Le Ceppite"	Rosignano Marittimo (LI)	Frantoio, Leccino, Moraiolo	2012		5
at_6	Agricola "Antica Fonte"	Rosignano Marittimo (LI)	Frantoio, Leccino, Moraiolo	2012		6
at_7	Azienda Agricola "Esposito Susanna et Atria"	Bibbona (LI)	Frantoio, Leccino, Moraiolo	2012		7

<b>at_8</b>	Franci Frantoio IGP	Montenero D'orcia	Frantoio, Leccino, Moraiolo	2012	8
<b>at_9</b>	Oliveto di Foiano	Fonte Carducci	Castagneto Frantoio, Leccino, Moraiolo	2012	9
<b>at_10</b>	Azienda Agricola Giovani	San Lorenzo, Suvereto	Frantoio, Leccino, Moraiolo	2012	10
<b>at_11b</b>	Tenuta "Pineta"	"La Fibocchi (AR)	Catiglion Frantoio, Leccino, Moraiolo	2012	11 Filtered oil
<b>at_12</b>	Tenuta "S.Jacopo"	Cavriglia (AR)	Frantoio, Leccino, Moraiolo	2012	12
<b>at_13</b>	Azienda Agricola Cristiana	Calci (PI)	Frantoio, Leccino, Moraiolo	2012	13
	Ruschi				
<b>at_14</b>	Mannucci	Ceppetto (AR)	Blend	2011	14
	Doandri DOP				
<b>at_15</b>	Azienda "Salceta"	"La (AR)	Lorociuffenna Frantoio, Leccino, Moraiolo	2012	15
<b>at_16c</b>	"Montefoscoli	Palaia (PI)	Frantoio, Leccino, Moraiolo	2012	16 Biologic oil
	"				
<b>at_18</b>	Azienda di Oliveto	Terzi Monte Asciano (SI)	Blend	Biologic oil	17
<b>at_19</b>	Frantoio Loziro	Murlo (SI)	Frantoio, Leccino, Moraiolo		18

	Azienda				19
at_20	Agricola Carraia	Podere Carraia, Petroio (SI)	Blend	2012	
at_21	Tenuta Montalto	San Miniato (PI)	Frantoio, Leccino, Moraiolo	2012	20
at_22	Cosimo Maria Masina	San Miniato (PI)	Mignola	2012	Monocultivar 21
at_23	Tenuta San Quintino	San Miniato (PI)	Frantoio, Leccino, Moraiolo	2012	22
at_24	Olearea Chianti	Greve (FI)	Frantoio, Leccino, Moraiolo	2011	23
at_25	Azienda Agricola Donati	Casale Marittimo (PI)	Frantoio, Leccino, Moraiolo	2012	24
at_26	Piacenza Lucia Giole	Castagneto Carducci (LI)	Frantoio, Leccino, Moraiolo	2012	25
at_27	Villa Magra	Santa Luce (PI)	Frantoio, Leccino, Moraiolo	2012	26
at_28	Sopra Le Vigne	Calci (PI)	Frantoio, Leccino, Moraiolo	2012	27
at_29	Azienda Regionale Alberese	Alberese (GR)	Blend	2012	Biologic oil 28
ap_1a	Buondioli	Carpino (FG)	Frantoio	2012	Monocultivar 1

	Azienda				2
<b>ap_1b</b>	Agricola Buondioli	Carpino (FG) Leccino		2012	Monocultivar
	Azienda				3
<b>ap_2c</b>	Agricola "D.Carbone"	Toritto (BA)	Blend	2012	
	Antica				4
<b>ap_3</b>	Azienda Agricola Ricucci	Rodi Garganico (FG)	Blend	2012	
	Azienda				5
<b>ap_4a</b>	Agricola "Cuonzo	Palombaio (BA)	Ogliarola	2012	Monocultivar
	Franco"				
	Azienda				6
<b>ap_4b</b>	Agricola "Cuonzo	Palombaio (BA)	Coratina	2012	Monocultivar
	Franco"				
	Masseria				7
<b>ap_5</b>	Chicco Rizzo	Martignano (LE)	Cellina di Nardò, Oigliarola	2012	
	Cooperativa				8
<b>ap_6</b>	Agricola Olearia	Sannicola (LE)	Cellina di Nardò, Oigliarola	2012	
	Sannicolese				
	Tenuta				9
<b>ap_7</b>	Agricola "Serra Cicora"	Nardò (LE)	Blend	2012	
	Agrié di Nicola				10
<b>ap_8b</b>	Santoro	Cursi (LE)	Cellina di Nardò, Oigliarola	2012	
<b>ap_9a</b>	Conte	Sternatia (LE)	Coratina	2012	Monocultivar
					11

<b>ap_9b</b>	Conte	Sternatia (LE)	Frantoio	2012	Monocultivar	12	
<b>ap_9c</b>	Conte	Sternatia (LE)	Picholine	2012	Monocultivar	13	
<b>ap_10</b>	Agrosi	Supersano (LE)	Blend	2012		14	
<b>ap_11</b>	Terra del Sole	Rignano Garganico (FG)	Blend	2012		15	
<b>ap_12a</b>	Adamo	Alliste (LE)	Cellina di Nardò, Ogliarola	2012		16	
<b>ap_12b</b>	Adamo	Alliste (LE)	Cellina di Nardò, Ogliarola	2012		17	
<b>ap_13a</b>	Nuova	Agricola Generazione	Martano (LE)	Blend	2012	Mix green-ripe olives	18
<b>ap_13b</b>	Nuova	Agricola Generazione	Martano (LE)	Blend	2012	Green olives	
<b>ap_13c</b>	Nuova Generazione	Agricola Generazione	Martano (LE)	Blend	2012	mature	20
<b>ap_14a</b> 3	Agrinn	San Severo (FG)	Blend	2012	silos III	21	
<b>ap_14b</b> 1	Agrinn	San Severo (FG)	Blend	2012	Biologic oil,silos 1	22	
<b>ap_15</b>	Frantoio Scirop po	San Severo (FG)	Peranzana	2012	Monocultivar	23	
<b>ap_16a</b>	Macchia Barone	del (LE)	Melendugno	Blend	2012		24
<b>ap_16b</b>	Macchia Barone	del (LE)	Melendugno	Blend	2012		25
<b>ap_16c</b>	Macchia Barone	del (LE)	Melendugno	Blend	2012		26

---

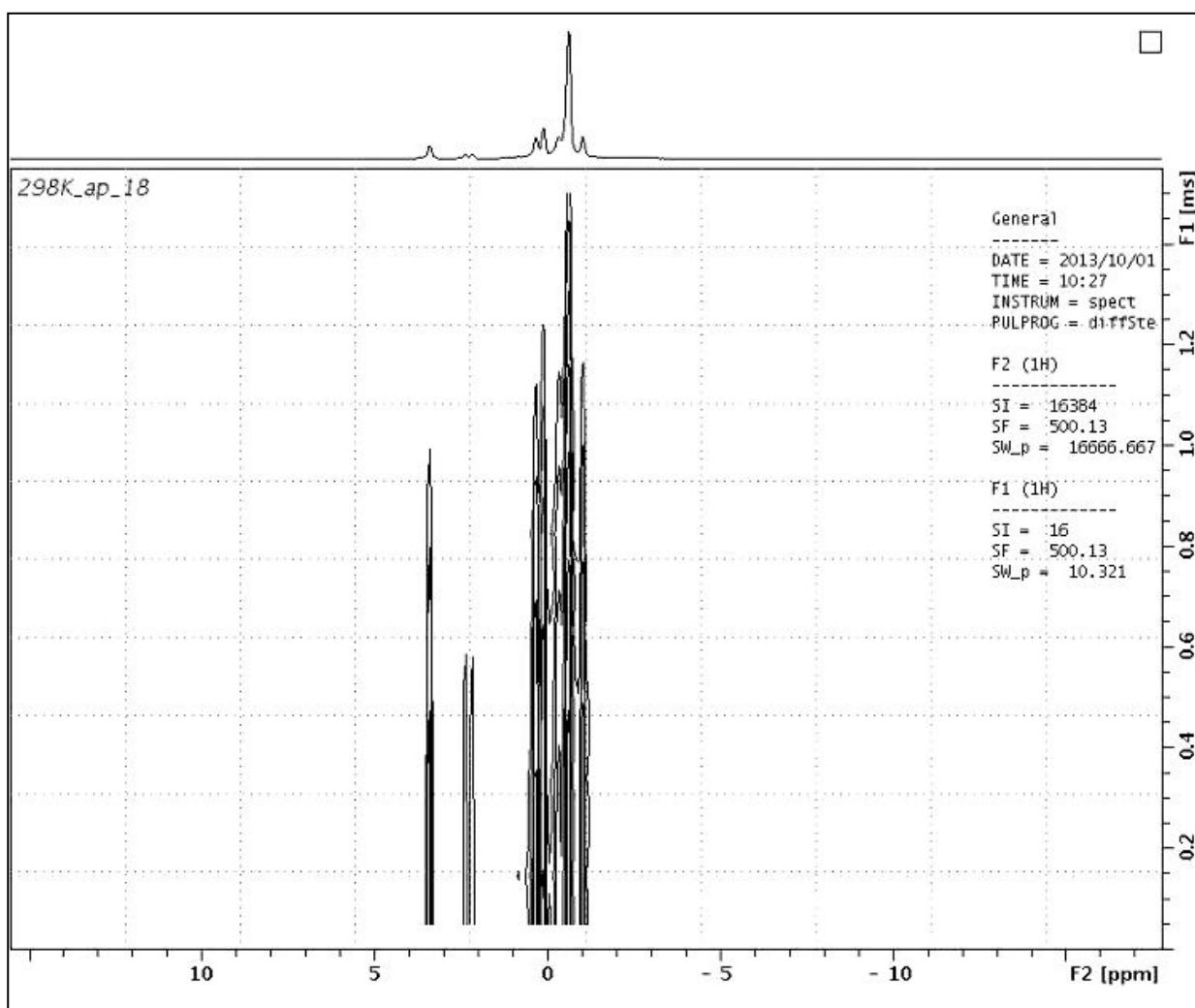
<b>ap_17</b>	Bosco delle Vergini	Bitonto (BA)	Cima di Bitonto	2012	Monocultivar	27
<b>ap_18</b>	Olio Colella	Corato (BA)	Coratina	2012	Monocultivar	28
<b>ap_19a</b>	Alea	Martano (LE)	Oglierola	2012	Monocultivar	29
<b>ap_19b</b>	Alea	Martano (LE)	Cellina di Nardò, Oglierola	2012		30
<b>ap_19c</b>	Alea	Martano (LE)	Cellina di Nardò	2012	Monocultivar	31

---

## <sup>1</sup>H NMR DOSY EXPERIMENTAL DETAILS:

2D cross-peaks are displayed, where the centres of the cross-peaks correspond to the calculated diffusion constant. An example of 2D DOSY experiment is shown in **Figure S1**.

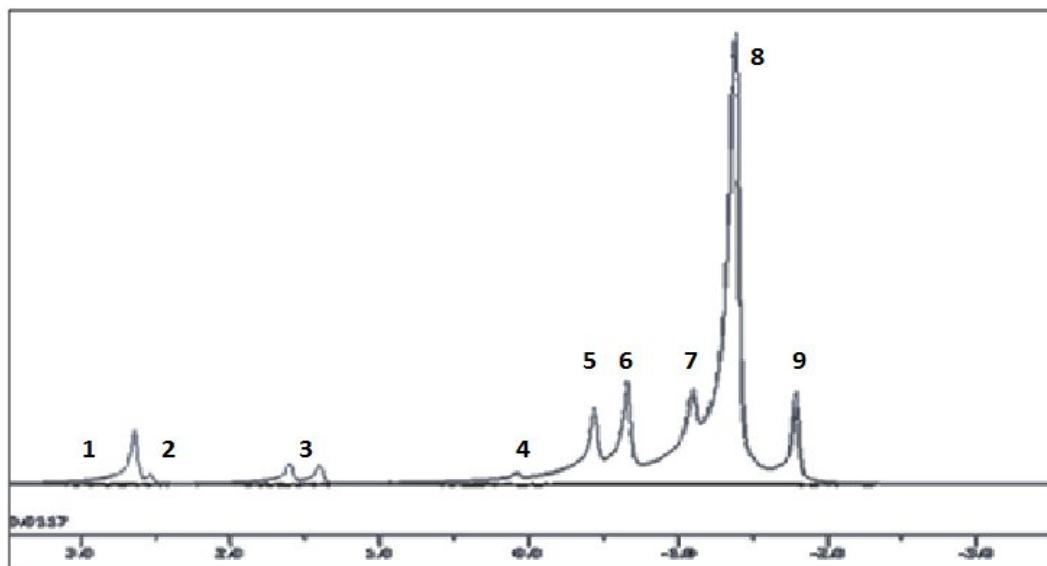
**Figure S1:** Example of a 2D DOSY <sup>1</sup>H NMR plot resulting from the experiment on the EVOO sample (ap\_18) acquired at T=298K.



In **Figure S2** it is possible to see the <sup>1</sup>H NMR spectrum of the olive oil sample that shows the presence of nine peaks. Diffusion coefficients were calculated on four peaks indicated as 1, 3, 8 and 9.

Diffusion constant for the other peaks were not measured because their relatively low intensity under the optimised conditions for the applied NMR spin-echo sequence. In the main part of this research, for each oil sample, a single average value of diffusion coefficient,  $D$ , has been calculated as the average over the entire spectrum and these average values of the diffusion coefficient are reported and discussed in the Results and Discussion.

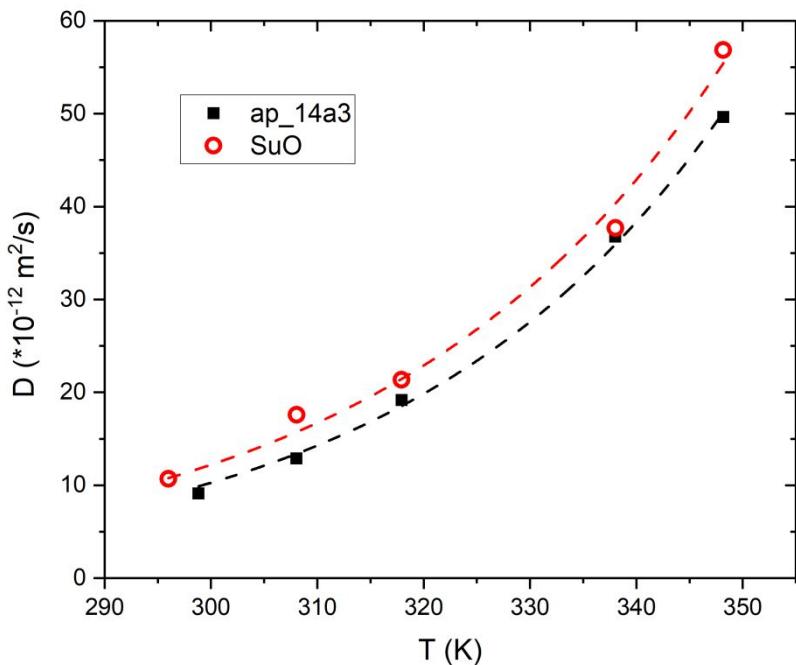
**Figure S2:**  $^1\text{H}$  NMR spectrum of the olive oil (*ap\_18*) acquired at T=298K at 500 MHz without any sample preparation.



### Temperature dependence of Diffusion coefficients in Olive oil and Sunflower oil.

The self-diffusion constant in oils is temperature-dependent. **Figure S3** shows the temperature dependence for two oils, EVOO *ap\_14a3* and sunflower oil. As seen from the figure, both oils show similar temperature trends.

**Figure S3:** Temperature dependence of self-diffusion constant D for EVOO *ap14\_a3* (see Table S1) and sunflower oil (SuO), measured by means of  $^1\text{H}$  NMR DOSY technique. Dashed lines are data fits to an exponential function and serve as guides to an eye.



The self-diffusion constant is strictly connected with the viscosity parameter through the Stokes-Einstein equation. Assuming an Arrhenius-type relationship for viscosity, the temperature dependence of diffusion constant can be expressed as:

$$D = D_0 \cdot e^{-\frac{E_a}{RT}} \quad (\text{S1})$$

The values of activation energy of the self-diffusion process in the analysed oils could be estimated from **Figure S3** ( $E_a \sim 30.3$  kJ/mol for EVOO and  $E_a \sim 26.4$  kJ/mol for SuO). These values are in agreement with data found in the literature (A. Rachocki & J. Tritt-Goc, 2014).