

**Table S4.** Effect of precursors and dietary items on TMA-producing bacteria. Age and sex were determined as important explanatory variables and p-values adjusted for either of these parameters (p.adj.age; p.adj.sex) are given as well.

	Predictor	Estimate	p.val	p.adj.age	p.adj.sex
<i>cutC</i>	Choline	-0.106	0.218	0.127	0.482
<i>cutC</i>	Betaine	-0.028	0.718	0.368	0.665
<i>cutC</i>	Carnitine	-0.065	0.520	0.276	0.911
<i>cutC</i>	Fruits	0.138	<b>0.003</b>	<b>0.013</b>	<b>0.011</b>
<i>cutC</i>	Salad	0.036	0.248	0.152	0.523
<i>cutC</i>	Vegetables	0.080	<b>0.038</b>	<b>0.047</b>	0.077
<i>cutC</i>	Rice	-0.040	0.257	0.659	0.103
<i>cutC</i>	Eggs	-0.006	0.895	0.953	0.723
<i>cutC</i>	Full grain	-0.007	0.805	0.710	0.387
<i>cntA</i>	Choline	-0.271	0.143	0.070	0.300
<i>cntA</i>	Betaine	0.003	0.987	0.569	0.439
<i>cntA</i>	Carnitine	-0.265	0.224	0.097	0.522
<i>cntA</i>	Fruits	0.164	0.084	0.261	0.176
<i>cntA</i>	Salad	0.156	<b>0.014</b>	<b>0.005</b>	<b>0.039</b>
<i>cntA</i>	Vegetables	0.069	0.383	0.449	0.541
<i>cntA</i>	Rice	0.013	0.861	0.321	0.842
<i>cntA</i>	Eggs	-0.078	0.370	0.484	0.603
<i>cntA</i>	Full grain	0.098	0.083	0.103	0.198
<i>grdH</i>	Choline	-0.076	0.474	0.499	0.408
<i>grdH</i>	Betaine	-0.117	0.226	0.265	0.159
<i>grdH</i>	Carnitine	-0.017	0.893	0.934	0.758
<i>grdH</i>	Fruits	0.052	0.359	0.310	0.318
<i>grdH</i>	Salad	0.027	0.478	0.500	0.427
<i>grdH</i>	Vegetables	-0.015	0.744	0.757	0.777
<i>grdH</i>	Rice	0.007	0.873	0.953	0.822
<i>grdH</i>	Eggs	0.003	0.958	0.980	0.990
<i>grdH</i>	Full grain	0.059	0.083	0.080	0.065
<b>TMAO</b>	Choline	0.293	<b>0.000</b>	<b>0.000</b>	<b>0.000</b>
<b>TMAO</b>	Betaine	0.052	0.386	0.813	0.392
<b>TMAO</b>	Carnitine	0.130	0.099	0.202	0.128
<b>TMAO</b>	Fruits	0.026	0.452	0.937	0.396
<b>TMAO</b>	Salad	0.014	0.565	0.391	0.493
<b>TMAO</b>	Vegetables	0.028	0.344	0.409	0.311
<b>TMAO</b>	Rice	-0.037	0.175	0.533	0.196
<b>TMAO</b>	Eggs	0.107	<b>0.001</b>	<b>0.000</b>	<b>0.001</b>
<b>TMAO</b>	Full grain	0.023	0.274	0.320	0.225