Table S5. Effects of age on dietary habits, i.e., consumption of individual dietary items and contribution of overall dietary groups (Rarely Meat and Daily Meat).

	Estimate	p.val
Fruits	0.026	**0.000**
Salad	-0.005	0.349
Vegetables	0.006	0.335
Rice	-0.023	**0.000**
Eggs	-0.008	0.180
Full grain	0.011	0.050
Rarely Meat / Daily Meat	-0.021	**0.001**