

Supplementary table 2: Sociodemographic characteristics of respondents, stratified by nutrition status and sex (N = 11,064)

Sex	Variable	Category	N	Nutritional status % (95% CI)			
				Underweight	Normal weight	Overweight	Obese
Male	Age (years)	<=30	670	27.2 (23.9–30.7)	63.1 (59.4–66.7)	9.0 (7.0–11.4)	0.7 (0.3–1.8)
		31 to 40	712	18.1 (15.5–21.1)	66.7 (63.2–70.1)	13.8 (11.4–16.5)	1.4 (0.8–2.6)
		41 to 50	788	18.7 (16.1–21.5)	65.9 (62.5–69.1)	14.1 (11.8–16.7)	1.4 (0.8–2.5)
		51 to 60	792	24.6 (21.7–27.7)	62.4 (58.9–65.7)	11.6 (9.6–14.0)	1.4 (0.8–2.5)
		> 60	753	34.9 (31.6–38.4)	54.6 (51.0–58.1)	8.8 (6.9–11.0)	1.7 (1.0–3.0)
	Education	No schooling	1137	31.9 (29.3–34.7)	59.5 (56.6–62.3)	7.7 (6.2–9.3)	1.0 (0.5–1.7)
		Primary	1052	26.9 (24.3–29.7)	63.7 (60.7–66.5)	8.4 (6.8–10.2)	1.0 (0.6–1.9)
		Secondary and above	1526	17.7 (15.9–19.7)	64.0 (61.5–66.3)	16.5 (14.7–18.5)	1.8 (1.3–2.6)
	Marital status	Never married	463	28.9 (25.0–33.2)	62.6 (58.1–66.9)	7.6 (5.5–10.4)	0.9 (0.3–2.3)
		Ever married	3252	24.0 (22.6–25.5)	62.5 (60.8–64.1)	12.1 (11.0–13.2)	1.4 (1.1–1.9)
	Occupation	Unemployed	550	31.6 (27.9–35.6)	58.5 (54.4–62.6)	8.4 (6.3–11.0)	1.5 (0.7–2.9)
		Service holder	223	9.4 (6.2–14.0)	63.7 (57.1–69.7)	24.7 (19.4–30.8)	2.2 (0.9–5.3)
		Farmer	1303	32.0 (29.5–34.6)	61.3 (58.6–63.9)	6.1 (4.9–7.5)	0.6 (0.3–1.2)
		Self-employed	1549	17.9 (16.1–19.9)	65.3 (62.9–67.6)	15.2 (13.5–17.0)	1.7 (1.1–2.5)
		Housewife	90	30.0 (21.4–40.3)	53.3 (43.0–63.4)	13.3 (7.7–22.1)	3.3 (1.1–9.9)
Female	Age (years)	<=30	1514	22.1 (20.1–24.3)	60.3 (57.8–62.7)	14.7 (13.0–16.5)	2.9 (2.2–3.9)
		31 to 40	1707	12.8 (11.3–14.5)	56.5 (54.1–58.8)	24.1 (22.1–26.2)	6.6 (5.5–7.9)
		41 to 50	1694	15.2 (13.6–17.0)	56.2 (53.8–58.5)	22.8 (20.9–24.9)	5.7 (4.7–6.9)
		51 to 60	1305	19.9 (17.8–22.2)	58.5 (55.8–61.1)	17.5 (15.6–19.7)	4.1 (3.1–5.3)
		> 60	1129	29.0 (26.4–31.7)	56.2 (53.2–59.0)	11.9 (10.1–13.9)	3.0 (2.2–4.2)
	Education	No schooling	2832	24.8 (23.2–26.4)	59.1 (57.3–60.9)	13.2 (12.0–14.5)	2.9 (2.4–3.6)
		Primary	2119	16.2 (14.7–17.9)	57.0 (54.8–59.1)	21.8 (20.1–23.7)	5.0 (4.1–6.0)
		Secondary and above	2398	14.8 (13.4–16.2)	56.1 (54.1–58.1)	22.7 (21.1–24.4)	6.4 (5.5–7.4)
	Marital status	Never married	308	29.9 (25.0–35.2)	60.1 (54.5–65.4)	7.5 (5.0–11.0)	2.6 (1.3–5.1)
		Ever married	7041	18.6 (17.7–19.5)	57.4 (56.2–58.5)	19.3 (18.4–20.3)	4.7 (4.3–5.3)
Occupation	Unemployed	507	30.8 (26.9–34.9)	56.6 (52.2–60.9)	9.1 (6.9–11.9)	3.6 (2.2–5.6)	

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Service holder	84	15.5 (9.2–24.9)	58.3 (47.5–68.4)	21.4 (13.9–31.5)	4.8 (1.8–12.1)
Farmer	50	28.0 (17.2–42.0)	68.0 (53.8–79.5)	2.0 (0.3–13.1)	2.0 (0.3–13.1)
Self-employed	867	19.7 (17.2–22.5)	58.0 (54.7–61.3)	17.9 (15.5–20.6)	4.4 (3.2–6.0)
Housewife	5841	17.9 (16.9–18.9)	57.4 (56.1–58.7)	19.9 (18.9–21.0)	4.8 (4.3–5.4)

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