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# BMJ Open

## Abortion decision-making trajectories and factors influencing such trajectories in low- and middle-income countries: a protocol for mixed methods systematic review

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# Abortion decision-making trajectories and factors influencing such trajectories in low- and middle-income countries: a protocol for mixed methods systematic review.

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**Key words:** abortion, decision-making, abortion trajectories, low- and middle-income countries, mixed methods, systematic review, meta-analysis.

## ABSTRACT

**Introduction:** Globally, about half of all pregnancies are unintended and three-fifths of these end in induced abortion. When faced with a choice to terminate pregnancy, women's abortion decision-making processes are often complex and multiphasic and maybe amplified in low- and middle-income countries (LMICs) which bear the major burden of abortion-related morbidity and mortality. Our review aims to 1) describe trajectories for women seeking abortion and post abortion care in LMICs and 2) investigate factors influencing the choice of the abortion trajectories that women in LMICs make.

**Methodology:** We will search and retrieve published and unpublished qualitative, quantitative and mixed methods, community or hospital-based studies conducted in LMICs from 1<sup>st</sup> January 2000. We will search Ovid Medline, Ovid EMBASE, Ovid PsychInfo, Ovid Global Health, Web of Science (including Social Science Citation Index), Scopus, IBSS, CINAHL via EBSCO, WHO Global Index Medicus, the Cochrane Library, WHO website, ProQuest, and Google Scholar. We will search reference lists of eligible studies and contact experts for additional data/ information, if required. We will extract all relevant data to answer our research questions and assess study quality using the appropriate appraisal tools. Depending on the extracted data, our analysis will use sequential or convergent synthesis methods proposed by Hong *et al.* For qualitative studies, we will synthesise evidence using thematic synthesis, meta-ethnography or "best-fit" framework synthesis and for quantitative findings, we will do descriptive synthesis and meta-analysis. We will do sensitivity analyses and assess confidence in our findings using GRADE-CERQual for qualitative findings and GRADE for quantitative findings.

**Discussion:** The findings of this systematic review will improve our understanding of the decision-making processes including trajectories and determinants for seeking abortion and post-abortion care in LMICs.

## Strengths and limitations of this study

- The review is one of the first to synthesize evidence on abortion decision-making processes in LMICs including abortion decision trajectories and factors influencing their choices.
- The review includes multiple databases, grey literature with no language restrictions and covers articles published from 2000 onwards in order to capture the contemporary abortion decision-making process.
- The systematic review will be conducted following the PRISMA guidelines, this includes the use of at least two reviewers to independently search, screen and select, extract data, and assess quality of included studies.
- Due to the sensitivity and scarcity of studies on abortion in some LMICs, few or no studies may be available from certain countries or regions where abortion is highly restricted which may affect our results and data synthesis plan.

## INTRODUCTION

Globally, an estimated 48% (121 million) of all pregnancies each year from 2015-2019 were unintended and 61% (73 million) of these ended in induced abortion [1, 2]. The proportion of unintended pregnancies that end in induced abortion is similar between low-income countries (LICs) and high-income countries (HICs) (40% and 43% respectively) but higher in middle-income countries (MICs) (66%) [1]. Between 2010 and 2014, 45% of all abortions were estimated to be unsafe with 97% occurring in low- and middle-income countries (LMICs) [3]. The proportion of all abortions that are unsafe is about four times higher (49.5%) in LMICs compared to HICs (12.5%) [3]. The proportion of unsafe abortions is 0.9% in North America, 2.1% in Northern Europe, 37.8% in Asia, 75.6% in Africa, and 76.4% in Latin America [3]. Unsafe abortion and its complications are a major cause of avoidable maternal deaths and

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3 morbidity globally, accounting for 4.7-13.2% of all maternal deaths [4], USD 553 million in  
4 treatment costs in LMICs [5], and 18,100 years lived with disability (YLDs) [6]. Despite  
5 accounting for only 29% of all unsafe abortions globally, 62% of all abortion-related deaths  
6 occur in Africa [3].  
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12 While the differences in unsafe abortion rates and related morbidity and mortality differ markedly  
13 according to a country's Gross Domestic Product (GDP), the overall induced abortion rates are  
14 somewhat similar worldwide [1, 2]. Globally, the highest overall abortion rates are seen in MICs  
15 and the lowest in HICs; the rates per 1,000 women aged 15-49 are 44 in MICs, 38 in LICs and  
16 15 in HICs [1-3]. Generally, while restrictive abortion laws make most abortions unsafe [3], the  
17 overall abortion rates are similar in countries with varying abortion laws [1, 2]. However, in  
18 LMICs unsafe abortion rates are similar regardless of a country's abortion laws [7, 8]. The  
19 majority of induced abortions are for unwanted pregnancies due to failure or non-use of  
20 contraception, rape, defilement, or incest [2]. However, even planned pregnancies can become  
21 unwanted due to changes in circumstances during pregnancy including health concerns if the  
22 pregnancy is continued to term [2]. Other reasons for abortion include: financial concerns,  
23 parenting readiness, need to space or limit childbirths, influence from significant others (such as  
24 partners and family), lack of support for the pregnancy from partners or family members, career  
25 and education goals, and stigmatised pregnancies such as teenage or out of wedlock  
26 pregnancies [9-13].  
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45 Due to the sensitivity and the socioeconomic and power dynamics involved in abortion [14],  
46 abortion decision-making trajectories are often complex, iterative, multiphasic, dynamic, context-  
47 specific and may involve periods of intense negotiations between the woman and the significant  
48 others [9-12, 15-19]. According to Coast *et al.*, abortion decision-making trajectories are "*the*  
49 *processes and transitions occurring over time for a pregnancy that ends in abortion*" [16]. The  
50 circumstances surrounding a woman's decision to seek an abortion can be time-specific and  
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3 variable [18]. Women may “suffer in silence” due to uncertainty on who to talk to about the  
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5 decision to terminate a pregnancy and their reactions to such a decision [20]. The abortion  
6  
7 trajectories chosen may affect the safety of the abortion and access to post-abortion care [15,  
8  
9 20]. The particular trajectory taken is influenced by various legal, socioeconomic, demographic,  
10  
11 and cultural factors such as financial stability, relationship stability, influence of significant  
12  
13 others, risk perceptions, stigma, knowledge of abortion laws, and availability and access to  
14  
15 abortion services [9, 11, 12, 15–19]. Additionally, the increasing availability and use of  
16  
17 misoprostol to terminate pregnancy means that women can now access abortion services  
18  
19 outside formal health care systems [21].  
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## 23 **Rationale for the systematic review**

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27 With 97% of all unsafe pregnancies occurring in LMICs [3], it is important to synthesise  
28  
29 evidence on the abortion decision-making processes in these settings. The aim is to conduct a  
30  
31 systematic review to synthesize the evidence relating to abortion decision trajectories and  
32  
33 factors that influence those trajectories in LMICs. This will be used to develop a decision-making  
34  
35 model or framework, for use by governments, policy makers, programme managers,  
36  
37 researchers, and other relevant stakeholders to design and implement strategies to reduce  
38  
39 unsafe abortion and its complications.  
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## 42 **Review questions**

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46 The questions address by this systematic review are:

- 47  
48 1. What are the trajectories for women seeking abortion in LMICs?
- 49  
50 2. For women in LMICs, what factors influence the choice of these abortion trajectories?
- 51  
52
- 53

## 54 **METHODOLOGY**



## Development of review protocol and registration

We followed the guidelines set out in the preferred reporting items for systematic review and meta-analysis protocol (PRISMA-P) 2015 statement [22] to develop the protocol. We completed the PRISMA-P checklist ([supplementary file 1](#)). The review protocol has been registered with international prospective register of systematic reviews (PROSPERO) with systematic review registration number CRD42021224719.

## Searches

The search strategy will be developed with the assistance of an information librarian. PL will search the following electronic bibliographic databases: Ovid Medline, Ovid EMBASE, Ovid PsychInfo, Ovid Global Health, Web of Science (including Social Science Citation Index), Scopus, IBSS, CINAHL via EBSCO, WHO Global Index Medicus, and the Cochrane Library. PL will also search grey literature sources including ProQuest, Google Scholar and the WHO website.

All references of all included articles will be checked for additional articles that may have been missed from earlier searches. In addition, we will also contact experts in the field for any additional articles. We will limit our search strategy to articles published from January 1<sup>st</sup>, 2000. The year 2000 has been chosen because it marked the start of the Millennium Development Goals (MDGs) which included a global commitment to reduce by 75%, between 1990 and 2015, the maternal mortality ratio [23, 24]. Since then, many countries have liberalised abortion laws or decriminalised abortion [2].

There will be no language restrictions in order to maximise the relevant articles from LMICs. The search strings will be composed of the following three key concepts and their synonyms: “abortion,” “decision-making”, “developing countries” and will be written with Boolean terms. We

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2  
3 will modify the search strings depending on database requirements and use both key words and  
4  
5 medical subject headings (MeSH) in the search process. We will use the search filters for  
6  
7 LMICs from Cochrane (<https://epoc.cochrane.org/lmic-filters>). We will create email alerts for any  
8  
9 new relevant articles published and re-run the searches before the final analysis to identify and  
10  
11 retrieve any further eligible studies for inclusion. We will maintain records of all searches for  
12  
13 each database. A sample of the search strategy from Ovid Medline that was generated by the  
14  
15 Librarian and PL is attached ([supplementary file 2](#)).

## 18 **Eligibility Criteria**

### 21 *Inclusion and exclusion criteria for studies*

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25 All eligible observational studies (cross-sectional, case-control, and cohort), surveys, technical  
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27 reports, and intervention studies will be included in the systematic review. Although we will  
28  
29 exclude trial registrations, systematic review protocols, systematic reviews, case series,  
30  
31 conference abstracts, case reports, policy analyses, commentaries, conceptual frameworks,  
32  
33 and editorials from the review, we will cross-check their reference lists to identify and retrieve, if  
34  
35 any, further articles for inclusion. We will consider all relevant published and unpublished (grey  
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37 literature) quantitative, qualitative, and mixed methods studies restricted to humans.

### 40 *Participants/Population*

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44 For the studies to be included, the population studied must be women who had an induced  
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46 abortion and/or other actors such as abortion care providers whether skilled or unskilled, formal  
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48 or informal and women's male partners who were directly involved in the abortion decision-  
49  
50 making process for that induced abortion. We shall exclude studies that focus only on women  
51  
52 with spontaneous abortions or miscarriages, or reports or opinions of health care providers,  
53  
54 policy makers, or male partners on abortion.

### *Intervention(s), exposure(s)*

There is no intervention for our review but our focus is to understand abortion decision-making processes in LMICs in women who are faced with a decision to terminate a pregnancy. We will focus on abortion decision trajectories and factors influencing the choice of such trajectories.

### *Comparators*

While having a comparator is not essential for this review, studies such as observational studies having comparison groups will not be excluded on the basis of having control or comparator groups.

### *Outcomes*

The main outcomes of this review include abortion trajectories and factors influencing choices of abortion trajectories in LMICs.

### *Context or study settings*

We will consider only studies conducted in LMICs as defined by World Bank [25] irrespective of the legal status of and policy environment on abortion. We will include all relevant community or facility-based studies that used either primary or secondary data. We will exclude animal studies.

## **Study screening and selection**

We will use Covidence software to screen and select eligible studies. The study screening and selection will take place in two stages with PL involved in screening all articles from the search strategy while SF will screen 40% of all included articles and IC and JM will screen 30% each.

In the first stage, the reviewers will independently screen all titles and abstracts based on

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2  
3 inclusion criteria. All four reviewers will regularly discuss results to verify the selection process  
4 and include all relevant articles for full text-review. In the second stage, the two groups of  
5 reviewers will independently read the full texts of all selected articles and include only those  
6 mentioning either of the key outcomes including trajectories of abortion decision-making or  
7 determinants of such trajectories. For the full-text screening, the authors will resolve any  
8 disagreements by consensus or by consulting the senior author (MN) and/or the coinvestigator  
9 group. We will chart the results of the screening and selection process on the PRISMA flow  
10 diagram.  
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## 21 **Data extraction**

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24 We will use the Covidence systematic review software to extract data and assess study quality.  
25 We will extract the following information: study aim(s); study setting (including location(s) and  
26 year(s)); inclusion/exclusion criteria and participant characteristics; study methodology  
27 (including study design, sample size, data collection and analytical methods); results (including  
28 frequencies, effect sizes, themes, quotes, author interpretations or explanations); strengths and  
29 limitations; reviewer comments; and all information needed to assess the risk of bias. The  
30 extraction will be done by PL (all articles), with SF, IC and JM being second assessors. Two  
31 authors will extract the data independently and resolve discrepancies through discussion,  
32 involving another reviewer (MN) when necessary. We will contact authors for any missing,  
33 uncertain, or incomplete information and if there is no response within 2 weeks, we may exclude  
34 those articles based on missing information. We will first pilot our data extraction process,  
35 independently and in duplicate, on five articles and make further refinements as needed.  
36 Depending upon the extracted data, we may generate single or separate data extraction  
37 templates for qualitative and quantitative findings.  
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## 55 **Risk of bias (quality) assessment**

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3 Each article will be assessed by two reviewers, with PL reviewing all articles and SF, IC, and JM  
4 being the second assessors. We anticipate that the majority of studies will be qualitative with  
5 few or no observational studies and experimental studies. We will use the most appropriate  
6 quality assessment tools for the studies included [26]. The assessment will therefore be based  
7 on the articles included and will involve at least two reviewers assessing each article  
8 independently.  
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16 We will use the revised 2019 version of the Cochrane risk of bias tool (RoB 2) [27] to assess  
17 randomised controlled trials (RCTs) if we find any. To assess the quality of non-randomised  
18 controlled trials (non-RCTs), we will use the Risk Of Bias In Non-randomised Studies – of  
19 Interventions (ROBINS-I) [28]. We will rate the overall quality assessment as low, moderate,  
20 serious, critical or no information provided [28].  
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28 For cohort and case-control studies, we will use the Newcastle-Ottawa Scale (NOS) [29, 30].  
29 This tool is best for cohort and case control studies as it allows user modification [26]. For  
30 analytical or descriptive cross-sectional studies, we will use the Joanna Briggs Institute (JBI)  
31 assessment tool [31, 32].  
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38 For qualitative studies, we will use the critical appraisal skills programme (CASP) appraisal  
39 checklist for qualitative studies and assign each paper an overall quality ranking of “low,”  
40 “medium,” or “high” [33].  
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45 Each reviewer will independently assess and rate each included study using the relevant quality  
46 assessment tool. We will discuss the quality assessment and risk of bias assessment findings  
47 and resolve any disagreements by consensus or by involving the senior author (MN) if  
48 necessary. For “poor” quality qualitative studies, we will contact the authors for more  
49 information, a standard practice for assessing quality of qualitative studies [34]. We will not  
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3 exclude any studies based on quality assessment [35]. We will present results of quality  
4 assessment in tabular form with comments or explanations.  
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## 8 **Strategy for data synthesis**

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11 While no widely accepted approach is available for synthesising a mixed methods systematic  
12 review, and any approach chosen depends upon the type of studies (qualitative, quantitative or  
13 mixed methods) and the purpose of the research [36], we will analyse the data on the basis of  
14 the findings from our search. We anticipate that there will be mainly qualitative studies and the  
15 quantitative studies available may not be sufficient for meta-analysis or the findings are likely to  
16 be heterogeneous. If this is the case, we will provide a narrative summary of the quantitative  
17 findings. However, if there are sufficient quantitative studies, we will follow one of the two  
18 approaches in the synthesis as suggested by Hong *et al.* [37]: (1) sequential synthesis design  
19 involving two phases: in phase one, we will first identify the main themes or components of the  
20 research questions using qualitative synthesis. In phase two, we will analyse quantitative  
21 studies to quantify the effect of each component or theme; or (2) convergent synthesis design –  
22 we will analyse qualitative and quantitative studies separately and integrate the findings at the  
23 results or discussion stage. We will use the results to develop an abortion decision-making  
24 model for women in LMICs from our analysis.  
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42 For qualitative analysis, we will upload extracted information into NVivo software to support the  
43 qualitative analysis. We will follow the thematic analysis approach developed by Thomas &  
44 Harden in 2008 to synthesise the qualitative data [38]. The analytic approach has three stages  
45 namely; (i) developing coding schemes, (ii) developing descriptive themes from the coding  
46 schemes, and (iii) generating analytic themes from the descriptive themes [38]. However,  
47 depending on the extracted data, we may follow other approaches such as meta-ethnography  
48 [39, 40], or “best fit” framework synthesis [41, 42] using the trajectories of women’s abortion-  
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3 related care conceptual framework developed by Coast *et al.* [16] as a template. We will add  
4 other domains and sub-domains or modify existing ones, depending on the data we extract.  
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8 For the quantitative synthesis, we will extract the quantitative data into an excel sheet and then  
9 export these to the statistical software package Stata. For categorical variables, we will analyse  
10 pooled estimates using a random effects model. For continuous variables, we will calculate a  
11 pooled difference of means with 95% confidence intervals using a DerSimonian Laird random  
12 effects model. For continuous variables, we will calculate a  
13 pooled difference of means with 95% confidence intervals using a DerSimonian Laird random  
14 effects model. If the mean and standard deviation (SD) are not reported or are unavailable from  
15 the study authors, we will estimate them from sample size, median, range and/or interquartile  
16 range using the methods described by Wan *et al.* [43]. If we identify sufficient studies, we will  
17 conduct subgroup analysis by countries' abortion laws, World Bank economic group, and  
18 geographical regions. We will also conduct a sensitivity analysis excluding studies with low  
19 quality. We will assess heterogeneity using the  $I^2$  test and publication bias using forest plots. We  
20 will only assess for publication bias if there are at least 10 studies included in the meta-analysis  
21 [44].  
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34 Following recommendations from the Cochrane Qualitative and Implementation Methods Group  
35 [45], we will report external validity of key qualitative synthesis using the Grades of  
36 Recommendation, Assessment, and Evaluation – Confidence in Evidence from Reviews of  
37 Qualitative Research (GRADE-CERQual) [46]. We will use the GRADE guidelines [46] to  
38 assess the quality of any quantitative findings.  
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## 46 **Patient and public involvement**

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50 The data from the systematic review includes previously published data and will therefore not  
51 involve any patients or the public.  
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## DISCUSSION

Today, systematic reviews have explored many aspects and issues related to abortion such as stigma [47], women's experiences of abortion [48, 49], contraception and abortion knowledge, attitudes and practices among adolescents from LMICs [50], methods of abortion [51], or prevalence of and risk factors for unsafe abortion (ongoing) [52]. Our systematic review will be one of the first to synthesise evidence relating to abortion decision-making processes in LMICs including abortion decision trajectories and factors influencing the choices of abortion trajectories. By focussing on LMICs, where nearly all unsafe abortions occur, we will use the evidence from the systematic review to develop an abortion decision-making model in LMICs to guide policy development and strategies to improve access to safe and faster abortion services and post abortion care by addressing barriers to safe abortion in LMICs.

Many abortion decision-making theories and models such as the conflict theory model of decision-making in abortion [53], the feminist theory [54, 55], or the autonomy and public health models [56] have shed light on the complexity of abortion decision-making processes. However, these models have tended to focus on specific aspects of the abortion decision-making process such as influence of circumstances preceding the pregnancy or locus of control on the decision to terminate pregnancy [53–56] yet abortion is such a complex, dynamic and iterative process influenced by various legal, socioeconomic, political and health system factors [9, 11, 12, 15–19]. Coast E. *et al.* developed a conceptual framework for understanding women's trajectories to abortion care that encompasses time-dependent abortion-specific experiences, and context-dependent individual and region-based experiences [16]. While its development involved consultative meetings with experts and review of studies published in English between 2011 and 2017, it was neither a comprehensive nor a systematic review of available knowledge and evidence [16]. Our systematic review of a wide range of bibliographic databases and grey



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3 literature with no language restrictions including all articles published from 2000 will provide an  
4  
5 in-depth understanding of the evidence relating to the complex decision-making processes and  
6  
7 roles of various determinants that influence abortion trajectories of women in LMICs, which bear  
8  
9 97% of the burden of unsafe abortion and its complications [3].  
10

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12 Our review may have some limitations. Due to the sensitivity and scarcity of studies on abortion  
13  
14 in some LMICs, few or no studies may be available from certain countries or regions where  
15  
16 abortion is highly restricted. This may affect the generalisability of our results and data synthesis  
17  
18 plan.  
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## 20 21 **Ethics and dissemination**

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25 We did not require ethics approval for this systematic review. We will publish our findings in an  
26  
27 open access peer-reviewed journal with a global health and maternal health readership. We will  
28  
29 also present our findings at national and international scientific conferences.  
30

## 31 32 **Acknowledgements**

33  
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35  
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37  
38 Care Libraries/Bodleian Libraries, Education Centre, Horton Hospital, University of Oxford for  
39  
40 her help in developing the search strategy and training PL to conduct the searches.  
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## 44 45 **Authors' contributions**

46  
47  
48 PL, MN, JK, and CN conceived the idea, planned and designed the study protocol. PL wrote the  
49  
50 first draft; SF, IC, JM, MN, JK, and CN all edited the draft and provided critical insights. All  
51  
52 authors have approved and contributed to the final submitted manuscript.  
53  
54

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## Competing interests' statement

The authors declare no conflict of interest.

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**Word count:** 3013

**PRISMA-P (Preferred Reporting Items for Systematic review and Meta-Analysis Protocols) 2015 checklist: recommended items to address in a systematic review protocol\***

Section and topic	Item No	Checklist item	Self-Evaluation
<b>ADMINISTRATIVE INFORMATION</b>			
Title:			
Identification	1a	Identify the report as a protocol of a systematic review	<b>YES, identified</b>
Update	1b	If the protocol is for an update of a previous systematic review, identify as such	<b>Not applicable</b>
Registration	2	If registered, provide the name of the registry (such as PROSPERO) and registration number	CRD42021224719
Authors:			
Contact	3a	Provide name, institutional affiliation, e-mail address of all protocol authors; provide physical mailing address of corresponding author	<b>YES, it is provided</b>
Contributions	3b	Describe contributions of protocol authors and identify the guarantor of the review	<b>YES, this is provided</b>
Amendments	4	If the protocol represents an amendment of a previously completed or published protocol, identify as such and list changes; otherwise, state plan for documenting important protocol amendments	<b>Not applicable</b>
Support:			
Sources	5a	Indicate sources of financial or other support for the review	<b>Yes</b>
Sponsor	5b	Provide name for the review funder and/or sponsor	<b>Yes</b>
Role of sponsor or funder	5c	Describe roles of funder(s), sponsor(s), and/or institution(s), if any, in developing the protocol	<b>Yes</b>
<b>INTRODUCTION</b>			
Rationale	6	Describe the rationale for the review in the context of what is already known	<b>Yes</b>
Objectives	7	Provide an explicit statement of the question(s) the review will address with reference to participants, interventions, comparators, and outcomes (PICO)	<b>Yes</b>
<b>METHODS</b>			
Eligibility criteria	8	Specify the study characteristics (such as PICO, study design, setting, time frame) and report characteristics (such as years considered, language, publication status) to be used as criteria for eligibility for the review	<b>Yes</b>
Information sources	9	Describe all intended information sources (such as electronic databases, contact with study authors, trial registers or other grey literature sources) with planned dates of coverage	<b>Yes</b>
Search strategy	10	Present draft of search strategy to be used for at least one electronic database, including planned limits, such that it could be repeated	<b>Yes (supplementary file 2)</b>



Study records:			
Data management	11a	Describe the mechanism(s) that will be used to manage records and data throughout the review	Yes
Selection process	11b	State the process that will be used for selecting studies (such as two independent reviewers) through each phase of the review (that is, screening, eligibility and inclusion in meta-analysis)	Yes
Data collection process	11c	Describe planned method of extracting data from reports (such as piloting forms, done independently, in duplicate), any processes for obtaining and confirming data from investigators	Yes
Data items	12	List and define all variables for which data will be sought (such as PICO items, funding sources), any pre-planned data assumptions and simplifications	Yes
Outcomes and prioritization	13	List and define all outcomes for which data will be sought, including prioritization of main and additional outcomes, with rationale	Yes
Risk of bias in individual studies	14	Describe anticipated methods for assessing risk of bias of individual studies, including whether this will be done at the outcome or study level, or both; state how this information will be used in data synthesis	Yes
Data synthesis	15a	Describe criteria under which study data will be quantitatively synthesised	Yes
	15b	If data are appropriate for quantitative synthesis, describe planned summary measures, methods of handling data and methods of combining data from studies, including any planned exploration of consistency (such as $I^2$ , Kendall's $\tau$ )	Yes
	15c	Describe any proposed additional analyses (such as sensitivity or subgroup analyses, meta-regression)	Yes
	15d	If quantitative synthesis is not appropriate, describe the type of summary planned	Yes
Meta-bias(es)	16	Specify any planned assessment of meta-bias(es) (such as publication bias across studies, selective reporting within studies)	Yes
Confidence in cumulative evidence	17	Describe how the strength of the body of evidence will be assessed (such as GRADE)	Yes

**\* It is strongly recommended that this checklist be read in conjunction with the PRISMA-P Explanation and Elaboration (cite when available) for important clarification on the items. Amendments to a review protocol should be tracked and dated. The copyright for PRISMA-P (including checklist) is held by the PRISMA-P Group and is distributed under a Creative Commons Attribution Licence 4.0.**

*From: Shamseer L, Moher D, Clarke M, Ghersi D, Liberati A, Petticrew M, Shekelle P, Stewart L, PRISMA-P Group. Preferred reporting items for systematic review and meta-analysis protocols (PRISMA-P) 2015: elaboration and explanation. BMJ. 2015 Jan 2;349(jan02 1):g7647.*



Abortion decision-making trajectories and determinants in low- and middle-income countries: a protocol for mixed methods systematic review and meta-analysis

Preliminary sample search for Ovid Medline: Search date 28/12/2020

#	Search	Results
1	(afghanistan or albania or algeria or american samoa or angola or "antigua and barbuda" or antigua or barbuda or argentina or armenia or armenian or aruba or azerbaijan or bahrain or bangladesh or barbados or republic of belarus or belarus or byelarus or belorussia or byelorussian or belize or british honduras or benin or dahomey or bhutan or bolivia or "bosnia and herzegovina" or bosnia or herzegovina or botswana or bechuanaland or brazil or brasil or bulgaria or burkina faso or burkina fasso or upper volta or burundi or urundi or cabo verde or cape verde or cambodia or kampuchea or khmer republic or cameroon or cameron or cameroun or central african republic or ubangi shari or chad or chile or china or colombia or comoros or comoro islands or iles comores or mayotte or democratic republic of the congo or democratic republic congo or congo or zaire or costa rica or "cote d'ivoire" or "cote d'ivoire" or cote divoire or cote d ivoire or ivory coast or croatia or cuba or cyprus or czech republic or czechoslovakia or djibouti or french somaliland or dominica or dominican republic or ecuador or egypt or united arab republic or el salvador or equatorial guinea or spanish guinea or eritrea or estonia or eswatini or swaziland or ethiopia or fiji or gabon or gabonese republic or gambia or "georgia (republic)" or georgian or ghana or gold coast or gibraltar or greece or grenada or guam or guatemala or guinea or guinea bissau or guyana or british guiana or haiti or hispaniola or honduras or hungary or india or indonesia or timor or iran or iraq or isle of man or jamaica or jordan or kazakhstan or kazakh or kenya or "democratic people's republic of korea" or republic of korea or north korea or south korea or korea or kosovo or kyrgyzstan or kirghizia or kirgizstan or kyrgyz republic or kirghiz or laos or lao pdr or "lao people's democratic republic" or latvia or lebanon or lebanese republic or lesotho or basutoland or liberia or libya or libyan arab jamahiriya or lithuania or macau or macao or republic of north macedonia or macedonia or madagascar or malagasy republic or malawi or nyalaland or malaysia or malay federation or malaya federation or maldives or indian ocean islands or indian ocean or mali or malta or micronesia or federated states of micronesia or kiribati or marshall islands or nauru or northern mariana islands or palau or tuvalu or mauritania or mauritius or mexico or moldova or moldovian or mongolia or montenegro or morocco or ifni or mozambique or portuguese east africa or myanmar or burma or namibia or nepal or netherlands antilles or nicaragua or niger or nigeria or oman or muscat or pakistan or panama or papua new guinea or new guinea or paraguay or peru or philippines or philippines or philippines or phillippines or poland or "polish people's republic" or portugal or portuguese republic or puerto rico or romania or russia or russian federation or ussr or soviet union or union of soviet socialist republics or rwanda or ruanda or samoa or pacific islands or polynesia or samoan islands or navigator island or navigator islands or "sao tome and principe" or saudi arabia or senegal or serbia or seychelles or sierra leone or slovakia or slovak republic or slovenia or melanesia or solomon island or solomon islands or norfolk island or norfolk islands or somalia or south africa or south sudan or sri lanka or ceylon or "saint kitts and nevis" or "st. kitts and nevis" or saint lucia or "st. lucia" or "saint vincent and the grenadines" or	1981780

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# BMJ Open

## Abortion decision-making trajectories and factors influencing such trajectories in low- and middle-income countries: a protocol for mixed methods systematic review

Journal:	<i>BMJ Open</i>
Manuscript ID	bmjopen-2021-049507.R1
Article Type:	Protocol
Date Submitted by the Author:	09-Sep-2021
Complete List of Authors:	Lokubal, Paul; University of Oxford, Nuffield Department of Population Health (NDPH) Frischer, Sandrena Ruth; Partners in Health, Monrovia Corcuera, Ines; Chelsea and Westminster Hospital NHS Foundation Trust Balil, Jessica ; MSI Reproductive Choices UK Nalwadda Kayemba, Christine ; Karolinska Institute/Makerere University Kurinczuk, Jennifer; University of Oxford, National Perinatal Epidemiology Unit Nair, Manisha; University of Oxford, NPEU, Nuffield Department of Population Health
<b>Primary Subject Heading</b>:	Global health
Secondary Subject Heading:	Sexual health
Keywords:	PUBLIC HEALTH, Health policy < HEALTH SERVICES ADMINISTRATION & MANAGEMENT, Maternal medicine < OBSTETRICS

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# 1 2 3 4 1 **Abortion decision-making trajectories and factors** 5 2 **influencing such trajectories in low- and middle-income** 6 3 **countries: a protocol for mixed methods systematic review.**

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51 27 mixed methods, systematic review, meta-analysis.

## 1 ABSTRACT

2 **Introduction:** Globally, about half of all pregnancies are unintended and/or unwanted and  
3 three-fifths of these end in induced abortion. When faced with a choice to terminate pregnancy,  
4 women's abortion decision-making processes are often complex and multiphasic and maybe  
5 amplified in low- and middle-income countries (LMICs) which bear the major burden of abortion-  
6 related morbidity and mortality. Our review aims to 1) describe abortion decision-making  
7 trajectories for women in LMICs and 2) investigate factors influencing the choice of abortion  
8 decision-making trajectories in LMICs.

9 **Methods and Analysis:** We will search and retrieve published and unpublished qualitative,  
10 quantitative and mixed methods, community and/or hospital-based studies conducted in LMICs  
11 from January 1<sup>st</sup>, 2000 up to February 16<sup>th</sup>, 2021. We will search Ovid Medline, Ovid EMBASE,  
12 Ovid PsychInfo, Ovid Global Health, Web of Science (including Social Science Citation Index),  
13 Scopus, IBSS, CINAHL via EBSCO, WHO Global Index Medicus, the Cochrane Library, WHO  
14 website, ProQuest, and Google Scholar. We will search reference lists of eligible studies and  
15 contact experts for additional data/ information, if required. We will extract all relevant data to  
16 answer our research questions and assess study quality using the appropriate appraisal tools.  
17 Depending on the extracted data, our analysis will use sequential or convergent synthesis  
18 methods proposed by Hong *et al.* For qualitative studies, we will synthesise evidence using  
19 thematic synthesis, meta-ethnography or "best-fit" framework synthesis and for quantitative  
20 findings, we will do descriptive synthesis and/or meta-analysis. We will do sensitivity analyses  
21 and assess confidence in our findings using GRADE-CERQual for qualitative findings and  
22 GRADE for quantitative findings.

23 **Ethics and Dissemination:** We did not require ethics approval for this systematic review. We  
24 will publish our findings in an open access peer-reviewed journal with global and maternal  
25 health readership. We will also present our findings at national and international scientific  
26 conferences.

## Strengths and limitations of this study

- The review is one of the first to synthesize evidence on abortion decision-making processes in LMICs including abortion decision trajectories and factors influencing their choices.
- The review includes multiple databases, grey literature with no language restrictions and covers articles published from 2000 onwards up to February 16<sup>th</sup> 2021 in order to capture the contemporary abortion decision-making process.
- The systematic review will be conducted following the PRISMA guidelines, this includes the use of at least two reviewers to independently search, screen and select, extract data, and assess quality of included studies.
- Due to the sensitivity and scarcity of studies on abortion in some LMICs, few or no studies may be available from certain countries or regions where abortion is highly restricted which may affect our results and data synthesis plan.

## INTRODUCTION

Globally, an estimated 48% (121 million) of all pregnancies each year from 2015-2019 were unintended and/or unwanted and 61% (73 million) of these ended in induced abortion [1, 2]. The proportion of unintended and/or unwanted pregnancies that end in induced abortion is similar between low-income countries (LICs) and high-income countries (HICs) (40% and 43% respectively) but higher in middle-income countries (MICs) (66)% [1]. Between 2010 and 2014, 45% of all abortions were estimated to be unsafe with 97% occurring in low- and middle-income countries (LMICs) [3]. The proportion of all abortions that are unsafe is about four times higher (49.5%) in LMICs compared to HICs (12.5%) [3]. The proportion of unsafe abortions is 0.9% in North America, 2.1% in Northern Europe, 37.8% in Asia, 75.6% in Africa, and 76.4% in Latin America [3]. Unsafe abortion and its complications are a major cause of avoidable maternal



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3 1 deaths and morbidity globally, accounting for 4.7-13.2% of all maternal deaths [4], USD 553  
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5 2 million in treatment costs in LMICs [5], and 18,100 years lived with disability (YLDs) [6]. Despite  
6  
7 3 accounting for only 29% of all unsafe abortions globally, 62% of all abortion-related deaths  
8  
9 4 occur in Africa [3].  
10

11  
12 5 While the differences in unsafe abortion rates and related morbidity and mortality differ markedly  
13  
14 6 according to a country's Gross Domestic Product (GDP), the overall induced abortion rates are  
15  
16 7 somewhat similar worldwide [1, 2]. Globally, the highest overall abortion rates are seen in MICs  
17  
18 8 and the lowest in HICs; the rates per 1,000 women aged 15-49 are 44 in MICs, 38 in LICs and  
19  
20 9 15 in HICs [1-3]. Generally, while restrictive abortion laws make most abortions unsafe [3], the  
21  
22 10 overall abortion rates are similar in countries with varying abortion laws [1, 2]. However, in  
23  
24 11 LMICs unsafe abortion rates are similar regardless of a country's abortion laws [7, 8]. The  
25  
26 12 majority of induced abortions are for unwanted pregnancies due to failure or non-use of  
27  
28 13 contraception, rape, defilement, or incest [2]. However, even planned pregnancies can become  
29  
30 14 unwanted due to changes in circumstances during pregnancy including health concerns if the  
31  
32 15 pregnancy is continued to term [2]. Other reasons for abortion include: financial concerns,  
33  
34 16 parenting readiness, need to space or limit childbirths, influence from significant others (such as  
35  
36 17 partners and family), lack of support for the pregnancy from partners or family members, career  
37  
38 18 and education goals, and stigmatised pregnancies such as teenage or out of wedlock  
39  
40 19 pregnancies [9-13].  
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45 20 Due to the sensitivity and the socioeconomic and power dynamics involved in abortion [14],  
46  
47 21 abortion decision-making trajectories are often complex, iterative, multiphasic, dynamic, context-  
48  
49 22 specific and may involve periods of intense negotiations between the woman and the significant  
50  
51 23 others [9-12, 15-19]. According to Coast *et al.*, abortion decision-making trajectories are "*the*  
52  
53 24 *processes and transitions occurring over time for a pregnancy that ends in abortion*" [16]. The  
54  
55 25 circumstances surrounding a woman's decision to seek an abortion can be time-specific and  
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2  
3 1 variable [18]. Women may “suffer in silence” due to uncertainty on who to talk to about the  
4  
5 2 decision to terminate a pregnancy and their reactions to such a decision [20]. The abortion  
6  
7 3 trajectories chosen may affect the safety of the abortion and access to post-abortion care [15,  
8  
9 4 20]. The particular trajectory taken is influenced by various legal, socioeconomic, demographic,  
10  
11 5 and cultural factors such as financial stability, relationship stability, influence of significant  
12  
13 6 others, risk perceptions, stigma, knowledge of abortion laws, and availability and access to  
14  
15 7 abortion services [9, 11, 12, 15–19]. Additionally, the increasing availability and use of  
16  
17 8 misoprostol to terminate pregnancy means that women can now access abortion services  
18  
19 9 outside formal health care systems [21] thus bypassing legal restrictions in settings where  
20  
21 10 abortion is illegal [22]

## 11 **Rationale for the systematic review**

12 With 97% of all unsafe abortions occurring in LMICs [3], it is important to synthesise evidence  
13  
14 13 on the abortion decision-making processes in these settings. The aim is to conduct a systematic  
15  
16 14 review to synthesize the evidence relating to abortion decision-making trajectories and their  
17  
18 15 determinants in LMICs. The review will help to visualise the complex decision-making  
19  
20 16 trajectories which in turn could bring to light the unrecognised factors that contribute to unsafe  
21  
22 17 abortion and pave way for further research and policy actions to address unsafe abortion in  
23  
24 18 LMIC settings.

## 19 **Review questions**

20 The questions address by this systematic review are:

- 21 1. What are the abortion decision-making trajectories for women seeking abortion in  
22 LMICs?
- 23 2. For women in LMICs, what factors influence the choice of these abortion trajectories?

# METHODOLOGY

## Development of review protocol and registration

We followed the guidelines set out in the preferred reporting items for systematic review and meta-analysis protocol (PRISMA-P) 2015 statement [23] to develop the protocol. We completed the PRISMA-P checklist ([supplementary file 1](#)). The review protocol has been registered with international prospective register of systematic reviews (PROSPERO) with systematic review registration number CRD42021224719.

## Searches

The search strategy will be developed with the assistance of an information librarian. The first author (PL) will search the following electronic bibliographic databases: Ovid Medline, Ovid EMBASE, Ovid PsychInfo, Ovid Global Health, Web of Science (including Social Science Citation Index), Scopus, IBSS, CINAHL via EBSCO, WHO Global Index Medicus, and the Cochrane Library. PL will also search grey literature sources including ProQuest, Google Scholar and the WHO website.

All references of all included articles will be checked for additional articles that may have been missed from earlier searches. In addition, we will also contact experts – with experience in the field of abortion in LMICs – for any additional articles. We will limit our search strategy to articles published from January 1<sup>st</sup>, 2000. Due to time constraints, the last search date for articles will be on February 16<sup>th</sup>, 2021. The year 2000 has been chosen because it marked the start of the Millennium Development Goals (MDGs) which included a global commitment to reduce by 75%, between 1990 and 2015, the maternal mortality ratio [24, 25]. Since then, many countries have liberalised abortion laws or decriminalised abortion [2].

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2  
3 1 There will be no language restrictions in order to maximise the relevant articles from LMICs. The  
4  
5 2 search strings will be composed of the following three key concepts and their synonyms:  
6  
7 3 “abortion,” “decision-making”, “developing countries” and will be written with Boolean terms. We  
8  
9 4 will modify the search strings depending on database requirements and use both key words in  
10  
11 5 English and medical subject headings (MeSH) in the search process. We will use the search  
12  
13 6 filters for LMICs from Cochrane (<https://epoc.cochrane.org/lmic-filters>). We will create email  
14  
15 7 alerts for any new relevant articles published and re-run the searches before the final analysis to  
16  
17 8 identify and retrieve any further eligible studies for inclusion. We will maintain records of all  
18  
19 9 searches for each database. A sample of the search strategy from Ovid Medline that was  
20  
21 10 generated by the Librarian and PL is attached ([supplementary file 2](#)).

## 11 **Eligibility Criteria**

### 12 *Inclusion and exclusion criteria for studies*

13 All eligible observational studies (cross-sectional, case-control, and cohort), surveys, technical  
14 reports, and intervention studies will be included in the systematic review. Although we will  
15 exclude trial registrations, systematic review protocols, systematic reviews, case series,  
16 conference abstracts, case reports, policy analyses, commentaries, conceptual frameworks,  
17 and editorials from the review, we will cross-check their reference lists to identify and retrieve, if  
18 any, further articles for inclusion. We will consider all relevant published and unpublished (grey  
19 literature) quantitative, qualitative, and mixed methods studies restricted to humans.

### 20 *Participants/Population*

21 For the studies to be included, the population studied must be women who had an induced  
22 abortion and/or other actors such as abortion care providers whether skilled or unskilled, formal  
23 or informal and women’s male partners who were directly involved in the abortion decision-

1 making process for that induced abortion. We shall exclude studies that focus only on women  
2 with spontaneous abortions or miscarriages, or reports or opinions of health care providers, and  
3 policy makers on abortion.

#### 4 *Intervention(s), exposure(s)*

5 There is no intervention for our review but our focus is to understand abortion decision-making  
6 processes in LMICs in women who undergo induced abortions. We will focus on abortion  
7 decision trajectories and factors influencing the choice of such trajectories.

#### 8 *Comparators*

9 While having a comparator is not essential for this review, studies such as observational studies  
10 having comparison groups will not be excluded on the basis of having control or comparator  
11 groups.

#### 12 *Outcomes*

13 The main outcomes of this review include abortion trajectories and factors influencing choices of  
14 abortion trajectories in LMICs.

#### 15 *Context or study settings*

16 We will consider only studies conducted in LMICs as defined by World Bank [26] irrespective of  
17 the legal status of and policy environment on abortion. We will include all relevant community  
18 and/or facility-based studies that used either primary or secondary data. We will exclude animal  
19 studies.

## 20 **Study screening and selection**

1 We will use Covidence software to screen and select eligible studies. The study screening and  
2 selection will take place in two stages with PL involved in screening all articles from the search  
3 strategy while second author (SF) will screen 40% of all included articles and IC and JMB (third  
4 and fourth authors) will screen 30% each. In the first stage, the reviewers will independently  
5 screen all titles and abstracts based on inclusion criteria. All four reviewers will regularly discuss  
6 results to verify the selection process and include all relevant articles for full text-review. In the  
7 second stage, the two groups of reviewers will independently read the full texts of all selected  
8 articles and include only those mentioning either of the key outcomes including trajectories of  
9 abortion decision-making or determinants of such trajectories. For the full-text screening, the  
10 authors will resolve any disagreements by consensus or by consulting the senior author (MN)  
11 and/or the coinvestigator group. We will chart the results of the screening and selection process  
12 on the PRISMA flow diagram.

### 13 **Data extraction**

14 We will use the Covidence systematic review software to extract data and assess study quality.  
15 We will extract the following information: study aim(s); study setting (including location(s) and  
16 year(s)); inclusion/exclusion criteria and participant characteristics; study methodology  
17 (including study design, sample size, data collection and analytical methods); results (including  
18 frequencies, effect sizes, themes, quotes, author interpretations or explanations); strengths and  
19 limitations; reviewer comments; and all information needed to assess the risk of bias. The  
20 extraction will be done by PL (all articles), with SF, IC and JMB being second assessors. Two  
21 authors will extract the data independently and resolve discrepancies through discussion,  
22 involving another reviewer (MN) when necessary. We will contact authors for any missing,  
23 uncertain, or incomplete information and if there is no response within 2 weeks, we may exclude  
24 those articles based on missing information. We will first pilot our data extraction process,

1 independently and in duplicate, on five articles and make further refinements as needed.

2 Depending upon the extracted data, we may generate single or separate data extraction

3 templates for qualitative and quantitative findings.

#### 4 **Risk of bias (quality) assessment**

5 Each article will be assessed by two reviewers, with PL reviewing all articles and SF, IC, and  
6 JMB being the second assessors. We anticipate that the majority of studies will be qualitative  
7 with few or no observational studies and experimental studies. We will use the most appropriate  
8 quality assessment tools for the studies included [27]. The assessment will therefore be based  
9 on the articles included and will involve at least two reviewers assessing each article  
10 independently.

11 We will use the revised 2019 version of the Cochrane risk of bias tool (RoB 2) [28] to assess  
12 randomised controlled trials (RCTs) if we find any. To assess the quality of non-randomised  
13 controlled trials (non-RCTs), we will use the Risk Of Bias In Non-randomised Studies – of  
14 Interventions (ROBINS-I) [29]. We will rate the overall quality assessment as low, moderate,  
15 serious, critical or no information provided [29].

16 For cohort and case-control studies, we will use the Newcastle-Ottawa Scale (NOS) [30, 31].  
17 This tool is best for cohort and case control studies as it allows user modification [27]. For  
18 analytical or descriptive cross-sectional studies, we will use the Joanna Briggs Institute (JBI)  
19 assessment tool [32, 33].

20 For qualitative studies, we will use the critical appraisal skills programme (CASP) appraisal  
21 checklist for qualitative studies and assign each paper an overall quality ranking of “low,”  
22 “medium,” or “high” [34].

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3 1 Each reviewer will independently assess and rate each included study using the relevant quality  
4  
5 2 assessment tool. We will discuss the quality assessment and risk of bias assessment findings  
6  
7 3 and resolve any disagreements by consensus or by involving the senior author (MN) if  
8  
9 4 necessary. For “poor” quality qualitative studies, we will contact the authors for more  
10  
11 5 information, a standard practice for assessing quality of qualitative studies [35]. We will not  
12  
13 6 exclude any studies based on quality assessment [36]. We will present results of quality  
14  
15 7 assessment in tabular form with comments or explanations.  
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## 19 8 **Strategy for data synthesis**

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22 9 While no widely accepted approach is available for synthesising a mixed methods systematic  
23  
24 10 review, and any approach chosen depends upon the type of studies (qualitative, quantitative or  
25  
26 11 mixed methods) and the purpose of the research [37], we will analyse the data on the basis of  
27  
28 12 the findings from our search. We anticipate that there will be mainly qualitative studies and the  
29  
30 13 quantitative studies available may not be sufficient for meta-analysis or the findings are likely to  
31  
32 14 be heterogeneous. If this is the case, we will provide a narrative summary of the quantitative  
33  
34 15 findings. However, if there are sufficient quantitative studies, we will follow one of the two  
35  
36 16 approaches in the synthesis as suggested by Hong *et al.* [38]: (1) sequential synthesis design  
37  
38 17 involving two phases: in phase one, we will first identify the main themes or components of the  
39  
40 18 research questions using qualitative synthesis. In phase two, we will analyse quantitative  
41  
42 19 studies to quantify the effect of each component or theme; or (2) convergent synthesis design –  
43  
44 20 we will analyse qualitative and quantitative studies separately and integrate the findings at the  
45  
46 21 results or discussion stage. We will use the results to develop an abortion decision-making  
47  
48 22 model for women in LMICs from our analysis.  
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53 23 For qualitative analysis, we will upload extracted information into NVivo software to support the  
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55 24 qualitative analysis. We will follow the thematic analysis approach developed by Thomas &  
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1 Harden in 2008 to synthesise the qualitative data [39]. The analytic approach has three stages  
2 namely; (i) developing coding schemes, (ii) developing descriptive themes from the coding  
3 schemes, and (iii) generating analytic themes from the descriptive themes [39]. However,  
4 depending on the extracted data, we may follow other approaches such as meta-ethnography  
5 [40, 41], or “best fit” framework synthesis [42, 43] using the trajectories of women’s abortion-  
6 related care conceptual framework developed by Coast *et al.* [16] as a template. We will add  
7 other domains and sub-domains or modify existing ones, depending on the data we extract.

8 For the quantitative synthesis, we will extract the quantitative data into an excel sheet and then  
9 export these to the statistical software package Stata. For categorical variables, we will analyse  
10 pooled estimates using a random effects model. For continuous variables, we will calculate a  
11 pooled difference of means with 95% confidence intervals using a DerSimonian Laird random  
12 effects model. If the mean and standard deviation (SD) are not reported or are unavailable from  
13 the study authors, we will estimate them from sample size, median, range and/or interquartile  
14 range using the methods described by Wan *et al.* [44]. If we identify sufficient studies, we will  
15 conduct subgroup analysis by countries’ abortion laws, World Bank economic group, and  
16 geographical regions. We will also conduct a sensitivity analysis excluding studies with low  
17 quality. We will assess heterogeneity using the  $I^2$  test and publication bias using forest plots. We  
18 will only assess for publication bias if there are at least 10 studies included in the meta-analysis  
19 [45].

20 Following recommendations from the Cochrane Qualitative and Implementation Methods Group  
21 [46], we will report external validity of key qualitative synthesis using the Grades of  
22 Recommendation, Assessment, and Evaluation – Confidence in Evidence from Reviews of  
23 Qualitative Research (GRADE-CERQUal) [47]. We will use the GRADE guidelines to assess the  
24 quality of any quantitative findings [48].

## 1 Patient and public involvement

2 The data from the systematic review includes previously published data and will therefore not  
3 involve any patients or the public.

## 4 Ethics and dissemination

5 We did not require ethics approval for this systematic review. We will publish our findings in an  
6 open access peer-reviewed journal with a global health and maternal health readership. We will  
7 also present our findings at national and international scientific conferences.

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## 12 Authors' contributions

13 PL, MN, JK, and CN conceived the idea, planned and designed the study protocol. PL wrote the  
14 first draft; SF, IC, JMB, MN, JK, and CN all edited the draft and provided critical insights. All  
15 authors have approved and contributed to the final submitted manuscript.

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2 of the paper. PL had full access to all the information for the paper and had the final  
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## 4 **Competing interests' statement**

5 The authors declare no conflict of interest.

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**PRISMA-P (Preferred Reporting Items for Systematic review and Meta-Analysis Protocols) 2015 checklist: recommended items to address in a systematic review protocol\***

Section and topic	Item No	Checklist item	Self-Evaluation
<b>ADMINISTRATIVE INFORMATION</b>			
Title:			
Identification	1a	Identify the report as a protocol of a systematic review	<b>YES, identified (title page)</b>
Update	1b	If the protocol is for an update of a previous systematic review, identify as such	<b>Not applicable</b>
Registration	2	If registered, provide the name of the registry (such as PROSPERO) and registration number	<b>CRD42021224719 (title page, page 5)</b>
Authors:			
Contact	3a	Provide name, institutional affiliation, e-mail address of all protocol authors; provide physical mailing address of corresponding author	<b>YES, it is provided (Title page)</b>
Contributions	3b	Describe contributions of protocol authors and identify the guarantor of the review	<b>YES, this is provided (page 12)</b>
Amendments	4	If the protocol represents an amendment of a previously completed or published protocol, identify as such and list changes; otherwise, state plan for documenting important protocol amendments	<b>Not applicable</b>
Support:			
Sources	5a	Indicate sources of financial or other support for the review	<b>Yes (page 12)</b>
Sponsor	5b	Provide name for the review funder and/or sponsor	<b>Yes (page 12-13)</b>
Role of sponsor or funder	5c	Describe roles of funder(s), sponsor(s), and/or institution(s), if any, in developing the protocol	<b>Yes (page 12-13)</b>
<b>INTRODUCTION</b>			
Rationale	6	Describe the rationale for the review in the context of what is already known	<b>Yes (page 4)</b>
Objectives	7	Provide an explicit statement of the question(s) the review will address with reference to participants, interventions, comparators, and outcomes (PICO)	<b>Yes (page 4)</b>
<b>METHODS</b>			
Eligibility criteria	8	Specify the study characteristics (such as PICO, study design, setting, time frame) and report characteristics (such as years considered, language, publication status) to be used as criteria for eligibility for the review	<b>Yes (page 6-7)</b>
Information sources	9	Describe all intended information sources (such as electronic databases, contact with study authors, trial registers or other grey literature sources) with planned dates of coverage	<b>Yes (page 5)</b>
Search strategy	10	Present draft of search strategy to be used for at least one electronic database, including planned limits, such that it could be repeated	<b>Yes (supplementary file 2)</b>

Study records:			
Data management	11a	Describe the mechanism(s) that will be used to manage records and data throughout the review	Yes (pages 7-8)
Selection process	11b	State the process that will be used for selecting studies (such as two independent reviewers) through each phase of the review (that is, screening, eligibility and inclusion in meta-analysis)	Yes (pages 7-10)
Data collection process	11c	Describe planned method of extracting data from reports (such as piloting forms, done independently, in duplicate), any processes for obtaining and confirming data from investigators	Yes (pages 7-9)
Data items	12	List and define all variables for which data will be sought (such as PICO items, funding sources), any pre-planned data assumptions and simplifications	Yes (pages 8-9)
Outcomes and prioritization	13	List and define all outcomes for which data will be sought, including prioritization of main and additional outcomes, with rationale	Yes (pages 8-9)
Risk of bias in individual studies	14	Describe anticipated methods for assessing risk of bias of individual studies, including whether this will be done at the outcome or study level, or both; state how this information will be used in data synthesis	Yes (pages 9-10)
Data synthesis	15a	Describe criteria under which study data will be quantitatively synthesised	Yes (page 11)
	15b	If data are appropriate for quantitative synthesis, describe planned summary measures, methods of handling data and methods of combining data from studies, including any planned exploration of consistency (such as $I^2$ , Kendall's $\tau$ )	Yes (page 11)
	15c	Describe any proposed additional analyses (such as sensitivity or subgroup analyses, meta-regression)	Yes (page 11)
	15d	If quantitative synthesis is not appropriate, describe the type of summary planned	Yes (page 10)
Meta-bias(es)	16	Specify any planned assessment of meta-bias(es) (such as publication bias across studies, selective reporting within studies)	Yes (page 11)
Confidence in cumulative evidence	17	Describe how the strength of the body of evidence will be assessed (such as GRADE)	Yes (page 11)

**\* It is strongly recommended that this checklist be read in conjunction with the PRISMA-P Explanation and Elaboration (cite when available) for important clarification on the items. Amendments to a review protocol should be tracked and dated. The copyright for PRISMA-P (including checklist) is held by the PRISMA-P Group and is distributed under a Creative Commons Attribution Licence 4.0.**

*From: Shamseer L, Moher D, Clarke M, Ghersi D, Liberati A, Petticrew M, Shekelle P, Stewart L, PRISMA-P Group. Preferred reporting items for systematic review and meta-analysis protocols (PRISMA-P) 2015: elaboration and explanation. BMJ. 2015 Jan 2;349(jan02 1):g7647.*



Abortion decision-making trajectories and determinants in low- and middle-income countries: a protocol for mixed methods systematic review and meta-analysis

Preliminary sample search for Ovid Medline: Search date 28/12/2020

#	Search	Results
1	(afghanistan or albania or algeria or american samoa or angola or "antigua and barbuda" or antigua or barbuda or argentina or armenia or armenian or aruba or azerbaijan or bahrain or bangladesh or barbados or republic of belarus or belarus or byelarus or belorussia or byelorussian or belize or british honduras or benin or dahomey or bhutan or bolivia or "bosnia and herzegovina" or bosnia or herzegovina or botswana or bechuanaland or brazil or brasil or bulgaria or burkina faso or burkina fasso or upper volta or burundi or urundi or cabo verde or cape verde or cambodia or kampuchea or khmer republic or cameroon or cameron or cameroun or central african republic or ubangi shari or chad or chile or china or colombia or comoros or comoro islands or iles comores or mayotte or democratic republic of the congo or democratic republic congo or congo or zaire or costa rica or "cote d'ivoire" or "cote d'ivoire" or cote divoire or cote d ivoire or ivory coast or croatia or cuba or cyprus or czech republic or czechoslovakia or djibouti or french somaliland or dominica or dominican republic or ecuador or egypt or united arab republic or el salvador or equatorial guinea or spanish guinea or eritrea or estonia or eswatini or swaziland or ethiopia or fiji or gabon or gabonese republic or gambia or "georgia (republic)" or georgian or ghana or gold coast or gibraltar or greece or grenada or guam or guatemala or guinea or guinea bissau or guyana or british guiana or haiti or hispaniola or honduras or hungary or india or indonesia or timor or iran or iraq or isle of man or jamaica or jordan or kazakhstan or kazakh or kenya or "democratic people's republic of korea" or republic of korea or north korea or south korea or korea or kosovo or kyrgyzstan or kirghizia or kirgizstan or kyrgyz republic or kirghiz or laos or lao pdr or "lao people's democratic republic" or latvia or lebanon or lebanese republic or lesotho or basutoland or liberia or libya or libyan arab jamahiriya or lithuania or macau or macao or republic of north macedonia or macedonia or madagascar or malagasy republic or malawi or nyalaland or malaysia or malay federation or malaya federation or maldives or indian ocean islands or indian ocean or mali or malta or micronesia or federated states of micronesia or kiribati or marshall islands or nauru or northern mariana islands or palau or tuvalu or mauritania or mauritius or mexico or moldova or moldovian or mongolia or montenegro or morocco or ifni or mozambique or portuguese east africa or myanmar or burma or namibia or nepal or netherlands antilles or nicaragua or niger or nigeria or oman or muscat or pakistan or panama or papua new guinea or new guinea or paraguay or peru or philippines or philippines or philippines or phillippines or poland or "polish people's republic" or portugal or portuguese republic or puerto rico or romania or russia or russian federation or ussr or soviet union or union of soviet socialist republics or rwanda or ruanda or samoa or pacific islands or polynesia or samoan islands or navigator island or navigator islands or "sao tome and principe" or saudi arabia or senegal or serbia or seychelles or sierra leone or slovakia or slovak republic or slovenia or melanesia or solomon island or solomon islands or norfolk island or norfolk islands or somalia or south africa or south sudan or sri lanka or ceylon or "saint kitts and nevis" or "st. kitts and nevis" or saint lucia or "st. lucia" or "saint vincent and the grenadines" or	1981780

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For peer review only