# nature portfolio

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# **Reporting Summary**

Nature Portfolio wishes to improve the reproducibility of the work that we publish. This form provides structure for consistency and transparency in reporting. For further information on Nature Portfolio policies, see our Editorial Policies and the Editorial Policy Checklist.

Please do not complete any field with "not applicable" or n/a. Refer to the help text for what text to use if an item is not relevant to your study. For final submission: please carefully check your responses for accuracy; you will not be able to make changes later.

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FOI	all statistical analyses, confirm that the following items are present in the figure regend, table regend, main text, or interhous section.
n/a	Confirmed
	The exact sample size (n) for each experimental group/condition, given as a discrete number and unit of measurement
	A statement on whether measurements were taken from distinct samples or whether the same sample was measured repeatedly
$\times$	The statistical test(s) used AND whether they are one- or two-sided  Only common tests should be described solely by name; describe more complex techniques in the Methods section.
$\times$	A description of all covariates tested
	A description of any assumptions or corrections, such as tests of normality and adjustment for multiple comparisons
	A full description of the statistical parameters including central tendency (e.g. means) or other basic estimates (e.g. regression coefficient) AND variation (e.g. standard deviation) or associated estimates of uncertainty (e.g. confidence intervals)
$\boxtimes$	For null hypothesis testing, the test statistic (e.g. <i>F</i> , <i>t</i> , <i>r</i> ) with confidence intervals, effect sizes, degrees of freedom and <i>P</i> value noted <i>Give P values as exact values whenever suitable.</i>
$\times$	For Bayesian analysis, information on the choice of priors and Markov chain Monte Carlo settings
$\times$	For hierarchical and complex designs, identification of the appropriate level for tests and full reporting of outcomes
$\times$	Estimates of effect sizes (e.g. Cohen's <i>d</i> , Pearson's <i>r</i> ), indicating how they were calculated
	Our web collection on <u>statistics for biologists</u> contains articles on many of the points above.

### Software and code

Policy information about availability of computer code

Data collection

- NMR data were collected using Bruker TopSpin software (v3.5pl5)
- Circular dichroism data were collected using Chirascan software (Applied Photophysics, v.4.7.0.194) and secondary structure determination was undertaken using BestSel, available at: https://bestsel.elte.hu/
- Western blot chemiluminescence was collected using ImageStudio (v.4.0)

Data analysis

- Image J (v 1.52K) and Fityx (v 1.3.1) were used for densitometric analysis of autoradiography films and western blots. As needed, Adobe Photoshop CC (v 19) was used to adjust the contrast across (entire) images of scanned autoradiography films. -MatLab (vR2019b or R2017a) was used for mathematical modeling and fitting of protein biosynthesis, folding and PEGylation kinetics.

-NMR data processing and analysis was undertaken using NMRPipe and CCPN Analysis 2.4.2

For manuscripts utilizing custom algorithms or software that are central to the research but not yet described in published literature, software must be made available to editors and reviewers. We strongly encourage code deposition in a community repository (e.g. GitHub). See the Nature Portfolio guidelines for submitting code & software for further information.

#### Data

Policy information about availability of data

All manuscripts must include a data availability statement. This statement should provide the following information, where applicable:

- Accession codes, unique identifiers, or web links for publicly available datasets
- A description of any restrictions on data availability
- For clinical datasets or third party data, please ensure that the statement adheres to our policy

The authors declare that all data supporting the findings of this study are available within the article and its Supplementary Information Files.

Field-specific reporting					
Please select the or	ne below t	that is the best fit for your research. If you are not sure, read the appropriate sections before making your selection.			
Life sciences	[	Behavioural & social sciences Ecological, evolutionary & environmental sciences			
Life scier	nces	study design			
All studies must dis	sclose on t	these points even when the disclosure is negative.			
Sample size	No sample	le size was predetermined. Sample sizes were chosen according those generally accepted in the co-translational protein folding field.			
Data exclusions No data were excluded from analyse		were excluded from analyses.			
Replication Each experiment was reproduced at generated similar results.		eriment was reproduced at least 3 times (often more). The results were replicated consistently across multiple experiments and d similar results.			
Randomization Randomization was not applicable for the performed using well-controlled condition		zation was not applicable for the experiments in this study. These were in vitro experiments designed to be systematic and ed using well-controlled conditions.			
Blinding was not applicable for the e		was not applicable for the experiments undertaken in this study.			
· · · · · · · · · · · · · · · · · · ·		specific materials, systems and methods	_		
•		ithors about some types of materials, experimental systems and methods used in many studies. Here, indicate whether each materia ant to your study. If you are not sure if a list item applies to your research, read the appropriate section before selecting a response.	١,		
Materials & exp	perimen	ntal systems Methods			
		n/a Involved in the study			
		ChIP-seq			
Eukaryotic cell lines    Flow cytometry   Palaeontology and archaeology   MRI-based neuroimaging					
Animals and other organisms					
Human research participants					
∑ Clinical data					
☐ ☐ Dual use re	esearch of c	concern			
Antibodies					
Antibodies used	P	Penta-His HRP (Qiagen, catalogue number 34460), Anti-antitrypsin mouse monoclonal antibody 1C2 (Sigma, catalogue number			

Validation

Validation for antibodies used as supplied by the manufacturer's specifications provided in the product information: Penta-His HRP: Detection of N-, C- and internal 6xHis tags; Antibody isotype (Mouse 1gG1); Negligible cross-reactivity with crude E.coli, yeast, mammalian or insect cell lysates

1C2: https://www.sigmaaldrich.com/deepweb/assets/sigmaaldrich/product/documents/319/013/sab4200198 dat.pdf

## Dual use research of concern

Policy information about <u>dual use research of concern</u>

#### Hazards

Could the accidental, deliberate or reckless misuse of agents or technologies generated in the work, or the application of information presented in the manuscript, pose a threat to:

No	Yes	
$\times$	Public health	
$\times$	National security	
$\times$	Crops and/or livestock	Public health
$\times$	Ecosystems	
$\times$	Any other significant area	
Expe	riments of concern	
Doe	s the work involve any of these experiments of concern:	
No	Yes	
$\times$	Demonstrate how to render a vaccine ineffective	
$\times$	Confer resistance to therapeutically useful antibiotics or antiviral	agents

Enhance the virulence of a pathogen or render a nonpathogen virulent

Increase transmissibility of a pathogenAlter the host range of a pathogen