



The Quality of Patients' Self-Blood Pressure Measurements.

1. **Gender** Female/ Male/ Prefer not to disclose
2. **Age**..... years
3. **Education:**
 - elementary school secondary school high education
4. **Place of living:**
 - Village or town of less than 50,000 inhabitant
 - City of more than 50,000 inhabitants
5. **Time of hypertension diagnosis (years)**
6. **Family history of hypertension YES/NO**
 - parent both parents siblings children
7. **Recommended hypertension medications are taken:**
 - at all regularly irregularly
8. **Chronic comorbidities:**
 - diabetes orthostatic hypotension
 - arrhythmia (eg. Atrial fibrillation) renal insufficiency
 - other comorbidities– what kind?
9. **Sources of information** (more than one answer possible)
 - primary care doctor patient is a medical staff
 - cardiologist internet
 - other specialist sphygmomanometer user manual
 - nurse family/friends with hypertension
 - pharmacist family/friends without hypertension no source
10. **How were the instruction given on how to measure the blood pressure?** (more than one answer possible)
 - oral written live demonstration no instruction