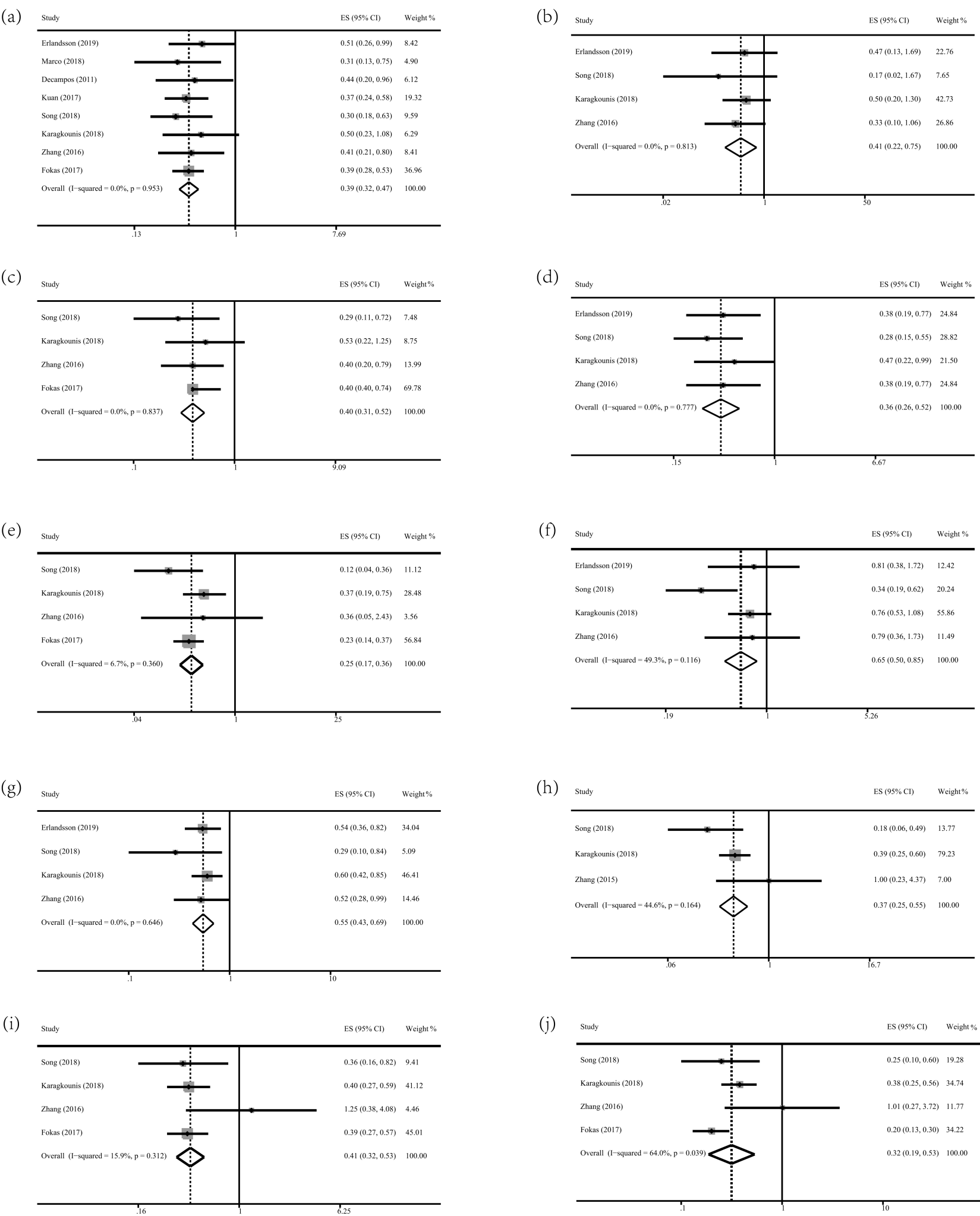
(a)
Study
ES (95% CI)
Weight %
Erlandsson (2019) 0.51 (0.26, 0.99) 8.42
Marco (2018) 0.31 (0.13, 0.75) 4.90
Decampos (2011) 0.44 (0.20, 0.96) 6.12
Kuan (2017) 0.37 (0.24, 0.58) 19.32
Song (2018) 0.30 (0.18, 0.63) 9.59
Karagkounis (2018) 0.50 (0.23, 1.08) 6.29
Zhang (2016) 0.41 (0.21, 0.80) 8.41
Fokas (2017) 0.39 (0.28, 0.53) 36.96
Overall (I−squared = 0.0%, p = 0.953) 0.39 (0.32, 0.47) 100.00
.13
1
7.69
(b)
Study
ES (95% CI)
Weight %
Erlandsson (2019) 0.47 (0.13, 1.69) 22.76
Song (2018) 0.17 (0.02, 1.67) 7.65
Karagkounis (2018) 0.50 (0.20, 1.30) 42.73
Zhang (2016) 0.33 (0.10, 1.06) 26.86
Overall (I−squared = 0.0%, p = 0.813) 0.41 (0.22, 0.75) 100.00
.02
1
50
(c)
Study
ES (95% CI)
Weight %
Song (2018) 0.29 (0.11, 0.72) 7.48
Karagkounis (2018) 0.53 (0.22, 1.25) 8.75
Zhang (2016) 0.40 (0.20, 0.79) 13.99
Fokas (2017) 0.40 (0.40, 0.74) 69.78
Overall (I−squared = 0.0%, p = 0.837) 0.40 (0.31, 0.52) 100.00
.1
1
9.09
(d)
Study
ES (95% CI)
Weight %
Erlandsson (2019) 0.38 (0.19, 0.77) 24.84
Song (2018) 0.28 (0.15, 0.55) 28.82
Karagkounis (2018) 0.47 (0.22, 0.99) 21.50
Zhang (2016) 0.38 (0.19, 0.77) 24.84
Overall (I−squared = 0.0%, p = 0.777) 0.36 (0.26, 0.52) 100.00
.15
1
6.67
(e)
Study
ES (95% CI)
Weight %
Song (2018) 0.12 (0.04, 0.36) 11.12
Karagkounis (2018) 0.37 (0.19, 0.75) 28.48
Zhang (2016) 0.36 (0.05, 2.43) 3.56
Fokas (2017) 0.23 (0.14, 0.37) 56.84
Overall (I−squared = 6.7%, p = 0.360) 0.25 (0.17, 0.36) 100.00
.04
1
25
(f)
Study
ES (95% CI)
Weight %
Erlandsson (2019) 0.81 (0.38, 1.72) 12.42
Song (2018) 0.34 (0.19, 0.62) 20.24
Karagkounis (2018) 0.76 (0.53, 1.08) 55.86
Zhang (2016) 0.79 (0.36, 1.73) 11.49
Overall (I−squared = 49.3%, p = 0.116) 0.65 (0.50, 0.85) 100.00
.19
1
5.26
(g)
Study
ES (95% CI)
Weight %
Erlandsson (2019) 0.54 (0.36, 0.82) 34.04
Song (2018) 0.29 (0.10, 0.84) 5.09
Karagkounis (2018) 0.60 (0.42, 0.85) 46.41
Zhang (2016) 0.52 (0.28, 0.99) 14.46
Overall (I−squared = 0.0%, p = 0.646) 0.55 (0.43, 0.69) 100.00
.1
1
10
(h)
Study
ES (95% CI)
Weight %
Song (2018) 0.18 (0.06, 0.49) 13.77
Karagkounis (2018) 0.39 (0.25, 0.60) 79.23
Zhang (2015) 1.00 (0.23, 4.37) 7.00
Overall (I−squared = 44.6%, p = 0.164) 0.37 (0.25, 0.55) 100.00
.06
1
16.7
(i)
Study
ES (95% CI)
Weight %
Song (2018) 0.36 (0.16, 0.82) 9.41
Karagkounis (2018) 0.40 (0.27, 0.59) 41.12
Zhang (2016) 1.25 (0.38, 4.08) 4.46
Fokas (2017) 0.39 (0.27, 0.57) 45.01
Overall (I−squared = 15.9%, p = 0.312) 0.41 (0.32, 0.53) 100.00
.16
1
6.25
(j)
Study
ES (95% CI)
Weight %
Song (2018) 0.25 (0.10, 0.60) 19.28
Karagkounis (2018) 0.38 (0.25, 0.56) 34.74
Zhang (2016) 1.01 (0.27, 3.72) 11.77
Fokas (2017) 0.20 (0.13, 0.30) 34.22
Overall (I−squared = 64.0%, p = 0.039) 0.32 (0.19, 0.53) 100.00
.1
1
10