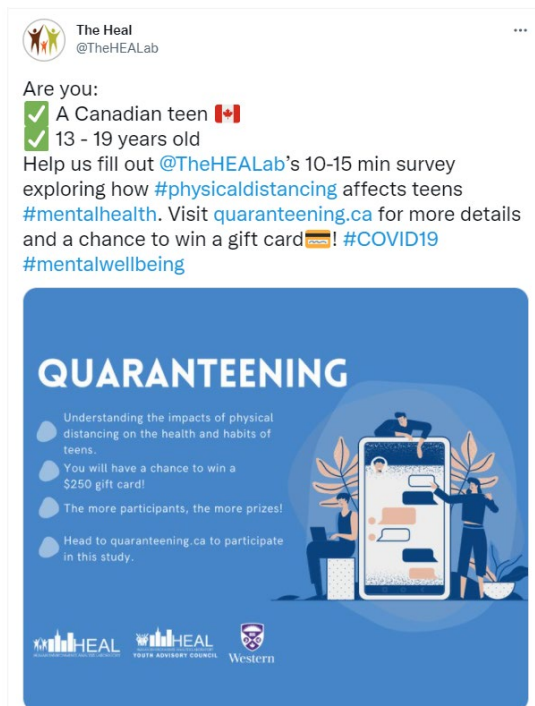


## Appendix 1

### List of organizations that we reached out to for recruitment:

- YMCA of South Western Ontario
- Boys and Girls Club of London
- London District Catholic School Board
- Thames Valley District School Board
- Conseil scolaire Viamonde
- Conseil scolaire catholique Providence
- HEAL Youth Advisory Council
- City of London
- Child & Youth Network
- Middlesex County
- Greens Community Canada
- South West Public Health
- Middlesex London Health Unit
- BC Healthy Communities
- Centre for Active Living

### Examples of Twitter posts for recruitment



**Examples of Instagram posts for recruitment**

