## Appendix 1

## <u>List of organizations that we reached out to for recruitment:</u>

- YMCA of South Western Ontario
- Boys and Girls Club of London
- London District Catholic School Board
- Thames Valley District School Board
- Conseil scolaire Viamonde
- Conseil scolaire catholique Providence
- HEAL Youth Advisory Council
- City of London
- Child & Youth Network
- Middlesex County
- Greens Community Canada
- South West Public Health
- Middlesex London Health Unit
- BC Healthy Communities
- Centre for Active Living

## **Examples of Twitter posts for recruitment**





Connaissez-vous des #adolescents canadiens âgés de 13 à 19 ans? Aidez-nous à partager l'étude de @TheHEALab sur l'impact de #COVID19 et de l'éloignement physique sur la santé et le #bien-être des adolescents. Visitez quaranteening.ca pour en savoir plus!

Translate Tweet



## **Examples of Instagram posts for recruitment**



