

## SUPPLEMENTARY INFORMATION

Seasonal mixed layer depth shapes phytoplankton physiology, viral production, and accumulation in the North Atlantic

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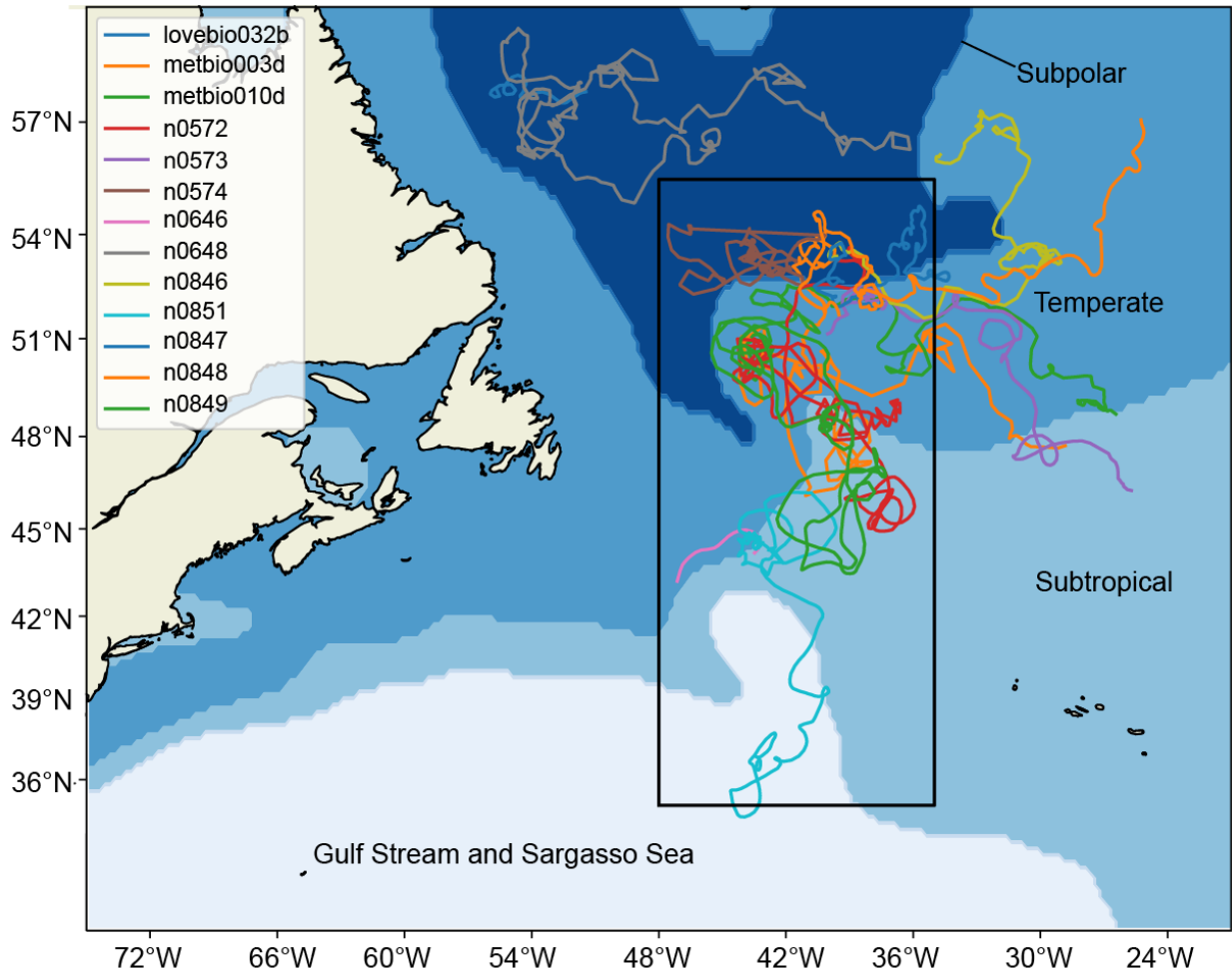
Supplementary Table 1-2  
Supplementary Figures 1-14  
Supplementary References

Supplementary Table 1. Summary of biomarkers used in this study and their associated organismal sources. “X” and blue filling denotes organisms that were included in our analysis methods; “-” denotes organisms that were likely excluded due to their size range (Caspase, metacaspase, SYBR Gold) or lack of chlorophyll autofluorescence (ROS, Comp. membranes); Reference numbers provided used a similar or the exact same method as our study in each of the four types of organisms presented. “NA” denotes that no reference was found with that biomarker and organism group. \*- inner diameter of tubing used to remove water from Niskin bottles

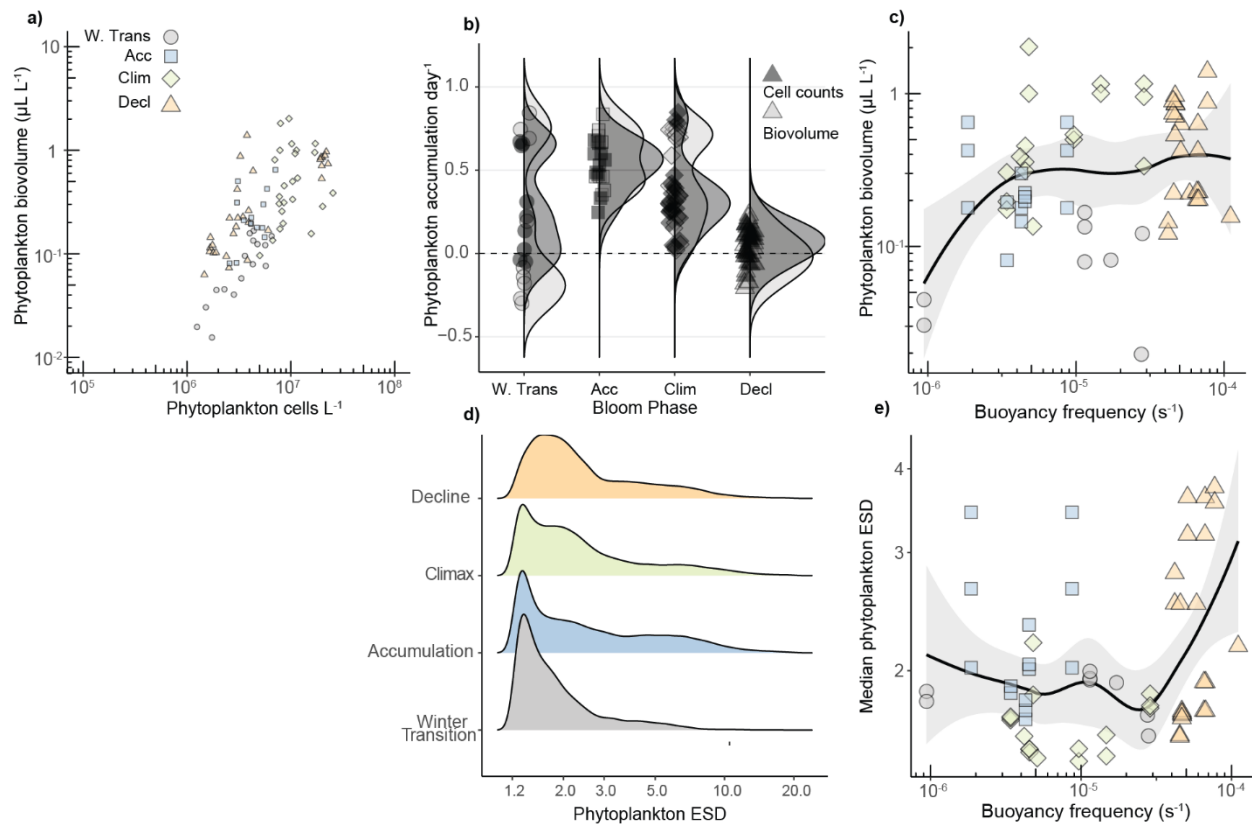
| Reagent                 | Abbreviation             | Biomarker  | Size range sampled | Eukaryotic phytoplankton | Prokaryotic phytoplankton | Eukaryotic heterotrophs | Prokaryotic heterotrophs |
|-------------------------|--------------------------|--|--------------------|--------------------------|---------------------------|-------------------------|--------------------------|
| CM-H <sub>2</sub> DCFDA | ROS                      | Intracellular reactive oxygen species                    | 1-20 µm            | X <sup>1-3</sup>         | _ <sup>4</sup>            | _ <sup>5</sup>          | _ <sup>6</sup>           |
| SYTOX Green             | Comp. Membrane           | Compromised cells membranes/ dead cells                  | 1-20 µm            | X <sup>1,2,7,8</sup>     | _ <sup>9</sup>            | _ <sup>10</sup>         | _ <sup>11</sup>          |
|                         | TAG                      | Tri-acylglycerol, Storage lipid                          | 0.2 µm < 9.5 mm*   | X <sup>12</sup>          | X <sup>NA*</sup>          | X <sup>13</sup>         | X                        |
|                         | Ox PC/ PC                | Oxidized membrane lipids                                 | 0.2 µm < 9.5 mm*   | X <sup>14</sup>          | X <sup>NA</sup>           | X <sup>15</sup>         | X <sup>NA</sup>          |
| IETD-AFC                | Caspase activity         | Cysteine-dependent, aspartate-specific protease activity | 1.2 µm < 9.5 mm*   | X <sup>16</sup>          | _ <sup>16</sup>           | X <sup>NA</sup>         | _ <sup>17</sup>          |
| VRPR-AMC                | Metacaspase activity     | Cysteine-dependent protease activity                     | 1.2 µm < 9.5 mm*   | X <sup>16</sup>          | _ <sup>16</sup>           | X <sup>NA</sup>         | _ <sup>18</sup>          |
| SYBR Gold               | Virus L <sup>-1</sup>    | dsDNA, dsRNA viruses                                     | 0.05-0.2 µm        | _ <sup>19</sup>          | _ <sup>19</sup>           | _ <sup>20</sup>         | _ <sup>19</sup>          |
| SYBR Gold               | Bacteria L <sup>-1</sup> | Bacteria   | 0.2-0.5 µm         | _ <sup>19</sup>          | X <sup>21</sup>           | _ <sup>20</sup>         | X <sup>21</sup>          |
| Alcian Blue             | TEP L <sup>-1</sup>      | Transparent exopolymer particles                         | >0.45 µm           | X <sup>22-26</sup>       | X <sup>26</sup>           | X <sup>NA</sup>         | X <sup>27</sup>          |
|                         | DOC                      | Dissolved Organic Carbon                                 | >0.7 µm            |                          | -                         |                         | -                        |

Supplementary Table 2. Spline types used to construct General Additive Modeling of Stratification. Spline types were optimized via AIC criterion (see Methods). TP = thin plate spline; CS = cubic spline; CC= cyclic cubic spline.

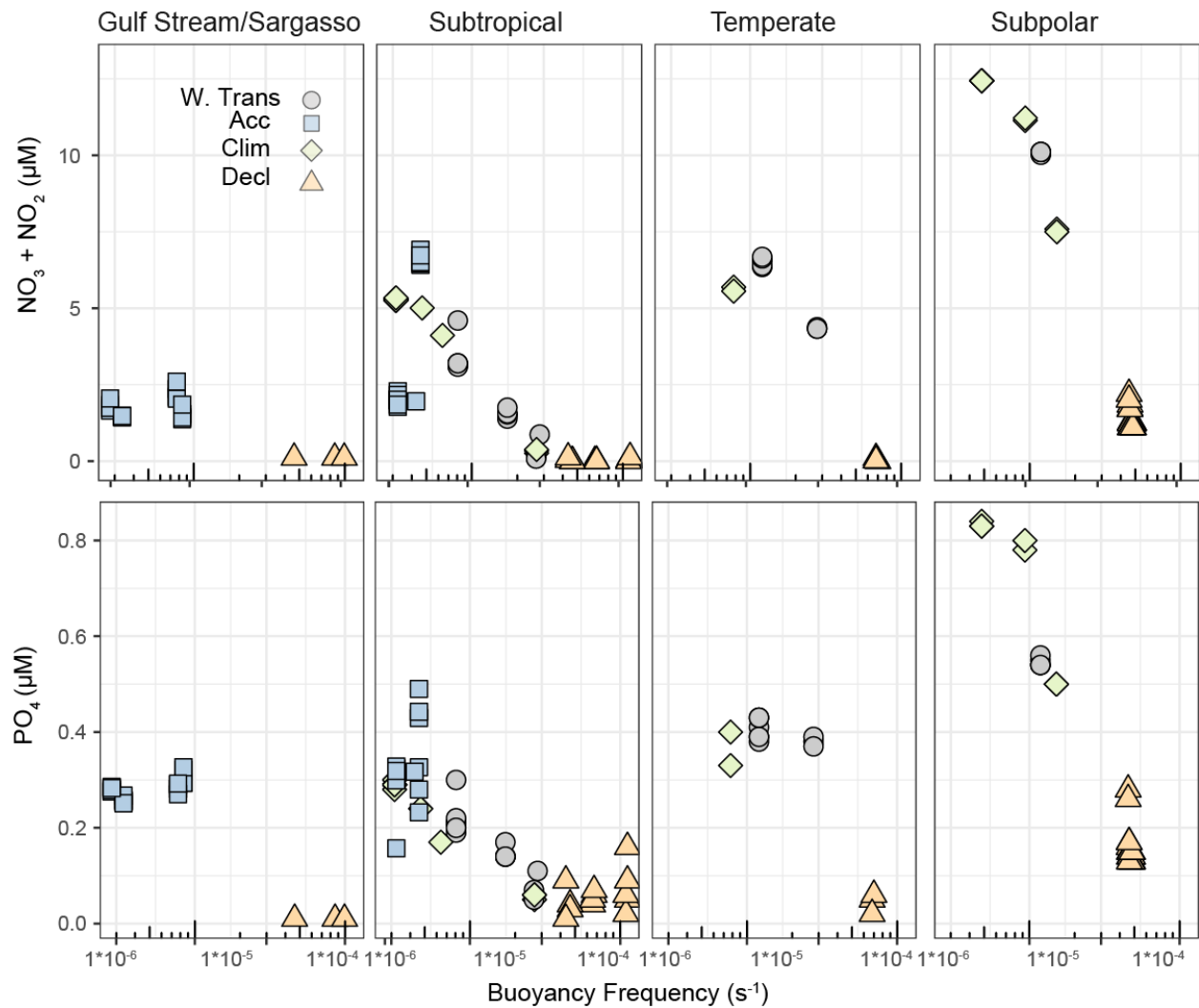
|                                     | Generalized Additive Modeling, spline type |     |      |     |
|-------------------------------------|--|-----|------|-----|
|                                     | W.Tran.                                    | Acc | Clim | Dec |
| Phytoplankton cells L <sup>-1</sup> | TP   | TP  | TP   | CS  |
| Bacteria L <sup>-1</sup>            | CC   | CS  | TP   | TP  |
| Virus L <sup>-1</sup>               | TP   | CC  | TP   | TP  |
| DOC (μM)                            | TP   | TP  | CS   | CS  |



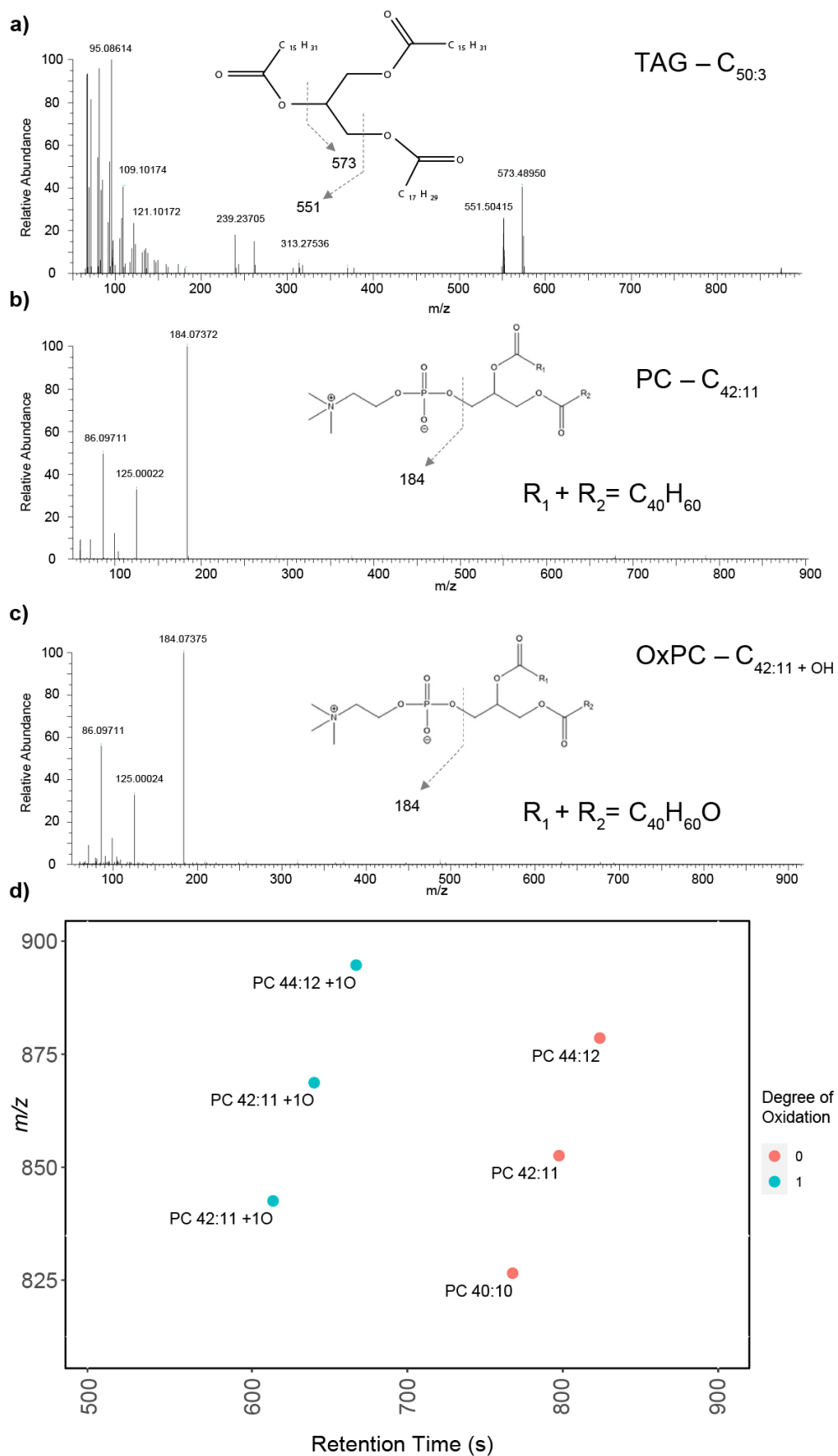
Supplementary Figure 1. Tracks of profiling floats used in the study. Different profiling floats deployed prior to and during NAAMES expeditions are represented by different colors and are overlaid onto subregions (Gulf Stream and Sargasso Sea, Subtropical, Temperate and Subpolar; as defined by Della Penna and Gaube<sup>28</sup>). The black rectangle denotes the study area used for binning mixed layer depths reported in Figure 1b. Profiling floats with an “n” prefix (ex. “n0847”) were deployed during one of the four NAAMES expeditions; other profiling floats (ex. “lovebio003d”) were deployed as part of other projects and provided additional contextual data for subregions within the NAAMES study area<sup>29</sup>. Water is colored by subregions and profiling float tracks are colored by float ID’s.



Supplementary Figure 2. Biovolume-based phytoplankton accumulation dynamics and relationship to water column stratification. a) Relationship between *in situ* phytoplankton concentration and corresponding biovolume across phases during NAAMES (indicated by color coded symbols). b) Comparison of biovolume- and cell concentration-based accumulation rates from on-deck incubations (dark grey data correspond to that presented in Fig. 1d). c) Phytoplankton biovolume as a function of water column stratification (expressed as buoyancy frequency;  $s^{-1}$ ). Higher buoyancy frequencies to the right of the plot represent more stratification. d) Phytoplankton equivalent spherical diameter (ESD,  $\mu m$ ) at depths corresponding to 40% surface irradiance. Note the shift to increased cell sizes during decline phase. e) Median phytoplankton ESD ( $\mu m$ ) as a function of water column stratification (expressed as buoyancy frequency;  $s^{-1}$ ). A LOESS line of best fit with shaded 95% confidence interval is shown for data across all phases in c) and e). Significant differences within each cruise were not detected between different methods for calculating accumulation rates in b), as assessed using Kruskal Wallis rank-sum test with Bonferroni corrections for multiple comparisons,  $p < .05$ . Data in b) and d) are contoured with ridgeline smoothing to represent the distribution of biovolume accumulation rates biovolume and ESD, respectively, within each seasonal phase. Points or frequencies in a), c), d), e) are colored by bloom phase. Points in panels a), c), and e) are shaped by bloom phase. Exact p values from b) can be found in Source Data file.



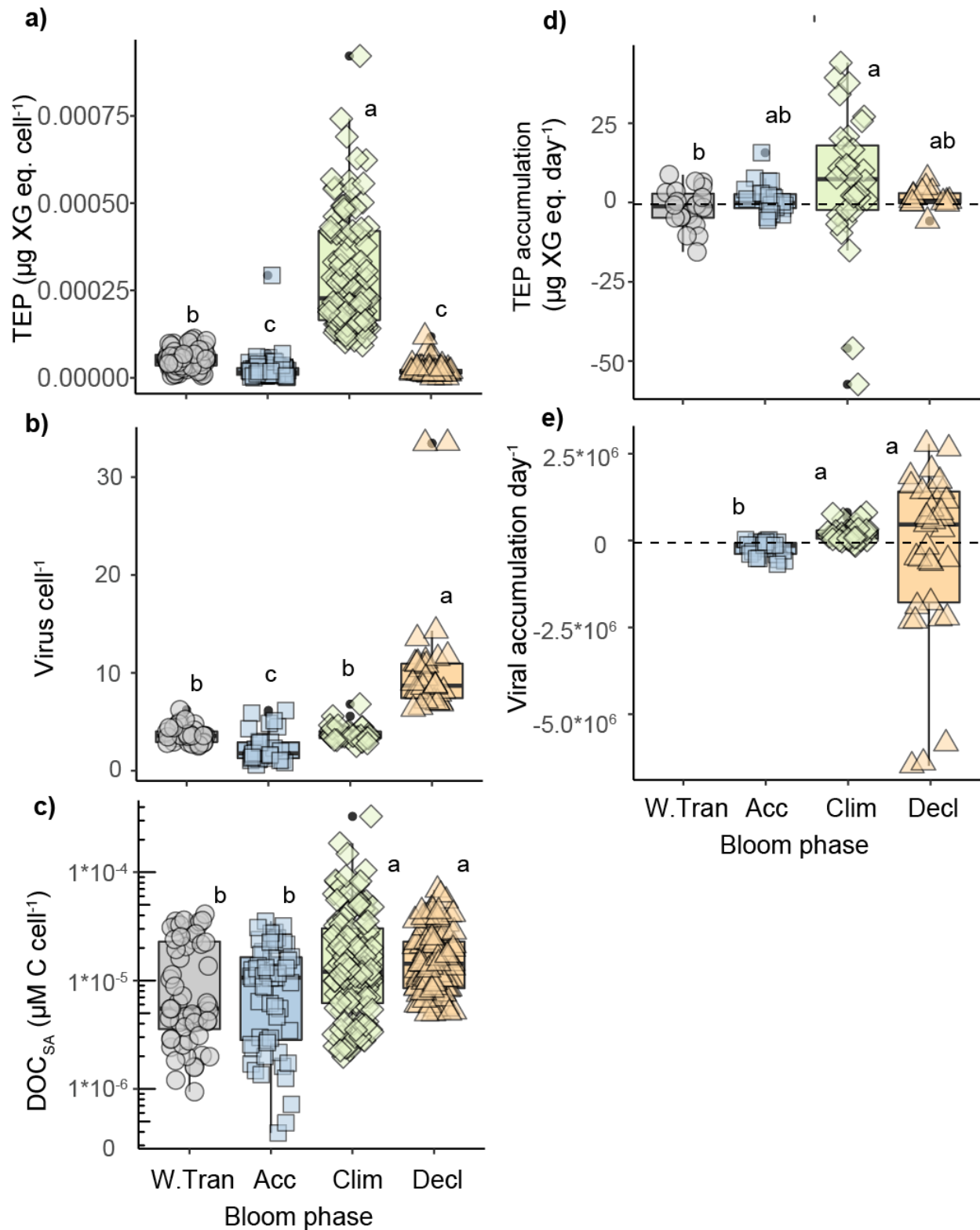
Supplementary Figure 3: Nutrient concentrations within the mixed layer as a function of stratification. In situ, mixed layer concentrations of nitrate + nitrite ( $\text{NO}_3 + \text{NO}_2$ ) and phosphate ( $\text{PO}_4$ ) at NAAMES stations during bloom phases. Stations are broken out by water type designations of each panel column (Gulf Stream and Sargasso Sea, Subtropical, Temperate, and Subpolar, as defined by Della Penna and Gaube 2019<sup>28</sup> and mapped in Fig. 1a and Supplementary Fig. 1). Point shape and color correspond to bloom phase (W. Tran = Winter Transition; Acc = Accumulation; Clim = Climax; Decl = Decline).



Supplementary Figure 4. Representative mass spectra, mass:charge ratios, and retention times

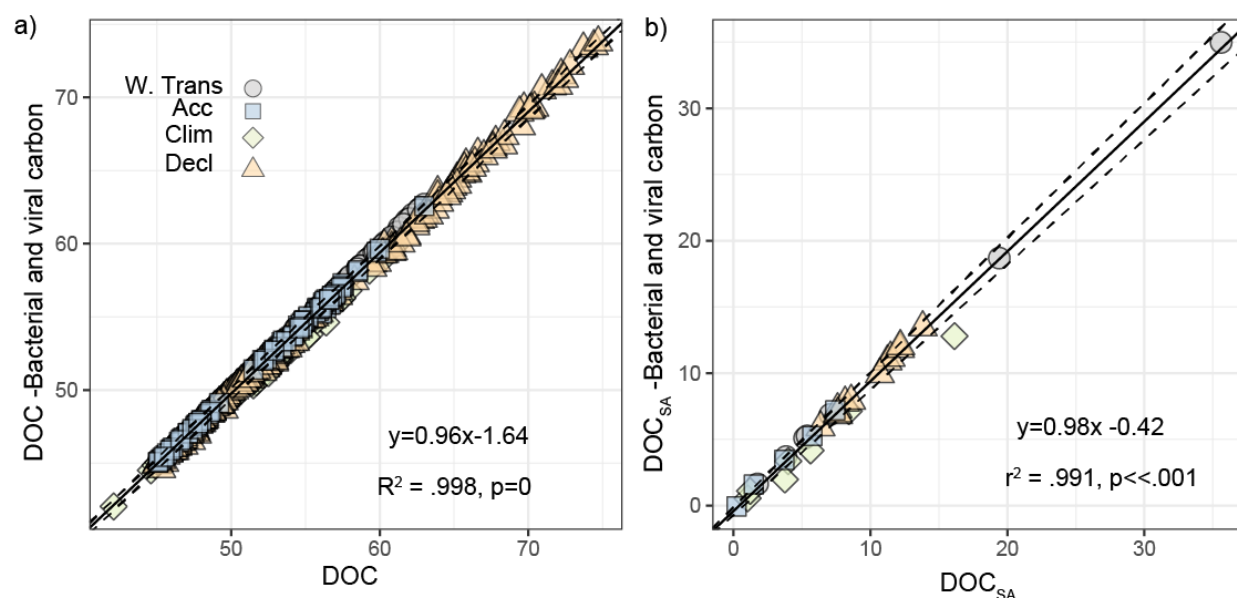
used to confirm lipid assignment by LOBSTAHS software. MS<sup>2</sup> spectra of a) [M+NH<sub>4</sub>]<sup>+</sup> at *m/z* 846.75452 of TAG – C<sub>50:3</sub> (C<sub>53</sub>H<sub>96</sub>O<sub>6</sub>); b) [M+H]<sup>+</sup> at *m/z* 852.55378 of PC – C<sub>42:11</sub> (C<sub>50</sub>H<sub>78</sub>NO<sub>8</sub>P); c) [M+H]<sup>+</sup> at *m/z* 868.54870 of OxPC – C<sub>42:11</sub> + OH (C<sub>50</sub>H<sub>78</sub>NO<sub>9</sub>P); identified in seawater samples collected during NAAMES cruises, and peak groups aligned using xcms software. PC = phosphatidylcholine; OxPC = oxidized phosphatidylcholine; TAG = triacylglycerol. d) HPLC retention time vs. *m/z* plot of phosphatidylcholine peak group centroids showing diagnostic shifts in both *m/z* and retention times due to oxidation. These were used to discern the relative amounts of OxPC, colored by 0 and 1 degrees of oxidation.



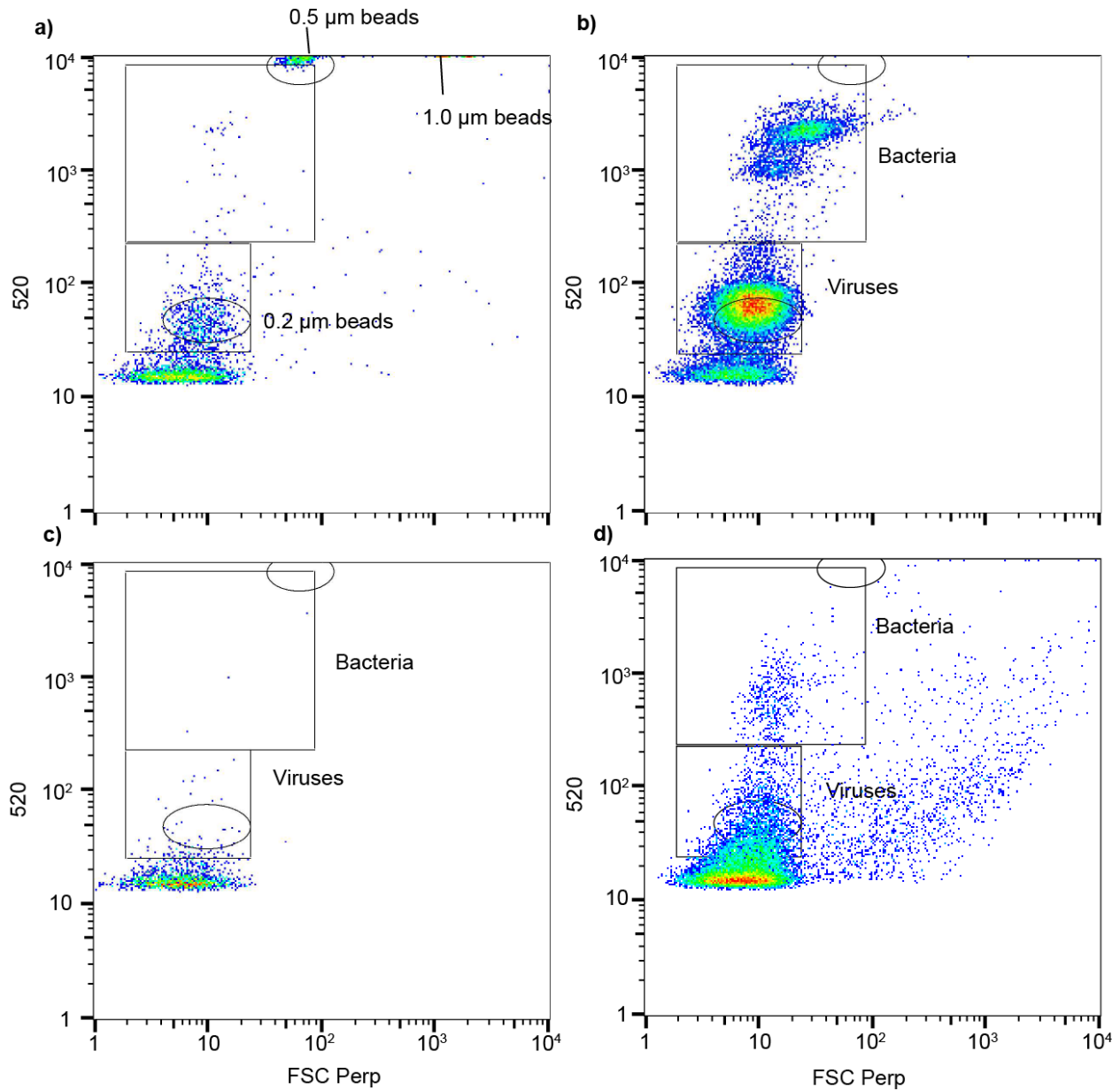


Supplementary Figure 5. Cell-normalized concentrations and accumulation of extracellular constituents. Cell (phytoplankton and bacteria)-normalized concentrations of a) transparent exopolymer particles (TEP,  $\mu\text{g}$  xanthan gum equivalent  $\text{cell}^{-1}$ ), b) viruses  $\text{cell}^{-1}$ , and c) seasonally accumulated dissolved organic carbon ( $\text{DOC}_{\text{SA}}$ ,  $\mu\text{M}$  carbon  $\text{cell}^{-1}$ ) within the mixed

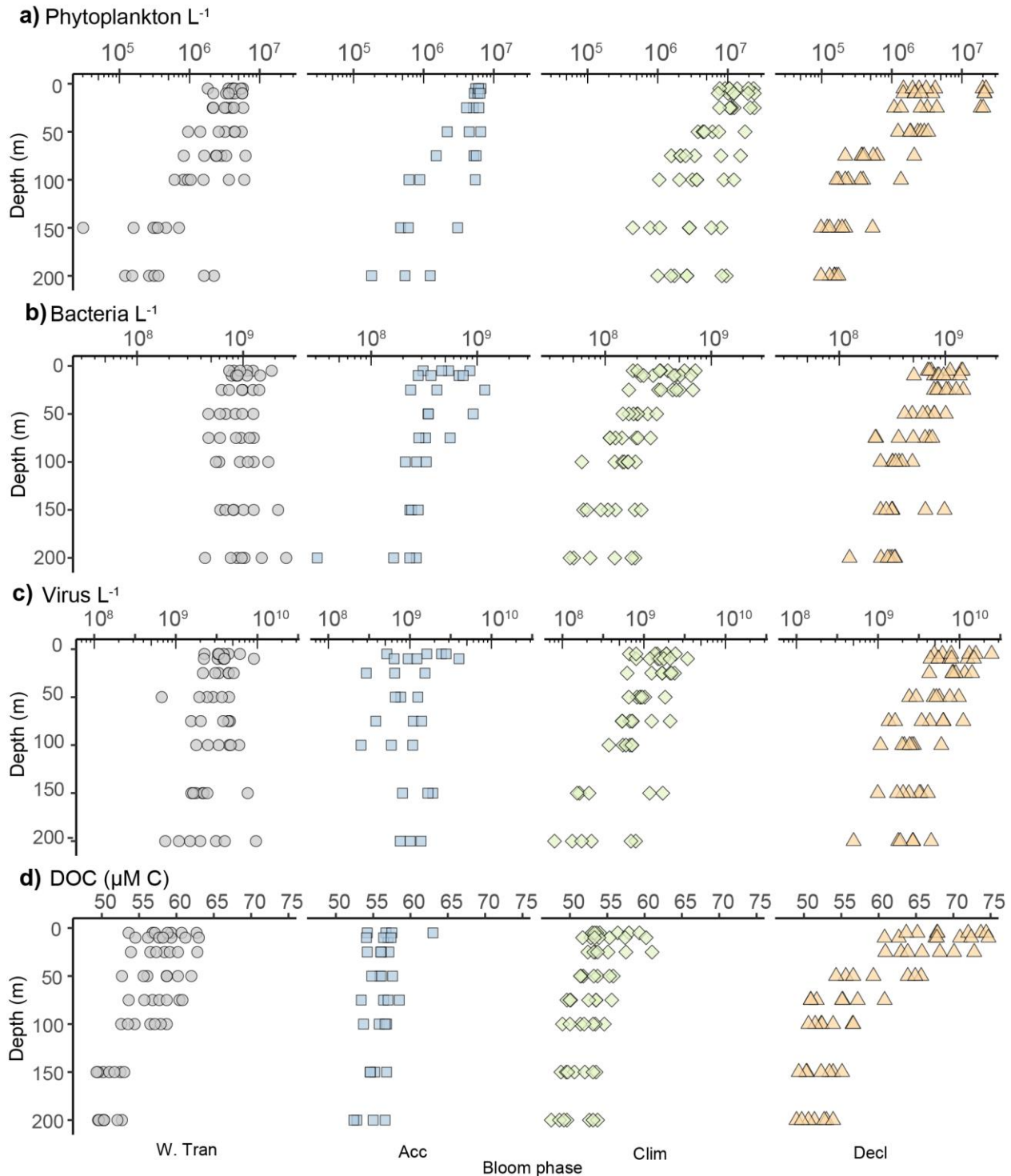
layer (40%, 20%, or 1% surface irradiance) for different bloom phases sampled during NAAMES (W.Tran = Winter Transition; Acc = Accumulation; Clim = Climax; Decl = Decline). Average accumulation (average change per day, see Methods) of d) Transparent exopolymers ( $\mu\text{g}$  xanthan gum equivalent  $\text{L}^{-1}$ ) and e) viruses  $\text{L}^{-1}$  within the mixed layer for different phases sampled during NAAMES. Individual symbols are colored and shaped by bloom phase and represent biological replicates, taken within the mixed layer. Box plots represent the median value bounded by the upper and lower quartiles with whiskers representing the median + quartile\*1.5. Different letters denote statistically significant groups ( $p < 0.05$ , Kruskal-Wallis test with Dunn corrections for multiple comparisons). Intergroup comparisons with more than one letter denote no significant difference between the two groups. Number of biologically independent samples by bloom phase (from left to right) = 93, 76, 107, 55 (a), 32, 30, 36, 34 (b), 56, 58, 124, 117 (c), 22, 26, 32, 14 (d), 0, 24, 35, 31 (e). Exact p values can be found in Source Data file.



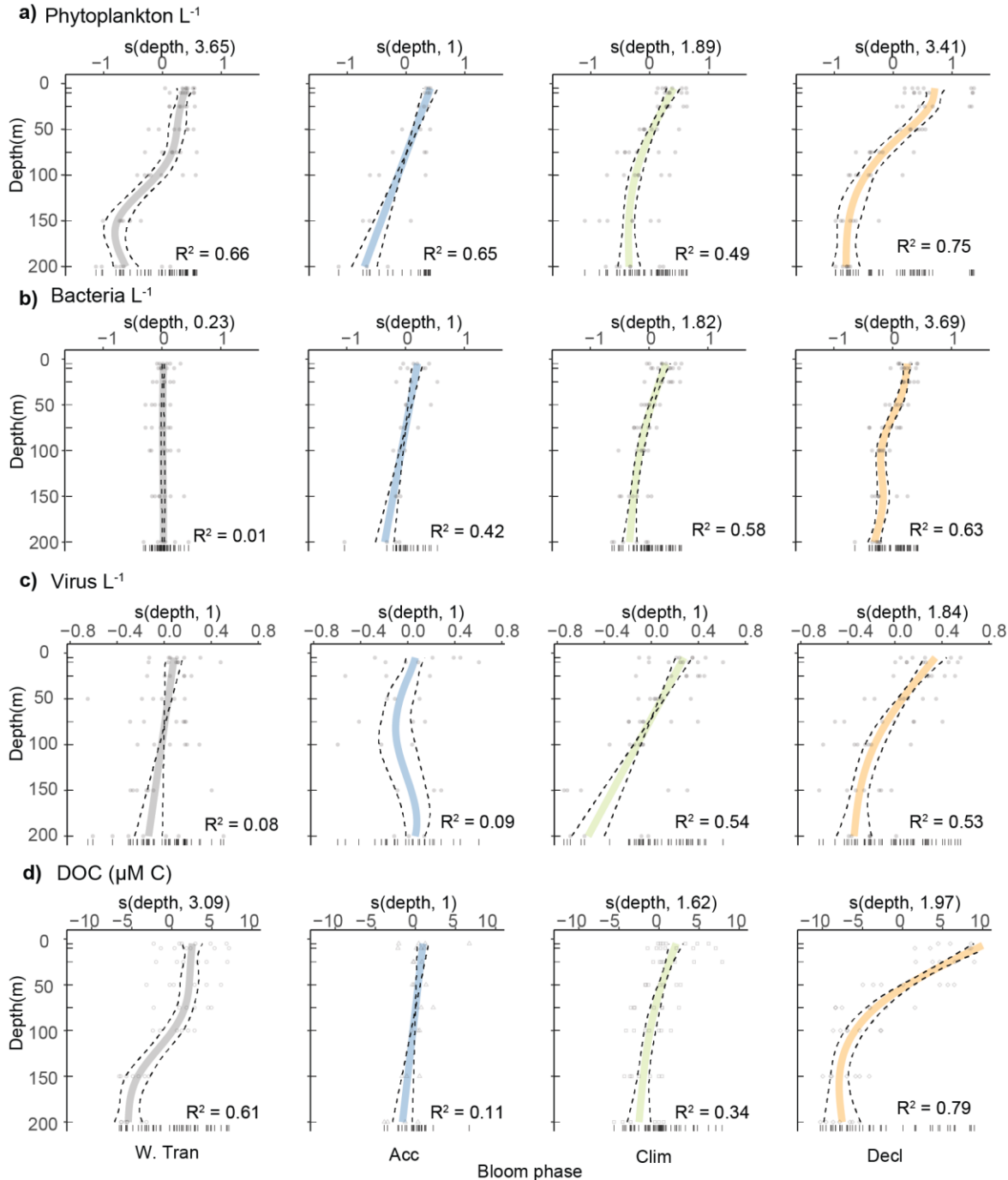
Supplementary Figure 6. Bacteria and virus pools make negligible contribution to total DOC and DOC<sub>SA</sub> during the North Atlantic bloom. Relationships between a) dissolved organic carbon (DOC) and b) Seasonally accumulated (DOC<sub>SA</sub>)<sup>30</sup> with and without bacterial and viral contributions. A Model II linear regression (MA, two-tailed) is shown with the area between the dotted lines representing the 95% confidence interval. Calculations of the contribution of bacterial and viral carbon to respective DOC pools used 60% of the total bacteria counted and 100% of the total viruses counted via flow cytometry (see Methods), at 12.430 and 0.231 fg per particle based on prior estimations<sup>31,32</sup>, respectively. Note that the combined bacteria and virus pools have negligible contributions to DOC<sub>SA</sub> as the microbe-corrected 95% confidence interval falls on the 1:1 line. Symbols are colored and shaped by bloom phase. Bloom phase abbreviations (bottom row): W. Tran = Winter transition, Acc = Accumulation, Clim = Climax, Decl = Decline.



Supplementary Figure 7. Gating strategy used for determination of bacteria and virus-like particle/ virus concentrations via flow cytometry. False-color flow cytograms are shown for different sample types for forward scatter (FSC), a proxy for particle size, and green fluorescence (520 nm) via SYBR staining, which stains viral genomic DNA. a) Bead size standards (0.2, 0.5 and 1.0  $\mu\text{m}$ ) diluted in MQ water overlaid with gates used to enumerate bacterial and viruses. b) A 0.45  $\mu\text{m}$ -filtered viral lysate of *Emiliana huxleyi* CCMP374 infected with *Emiliana huxleyi* virus 207 (EhV207) was used as a positive control to set bacteria and virus gates. Given EhV207 is  $\sim 180$  nm in diameter, the virus gate was extended to include smaller viruses. c) Sample blank consisting of SYBR Gold and TE buffer (pH 8) heated to 80°C for 10 minutes. The median events  $\text{mL}^{-1}$  of five different blank samples was used as a representative blank. d) Example of a NAAMES field sample from the Decline phase. The particle counts falling within the “Viruses” and “Bacteria” gates in blank sample c) were subtracted from all field samples to obtain the final concentrations. These virus-like particles are referred to as “viruses” in the rest of this text.

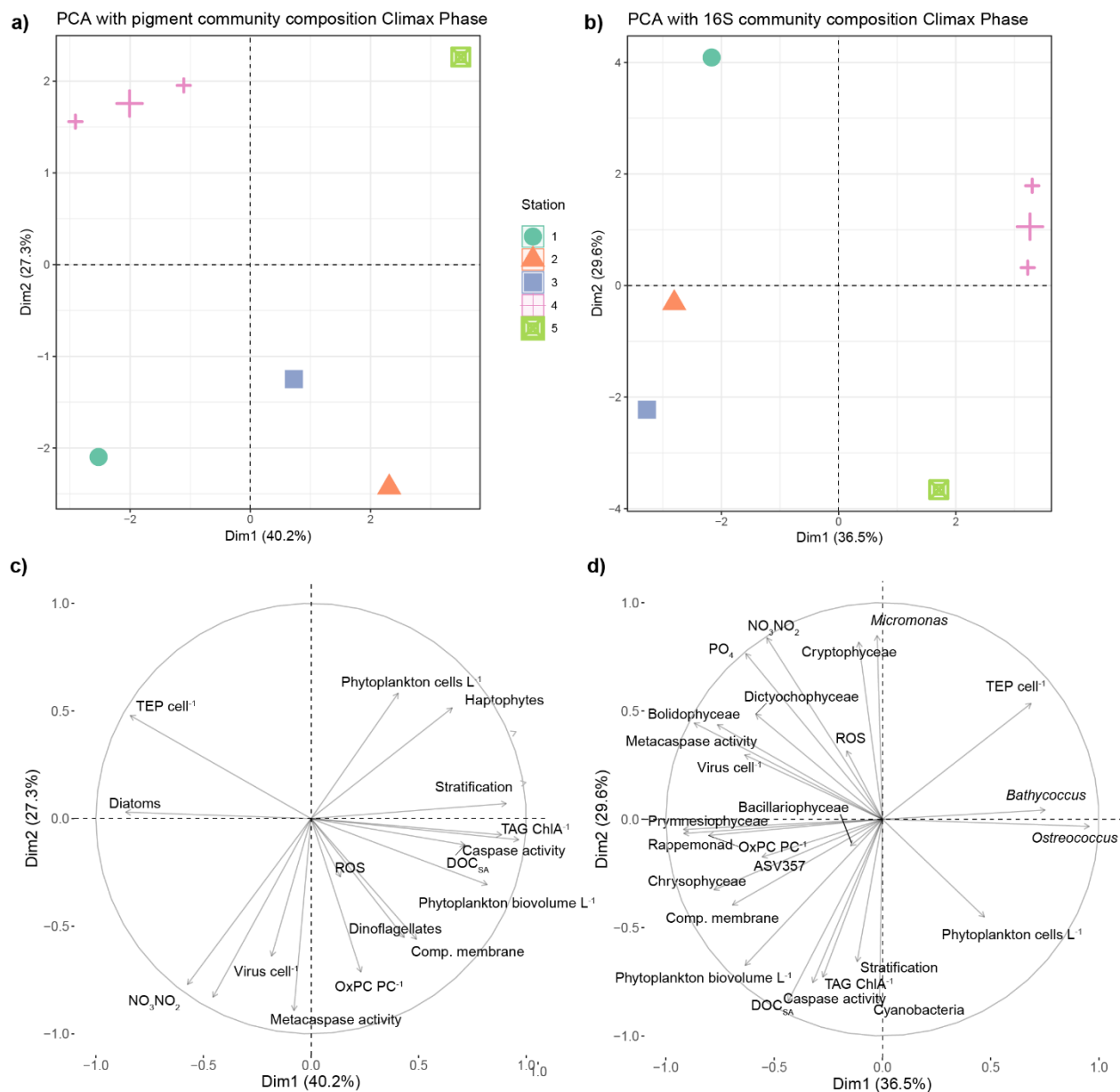


Supplementary Figure 8: Seasonal bloom progression results in vertical stratification of phytoplankton, bacteria, viruses, and DOC concentrations. Depth profiles of a) phytoplankton L<sup>-1</sup>, b) bacteria L<sup>-1</sup>, c) virus L<sup>-1</sup> and d) dissolved organic carbon (µM carbon) concentrations across the seasonal bloom phases of the Western North Atlantic. Symbols are colored and shaped by bloom phase and represent individual water samples taken at the same time of day in unique stations throughout each phase. Phase abbreviations (bottom row): W. Tran. = Winter transition, Acc = Accumulation, Clim = Climax, Decl = Decline.



Supplementary Figure 9. Seasonal bloom progression results in vertical stratification of phytoplankton, bacteria, viruses, and DOC concentration. General additive modeling analysis for vertical profiles of a) phytoplankton cells  $L^{-1}$ , b) bacteria  $L^{-1}$ , c) viruses  $L^{-1}$ , and d) dissolved organic carbon ( $\mu\text{M carbon}$ ). General additive modeling analysis fits a smoothing line on the data by optimizing the number of knots (i.e., connection) and setting the population mean to zero (x axis). Differences in each direction are the differences from the mean. When the fitted line is above/below the “0” value, the population mean at that depth can be considered enriched/depleted, respectively, compared to the rest of the depth profile. The number after depth in each panel represents the number of knots used for analysis. Colored and dotted lines

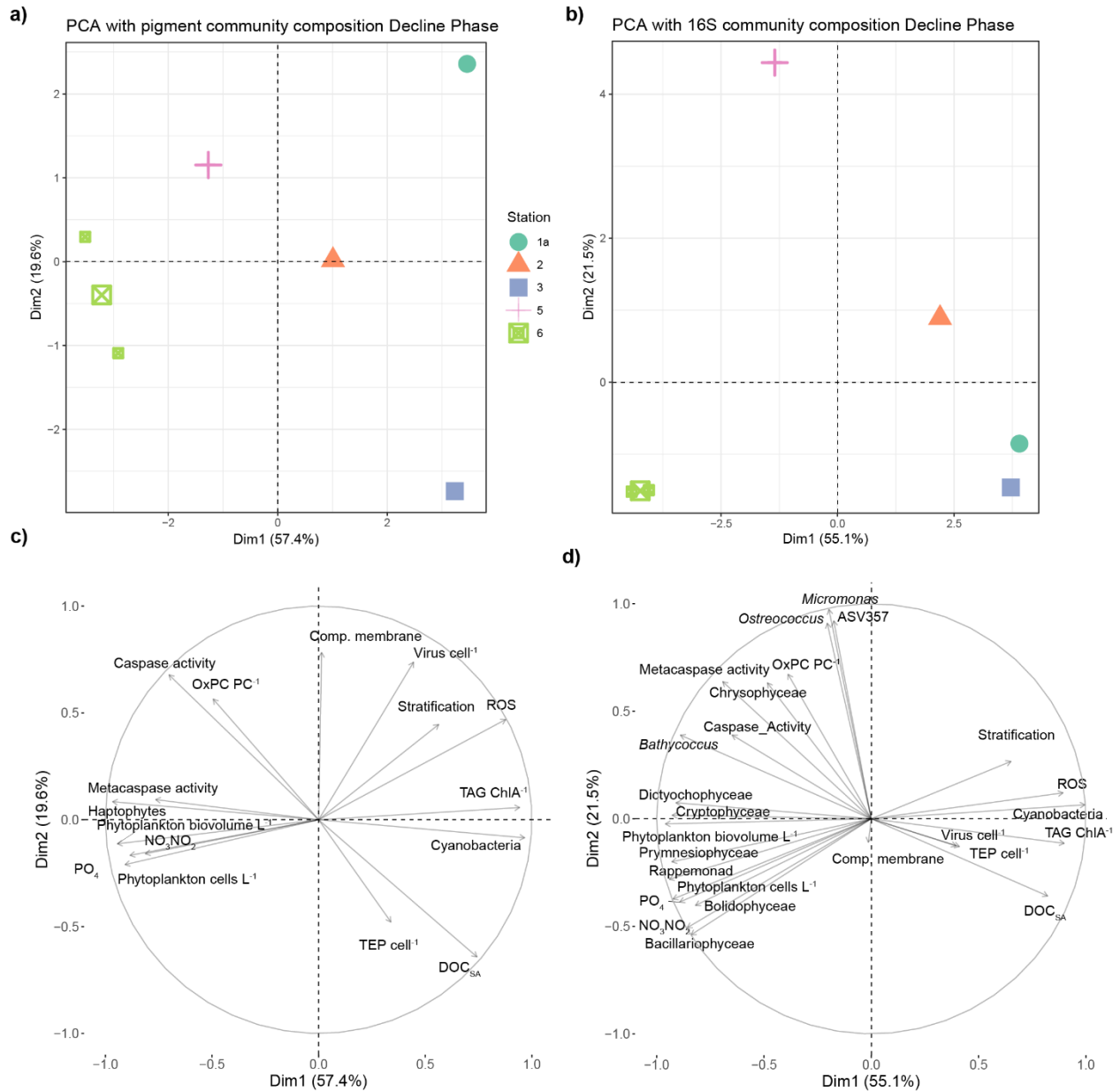
represent the fitted model and two standard errors. Spline types are defined in Supp. Table 1. Lines are colored by bloom phase. Small grey dots represent individual water samples taken at the same time of day in stations throughout each phase. Bloom phase abbreviations (bottom row): W. Tran = Winter transition, Acc = Accumulation, Clim = Climax, Decl = Decline. Number of independent samples, significance of smooth terms, and spline number input can be found in Source Data file.



Supplementary Figure 10. Principle component analysis associates distinct physiological states, extracellular signatures, and phytoplankton community compositions within the Climax phase. (Top row) PCA showing interrelationships among measured intra- and extra-cellular biomarkers with phytoplankton populations using either a) pigment-based community composition<sup>33</sup> or b) 16S rRNA-based community composition<sup>34</sup>. Symbols are colored and shaped by station. Small symbols represent the median value for daily sampling events between 0500h and 0900h. Percent variability in each dimension is the amount of variance explained within the dataset. (Bottom row) PCA scores and vectors for measured intra- and extra-cellular properties with respect to (c) Pigment-based community composition and (d) 16S rRNA-based community composition. Phytoplankton cells L<sup>-1</sup> = phytoplankton cell concentration; ROS = reactive oxygen species (fold change fluorescence from unstained); Comp. membrane = % of SYTOX positive cells; TEP cell<sup>-1</sup> = transparent exopolymer particle concentration ( $\mu\text{g XG}$

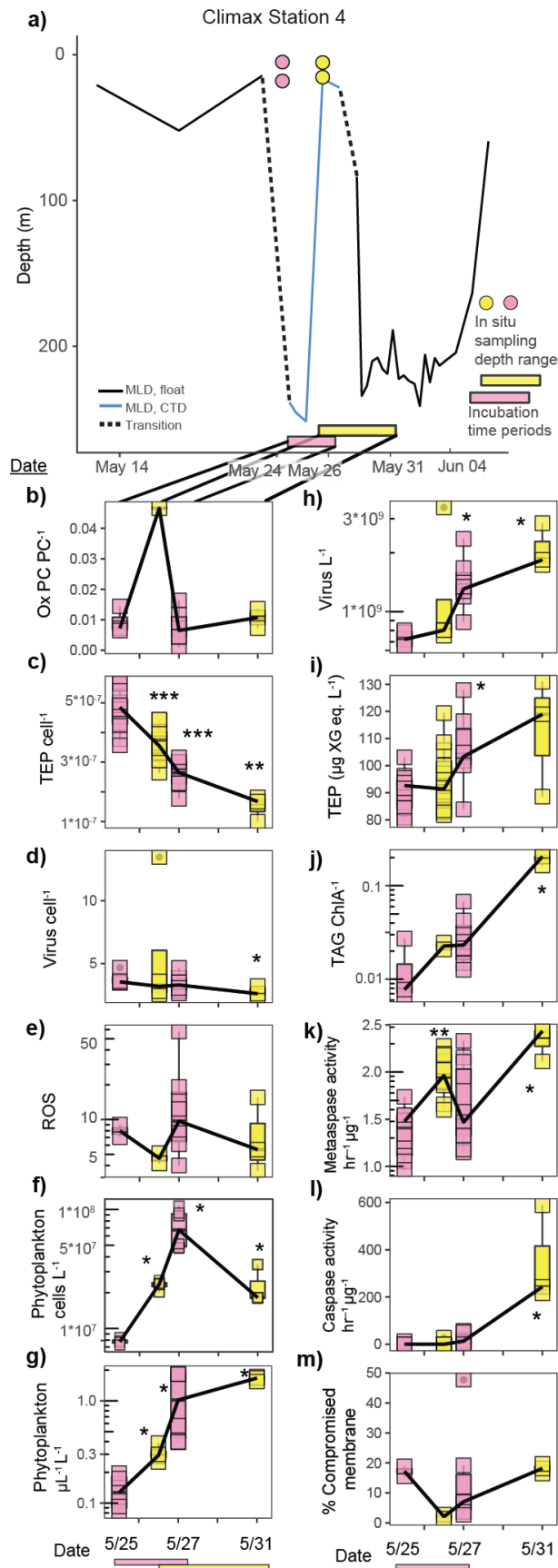


eq.  $L^{-1}$ ) normalized to bacteria and phytoplankton concentration; Virus  $cell^{-1}$  = virus concentration normalized to bacteria and phytoplankton concentration; OxPC  $PC^{-1}$  = oxidized phosphatidylcholine (pm) normalized to total phosphatidylcholine; TAG = triacylglycerol (pM) normalized to ChIA; Caspase activity = caspase activity ( $\mu\text{mol}$  caspase substrate cleaved  $\mu\text{g}$  protein $^{-1}$  h $^{-1}$ ); Metacaspase activity = metacaspase activity ( $\mu\text{mol}$  metacaspase substrate cleaved  $\mu\text{g}$  protein $^{-1}$  h $^{-1}$ );  $DOC_{SA}$  = seasonally accumulated dissolved organic carbon (see Methods); Phytoplankton volume  $L^{-1}$  = phytoplankton  $\mu\text{l}$   $L^{-1}$ ; Stratification = stratification of the upper 300 m, measured as buoyancy frequency ( $s^{-1}$ ). Longer arrows represent a stronger correlation with each respective dimension. Phytoplankton taxonomic groups were excluded from PCA analysis if no community type was detected within this bloom phase on the days sampled, or if no representative clade was identified.



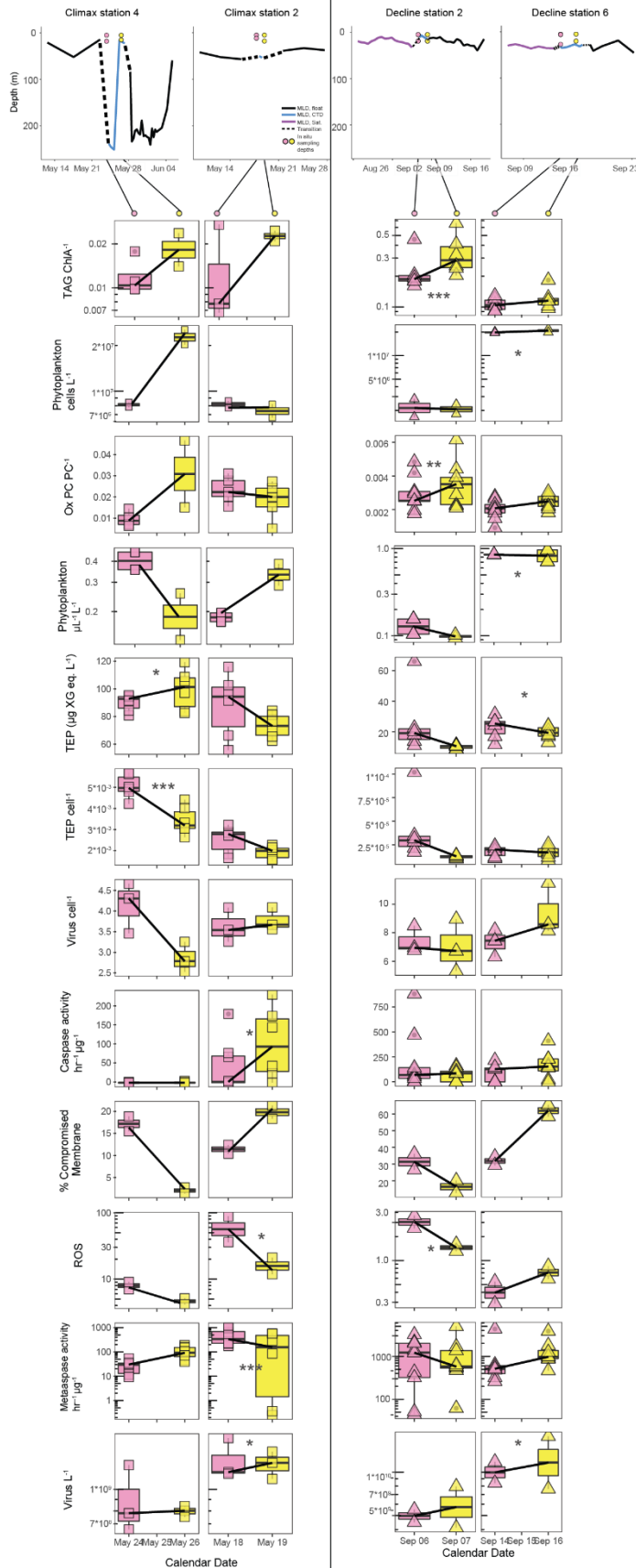
Supplementary Figure 11. Principle component analysis associates distinct physiological states, extracellular signatures, and phytoplankton community compositions within the Decline phase. (Top row) PCA showing interrelationships among measured intra- and extra-cellular biomarkers with phytoplankton populations using either a) pigment-based community composition<sup>33</sup> or b) 16S rRNA-based community composition<sup>34</sup>. Symbols are colored and shaped by station. Small symbols represent the median value for daily sampling events between 0500h and 0900h. Percent variability in each dimension is the amount of variance explained within the dataset. (Bottom row) PCA scores and vectors for measured intra- and extra-cellular properties with respect to (c) Pigment-based community composition and (d) 16S rRNA-based community composition. Phytoplankton cells L<sup>-1</sup> = phytoplankton cell concentration; ROS = reactive oxygen species (fold change fluorescence from unstained); Comp. membrane = % of SYTOX positive cells; TEP cell<sup>-1</sup> = transparent exopolymer particle concentration ( $\mu\text{g XG eq. L}^{-1}$ ) normalized to bacteria and phytoplankton concentration; Virus cell<sup>-1</sup> = virus

concentration normalized to bacteria and phytoplankton concentration; OxPC  $\text{PC}^{-1}$  = oxidized phosphatidylcholine (pm) normalized to total phosphatidylcholine; TAG = triacylglycerol (pM) normalized to ChlA; Caspase activity = caspase activity ( $\mu\text{mol}$  caspase substrate cleaved  $\mu\text{g}$  protein $^{-1}$  h $^{-1}$ ); Metacaspase activity = metacaspase activity ( $\mu\text{mol}$  metacaspase substrate cleaved  $\mu\text{g}$  protein $^{-1}$  h $^{-1}$ );  $\text{DOC}_{\text{SA}}$  = seasonally accumulated dissolved organic carbon (see Methods); Phytoplankton volume  $\text{L}^{-1}$  = phytoplankton  $\mu\text{l}$   $\text{L}^{-1}$ ; Stratification = stratification of the upper 300 m, measured as buoyancy frequency ( $\text{s}^{-1}$ ). Longer arrows represent a stronger correlation with each respective dimension. Phytoplankton taxonomic groups were excluded from PCA analysis if no community type was detected within this bloom phase on the days sampled, or if no representative clade was identified.



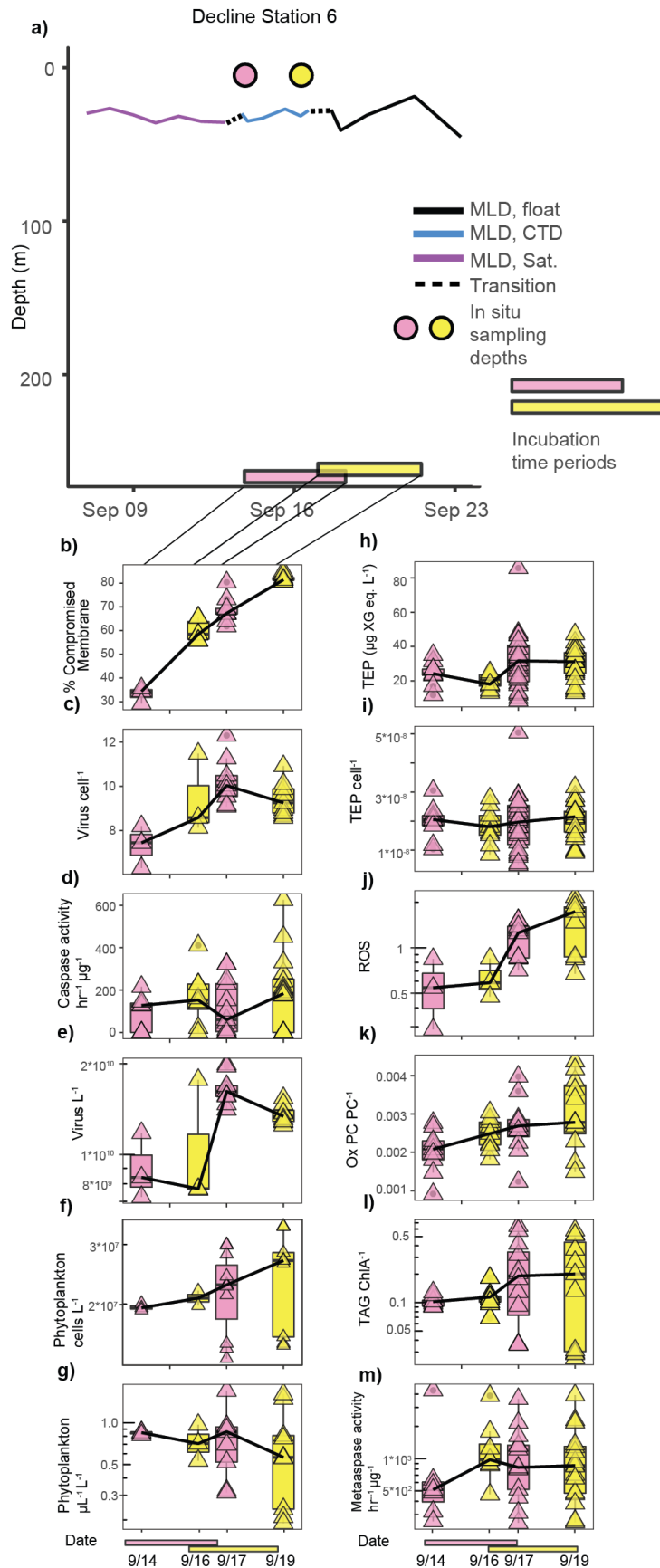
Supplementary Figure 12. Physiological state of phytoplankton transitioning from a deep to a

shallow mixed layer. a) Mixed layer depth (MLD) dynamics at Station 4 during the Climax phase in relation to sampled phytoplankton communities. Pre- and post-occupation MLDs are provided by drifting BioArgo floats (solid black line). A dashed line represents the transition from the float-measured MLD to ship-measured MLD (solid blue line), since sampling was done near and not directly at the float. Water sampled from the 1<sup>st</sup> and 3<sup>rd</sup> days of occupation is indicated by pink and yellow symbols, respectively. Colored circles represent sampling depths of *in situ* populations and correspond to between 5 and 25 m depth with time on x-axis corresponding to incubation times of *in situ* sampled communities (colored circles were the source water). Data for Day 4 and Day 8 incubations derive from the same *in situ* water collected on Day 1 and Day 3, respectively, and incubated on deck at *in situ* light and temperature (see Methods). Dates and data corresponding to these *in situ* sampling dates and final incubation times (b-l), and correspond to Figure 6. (b-m) Time course of measured biomarkers for *in situ* and incubated populations: b) Ox PC PC<sup>-1</sup>= oxidized phosphatidylcholine (pm) normalized to total PC (pm); c) TEP cell<sup>-1</sup>, transparent exopolymer particles normalized to phytoplankton and bacterial cells; d) Virus Cell<sup>-1</sup> = virus concentration normalized to sum of phytoplankton and bacteria concentrations; e) ROS = reactive oxygen species, fold change from unstained; f) Phytoplankton cells L<sup>-1</sup> = phytoplankton cell concentration; g) Phytoplankton  $\mu\text{L}^{-1}$ = phytoplankton biovolume; h) Virus L<sup>-1</sup> = virus concentration; i) TEP L<sup>-1</sup>( $\mu\text{g XG eq. L}^{-1}$ ) = transparent exopolymer particles, xanthan gum equivalent; j) TAG ChIA<sup>-1</sup> = triacylglycerol (pM) normalized to chlorophyll A (peak area); k) Metacaspase activity =  $\mu\text{mol metacaspase substrate cleaved } \mu\text{g protein}^{-1} \text{ hr}^{-1}$ ; l) Caspase activity =  $\mu\text{mol caspase substrate cleaved } \mu\text{g protein}^{-1} \text{ hr}^{-1}$ ; m) % Compromised membrane = % of population with compromised membranes. Incubation samples from depths greater than 5 meters on 5/31 were lost due to a storm knocking the incubation tanks off the deck. Statistical analysis is not robust ( $n < 3$  for at least one day) for ROS, compromised membranes, and OxPC, due to loss of samples in transit on Day 1. Asterisks indicate significant differences from Day 1 via Kruskal Wallis test (\* =  $p < 0.05$ , \*\* =  $p < 0.01$ , \*\*\* =  $p < 0.001$ ). Box plots represent the median value bounded by the upper and lower quartiles with whiskers representing the median + quartile\*1.5. Number of biologically independent samples per sampling date (from left to right) = 3, 1, 6, 3 (b), 12, 12, 6, 3 (c), 4, 4, 6, 3 (d), 2, 2, 6, 3 (e), 4, 4, 6, 3 (f) 4, 4, 6, 3 (g), 4, 4, 6, 3 (h), 12, 12, 6, 3 (i), 4, 3, 8, 3 (j), 9, 8, 11, 3 (k), 9, 8, 11, 3 (l) 9, 8, 11, 3 (m). Exact p values found in Source Data file.



Supplementary Figure 13. Inter-station comparisons of phytoplankton physiological state in

water columns with different mixing dynamics and biomass loads. (Top panels) Mixed layer depth (MLD) dynamics at a subset of Climax and Decline phase stations in relation to sampled phytoplankton communities. Climax Station 4 transitioned from a deeply mixed to a shallow mixing water column, while Climax station 1 had more consistent MLDs during sample occupation. More stable and shallow MLDs were observed during the Decline phase, but phytoplankton communities had different relative biomass levels. Pre- and post-occupation MLDs are provided by drifting BioArgo floats (solid black line) and derived from satellite measurements (purple line), since BioArgo floats were not available for the Decline phase cruise (see Methods). A dashed line represents the transition from the float-measured MLD to ship-measured MLD (solid blue line), since sampling was done near and not directly at the float. Y-axis positions of colored circles represent sampling depths of *in situ* populations and correspond to 40% and 20% surface irradiance. X-axis position of colored circles represents the date of sampling. (Bottom panels) Comparison of intra- and extra-cellular biomarkers for phytoplankton associated with *in situ* samples from above. Pink symbols= 1<sup>st</sup> day of occupation. Yellow symbols = subsequent day of occupation. Asterisks indicate significant differences between stations, via Kruskal Wallis test (\* =  $p < 0.05$ , \*\* =  $p < 0.01$ , \*\*\* =  $p < 0.001$ ). TAG ChlA<sup>-1</sup> = triacylglycerol (pM) normalized to chlorophyll A (peak area); Phytoplankton cells L<sup>-1</sup>= phytoplankton cell concentration; OxPC PC<sup>-1</sup> = oxidized phosphatidylcholine (pm) normalized to total OxPC (pm); phytoplankton  $\mu\text{L}^{-1}$ = phytoplankton biovolume; TEP L<sup>-1</sup> ( $\mu\text{g XG eq. L}^{-1}$ ); transparent exopolymer particles, xanthan gum equivalent; TEP cell<sup>-1</sup> = transparent exopolymer particle concentration ( $\mu\text{g XG eq. L}^{-1}$ ) normalized to phytoplankton and bacteria concentration; Virus cell<sup>-1</sup> = virus concentrations normalized to phytoplankton and bacteria concentration; Caspase activity ( $\text{hr}^{-1} \mu\text{g}^{-1}$ ) =  $\mu\text{mol caspase substrate cleaved hour}^{-1} \mu\text{g protein}^{-1}$ ; % Compromised membrane = % of population with compromised membranes; ROS = reactive oxygen species, fold change from unstained; Metacaspase activity ( $\text{hr}^{-1} \mu\text{g}^{-1}$ ) =  $\mu\text{mol metacaspase substrate cleaved hour}^{-1} \mu\text{g protein}^{-1}$ ; Virus L<sup>-1</sup> = virus concentration. Data from the climax phase stations were pooled from additional 1% irradiance depth samples due to some samples being lost in transit. Box plots represent the median value bounded by the upper and lower quartiles, with whiskers representing the median + quartile\*1.5. Number of biologically independent samples per station/sampling date (from left to right) = 4, 2, 3, 2, 6, 6, 6, 6 (TAG), 2, 2, 2, 2, 2, 2, 2, 2 (Phytoplankton cells L<sup>-1</sup>), 6, 6, 6, 3, 6, 6, 6, 6 (OxPC), 2, 2, 2, 2, 2, 2, 2, 2 (Phytoplankton  $\mu\text{L}^{-1}$ ), 6, 6, 6, 6, 6, 6, 6, 6 (TEP L<sup>-1</sup>), 6, 6, 6, 6, 6, 6, 6, 6 (TEP cell<sup>-1</sup>), 2, 2, 2, 2, 2, 2, 2, 2 (Virus cell<sup>-1</sup>), 6, 3, 6, 6, 6, 6, 5, 5 (Caspase activity), 2, 2, 2, 2, 2, 2, 2, 2 (% Comp. membrane), 2, 2, 2, 2, 2, 2, 2, 2 (% Comp. membrane), 6, 3, 6, 6, 6, 6, 5, 5 (Metacaspase activity), 2, 2, 2, 2, 2, 2, 2, 2 (Virus L<sup>-1</sup>). Exact p value's can be found in the Source Data file.



Supplementary Figure 14. Physiological state of a high biomass station observed during the



Decline phase. a) Mixed layer dynamics at Station 6 during the Decline phase expedition in relation to sampled phytoplankton communities. Pre- and post-occupation mixed layer depths (MLD) are provided by drifting BioArgo floats (solid black line) and derived from satellite measurements (purple line), since BioArgo floats were not available for the decline phase cruise (see Methods). A dashed line represents the transition from the float-measured MLD to ship-measured MLD (solid blue line), since sampling was done near and not directly at the float. Water sampled from the 1<sup>st</sup> and 3<sup>rd</sup> days of occupation is indicated by pink and yellow symbols, respectively. Colored circles represent sampling depths of *in situ* populations and correspond to 40% and 20% surface irradiance, with colored bars on time x-axis corresponding to incubation times of sampled communities (colored circles were the source water). Data for the second two time points were taken from the same water as 9/14 and 9/16, respectively, and incubated on deck at *in situ* light and temperature (see Methods). Dates and data corresponding to these *in situ* sampling dates and final incubation times are used. (b-m) Time course of measured biomarkers for *in situ* and incubated populations (indicated on x-axis): b) % compromised membrane = % of population with compromised membranes; c) virus cell<sup>-1</sup> = virus concentration normalized to phytoplankton and bacteria concentration; d) caspase activity =  $\mu\text{mol}$  metacaspase substrate cleaved  $\mu\text{g protein}^{-1} \text{h}^{-1}$ ; e) virus L<sup>-1</sup> = virus concentration; f) phytoplankton cells L<sup>-1</sup> = phytoplankton cell concentration; g) phytoplankton  $\mu\text{l L}^{-1}$  = phytoplankton biovolume; h) TEP L<sup>-1</sup> (ng XG eq. L<sup>-1</sup>) = transparent exopolymer particles, xanthan gum equivalent; i) TEP cell<sup>-1</sup> = transparent exopolymer particle concentration (ng XG eq. L<sup>-1</sup>) normalized to phytoplankton and bacteria concentration; j) ROS = reactive oxygen species, fold change from unstained; k) Ox PC PC<sup>-1</sup> = oxidized phosphatidylcholine (pm) normalized to total PC (pm); l) TAG ChlA<sup>-1</sup> = triacylglycerol (pM) normalized to chlorophyll A (peak area); m) metacaspase activity =  $\mu\text{mol}$  caspase substrate cleaved  $\mu\text{g protein}^{-1} \text{hour}^{-1}$ . Box plots represent the median value bounded by the upper and lower quartiles, with whiskers representing the median + quartile\*1.5. Number of biologically independent samples per sampling date (from left to right) = 3, 3, 9, 9 (b), 3, 3, 9, 9 (c), 7, 8, 13, 16 (d), 3, 3, 9, 8 (e), 3, 2, 11, 9 (f), 3, 3, 9, 9 (g), 9, 9, 23, 22 (h), 9, 9, 24, 24 (i), 3, 3, 9, 9 (j), 9, 9, 11, 11 (k), 9, 9, 12, 11 (l), 7, 8, 13, 16 (m).

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