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Supplementary Material 10. The prevalence of mild stress represented by the event rate and the corresponding 95% confidence interval (CI)

Study name	Statist	ics for eacl	Event rate		
	Event rate	Lower limit	Upper limit	Total	and 95% CI
Khalaf/2020	0.118	0.077	0.175	20 / 170	
Youssef/2020	0.122	0.097	0.153	66 / 540	
Ahmed/2021	0.076	0.041	0.135	10 / 132	-
	0.115	0.095	0.139		

-1.00-0.500.00 0.50 1.00

Supplementary Material 11. The prevalence of moderate stress represented by the event rate and the corresponding 95% confidence interval (CI)

Study name	Statist	Event rate			
	Event rate	Lower limit	Upper limit	Total	and 95% Cl
Khalaf/2020	0.206	0.152	0.273	35 / 170	
Youssef/2020	0.098	0.076	0.126	53 / 540	
Ahmed/2021	0.152	0.100	0.223	20 / 132	
	0.145	0.088	0.229		

-1.00-0.500.00 0.50 1.00