

**Table 3: CAR regression report for A. Main model, B. Model including all covariates in CAR analysis****A.**

<b>Coefficients</b>	<b>Value / Effect size</b>	<b>Standard Error</b>	<b>P-value</b>
OC-use	-203	367.5	0.006
Age	-9.7	8.404	0.25
Workday status	-0.17	67.30	0.99
BMI	23.69	14.66	0.11

**B.**

<b>Coefficients</b>	<b>Value / Effect size</b>	<b>Standard Error</b>	<b>P-value</b>
OC-use (OC-user)	-238	92.4	0.013
Age	11.2	10.0	0.27
Work day	-2.56	81.71	0.98
BMI	20.9	18.36	0.26
PSQI	17.6	16.77	0.30
5HTLLPR genotype	-6.97	90.24	0.94
Cohens PSS	-5.86	7.86	0.46
TMD	0.69	3.44	0.84
Smoking (No smoker)	101	145.1	0.49
Season	26.6	86.76	0.76