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Supplemental information

Post-oral sensing of fat

increases food intake

and attenuates body weight defense

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Supplemental Figures



Supplemental Figure 1. Testing diet and sweetener combinations, Related to Figure 1. A-E) Osmolite is used as the base diet and is sweetened with sucrose, or a non-nutritive sweetener as listed and with the addition of vanilla in E. F) evaporated milk, G) Nestle Nido, H) 2% milk were offered in two choice tests. Data are presented as mean ± standard deviation. A-B, F-H) solid colored bars show intake of unsweetened diet; striped bars show intake of sweetened diet as indicated. # p<0.05 using a paired T-test where brackets mark the comparison. N=5/group.



Supplemental Figure 2. Non-nutritive sweetener increases water intake, Related to Figure 1.

Mice were offered sweetened or unsweetened water for six days, and intake was measured daily. Data are displayed as mean \pm standard deviation. * p<0.05 using a student's T test to compare intake of the sweetened group to intake of water. n=3/ group. Data support results in Fig 1.



Supplemental Figure 3. Daily food intake and body weight of mice, Related to Figures 3

Data are from mice shown in Figures 3A & 3B presented as mean \pm standard deviation which is marked by the shaded regions. n=5/group.



Supplemental Figure 4. Short access test show that both acute and learned aspects of the diet influence intake, Related to Figure 3

15 mice were offered diets of differing fat content in a random order. After the first introduction (Trial 1), the series was repeated (Trial 2). Different letters represent significant differences within a trial (p<0.05 ANOVA with post hoc T test with Benjamini Hochberg correction). * p<0.05 comparing trial 1 to trial 2 of the same diet using a paired T-test. Diet introduction order was not a significant factor affecting intake (ANOVA).



Supplemental Figure 5. Blood glucose is higher during HFD infusion than during LFD infusion, Related to Figure 5

Data are from the experiment shown in 4D. n=9-10/ group and each open shape represents an individual data point. * p<0.05 using a paired T test. Transparent bar represents average intake during LFD infusion and black bar represents average intake during HFD infusion.



Supplemental Figure 6. Intragastric infusion of the high fat diet induces weight, Related to Figure 5.

In addition to the groups shown in figure 5A-D, two other groups were infused but not offered ad lib to confirm that sufficient calories were infused into the mice. Data are displayed as mean \pm standard deviation; n= 5-6/ group.

Experiment	Diet	Additives	Caloric Density	Macronutrient
Sucralose and sucrose preference testing Figure: 1A-F; 6 F-G	Natrel Fine Filtered 2% milk	Sucralose (Sigma Aldrich, 69293- 100G), Sucrose (Sigma Aldrich, 573113- 5KG)	0.5416 kcals/mL	Natrel 2% milk: 34.9% kcals fat, 27.9% kcals protein, 37.2% kcals carb Natrel 2% milk with 30% kals from sucrose: 24.4% kcals fat, 19.5% kcals protein, 56.1% carb (30% kcals sucrose)
Initial high-fat and low-fat preference testing with sweeteners, ad lib diets during overfeeding, and diets for first post-ingestive effects experiment Figures: 1 G; 2; 3 A-D; 5 E-G; 6 A-E; Supplemental 3; 4	Village Farm Instant non-fat milk Powder, Land O'Lakes Half and Half and Skim milk powders Combined in different amounts to create diets with 10% or 60% kcals from fat	Sucralose and sucrose (Sigma Aldrich)	1kcal/mL	5% kcals fat: 5.4% kcals fat; 40.7% kcals protein, 53.9% kcals carb 10%kcals from fat: LFD above 20% kcals from fat: 20.8% kcals fat, 34% kcals protein, 45.2% kcals carb 40%kcals from fat: 42.3% kcals fat, 24.7% kcals protein, 33% kcals carb 60% kcals from fat: HFD above
Post-ingestive effects of a HFD	Similac Alimentum		1kcal/mL	LFD: 10% kcals from fat,

(infusion and ad- lib diets) Figures: 2H; 5A- D; Supplemental 6	(Abbott Nutrition), and Maltodextrin (Sigma Aldrich, 419699)			2.5% kcals protein, 87.5% kcals carbs HFD: 50% kcals from fat, 11% kcals protein, 39% kcals carb
Protein matched diets using half and half as fat source Figures: 3E; 4A- C	Land O'Lakes Half and Half, Whey Protein Powder (GNC Pro Performance® 100% Whey, 369951), Maltodextrin (Sigma Aldrich, 419699)	AIN 93 vitamin mix (DYETS #310025)	1kcal/ ml	LFD:10% kcals from fat, 10% kcals protein, 80% kcals carb HFD: 60% kcals fat, 10% kcals protein, 30% kcals carb
Protein matched diets using Intralipid as the fat source Figure 2G; 4D-G	Whey Protein Powder (GNC Pro Performance® 100% Whey, 369951), Intralipid (Sigma Aldrich, I141- 100ML), Maltodextrin (Sigma Aldrich, 419699)	AIN 93 vitamin mix (DYETS, 310025)	1kcal/mL	LFD:10% kcals from fat, 10% kcals protein, 80% kcals carb HFD: 60% kcals fat, 10% kcals protein, 30% kcals carb
Mineral Oil Diet Figure 3E	Land O'Lakes Half and Half, Whey Protein Powder (GNC Pro Performance® 100% Whey, 369951), Maltodextrin (Sigma Aldrich,	AIN 93 vitamin mix (DYETS #310025)	1kcal/ ml	LFD:10% kcals from fat, 10% kcals protein, 80% kcals carb + 28.2g mineral oil/ 1L diet

	419699), Mineral oil (Walgreen's, NDC 0363- 0831-43)		
Experiment 4. Overfeeding Infusion Figure 6	Ensure Original Vanilla Powder	0.875kcals/mL	32.4% kcals fat, 14.4% kcals protein, 54.2% kcals carb
Surgery recovery diet	PicoLab rodent diet 20 #5053	3.07 kcal/g	13.205% kcals fat, 24.651% kcals protein, 62.144% kcals carb

Supplemental Table 1. Diets and composition. This table shows all diets and their macronutrients used in the different experiments. This table is part of the STAR methods.