

**Who might be involved in supporting self-management?**

**Speech and language therapists**



Pros	✓	Cons	✗
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**Charity support workers**



Pros	✓	Cons	✗
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**Family and Friends**



Pros	✓	Cons	✗
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**Other:** \_\_\_\_\_

Pros	✓	Cons	✗
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**When should self-management be introduced?**

**Hospital**



Pros



Cons



**Home**



Pros



Cons



**Review appointments**



Pros



Cons



**Other:** \_\_\_\_\_

Pros



Cons

