

Supplemental material

Supplemental appendix S1a: PRISMA 2020 Checklist

Section and Topic	Item #	Checklist item					
TITLE							
Title	1	Identify the report as a systematic review.					
ABSTRACT							
Abstract	2	See the PRISMA 2020 for Abstracts checklist.					
INTRODUCTION							
Rationale	3	Describe the rationale for the review in the context of existing knowledge.	Panel, Introduction				
Objectives	4	Provide an explicit statement of the objective(s) or question(s) the review addresses.	Introduction				
METHODS							
Eligibility criteria	5	Specify the inclusion and exclusion criteria for the review and how studies were grouped for the syntheses.					
Information sources	6	Specify all databases, registers, websites, organisations, reference lists and other sources searched or consulted to identify studies. Specify the date when each source was last searched or consulted.					
Search strategy	7	Present the full search strategies for all databases, registers and websites, including any filters and limits used.	Appendix 2				
Selection process	8	Specify the methods used to decide whether a study met the inclusion criteria of the review, including how many reviewers screened each record and each report retrieved, whether they worked independently, and if applicable, details of automation tools used in the process.					
Data collection process	9	Specify the methods used to collect data from reports, including how many reviewers collected data from each report, whether they worked independently, any processes for obtaining or confirming data from study investigators, and if applicable, details of automation tools used in the process.					
Data items	10a	List and define all outcomes for which data were sought. Specify whether all results that were compatible with each outcome domain in each study were sought (e.g. for all measures, time points, analyses), and if not, the methods used to decide which results to collect.	Eligibility criteria				
	10b	List and define all other variables for which data were sought (e.g. participant and intervention characteristics, funding sources). Describe any assumptions made about any missing or unclear information.	Tables 1-3				
Study risk of bias assessment	11	Specify the methods used to assess risk of bias in the included studies, including details of the tool(s) used, how many reviewers assessed each study and whether they worked independently, and if applicable, details of automation tools used in the process.					
Effect measures	12	Specify for each outcome the effect measure(s) (e.g. risk ratio, mean difference) used in the synthesis or presentation of results.					
Synthesis methods	13a	Describe the processes used to decide which studies were eligible for each synthesis (e.g. tabulating the study intervention characteristics and comparing against the planned groups for each synthesis (item #5)).	Data analysis and synthesis of results				
	13b	Describe any methods required to prepare the data for presentation or synthesis, such as handling of missing summary statistics, or data conversions.	NA				
	13c	Describe any methods used to tabulate or visually display results of individual studies and syntheses.	Data analysis and synthesis of results, Tables 1-3				
	13d	Describe any methods used to synthesize results and provide a rationale for the choice(s). If meta-analysis was performed, describe the model(s), method(s) to identify the presence and extent of statistical heterogeneity, and software package(s) used.	Data analysis and synthesis of results				
	13e	Describe any methods used to explore possible causes of heterogeneity among study results (e.g. subgroup analysis, meta-regression).	NA				
	13f	Describe any sensitivity analyses conducted to assess robustness of the synthesized results.	NA				
Reporting bias assessment	14	Describe any methods used to assess risk of bias due to missing results in a synthesis (arising from reporting biases).					
Certainty	15	Describe any methods used to assess certainty (or confidence) in the body of evidence for an outcome.	Quality				

Supplemental material

Section and Topic	Item #	Checklist item	Location where item is reported	
protocol		registered.	registration	
	24b	Indicate where the review protocol can be accessed, or state that a protocol was not prepared.	Protocol and registration	
	24c	Describe and explain any amendments to information provided at registration or in the protocol.	Protocol and registration	
Support	25	Describe sources of financial or non-financial support for the review, and the role of the funders or sponsors in the review.	Acknowledgements, Role of funding sources	
Competing interests	26	Declare any competing interests of review authors.	Competing interests	
Availability of data, code and other materials			Data availability	

From: Page MJ, McKenzie JE, Bossuyt PM, Boutron I, Hoffmann TC, Mulrow CD, et al. The PRISMA 2020 statement: an updated guideline for reporting systematic reviews. BMJ 2021;372:n71. doi: 10.1136/bmj.n71
For more information, visit: http://www.prisma-statement.org/



Supplemental appendix S1b: PRISMA 2020 for Abstracts Checklist

Section and Topic	Item #	Checklist item	Reported (Yes/No)
TITLE			
Title	1	Identify the report as a systematic review.	Yes
BACKGROUND			
Objectives	2	Provide an explicit statement of the main objective(s) or question(s) the review addresses.	Yes
METHODS			
Eligibility criteria	3	Specify the inclusion and exclusion criteria for the review.	Yes
Information sources	4	Specify the information sources (e.g. databases, registers) used to identify studies and the date when each was last searched.	Yes
Risk of bias	5	Specify the methods used to assess risk of bias in the included studies.	Yes
Synthesis of results	6	Specify the methods used to present and synthesise results.	Yes
RESULTS	1		
Included studies	7	Give the total number of included studies and participants and summarise relevant characteristics of studies.	Yes
Synthesis of results	8	Present results for main outcomes, preferably indicating the number of included studies and participants for each. If meta-analysis was done, report the summary estimate and confidence/credible interval. If comparing groups, indicate the direction of the effect (i.e. which group is favoured).	Yes
DISCUSSION			
Limitations of evidence	9	Provide a brief summary of the limitations of the evidence included in the review (e.g. study risk of bias, inconsistency and imprecision).	Yes
Interpretation	10	Provide a general interpretation of the results and important implications.	Yes
OTHER	*		
Funding	11	Specify the primary source of funding for the review.	Provided separately
Registration	12	Provide the register name and registration number.	Provided separately

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